

St Joseph's House Connections March 2022

Women's History Month
CELEBRATION



22 Norman Street, Port Pirie SA 5540

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W: www.spiritofcare.org.au E: admin@stjosephshouse.net.au



Notice Board



COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant or to make an appointment for a face to face meeting.



Advance Care Directive Your wishes for future care

There may come a time when you are unable to make a decision or properly communicate your wishes on how you'd like to be cared for or treated.

It could be for a number of reasons including:

- an accident or mental health episode
- dementia or similar condition
- a sudden serious stroke or
- because you are unconscious or in a coma.

This can happen at any age or stage of life. If it did, how would you want decisions to be made for you about your ongoing health care, living arrangements and other personal matters? And, who would you want to make those decisions for you?



The Advance Care Directive

The new Advance Care Directive is an important step forward in planning for your health care.

The new Advance Care Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with a single Advance Care Directive Form.

What will it allow me to do?

The new Advance Care Directive allows you to:

- write down your wishes, preferences and instructions for your future health care, end of life, living arrangements and personal matters; and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf, if you are unable to make them for yourself.

Why should I have one?

It will give you peace of mind that those caring for you will know what you want, when you are unable to make your own decisions or communicate your wishes and values.

This Issue:

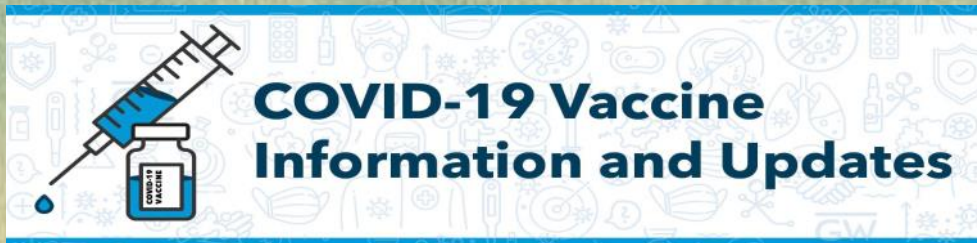
- *Immunisation*
- *Footy Tips*
- *Puzzles*
- *Valentines Day Advice*
- *Word from the - Chairman of the Board*
- *Did you Know? - Women's History Month*
- *Around the Home*
- *Aged Care Quality Standards*
- *CQI*
- *Colouring Page*
- *Birthdays*
- *Calendar of Events*

Resident Meeting:

10.30am—15th March

St Clare Up

Resident Liaison Officer : Marra Pearn



**Some Residents are Due for a Covid-19 Booster.
Nursing staff will be in contact to let you know.
When your next eligible.**

**Reminder to Families to bring in a copy of your Covid-19
Booster Immunisation.**

Influenza Immunisations will be starting soon.



**Visiting Hours are
11:00am – 3:00pm Monday—Friday
1:00pm—3:00pm Weekends
or by appointment outside of these hours.**

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N	T	J	Z	N	Z	D	R	R	U	N	A
E	T	R	D	A	A	Z	U	R	I	T	E

- RUBY
- DIAMOND
- EMERALD
- PEARL
- AQUAMARINE
- SAPPHIRE
- TOPAZ
- JADE
- OPAL
- AMETHYST
- CITRINE
- GARNET
- JASPER
- KUNZITE
- PERIDOT
- AZURITE
- ONYX

FOOTY TIPS



The 2022 AFL Footy Season is Starting this Month

We invite all residents to take part in our annual footy tipping activity this year.

