

# St Joseph's House Connections July 2022

*Every New Friend is a New Adventure... the  
start of more memories—Patrick Lindsay*



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## **This Issue:**

- ***Covid-19 update***
- ***Bingo***
- ***Colouring In—Flowers***
- ***Notice Board***
- ***Virtual Concert***
- ***Puzzles***
- ***Aged Care Quality Standards***
- ***Quality, WHS and Feedback***
- ***In Memoriam***
- ***Events***
- ***Birthdays***
- ***Calendar***

### **Life Well Lived**

A life well lived is a precious gift,  
of hope and strength and grace,  
from someone who has made our world  
a brighter, better place.

It's filled with moments,  
sweet and sad with smiles and sometimes tears,  
with friendships formed and good times shared,  
and laughter through the years.

A life well lived is a legacy,  
of joy and pride and pleasure,  
a living, lasting memory  
our grateful heart's will treasure.

– Author Unknown



botanicalpaperworks.com



*Resident Meeting:*

*10.30am—19th June*

*St Clare Up and St Mark Up*

*Resident Liaison Officer : Marra Pearn*

# COVID-19 Vaccine Information and Updates

**Reminder to Families to provide a copy of your Covid-19 Booster Immunisation evidence as you receive it.**

As residents become eligible for Covid-19 Booster Vaccines or the Winter Booster outside of the on-site clinics, nursing staff will be in contact with individuals to discuss these arrangements.



**Reminder to families to provide a copy of this years Influenza Immunisation evidence, as of June 10 it is a requirement of entry to the facility.**



**HELP  
STOP THE FLU  
IN 2022**

**THIS YEAR, IT'S EVEN  
MORE IMPORTANT TO GET  
THE FLU VACCINE**

The **INFLUENZA** vaccine is recommended for people aged 6 months and over and provided **FREE** to those most at risk from influenza and its complications.



Ask about the Influenza vaccine today.  
[health.gov.au/immunisation](https://health.gov.au/immunisation)



**Visiting Hours at time of printing are  
Limit of 2 visitors, per resident per day with a RAT screen required upon  
entry.  
Mon-Fri: 12:00 - 4:00PM Weekend: 1:00pm - 3:00pm or By Appointment**

# BINGO

<b>TV</b>	<b>NURSE</b>	<b>MASK</b>	<b>FOOD</b>
<b>BED</b>	<b>CARE STAFF</b>	<b>BIRD</b>	<b>SUN</b>
<b>SMILE</b>	<b>DRINK</b>	<b>FRIEND</b>	<b>MIRROR</b>
<b>CLEANER</b>	<b>CLOUD</b>	<b>TREE</b>	<b>CHAIR</b>

St Josephs House Bingo— How Many Things can you Spot around the Facility.  
Cross off how many you can Find.

It was good to see some familiar faces at Bingo this week.



