

A soldier in a military uniform and helmet, seen from behind, stands in a vast field of red poppies. The soldier is holding a rifle. The field stretches to the horizon under a cloudy sky. The overall mood is solemn and reflective.

# **St Joseph's House Connections April 2022**

22 Norman Street, Port Pirie SA 5540

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THEY SHALL GROW NOT OLD, AS WE THAT ARE LEFT GROW OLD:  
AGE SHALL NOT WEARY THEM,  
NOR THE YEARS CONDEMN.  
AT THE GOING DOWN OF THE SUN AND IN THE MORNING,  
WE WILL REMEMBER THEM.  
**LEST WE FORGET.**



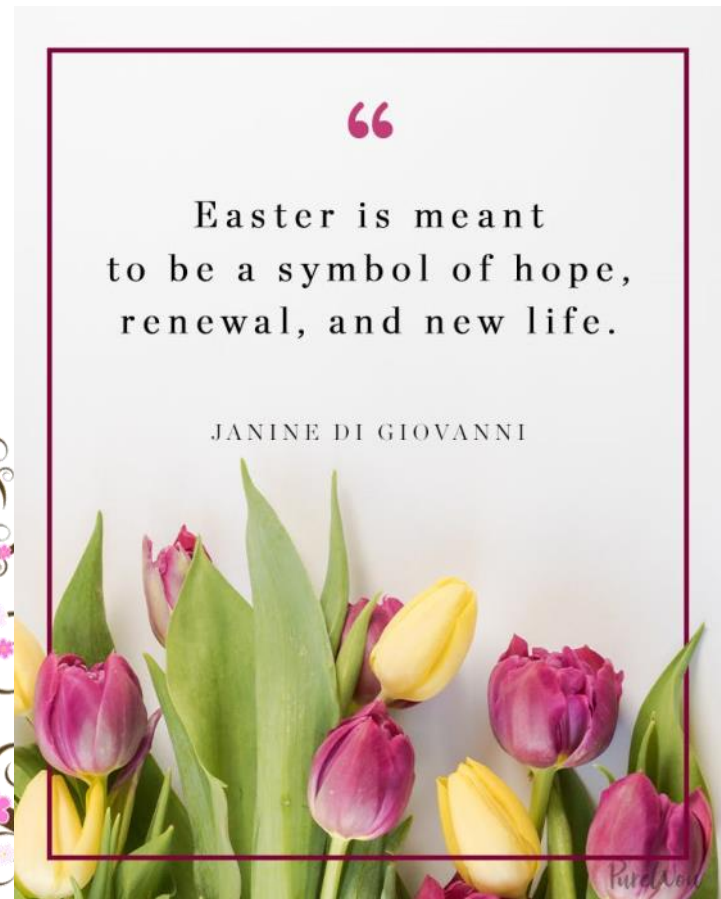
**ANZAC DAY**  
25<sup>TH</sup> APRIL

**This Issue:**

- **Covid-19 update**
- **Puzzles**
- **Footy Tips**
- **Crafts**
- **Notice Board**
- **What's happening in Port Pirie**
- **Easter Facts**
- **Around the Home**
- **Aged Care Quality Standards**
- **Quality, WHS and Feedback**
- **Colouring Page**
- **Birthdays**
- **Calendar of Events**



Front Cover Copyright to Richard Harpum



“

Easter is meant  
to be a symbol of hope,  
renewal, and new life.

JANINE DI GIOVANNI

*Resident Meeting:*

*10.30am—12th April*

*St Clare Up*

*Resident Liaison Officer : Marra Pearn*

A decorative header banner with a blue background and white icons related to healthcare, including a syringe, a vaccine vial, a face mask, and various medical symbols. The text 'COVID-19 Vaccine Information and Updates' is prominently displayed in a large, bold, dark blue font.

# COVID-19 Vaccine Information and Updates

## Reminder to Families to provide a copy of your Covid-19 Booster Immunisation evidence as you receive it.

As residents become eligible for Covid-19 Booster Vaccines or the Winter Booster outside of the on-site clinics, nursing staff will be in contact with individuals to discuss these arrangements.