Cost is \$23.00 for the season, all proceeds given back in winnings

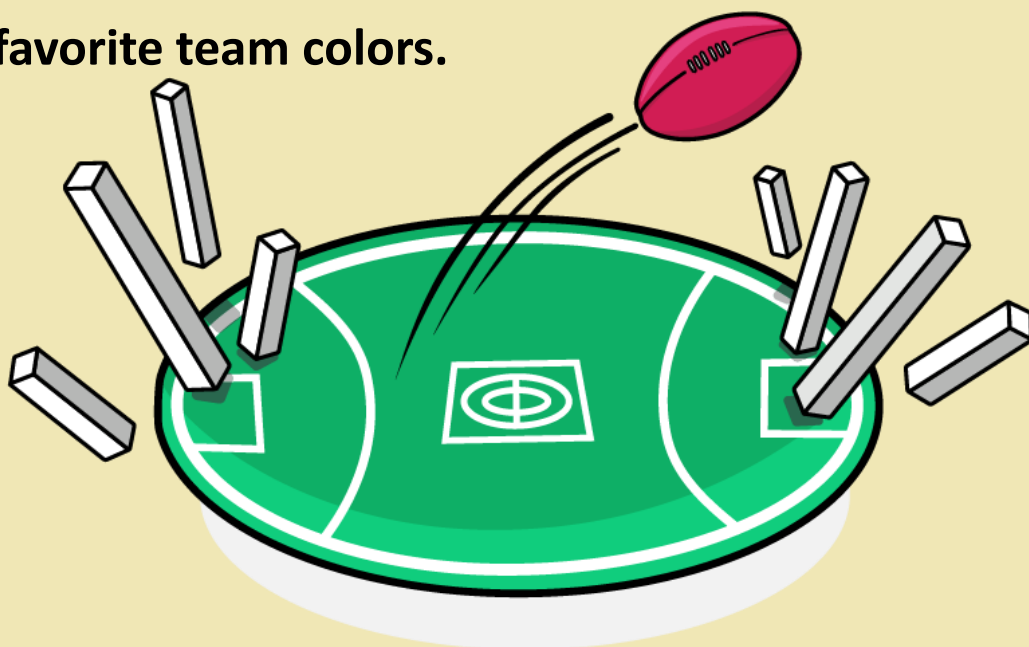
All money to be paid to lifestyle before first round on march 16th.

You can collect your tip forms each week from our Lifestyle Team. All forms need to be back prior to 4pm before the first match of each week.

If you forget and do not put your form in, then you will score 1 point for that round.

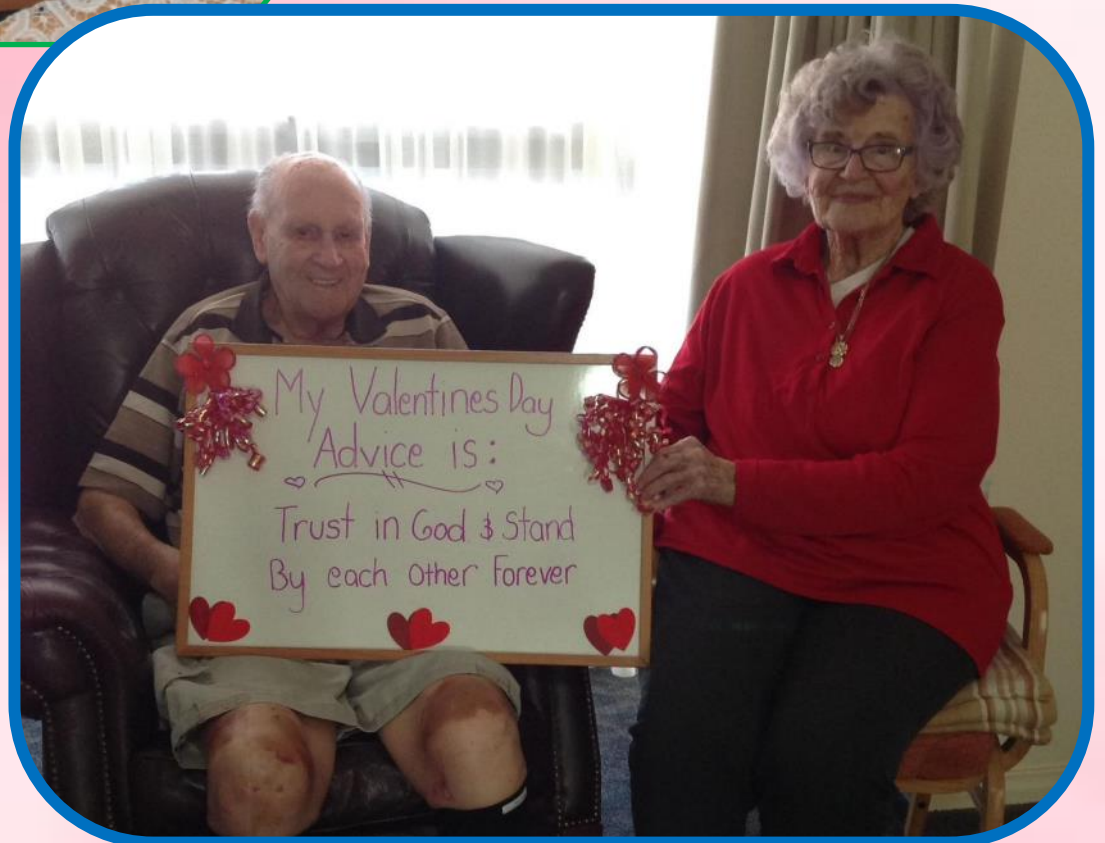
During this season we will have BBQ's and footy dress up days, the first being for the first match of the season on March 16th.