**Trivia Fact:**

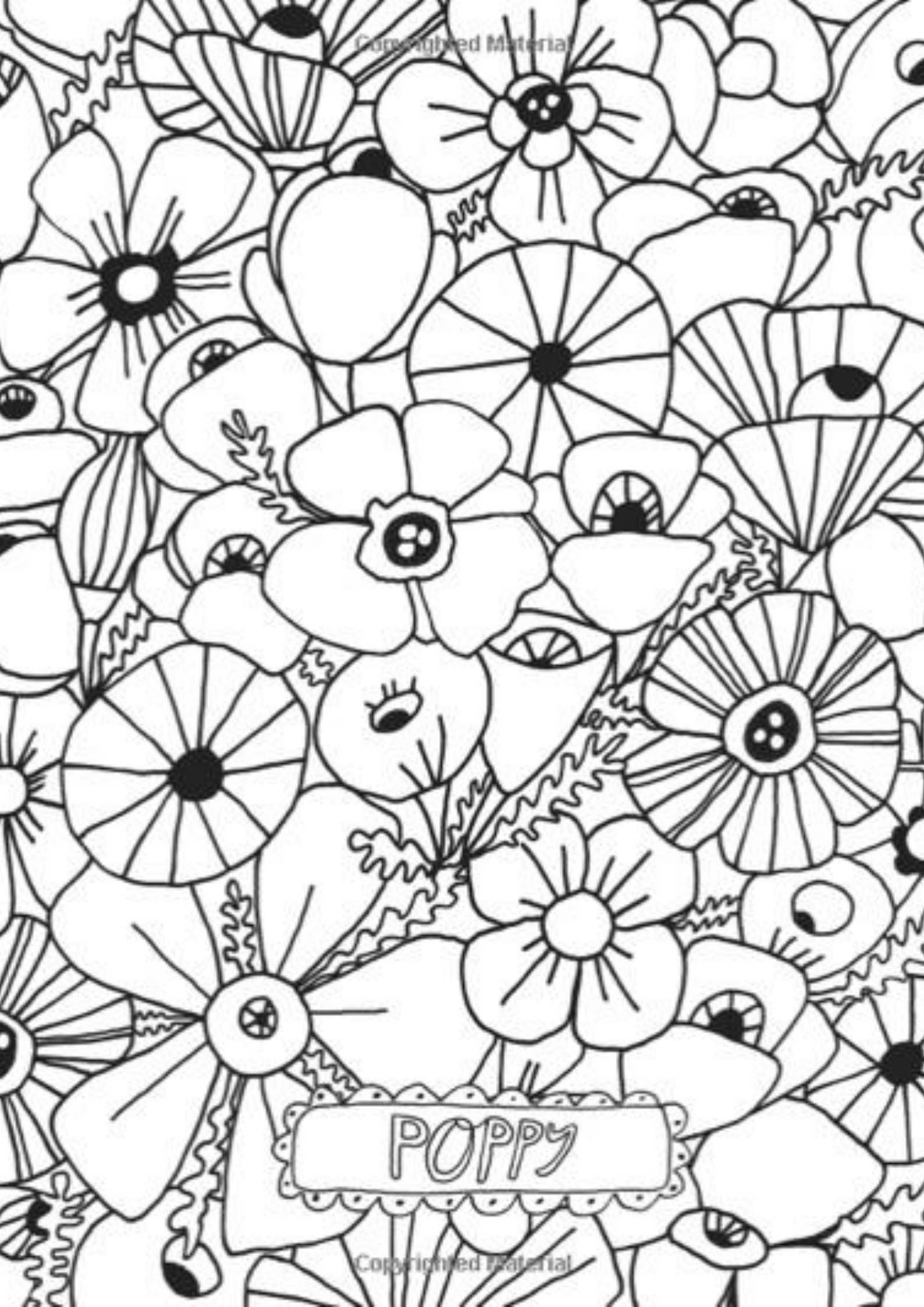
Bingo actually originates in Italy, and dates back to 1530. Known as 'Lo Giuoco del Lotto D'Italia', the game is still played every Saturday in Italy. If you fancy a trip to the continent but worry you won't be able to get your bingo fix, you know here to go!



B I N G O				
18	34	52	60	
8	31	56	67	
11	27	FREE SPACE	46	
7	28			70
30	32	48		



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# Notice Board

## What would you like to see?

Each month the Newsletter is created specifically for your interest and to provide you with information. Please let Lifestyle or Reception know if there is something that you would like to see added.



### COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant or to make an appointment for a face to face meeting.



## Mobile Library

Wednesday Fortnightly  
Please see lifestyle if you wish to join



## Advance Care Directive Your wishes for future care

### REMINDER FOR FAMILIES:



Resident's personal belongings are not covered by St Joseph's House Insurance.

It is important to ensure that jewellery remains safe. It can become lost if resident's try to hide their jewellery or it becomes mixed up with rubbish or linen. A suggestion is to replace jewellery, where possible, with less expensive items. We appreciate you giving this matter some thought.



There may come a time when you are unable to make a decision or properly communicate your wishes on how you'd like to be cared for or treated.

It could be for a number of reasons including:

- an accident or mental health episode
- dementia or similar condition
- a sudden serious stroke or
- because you are unconscious or in a coma.

