

# St Joseph's House Connections May-June 2022



happy  
mother's  
day



**JUNE 15**  
**WORLD ELDER ABUSE  
AWARENESS DAY**

**Stir a Cuppa for Seniors**  
because there's **no excuse**  
for **elder abuse**

[elderabuseawarenessday.org.au](http://elderabuseawarenessday.org.au) | [#WEAAD](https://twitter.com/WEAAD)

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### **This Issue:**

- ***Covid-19 update***
- ***Puzzles***
- ***World Elder Abuse Day***
- ***Notice Board***
- ***Anzac Day***
- ***Charter of Aged Care Rights***
- ***Around the Home***
- ***Aged Care Quality Standards***
- ***Quality, WHS and Feedback***
- ***Colouring Page***
- ***Birthdays***
- ***Calendar of Events***



***Resident Meeting:***

***10.30am—3rd June***

***St Clare Up and St Mark Up***

***Resident Liaison Officer : Marra Pearn***



# COVID-19 Vaccine Information and Updates

**Reminder to Families to provide a copy of your Covid-19 Booster Immunisation evidence as you receive it.**

As residents become eligible for Covid-19 Booster Vaccines or the Winter Booster outside of the on-site clinics, nursing staff will be in contact with individuals to discuss these arrangements.



**Reminder to families to provide a copy of this years Influenza Immunisation evidence, as of June 10 it is a requirement of entry to the facility.**

## Visitor Access Update

Did you know?

There are SA Government Directions in place prohibiting visitors from entering an Aged Care Facility within 14 days of close contact with a confirmed case of Covid-19.

St Joseph's House also manages the risk of Covid-19 by ensuring visitors do not enter the facility for 14 days from the day they are advised of a positive Covid-19 test result. If a person undertakes more than one test (ie a RAT, then a PCR) 14 days is determined by the most recent test result.

Screening questions will be asked upon entry to the facility for every visit.

**HELP  
STOP THE FLU  
IN 2022**

**THIS YEAR, IT'S EVEN  
MORE IMPORTANT TO GET  
THE FLU VACCINE**

The **INFLUENZA** vaccine is recommended for people aged 6 months and over and provided **FREE** to those most at risk from influenza and its complications.



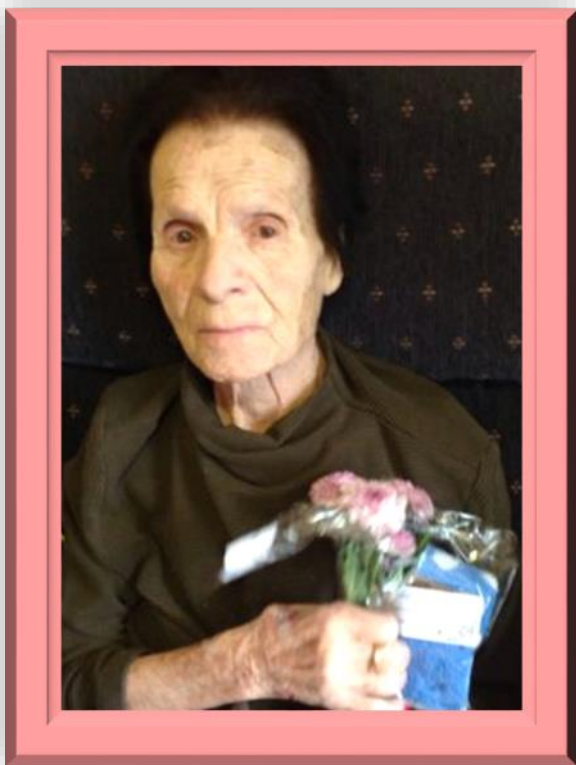
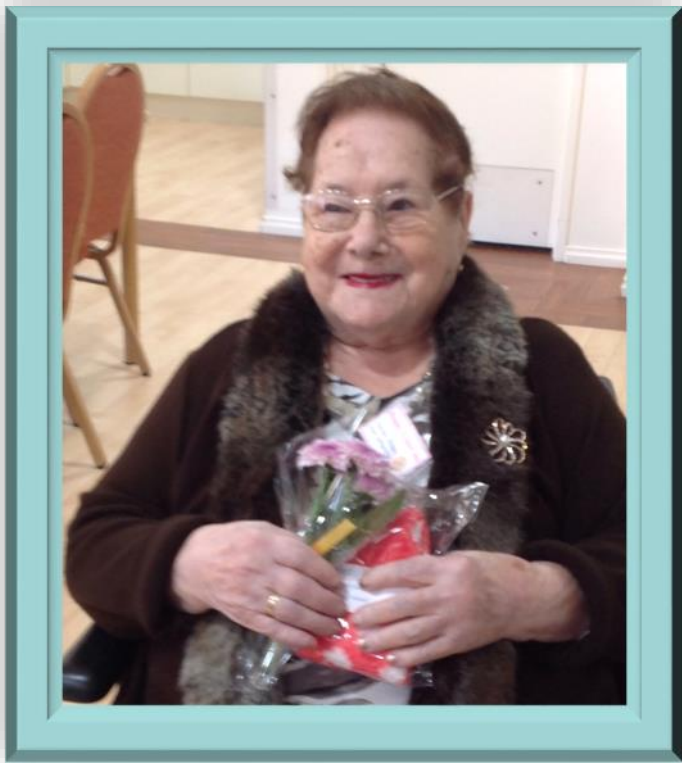
Ask about the influenza vaccine today.  
[health.gov.au/immunisation](http://health.gov.au/immunisation)