Please wear your favorite team colors.



Valentines Day Advice







Aged Care Board of the Diocese of Port Pirie

St Joseph's House, Port Pirie
Star of the Sea Home for the Aged, Wallaroo
Star of the Sea Community Care



AGED CARE BOARD OF THE DIOCESE OF PORT PIRIE

At our recent Annual General Meeting, we spoke about a myriad of issues that continue to challenge us as an organisation and a sector; however, I believe with confidence that we have an organisation of people; our staff, volunteers and the Advisory Board who are ever willing to “go head on” into the issues presented, ensuring a solution will be in the best interest of those who have entrusted their retirement years with our care.

The Coronavirus, has engulfed our lives, forcing us quickly to accept and adopt new practices. Again, I expressed the opinion “In many respects, we may not return to life as we once knew it”. Our staff have had to adapt to many new protocols because of Covid-19 restrictions. The Aged Care sector experiencing, as was expected, a considerable spotlight because of high transmission numbers.

I want to take this opportunity of acknowledging all our staff. Staff from the Diocese Office, our Management Staff, Staff in Administration, Staff in the Hostels, Staff who support the outreach packages, Staff in the Kitchen, Staff undertaking housekeeping and domestic duties, our Volunteers.

Everyone has extended an extra level of energy and commitment to ensure that the lives of our Residents and for those we Care, remained safe.

We have endured “lock downs” and visitor restrictions – but we have also avoided Coronavirus!

The Catholic Diocese of Port Pirie Aged Care point of difference is its Christian values that are first and foremost. When we commence each Board meeting, we pray for wisdom, courage and strength, to be wise and compassionate in the decisions that we make for the good of all whom we are called to serve.

In Psalm 71:9 we read: “Do not cast me off in old age; forsake me not when my strength is spent.”

And in John 21:18 “Truly, Truly, I say to you, when you were young, you used to dress yourself and walk wherever you wanted, but when you are old, you will stretch out your hands, and another will dress you and carry you where you do not want to go.”

The Aged Care Services of the Diocese of Port Pirie, provide for our respective communities a safe haven for the elderly folk in our care – we are fortunate that our staff treat our residents and clients “as family”.

The care and love offered is beyond what may be expected of them. I know that this “family atmosphere” is appreciated and a point of difference of which we should take pride.

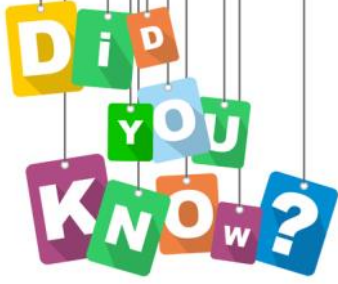
In Acts 20:35 we read: “In all things I have shown you that by working hard in this way we must help the weak and remember the words of the Lord Jesus, how he himself said, ‘It is more blessed to give than receive’.

I commend and thank all of our staff.

As the Aged Care Advisory Board of the Diocese of Port Pirie embarks on another year, we need to continue to ask for prayerful support of our church and follow the leadership and strength that the Lord puts before us as “servants for his work”.

Paul Thomas AM

Chairman of the Board



Womens History Month— Australia

Australia had led the world in bringing women's suffrage rights during the late 19th century. Propertied women in the colony of South Australia were granted the vote in local elections (but not parliamentary elections) in 1861.