This can happen at any age or stage of life. If it did, how would you want decisions to be made for you about your ongoing health care, living arrangements and other personal matters? And, who would you want to make those decisions for you?



### The Advance Care Directive

The new Advance Care Directive is an important step forward in planning for your health care.

The new Advance Care Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with a single Advance Care Directive Form.

### What will it allow me to do?

The new Advance Care Directive allows you to:

- write down your wishes, preferences and instructions for your future health care, end of life, living arrangements and personal matters; and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf, if you are unable to make them for yourself.

### Why should I have one?

It will give you peace of mind that those caring for you will know what you want, when you are unable to make your own decisions or communicate your wishes and values.



**Mass**  
Every Wednesday  
10:45am  
Main Activities Area

**VIRTUAL  
PERFORMANCE**







**We held a virtual concert in the Activities area.... Everyone was bopping along to some great Tunes. Thank you Lifestyle!**



# PUZZLES



How Many Words Can you Find?

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A	A	Y	R	R	E	B	W	A	R	T	S
E	E	P	A	Y	W	E	B	Y	N	N	O
A	W	B	P	N	L	Y	R	P	O	G	T
C	L	I	L	L	A	R	G	L	M	U	E
M	R	O	Y	A	E	N	E	E	E	M	A
M	L	E	I	B	C	M	A	A	L	G	P
E	L	W	P	Y	R	K	B	B	N	R	L
N	I	S	O	E	C	E	B	P	A	A	I
K	A	W	T	N	P	R	L	E	Y	U	M
R	R	A	S	P	N	B	E	Y	R	R	E
L	W	O	O	Y	G	R	A	P	E	R	P
L	R	O	R	A	N	G	E	Y	M	N	Y
O	R	E	C	W	L	P	A	P	A	Y	A
A	B	L	U	E	B	E	R	R	Y	R	Y

- APPLE
- LEMON
- BANANA
- LIME
- ORANGE
- WATERMELON
- GRAPE
- KIWI
- STRAWBERRY
- PAPAYA
- BLUEBERRY
- BLACKBERRY
- RASPBERRY

# Aged Care Quality Standards....



## Standard 1. Consumer Dignity and Choice

### Consumer Outcome:

I am treated with dignity and respect, and can maintain my identity.  
I can make informed choices about my care and services, and live the life I choose.

### What does this mean?

**Dignity and Respect**—your strengths are recognised and St Joseph's House empowers you to be as independent as possible. You are communicated to respectfully and your individuality is respected.

**Identity, culture and diversity**—St Joseph's House is inclusive and does not discriminate. You define your own identity and this is respected and not questioned.

**Cultural Safety**—St Joseph's House understands your culture, acknowledges differences and is actively aware and respectful of the differences in planning and in the delivery of care and services.

**Choice**—You have the right to make informed choices, to understand your options and to be as independent as possible. The staff are involved, listen and respect your views and effectively communicate your choices.

**Dignity of Risk**—It is your right to make your own decisions about your care and services and your right to take risks. It is St Joseph's House responsibility to inform you of risks before you take them.

**Information**—You receive information in a method and language that you understand.

**Personal Privacy**—St Joseph's House respects your right to privacy and manages your personal information in accordance with relevant laws and best practice guidelines.

**VISIT OUR WEBSITE**

[Spiritofcare.org.au](http://Spiritofcare.org.au)



For information and updates from St Joseph's House make sure you:



Find us on  
**Facebook**

@stjosephshouse



# Continuous Quality Improvements...



Hi All,

As always, it's been another busy month in Quality.

We sent the evidence away for the actions we needed from the Triennial Fire Safety Survey that was held earlier this year and will be issued with our Certificate of Clearance, when it arrives this will be displayed in the front foyer.

This certificate forms part of our compliance processes, however we choose to display the certificate to show St Joseph's House's commitment to the safety of everyone here. Resident safety forms part of one of our core values of the Board, Holistic Wellbeing.