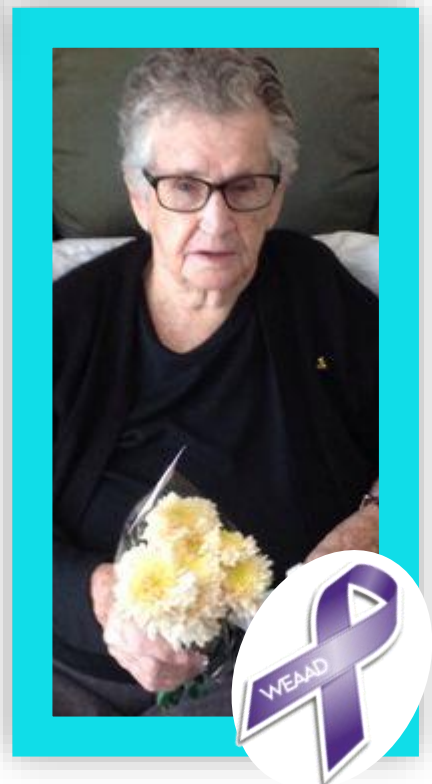
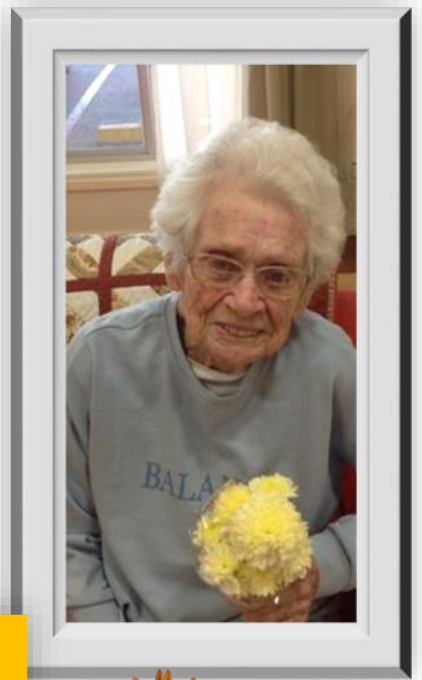


**Visiting Hours at time of printing are for outbreak conditions.  
Limit of 1 visitor, per resident per day for 30 minutes.  
Full PPE and RAT screen required upon entry.  
Mon-Fri: 12:00 - 4:00PM Weekend: 1:00pm - 3:00pm**