Mary Lee



Mary Colton



Catherine Helen Spence



Women and girls make up just over half (50.7 per cent) of the Australian population

Edith Cowan became the first woman elected as a member of Parliament in 1921. She worked tirelessly to advocate women's rights and showed a true commitment to the betterment of education and health & justice issues. In 1894, Edith was one of the founding members of the Karrakatta Club that outwardly campaigned for women to position themselves in life with degrees, jobs and roles that were equal to their male counterparts. This resulted in the Karrakatta Club becoming actively involved in the rise of the suffragette movement.

She championed for female Justices of the Peace and become one of the first to achieve this position in 1919. Her legacy includes the Edith Cowan University as her namesake being the face of the Australian \$50 dollar bill



The Country Women's Association of Australia (CWA or CWAA) is the largest women's organisation in Australia. It has 44,000 members across 1855 branches



Around the house

What do you call an Irish spider?

Paddy long legs

What's an Irish baby's favorite song?

Patty Cake

What did the leprechaun tell his neighbor on March 17?

Irish you a Happy St. Patrick's Day



The Lolly Trolley.

Maressa will be going around each Friday.

Lollies are \$1.50ea unless marked otherwise.

Great work on the Trolley!



Aged Care Quality Standards....



Standard 7: Human Resources

Consumer Outcome:

I get quality care and services when I need them from people who are knowledgeable, capable and caring.

What does this mean?

- St Joseph's House are able to provide enough skilled and qualified staff to meet your needs.
- St Joseph's House are responsible for ensuring staff numbers and the mix of skill needed to provide you with quality care.
- The staff at St Joseph's House have the right skills, qualification and knowledge.
- Staff do their job effectively, can communicate and build positive relationships with you.
- Staff have a focus on consumer-centred care to find your strengths and understand your goals.
- St Joseph's House respects the workforce for their diverse skills and qualities and support staff to deliver the outcomes in the Quality Standards.
- St Joseph's House regularly assess, monitor and review the workforce including workforce makeup, suitability and performance. This is vital to delivering safe, respectful and quality care and services that meet your needs and preferences.

St Joseph's House is able to facilitate Facebook Messenger and Skype video calls with your loved ones in the facility.

Video calls ensure you can maintain connections with those you love while keeping them safe from the risks associated with community transmission of Covid-19.

Please ring Reception during business hours to schedule a time (24hrs notice is appreciated).

During the scheduled time one of our staff members will be able to provide a iPad/Tablet/Computer (if needed) and ensure your video call is answered and a connection is made.



Continuous Quality Improvements...



Hi All,

We have had some great quality improvements that have come about as a direct result of discussions at the last couple of resident meetings:

- A menu choice slip is being provided, or staff are writing down your menu choices, each day. This enables residents to know what they have ordered for the day and what they can expect to eat at each meal time.
- The pop-up shop has been incorporated with the lolly trolley and is now being offered weekly. This provides residents with the opportunity to do some shopping on a weekly basis. Feedback from residents is that this is very successful.

Towards the end of February we also had a visit from the Aged Care Quality and Safety Commission who conducted a site audit for St Clare. They were here for one day and said that the feedback they received from residents and families was very positive. Thank you to everyone who took the time to speak with them, it is a very important part of our continuous quality improvement process. We are yet to receive our report on the outcome of this audit.

Kind regards,

Amanda White

Quality and WHS Coordinator

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide complaints, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us info@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

In need of an advocate?

aras



aged rights advocacy service inc.