**Covid-19 Vaccination Update:** Staying up-to-date with the recommended Covid-19 vaccinations will continue to protect residents from the risk of serious illness, hospitalisation or death from Covid-19. The expert Australian Technical Advisory Group of Immunisation (ATAGI) recommends an additional Covid-19 booster before winter for residents in aged care facilities. The Australian Government has announced the availability of the Covid-19 Winter Vaccine Dose, which can be administered 4 months after the initial booster dose.

The Covid-19 Winter Dose will be administered by the pharmacist on-site to residents. This will be timed for 4 months after the covid booster clinic was held at St Joseph's House.

Consents gained for the administration of Covid-19 Booster vaccinations extends to additional recommended boosters.

For further information, please speak with one of our nursing staff members or make an appointment to speak with the CNC.

St Joseph's House

Influenza Immunisations will be starting soon. Vaccinations for residents will be provided onsite.

A graphic for a flu vaccine campaign. It features a central purple octagon with white text. The background is light blue with various colored geometric shapes. At the bottom, there are logos for the Australian Government Department of Health and the National Immunisation Program.

**HELP  
STOP THE FLU  
IN 2022**

**THIS YEAR, IT'S EVEN  
MORE IMPORTANT TO GET  
THE FLU VACCINE**

The **INFLUENZA** vaccine is recommended for people aged 6 months and over and provided **FREE** to those most at risk from influenza and its complications.



Ask about the influenza vaccine today.  
[health.gov.au/immunisation](http://health.gov.au/immunisation)



Visiting Hours are  
Everyday 1pm—3pm  
Limit of 1 visitor, per resident per day  
or by appointment outside of these hours

# Brain Teasers

- 1.) Billy's mother had five children. The first was named Lala, the second was named Lele, the third was named Lili, the fourth was named Lolo. What was the fifth child named?
- 2.) It's as light as a feather, but the strongest person can't hold it for more than five minutes. What is it?
- 3.) The more there is, the less you see. What is it?
- 4.) What gets more wet while it dries?
- 5.) You can find it in Mercury, Earth, Mars, Jupiter and Saturn, but not in Venus or Neptune. What is it?
- 6) What's full of holes but can still hold water?
- 7) Which is heavier, a pound of feathers or a pound of rocks?
- 8) What goes on four feet in the morning, two in the afternoon and three in the evening? (This is from the classic myth, Oedipus and the Riddle of the Sphinx)
- 10.) What travels faster: heat or cold?
- 11.) A cowboy rode into town on Friday. He stayed in town for three days and rode back out on Friday. How is this possible?

How Many did you know?

*1. Billy 2. Breath 3. Fog 4. A towel 5. The letter "R" 6. A sponge 7. Neither. Both weigh a pound! 8. A human. The times of day represent stages of human life. At the beginning of life, a baby crawls on four "feet." As a person gets older, they walk on two feet. Later in life, a person will walk on three "feet" (two feet, plus a cane to help them walk). 9. Heat travels faster because you can catch a cold! 10. The horse's name was Friday.*





I	E	I	I	A	N	T	U	R	T	L	E
S	A	K	K	G	I	T	G	R	I	R	S
A	B	I	R	D	U	O	P	F	G	H	C
A	I	O	E	I	D	A	I	E	U	T	H
S	N	A	K	E	G	L	N	F	I	C	I
N	K	I	A	F	I	S	H	A	N	L	N
E	E	N	H	L	Z	D	O	P	E	S	C
K	U	I	A	E	I	I	I	C	A	T	H
C	O	F	M	E	A	B	A	P	P	L	I
I	M	E	S	C	I	N	R	M	I	I	L
H	D	R	T	R	U	R	O	E	G	Z	L
C	A	R	E	D	A	U	F	L	G	A	A
T	K	E	R	B	S	T	E	R	T	R	M
T	A	T	E	E	G	H	D	R	T	D	R

- DOG
- CAT
- HAMSTER
- FISH
- MOUSE
- GUINEA PIG
- BIRD
- SNAKE
- IGUANA
- FERRET
- GERBIL
- CHINCHILLA
- CHICKEN
- LIZARD
- TURTLE
- RAT







# Notice Board

## What would you like to see?

Each month the Newsletter is created specifically for your interest and to provide you with information. Please let Lifestyle or Reception know if there is something that you would like to see added.



### COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant or to make an appointment for a face to face meeting.



As per testing recommendations by SA Health, residents who leave a RACF and then return must comply with the following:

Residents who leave the facility to attend a medical appointment and return the same day should have a RAT on day 2 after their return.

Daily symptom checks must be completed for the resident for one week.

If there are no symptoms, the resident does not need to isolate.

If they develop any signs or symptoms of COVID-19, they should immediately be isolated and have a PCR test.

Residents who leave the facility to attend a social/family gathering and return the same day, or residents who go on social leave for longer periods, should have RAT on days 2 and 6 after they return.

These residents should isolate until they receive negative day 2 test results.

Daily symptom checks must be completed for the residents for one week with immediate isolation and PCR testing if symptomatic.

### REMINDER FOR FAMILIES:



Resident's personal belongings are not covered by St Joseph's House Insurance.

It is important to ensure that jewellery remains safe. It can become lost if resident's try to hide their jewellery or it becomes mixed up with rubbish or linen. A suggestion is to replace jewellery, where possible, with less expensive items. We appreciate you giving this matter some thought.



## Advance Care Directive Your wishes for future care

There may come a time when you are unable to make a decision or properly communicate your wishes on how you'd like to be cared for or treated.

It could be for a number of reasons including:

- an accident or mental health episode
- dementia or similar condition
- a sudden serious stroke or
- because you are unconscious or in a coma.

This can happen at any age or stage of life. If it did, how would you want decisions to be made for you about your ongoing health care, living arrangements and other personal matters? And, who would you want to make those decisions for you?



### The Advance Care Directive

The new Advance Care Directive is an important step forward in planning for your health care.

The new Advance Care Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with a single Advance Care Directive Form.

### What will it allow me to do?

The new Advance Care Directive allows you to:

- write down your wishes, preferences and instructions for your future health care, end of life, living arrangements and personal matters; and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf, if you are unable to make them for yourself.

### Why should I have one?

It will give you peace of mind that those caring for you will know what you want, when you are unable to make your own decisions or communicate your wishes and values.



**Mass**  
Every Wednesday  
10:45am  
Main Activities Area



# What's happening around Port Pirie



A new series of projections is showing nightly at City Park, adjacent to the Council Administration Centre in Ellen Street.

These stories have been created by illuminart in collaboration with other local groups including John Pirie Secondary School.

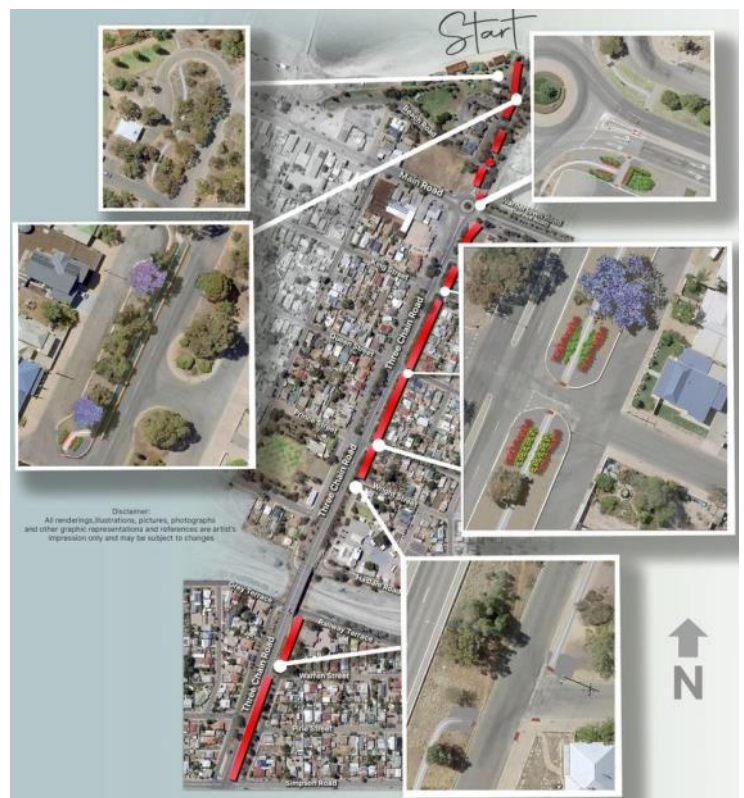
From sunset until approximately 10.30pm, the following stories are on display:

- Many Hands – showcasing reconciliation and exploring art through Aboriginal and Torres Strait Islander history and culture.
- 'Nosey' Parker – the renowned local photographer Des Parker's images through the years including our Smelters Picnic.
- The Ketches – a historic story about the early settlers arriving in the Port Pirie region.