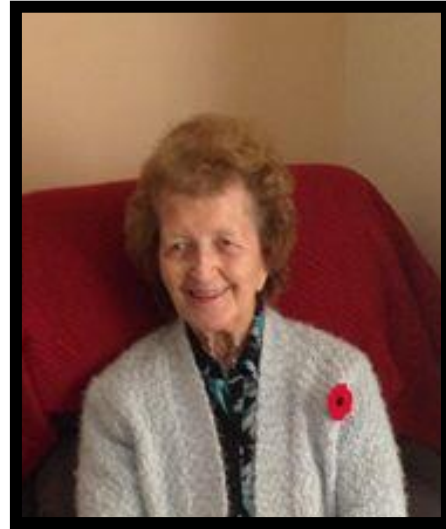


# Mother's Day





# Anzac Day Service



*Lest We Forget*

**ANZAC Day - 25 April 2022**





# Notice Board

## What would you like to see?

Each month the Newsletter is created specifically for your interest and to provide you with information. Please let Lifestyle or Reception know if there is something that you would like to see added.



### COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant or to make an appointment for a face to face meeting.



## Mobile Library

Wednesday Fortnightly  
Please see lifestyle if you wish to join



## Advance Care Directive Your wishes for future care

### REMINDER FOR FAMILIES:



Resident's personal belongings are not covered by St Joseph's House Insurance.

It is important to ensure that jewellery remains safe. It can become lost if resident's try to hide their jewellery or it becomes mixed up with rubbish or linen. A suggestion is to replace jewellery, where possible, with less expensive items. We appreciate you giving this matter some thought.



There may come a time when you are unable to make a decision or properly communicate your wishes on how you'd like to be cared for or treated.

It could be for a number of reasons including:

- an accident or mental health episode
- dementia or similar condition
- a sudden serious stroke or
- because you are unconscious or in a coma.

This can happen at any age or stage of life. If it did, how would you want decisions to be made for you about your ongoing health care, living arrangements and other personal matters? And, who would you want to make those decisions for you?



### The Advance Care Directive

The new Advance Care Directive is an important step forward in planning for your health care.

The new Advance Care Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with a single Advance Care Directive Form.

### What will it allow me to do?

The new Advance Care Directive allows you to:

- write down your wishes, preferences and instructions for your future health care, end of life, living arrangements and personal matters; and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf, if you are unable to make them for yourself.

### Why should I have one?

It will give you peace of mind that those caring for you will know what you want, when you are unable to make your own decisions or communicate your wishes and values.



**Mass**  
Every Wednesday  
10:45am  
Main Activities Area



**JUNE 15**  
**WORLD ELDER ABUSE**  
**AWARENESS DAY**

## Charter of Aged Care Rights

St Joseph's House supports your rights through the Australian Governments' Charter of Aged Care Rights.

Your rights as stated in the Charter are:

I have the right to:

- safe and high quality care and services;
- be treated with dignity and respect;
- have my identity, culture and diversity valued and supported;
- live without abuse and neglect;
- be informed about my care and services in a way I understand;
- access all information about myself, including information about my rights, care and services;
- have control over and make choices about my care, and personal and social life, including where the choices involve personal risk;
- have control over, and make decisions about, the personal aspects of my daily life, financial affairs and possessions;
- my independence;
- be listened to and understood;
- have a person of my choice, including an aged care advocate, support me or speak on my behalf;
- complain free from reprisal, and to have my complaints dealt with fairly and promptly;
- personal privacy and to have my personal information protected;
- exercise my rights without it adversely affecting the way I am treated.







The theme for World Elder Abuse Awareness Day this year is **‘Walk the Talk.**

Comments by COTA SA chief executive Jane Mussared:

**“Widespread, sometimes unconscious, ageism causes us to undervalue older lives.**

“Ageism is at the heart of elder abuse, causing us to walk past behaviours, attitudes and actions that cause harm to older people and which we would not accept at any other stage of life.

“We all have a responsibility to confront and challenge our attitudes and perceptions of ageing, and step up against elder abuse.

“Research by the World Health Organisation confirms that ageism is widespread and pernicious. It is at the heart of elder abuse, experienced in some form by 16% of people aged over 60 although the actual rate is likely to be significantly higher due to a lack of awareness and reporting.