1800 700 600



Australian Government
Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

The Aged Care Quality and Safety Commission
can be contacted on:
1800 951 822



March Dates

*Tuesday 1st
Shrove Tuesday*

*Wednesday 2nd
Ash Wednesday*

*Friday 3rd- 9th
Hearing Awareness week*

*Tuesday 8th
International Women's Day*

*Sunday 13th
Port Pirie Produce Market*

*Monday 14th
Adelaide Cup*

*Thursday 17th
St Patricks Day*

*Saturday 19th
SA State Election*

*Monday 21st
Harmony Day*

*Friday 25th
Greek Independence Day*

Women's History Month

HARMONY WEEK

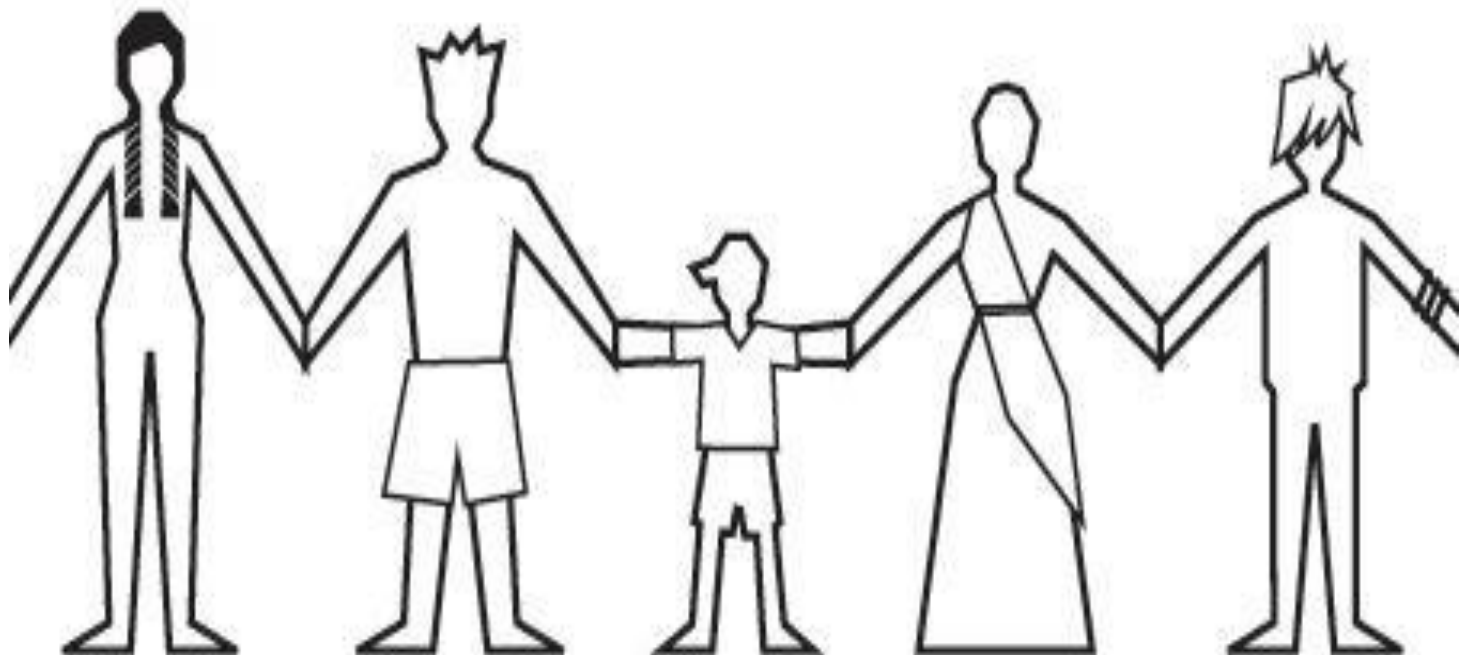
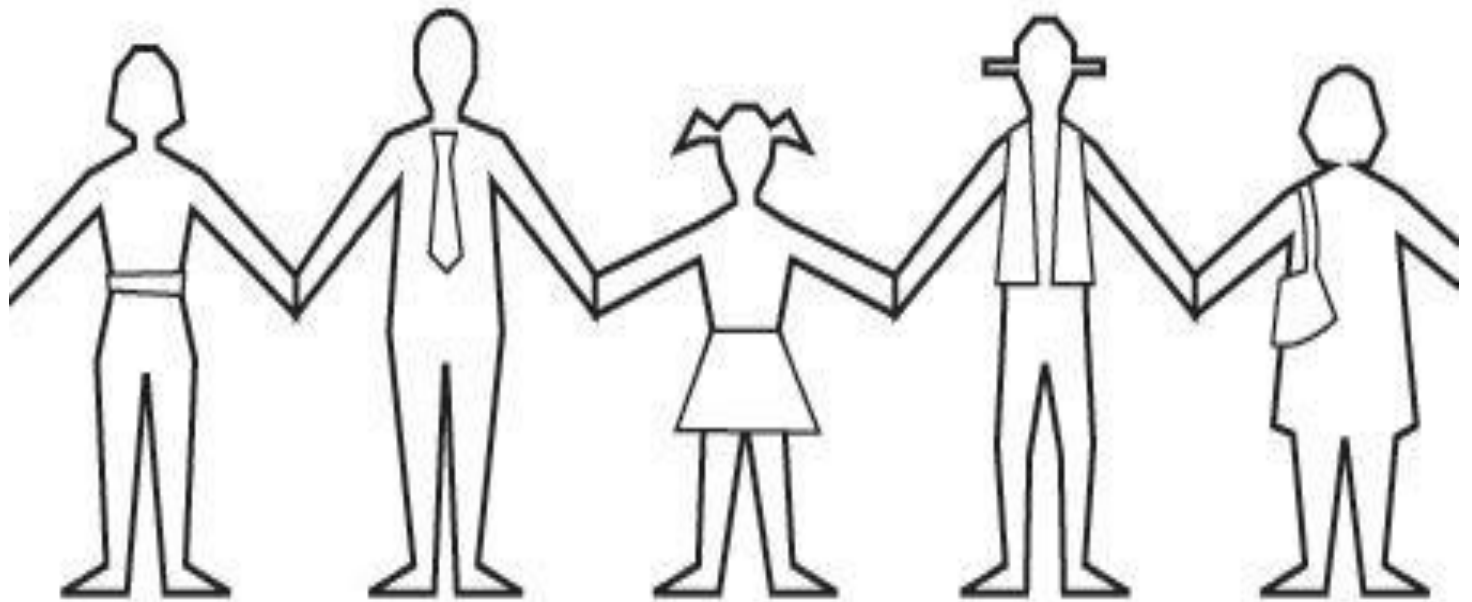