The Port Pirie Council's Entrance Improvements/ Shared Walking & Cycling Paths Project consultation phase is now over.

Works have started today on the first stage of the project which involves removing poor quality trees and shrubs along Warnertown and Three Chain Road. These will be replaced with new trees, ground covers and other plantings as part of our overall greening strategy

Tree removal works have started with the large she-oak trees on Warnertown Road in front of the Sporties Tavern and extending around the corner to Three Chain Road.





# Easter

FACTS



The history of Easter began in the 2nd century.



**Easter Is on a Different Date Each Year**



**Easter Is the Celebration of Jesus' Resurrection**



The Easter Bunny became the symbol of Easter because, in mythology, the bunny is a symbol of fertility and Spring renewal.



Western Christianity observes Easter on the first Sunday after the first full moon following the spring equinox.

Easter is the oldest among Christian holidays.

## Hot Cross Buns

In 1361 a monk named Father Thomas Roccliffe is recorded to have made small spiced cakes, stamped with the sign of the cross, to be distributed to the poor visiting the monastery at St. Albans on Good Friday.



Sharing a hot cross bun with another is supposed to ensure friendship throughout the coming year, particularly if "Half for you and half for me, Between us two shall goodwill be" is said at the time.





# Around the house

St Joseph's house had a visitor from a furry friend this month, Henry the cat.

Henry had 1:1 visits with some of our animal loving residents and greatly enjoyed the cuddles that were on offer!



The Lifestyle staff will continue to go around each week with the Lolly Trolley.

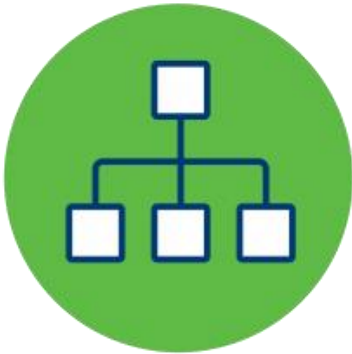
The trolley will include an assortment of items, including items that can be purchased by request.

Please let the staff know if there are any specific items you would like added.





# Aged Care Quality Standards...



## Standard 8: Organisational Governance

### Consumer Outcome:

I am confident the organisation is well run. I can partner in improving the delivery of care and services.

### What does this mean?

- The governing body of St Joseph's House, the Aged Care Board of the Catholic Diocese of Port Pirie (the Board), is responsible for the organisation and the delivery of safe and quality care and services that meet the Quality Standards.
- The Board sets strategic priorities that promote a culture of safety and quality.
- The Board drives and monitors improvements to make sure St Joseph's House is committed to quality care and services that are in your best interest and create quality experiences.
- The Board ensures that governance systems are in place that focus on delivery of safe and quality aged care services.
- Plans are in place to manage internal and external emergencies and disasters.

## Visitor Access Update

Did you know?

There are still Government mandated requirements for visiting Residential Aged Care Facilities.

Visitors are required to visit residents in their rooms, or in a space that has been previously arranged with the Aged Care Facility that is not an indoor communal area.

Visitors should take a direct path to and from resident's rooms.

# Continuous Quality Improvements...



Hi All,

I am currently working from home due to risk management strategies for Covid-19 but look forward to being back on site as soon as I can. Having said that, it has been another busy month in Quality:

We have been working on improvements to some of our documentation systems to ensure all of our paperwork is how it needs to be presented when we have an audit from the Aged Care Quality and Safety Commission. Some of these improvements are as a direct result of recommendations of the Commission, others have been brought about through some significant legislative changes specifically around incident management and reporting.

We have been conducting routine audits across a variety of areas to identify any gaps in preparation of the expected visit from the Commission for St Mark. We are yet to receive the final report from the Commission's visit for St Clare in February and will provide feedback to residents when this is received.

