

St Joseph's House Connections September 2022

*A Father is neither an anchor to hold us back
nor a sail to take us there, but a guiding light
whose love shows us the way*



HAPPY
*Father's
Day*

22 Norman Street, Port Pirie SA 5540
Phone (08) 8632 1450 Fax (08) 8633 0790
W: www.spiritofcare.org.au E: admin@stjosephshouse.net.au



This Issue:

- **Notice Board**
- **Father's Day**
- **Colouring In—Father's Day**
- **Activities**
- **Flower Craft**
- **Footy Tip Winners and Mass**
- **Aged Care Quality Standards**
- **Quality, WHS and Feedback**
- **In Memoriam**
- **Events**
- **Birthdays**
- **Calendar**

Advance Care Directive Your wishes for future care

There may come a time when you are unable to make a decision or properly communicate your wishes on how you'd like to be cared for or treated.

It could be for a number of reasons including:

- an accident or mental health episode
- dementia or similar condition
- a sudden serious stroke or
- because you are unconscious or in a coma.

This can happen at any age or stage of life. If it did, how would you want decisions to be made for you about your ongoing health care, living arrangements and other personal matters? And, who would you want to make those decisions for you?



The Advance Care Directive

The new Advance Care Directive is an important step forward in planning for your health care.

The new Advance Care Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with a single Advance Care Directive Form.

What will it allow me to do?

The new Advance Care Directive allows you to:

- write down your wishes, preferences and instructions for your future health care, end of life, living arrangements and personal matters; and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf, if you are unable to make them for yourself.

Why should I have one?

It will give you peace of mind that those caring for you will know what you want, when you are unable to make your own decisions or communicate your wishes and values.

Resident Meeting:

10.30am—13th September

St Clare Up and St Mark Up

Resident Liaison Officer : Marra

**Visiting Hours at time of printing are
Limit of 2 visitors, per resident per day with a RAT screen required upon
entry.**

Mon-Fri: 12:00 - 4:00PM Weekend: 1:00pm - 3:00pm or By Appointment



Notice Board

What would you like to see?

Each month the Newsletter is created specifically for your interest and to provide you with information. Please let Lifestyle or Reception know if there is something that you would like to see added.



COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant or to make an appointment for a face to face meeting.



Mobile Library

Wednesday Fortnightly
Please see lifestyle if you wish to join



REMINDER FOR FAMILIES:



Resident's personal belongings are not covered by St Joseph's House Insurance.

It is important to ensure that jewellery remains safe. It can become lost if resident's try to hide their jewellery or it becomes mixed up with rubbish or linen. A suggestion is to replace jewellery, where possible, with less expensive items. We appreciate you giving this matter some thought.



REMINDER:

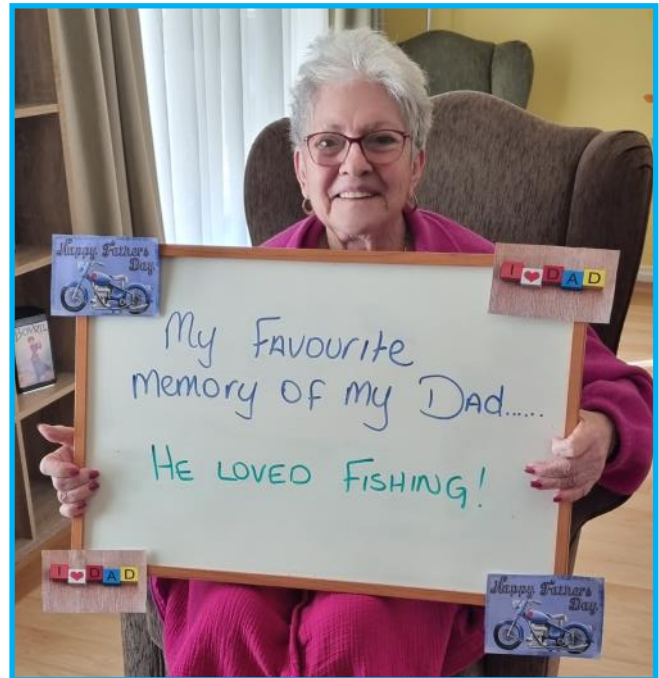
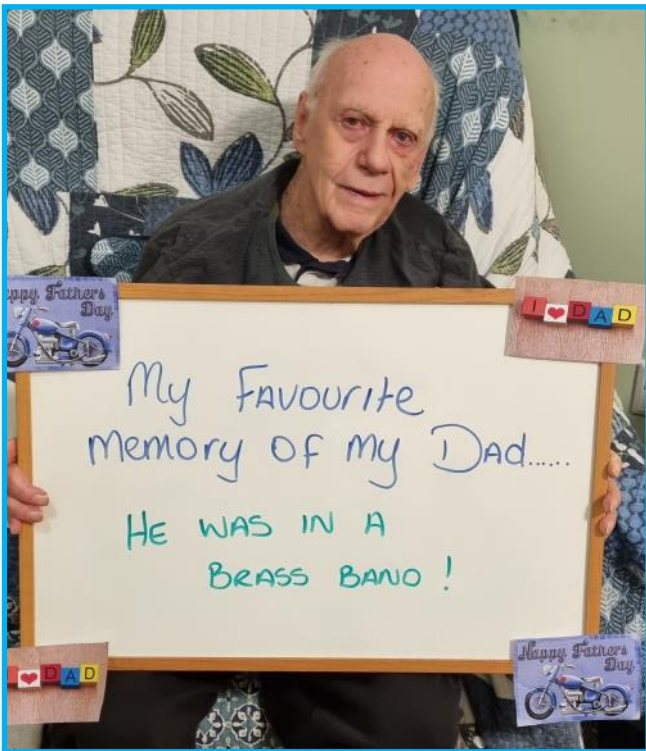
Power boards, and other electrical items, that are brought in for resident rooms must first be given to staff so they can be tested and Tagged. All power board's must also have individual on/off switches for each outlet.



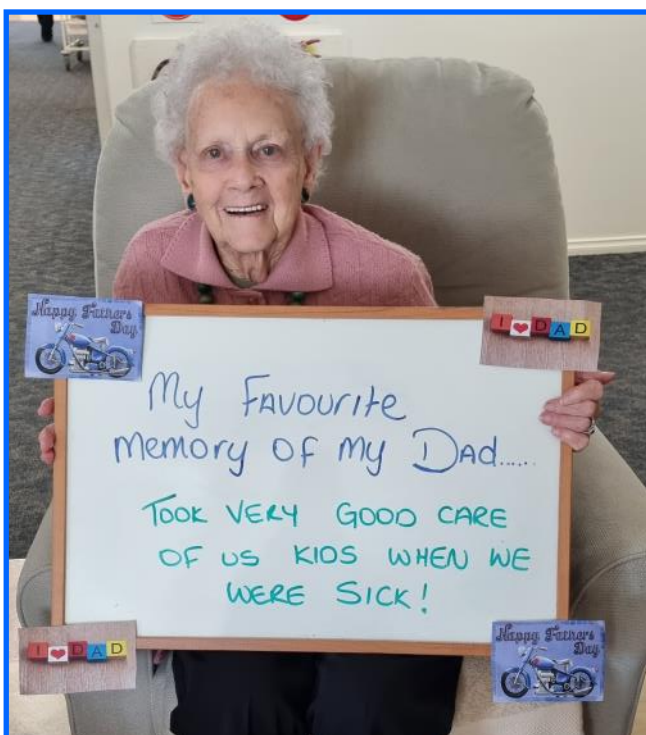
Do you feel sad, alone or upset?
Please know we are here to help.
Let the staff, lifestyle or volunteers know how you are feeling and we can arrange someone for a chat. A listening ear can sometimes be a big help.