“World Elder Abuse Awareness Day is a date on the calendar to remind us all to sit up and take notice. It is time for us all to be better informed about elder abuse whether physical, sexual, psychological, or financial.

“Elder abuse is especially difficult because it often occurs within the context of a family or close network. The perpetrator may be someone who is loved and trusted. Older people can be reluctant to call out elder abuse because they fear it will risk a relationship and lead to isolation from family and friends. Some older people, who rely on another’s care or support, may feel especially vulnerable.

“Older people, as evidence to the Royal Commission highlighted, simply do not know about their rights to protection from abuse.

“The COVID-19 pandemic increased opportunities and risks for elder abuse, with many older people confined to their home during lockdowns or by choice to minimise their exposure to the virus. This limited their access to the networks which often are critical in identifying abuse, such as GPs, community groups, friends and extended family.

“Along with being better informed about elder abuse and what we can do about it, it is time we confronted our own ageism.

“Until we overcome the systemic devaluation of older people in our community, we cannot truly stop the abuse of the safety, rights and freedoms of people of all ages.”

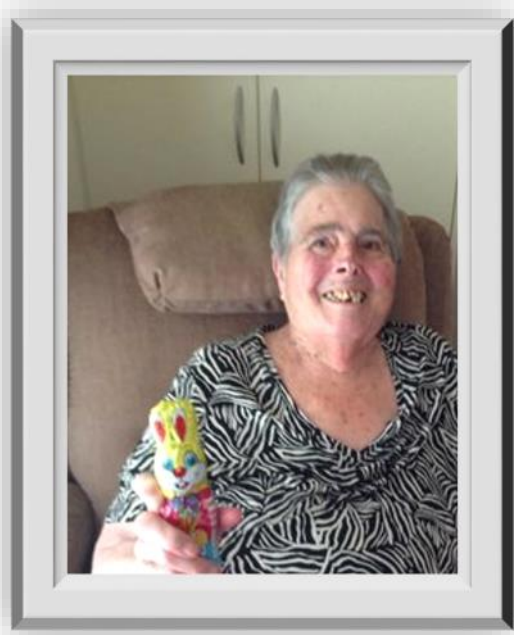


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*“No excuse for elder abuse”*



# Around the house



**Easter came to St Josephs House.**

**St Marks Primary dropped in some beautiful cards for the residents Thank you!!**

**Residents received a Easter Bunny Chocolate**



# Aged Care Quality Standards...



## Why do we have Aged Care Quality Standards?

The Aged Care Quality Standards are in place to clearly define what good aged care should look like.

The Quality Standards make it easier to check that people are receiving good care. Good care is not about 'ticking boxes', it's about us caring for you and your individual needs. This is, and we hope you agree, happening at St Joseph's House and can be seen in all aspects of the care you receive.

## What does it all mean?

Each Quality Standard outlines what you, the consumer, can expect. When you look at each quality standard there is:

- a 'Consumer Outcome' that St Joseph's House needs to meet;
- an 'organisational statement' of expectation; and
- 'requirements' where St Josephs House must demonstrate how we are meeting the consumer outcome.

## What do I need to do?

You don't need to do anything.

It is, however, your right to be informed, have your choices respected and to be heard. This includes knowing the consumer outcomes and providing us feedback.

As always feedback can be provided to us in person, through the feedback forms, at the resident meetings and during surveys. More information on each standard is provided each month in the newsletter, in displays around the facility and at resident meetings.

**VISIT OUR WEBSITE**

**Spiritofcare.org.au**



For information and updates from St Joseph's House make sure you:

 Find us on  
**Facebook**

@stjosephshouse



# Continuous Quality Improvements...



Hi All,

I am pleased to advise that we have received the final report from the Aged Care Quality and Safety Commission for the Audit that was undertaken in St Clare earlier this year. During the visit we were assessed against 7 specific requirements across 6 different standards.