As discussed at the Resident Meeting, we are conducting a visitors survey to ensure that visitor access is in line with resident's needs, as well as Government mandates and risk mitigation strategies. So far, the results show that while residents generally prefer the afternoon visiting hours, you would like more communication around visiting, specifically at the Residents Meetings. As a result of this feedback visiting hours will now be added to every activities calendar each month and more information on visiting will be provided both at the Resident Meetings and verbally by staff.

Kind regards,  
Amanda White  
Quality and WHS Coordinator

## Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide complaints, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us [admin@stjosephshouse.net.au](mailto:admin@stjosephshouse.net.au)
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

Feedback Form

Department - Substation: \_\_\_\_\_ Date of feedback and complaint: \_\_\_\_\_

St. Joseph's House  
*Spirit of Care*

**Feedback Form**

Please use this form to:

- Suggest an improvement
- Give us feedback
- Express a concern or issue

22 Norman Street  
Port Pirie SA 5540  
Ph: 8632 1450  
Fax: 8633 0790  
E: [info@stjosephshouse.net.au](mailto:info@stjosephshouse.net.au)  
W: [www.spiritofcare.org.au](http://www.spiritofcare.org.au)

In need of an advocate?

**aras**  
aged rights advocacy service inc.

**1800 700 600**



Australian Government  
Aged Care Quality and Safety Commission

Engage  
Empower  
Safeguard

The Aged Care Quality and Safety Commission  
can be contacted on:  
**1800 951 822**



Have a Blessed  
**GOOD FRIDAY**



## April Dates

*Sunday 10th*

*Palm Sunday*

*Port Pirie Produce Market*

*Thursday 14th*

*Maundy Thursday*

*Friday 15th*

*Good Friday*

*Sunday 17th*

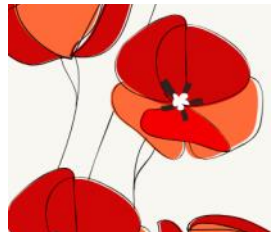
*Easter*

*Monday 18th*

*Easter Monday*

*Monday 25th*

*Anzac Day*



and ON APRIL 25

We remember  
Anzac Day.