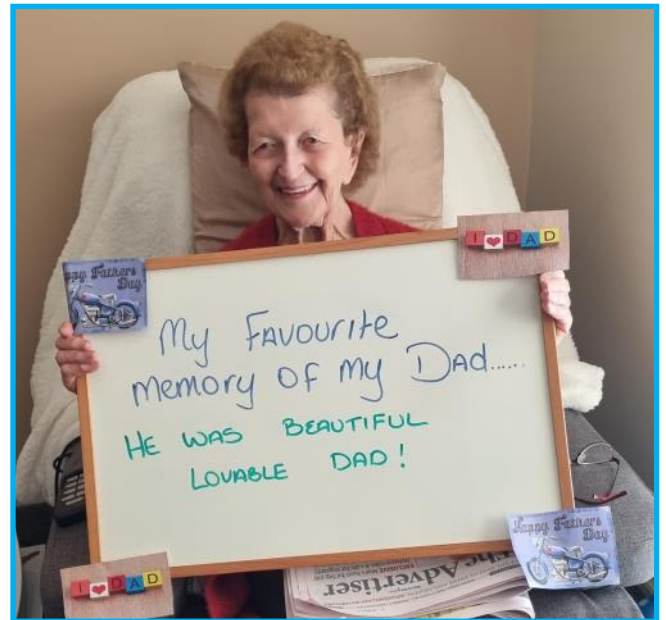
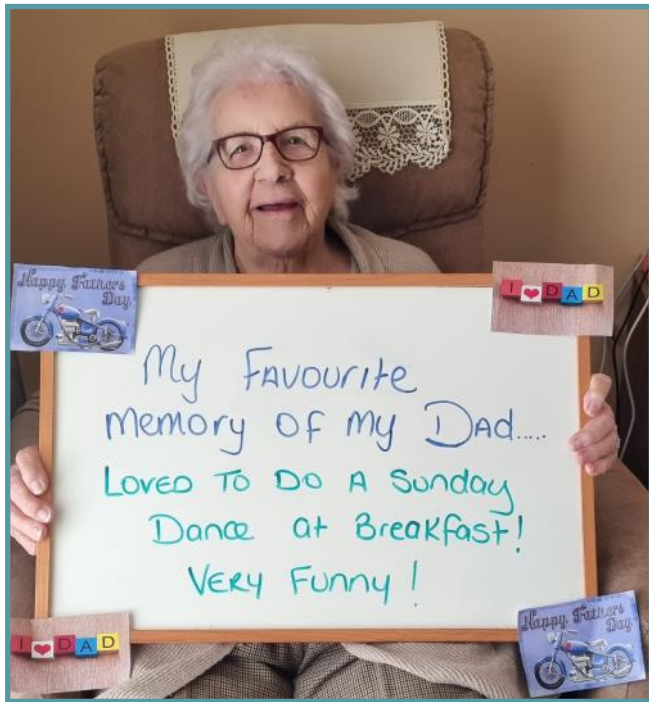