Shrove Tuesday



HARMONY DAY | COLOURING IN SHEET

HARMONY DAY





March Birthdays

Frank Miller 6/03

Laurie Brook 20/03

Joan Crowhurst 10/03

Janice Fowler 27/03

Beulah Kemp 26/03

Ann Ley 27/03

Antonietta LoBasso 27/03

Maureen Falland 29/03

Jack Shepley 31/03

Desmond Slattery 31/03



Happy Birthday

May God give you the strength and wisdom to smoothly surmount all the challenges life brings you. Stay blessed and enjoy your day to the fullest.



March 2022

Visiting hours Monday—Friday 11:00am-3pm
Saturday—Sunday 1pm-3pm

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Shrove Tuesday 10:45 Bingo 1:30 Individual activities	2 Ash Wednesday 10:45 Mass 1:30 Paper mâché Craft	3 Hairdresser 10:45 Yoga 1:30 Cuppa and pan-cakes on the Balcony	4 10:00 Lolly Trolley 1:30 Bowls	5 Activity Boxes are available in all areas Games are set up in activity area	6 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
7 10:45 room visits 1:30 Craft	8 International women's Day 10:45 Bingo 1:30 Ladies Pampering	9 10:45 Mass 1:30 Paper mâché Craft	10 10:45 Yoga 1:30 Hangman	11 10:00 Lolly Trolley 1:30 Bowls	12 Activity Boxes are available in all areas Games are set up in activity area	13 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
14 PUBLIC HOLIDAY Adelaide cup day	15 10:45 Resident meeting 1:30 Bingo	16 10:45 Mass 1:30 St Pat Craft	17 St Pats Day 10:45 Yoga 1:30 Irish Bowling & afternoon Tea	18 10:00 Lolly Trolley 1:30 Bowls	19 Activity Boxes are available in all areas Games are set up in activity area	20 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
21 Hairdresser World day of poetry 10:45 Ecumenical service 1:30 Posters & Poems	22 10:45 Bingo 1:30 Beetles	23 10:45 Mass 1:30 Paper flower Craft	24 10:45 Yoga 1:30 Cuppa & Chat	25 Podiatrist Greek independence day 10:00 Lolly Trolley 1:30 Bowls	26 Activity Boxes are available in all areas Games are set up in activity area	27 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
28 Hairdresser 10:00 Room visits 1:30 Coffee & Chat	29 10:45 Bingo 1:30 Guess that song	30 10:45 Mass 1:30 Paper flower Craft	31 10:45 Yoga 1:30 Movie Day			