You will notice over the next few weeks painting will begin in the St Clare corridors and shared areas. Our wonderful volunteer, Darryl Feltus, has very generously agreed to undertake this task. Residents would have seen Darryl taking care of the gardens, which I must say look wonderful—I can't wait for everything to flower. Darryl is very skilled at works of this type and has undertaken work similar to this for us before with the creation of a small storage/garden room.

All work will be undertaken with minimal impact to residents, and will ensure these spaces look refreshed and new again.

Please make sure you say hello to Darryl when you see him about the place.

Kind regards,  
Amanda White

## Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide complaints, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us [admin@stjosephshouse.net.au](mailto:admin@stjosephshouse.net.au)
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

In need of an advocate?

**aras**  
aged rights advocacy service inc.

**1800 700 600**



Australian Government  
Aged Care Quality and Safety Commission

Engage  
Empower  
Safeguard

The Aged Care Quality and Safety Commission  
can be contacted on:  
**1800 951 822**



*Sympathy*  
We offer our deepest  
condolences to the family and  
friends of the late:

*Pamela Schupelius*  
*María Despotakis*  
*Lila Simmons*  
*Beulah Kemp*

*Fay Culpin*  
*Lorraine Veitch*  
*Jenny Wohling*

*May They Rest in Peace*



1900 B.C.

### That's An Old Joke

The oldest identified joke is an ancient Sumerian proverb featuring toilet humor.

**Why did the M&M  
go to school?**

**It wanted to  
be a Smartie.**

## July Events

*1st Friday*

*International Joke  
Day*

*3rd-10th*

*NAIDOC Week*

*10th-16th*

*National Diabetes  
Week*

*10th Sunday*

*Port Pirie Produce*

*Markets 8:30am-12:30pm*

**DIABETES:  
NURSES MAKE  
THE DIFFERENCE**



**GET UP!  
STAND UP!  
SHOW UP!**

**3-10 JULY 2022**



# July Birthdays

*Bernadette M 10th*

*Doug G 26th*

*Lionel C 28th*

# July 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 10:30 Bingo	2 Activity Boxes are available in all areas Games are set up In activity area	3 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
4 <b>NAIDOC WEEK</b> Hairdresser 10:30am Lolley Trolley	5 10:30am morning move and groove	6 10:45am Mass	7 10:45 am Yoga	8 10:30 Bingo	9 Activity Boxes are available in all areas Games are set up In activity area	10 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
1:1 Trolley visits and room Packs	1:30pm Dot Painting	1:30pm Virtual documentary	1:30pm walk and visit	1:30pm Bowls	In activity area	7pm reading local recorder Trax FM
11 <b>Hairdresser</b> 10:30am Lolley Trolley	12 10:30am Virtual exercise	13 10:45am Mass	14 <b>BASTILLE DAY</b> 10:45 am Yoga	15 10:30 Bingo	16 Activity Boxes are available in all areas Games are set up In activity area	17 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
1:1 Trolley visits and room Packs	Virtual museums Arts and culture Afternoon tea	1:30pm Mobile nail care	1:30pm visit to France and afternoon Tea.	1:30pm Bowls	In activity area	7pm reading local recorder Trax FM
18 <b>Hairdresser</b> 10:30am Lolley Trolley	19 Resident Meeting 10:30am SCU	20 10:45am Mass	21 10:45 am Yoga	22 10:30 Bingo	23 Activity Boxes are available in all areas Games are set up In activity area	24 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
1:1 Trolley visits and room Packs	1:30pm Mobile nail care	1:30pm Men's afternoon tea, trains, planes & automobiles	1:30pm Craft with Kerry	1:30pm Bowls	In activity area	7pm reading local recorder Trax FM
25 <b>Hairdresser</b> 10:30am Lolley Trolley	26 10:30am Morning move and groove	27 10:45am Mass	28 10:45 am Yoga	29 10:30 Bingo	30 Activity Boxes are available in all areas Games are set up In activity area	31 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
1:1 Trolley visits and room Packs	1:30pm Birthday celebrations	1:30pm visit to a virtual Zoo	1:30pm Friendship afternoon tea Hoy and quizzes	1:30pm Bowls	In activity area	7pm reading local recorder Trax FM