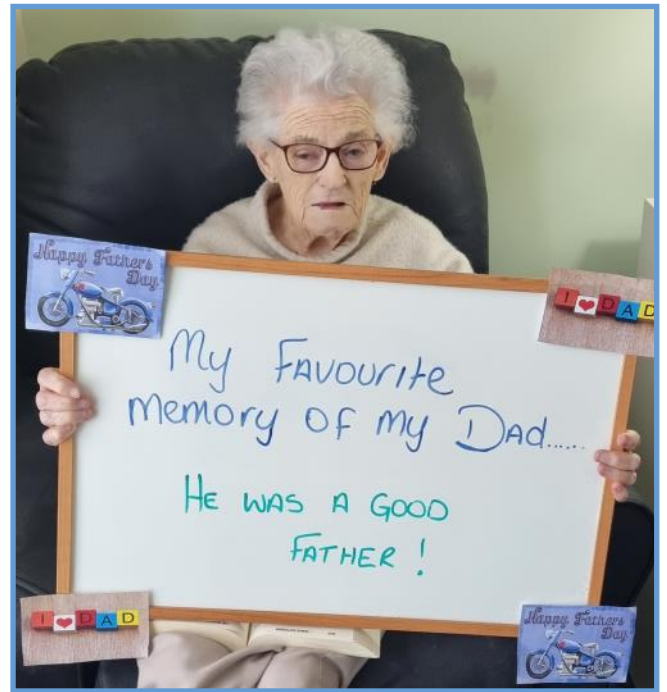
FATHERS DAY



Favourite Memory of our Dads








HAPPY
FATHER'S DAY


Father's Day



BINGO



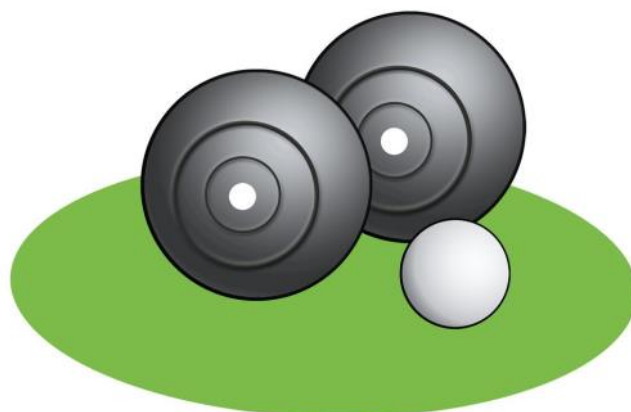
Virtual Tour



Game of Bowls

Bowls is one of our most popular activities at St Josephs House. You can always Guarantee a great turn out.

If you're interested in participating please ask Lifestyle.



**Footy Tips
Winners for 2022**

- 1st Don S**
- 2nd Leanne**
- 3rd Jenny C**



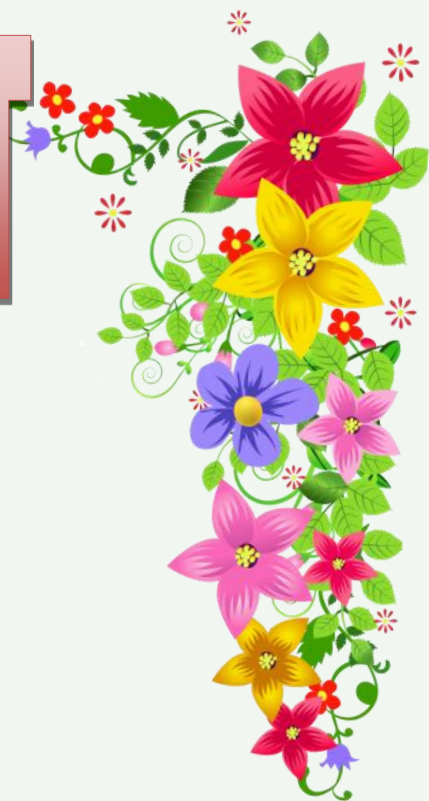
Mass
Every Wednesday
10:45am
Main Activities Area



MASS with Fr Arno



FLOWER CRAFT



Aged Care Quality Standards....



Standard 3. Personal Care and Clinical Care.

Consumer Outcome:

I get personal care, clinical care, or both personal and clinical care, that is safe and right for me.

What does this mean?

Residents of St Joseph's House can expect the safe, effective and quality delivery of personal and clinical care.

Personal and clinical care services can include:

- Supervising or helping with bathing, showering, personal hygiene and dressing
- Providing personal mobility aids and communication assistances for you if you have a hearing, sight or speech impairment
- Nursing services
- Services aimed at getting back or improving your independence or daily living activities
- Specialised therapy services

This standard is not the 'how to' of clinical and personal care, rather this standard is to ensure that personal and clinical care is delivered in a safe and effective way.

St Joseph's House can do this by having policies and procedures that support the staff and ensure that best practice evidence based care, that meets your needs, goals and preferences is in place.

VISIT OUR WEBSITE

Spiritofcare.org.au



For information and updates from St Joseph's House make sure you:



Find us on
Facebook

@stjosephshouse



Continuous Quality Improvements...



Hi All,

Currently most of our continuous improvements revolve around maintaining compliance as there are ongoing changes to the Aged Care sector.