### *Sympathy*

*We offer our deepest  
condolences to the family and*

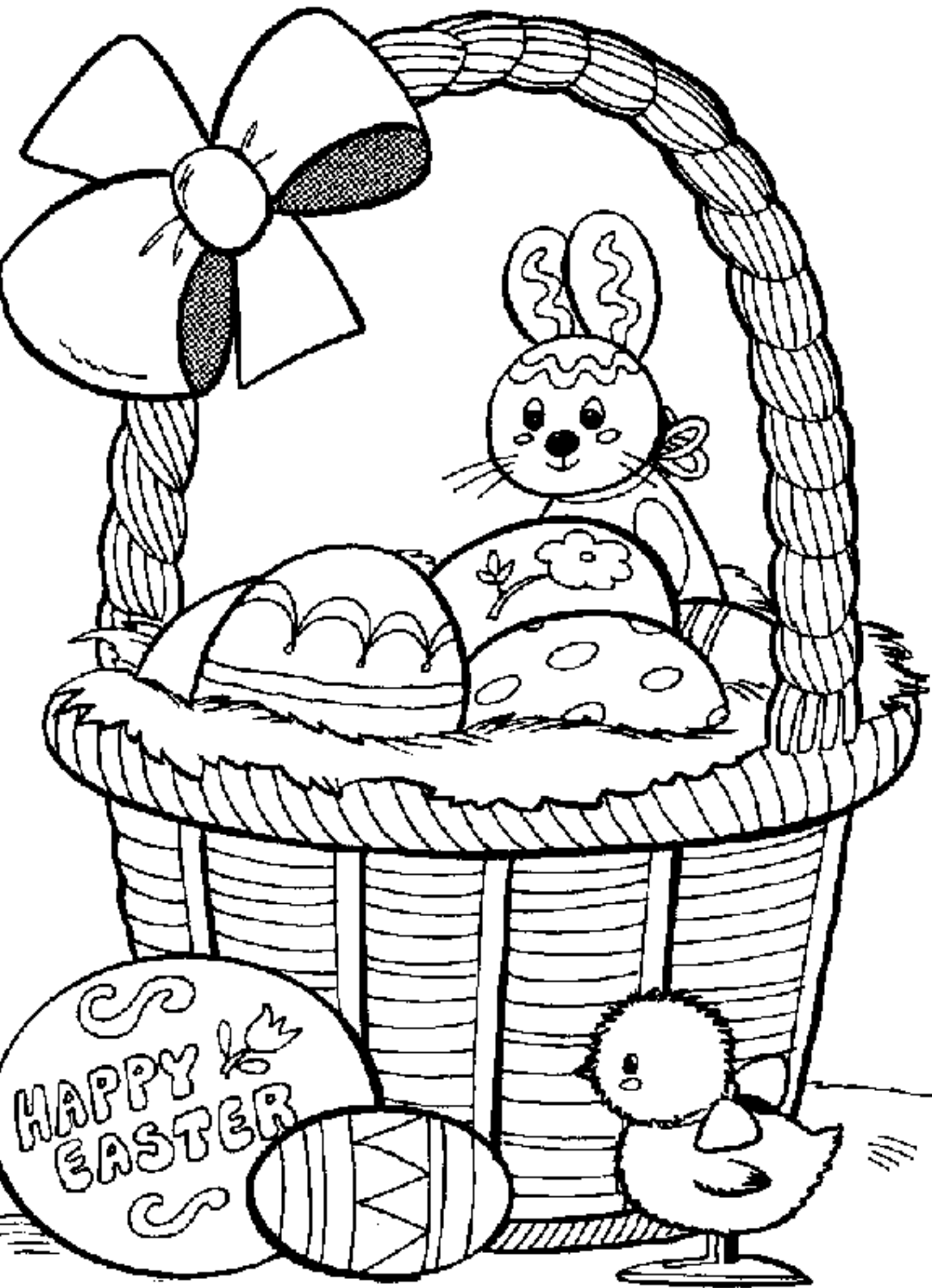
*William Laube*

*Teresa Ley*

*María Pisaní*

*May They Rest in Peace*









# *April Birthdays*

*Joan Kennedy 6/4*

*Lila Simmons 8/4*

*Tina Dipinto 29/4*





*Happy Birthday*

May God give you the strength and wisdom to smoothly surmount all the challenges life brings you. Stay blessed and enjoy your day to the fullest.



# April 2022

**Visiting Hours**—Everyday 1pm-3pm  
 Limit of 1 visitor, per resident per day  
 Or by appointment outside of these hours

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 130am Morning exercises 130pm Bowls	2 Activity Boxes are available in all areas Games are set up In-activity area	3 daylight savings ends clocks backwards thr
4 Outdoor painting / coloring Movie afternoon activity area	5 10:45 Bingo 1:30 Virtual singalong	6 10:45 Virtual Mass 1:30 Craft	7 10:45 Yoga 11:00 Lolly Trolley 1:30 Hangman	8 Court yard morning tea and cards / catch up 130pm Bowls	9 Activity Boxes are available in all areas Games are set up In-activity area	10 Palm Sunday Songs of praise 11:30 am-ABC 7pm reading local recorder Trax FM
11 Morning exercises in the court yard Virtual concert / afternoon tea	12 10:45 Resident Meeting 1:30 Easter Bingo	13 10:45 Mass 1:30 Easter Craft	14 10:45 Yoga 11:00 Lolly Trolley 1:30 Easter Celebrations	15 <b>PUBLIC HOLIDAY</b> Good Friday	16 <b>PUBLIC HOLIDAY</b> Easter Saturday	17 Happy Day 
18 <b>PUBLIC HOLIDAY</b> Easier Monday	19 10:45 Bingo 1:30 Beetles	20 10:45 Mass 1:30 Anzac Day Craft	21 10:45 Yoga 11:00 Lolly Trolley 1:30 Bowls	22 Anzac day service Anzac day Movie In activity area	23 Activity Boxes are available in all areas Games are set up In-activity area	24 Orthodox easter  <i>Orthodox Easter</i>
25 <b>PUBLIC HOLIDAY</b> Anzac Day	26 10:45 Bingo 1:30 Afternoon Tea Get together virtual concert	27 10:45 Mass 1:30 Craft	28 10:45 Yoga 11:00 Lolly Trolley 1:30 Floor skittles	29 1030am Morning Exercises 130pm Bowls	30 Activity Boxes are available in all areas Games are set up In-activity area	