The Commission identified that there were improvements to be made in only 3 of the requirements and we are pleased to say we were found to meet all of the other standards and requirements assessed. We have added actions to our Continuous Improvement Plan and have responded to the Commission outlining our plan for improvement and we look forward to their return.

Repainting and some repairs are about to commence in some of the common areas. This includes replacement of some damaged skirting and patching, and painting marked walls. The work will be undertaken to minimise the impact to residents.

Residents are encouraged to report to staff anything they feel needs repairing or they believe may be a hazard.

Kind regards,  
Amanda White  
Quality and WHS Coordinator



## Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us [admin@stjosephshouse.net.au](mailto:admin@stjosephshouse.net.au)
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

In need of an advocate?

**aras**  
aged rights advocacy service inc.

**1800 700 600**



Australian Government  
Aged Care Quality and Safety Commission

Engage  
Empower  
Safeguard

The Aged Care Quality and Safety Commission  
can be contacted on:  
**1800 951 822**

# May Dates

*Sunday 8th*

*Mothers Day*

*Port Pirie Produce Market*

*Thursday 12th*

*International Nurses Day*

*16-22 May*

*National Volunteers Week*

*Thursday 26th*

*Ascension of Jesus*



# June Dates

*Monday, 14th June:*

*Queens Birthday Holiday*

*Tuesday, 15th June:*

*World Elder Abuse Awareness Day*



*Sympathy*  
We offer our deepest  
condolences to the family and

*Cyril Brown*  
*Ivan Newbery*  
*Laurie Brook*  
*Janice Fowler*

*May They Rest in Peace*





**HAPPY  
MOTHER'S  
DAY**

# May Birthdays

*Ed Mertens 2/05*

*Rhonda Richardson 7/5*

*John Vickers 9/5*

*Doreen Yeend 16/5*

*Chrisoula Yiannoulis 28/5*

*Margaret Jackson 30/5*



*Happy Birthday*

May God give you the strength and wisdom to smoothly surmount all the challenges life brings you. Stay blessed and enjoy your day to the fullest.



# June 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 10:45am Mass 1:30 Hoy	2 <b>International Italian day</b> 10:45 am Yoga 130pm treats and Arm chair travel Italy	3 10:30 Resident meeting 1pm bowls St Marks 2pm Bowls St Clare	4 Activity Boxes are available in all areas Games are set up In activity area	5 <b>Pentecost Sunday</b> Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
6 <b>D Day</b> 1030am morning chair exercises 130pm DVD Quizzes	7 10:30 Bingo 1:30 purple ribbon making for elder abuse day	8 10:45am Mass 1:30 Craft—Painting vases	9 10:45 am Yoga 130pm Queens Birthday High Tea Please dress up	10 1030am Whiteboard quizzes 1pm bowls St Marks 2pm Bowls St Clare	11 Activity Boxes are available in all areas Games are set up In activity area	12 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
13 <b>PUBLIC HOLIDAY</b> <b>Queens Birthday</b>	14 10:30 Bingo 1:30 Purple ribbon making for elder abuse day	15 <b>Elder Abuse awareness day</b> 10:45am Mass 130pm elder abuse awareness afternoon tea	16 <b>Corpus Christi</b> 10:45 am Yoga 130pm Lolly Trolley	17 1030am Morning exercises 1pm bowls St Marks 2pm Bowls St Clare	18 Activity Boxes are available in all areas Games are set up In activity area	19 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
20 10:45am Ecumenical service 130pm movie afternoon	21 10:30am Bingo 1:30 Cards and board games	22 10:45am Mass 1:30 Craft—Paper flowers	23 10:45 am Yoga 130pm Lolly Trolley	24 130pm Hoy 1pm bowls St Marks 2pm Bowls St Clare	25 Activity Boxes are available in all areas Games are set up In activity area	26 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
27 1030am morning tea and virtual concert 130pm beetle Cupper and chat	28 10:30 Bingo 1:30 Birthday celebrations virtual sing a long	29 10:45am Mass 1:30 Hangman	30 10:45 am Yoga 130pm Lolly Trolley	Please note current visiting hours are weekdays 12pm to 4pm Weekends 1 to 3pm		