These improvements include:

- the creation or review of our policies and procedures that guide staff.
- training for staff as changes to the Aged Care sector occur.
- creating tools and processes to ensure we have evidence of compliance against the aged care quality standards. As you would hopefully know, we provide care and services in line with the aged care quality standards; however, at times there is room for improvement on documented evidence on a specific area of care or a service we provided, these improvements are identified through internal and external audits and is an ongoing process.

Residents are encouraged to provide any suggestions for improvement through the feedback forms, at resident meetings or by letting our staff know.

An improvement can be related to anything that would improve your time here with us at St Joseph's House

Kind regards,

Amanda White

Quality and WHS Coordinator

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide complaints, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us admin@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

In need of an advocate?

aras



aged rights advocacy service inc.

1800 700 600



Australian Government

Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

The Aged Care Quality and Safety Commission
can be contacted on:

1800 951 822



Sympathy
We offer our deepest
condolences to the family and
friends of the late:

Joseph McLaughlin
Gloria Barker
Mauro Turci

May They Rest in Peace

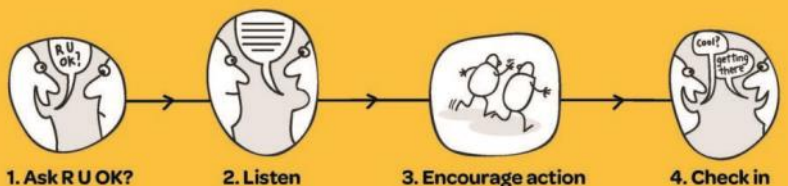


HAPPY
Father's
DAY

Ask R U OK?

😊 You've got what it takes 😊

Start a conversation using these 4 steps



R U OK? DAY™

September Events

4th Sunday

Fathers Day

8th Thursday

R U OK? DAY

14th Sunday

Port Pirie Produce

Markets 8:30am-12:30pm

21st Wednesday

World Alzheimer's Day,

24th September

AFL Grand final



Happy Birthday

May God give you the strength and wisdom to smoothly surmount all the challenges life brings you. Stay blessed and enjoy your day to the fullest.



September Birthdays

Don Y 7/9

Joyce T 22/9

September 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
5 Hairdresser 1030am move and groove morning exercises 10:30 News and your views chat and cupper	6 10:30am Lolley Trolley 1:30 Nails with Jill 130pm cooking with Kerry	7 10:45 am Mass 10:00 am 1:1 visits with Vicki 130pm Knitting Group SCU	8 10:45 am Yoga with Joy 1:30 Hoy & a cuppa	9 10:30 Bingo 130pm Bowls	10 Activity Boxes are available in all areas Games are set up In activity area	11 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
12 Hair Dresser footy colors day 1 on 1 visits 130pm Virtual mischievous animals	13 1030am Resident Meeting 1:30 Nails with Jill 1:30 Chat & cuppa on the balcony	14 10:45 am Mass 10:00 am 1:1 visits with Vicki 130pm Craft with Kerry	15 10:45 am Yoga with Joy 1:30 Lolly Trolley	16 10:30 Bingo 130pm Bowls	17 Activity Boxes are available in all areas Games are set up In activity area	18 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
19 Hairdresser 11am Ecumenical Service Mens cupper / chat and virtual trip of your choice	20 10:00 Australian Bush Buddies 130pm sing a long with Darryl and Sue	21 International day of peace 10:45 am Mass 10:00 am 1:1 visits with Vicki 130pm Cafe visit	22 10:45 am Yoga with Joy 130pm Knitting Group SCU	23 10:30 Bingo 130pm Bowls	24 Activity Boxes are available in all areas Games are set up In activity area	25 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM
26 Hairdresser 1030am move and groove morning exercises 10:30 News and your views chat and cupper	27 Lolley Trolley 1:30 Birthday Cele- brations with John	28 10:45 am Mass 1:1 visits vicki 130pm walk in the park 215pm afternoon tea and chat activity area	29 10:45 am Yoga with Joy 1:30 Hoy & a cuppa	30 10:30 Bingo 130pm Bowls		