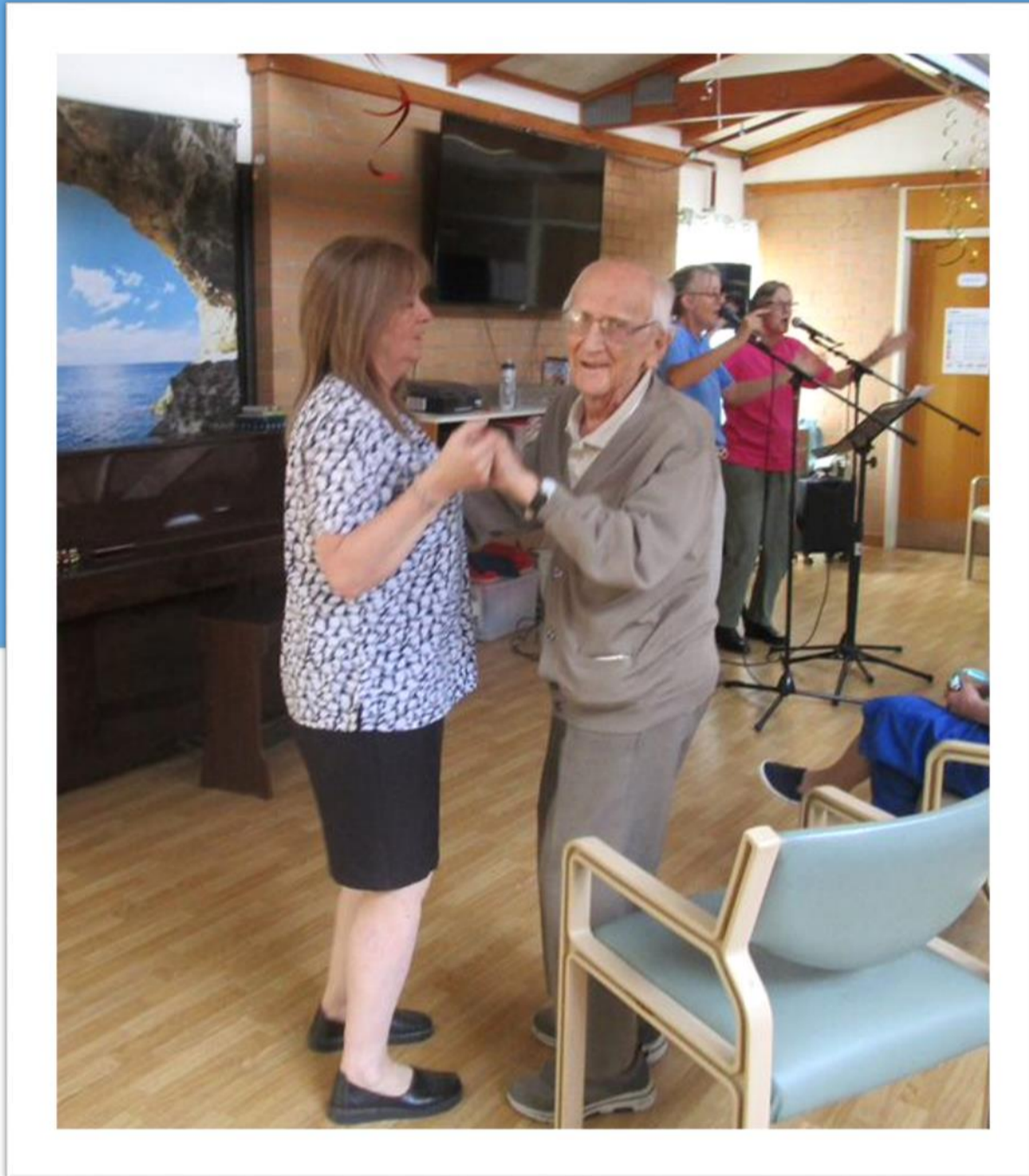


# St Joseph's House Connections April Newsletter 2024 Edition



In this Edition:

March  
Reflections

Birthday  
Celebrations

AFL Footy  
Tipping

What's on?  
April Events

*"Wrinkles only go where the smiles have been"*



## Hello Residents, Families and Friends—Welcome to the April 2024 Newsletter Edition!

### A Message from Lifestyle:

Hi All

We hope you had a lovely easter and some special times with your family. We look forward to the weather falling to a comfortable temperature so we can enjoy the days ahead.

This month we remember our Anzacs and the sacrifices they made.

Aras will join us this month for information and discussion all residents and family are welcome

We welcome Debra to the lifestyle team and give Kerry some much needed help. Please welcome Debra and we know you will get on well with her. Maressa will also join our team on a Monday and Friday .

We are currently making changes to the menu with all the feedback we have had from you all, when it has been changed we will then proceed with the annual menu review from the dietician to get the tick of approval in the way of nutritional needs.

We also have our annual food safety audit on the 24th of April , we will report on the outcome at your May resident meeting.

### 2024 Residents' Experience Survey - Commencement

The Australian Government's 2024 Residents' Experience Survey will commence in February and conclude in October.

The annual survey is an opportunity for residents to share their experiences and views about the care they receive to inform your on-going quality improvement activities. The survey contributes to the Star Rating on the My Aged Care website.

The Australian Government has engaged Health Consult to lead the independent group that will conduct the Residents' Experience Survey in 2024 and 2025. Health Consult has partnered with Access Care Network Australia (ACNA) to deliver the survey. A team from ACNA will conduct the survey in person at your residential aged care home. We will keep you all updated on the dates.

The Lifestyle team look forward to what is in store for the month of April!

*Marra, Kerry Maressa & Debra!*

### WHAT'S ON? Up coming events:

Coming up for the month of April are:

- Sing a Long's
- Pastoral Care Visits
- ANZAC Day—25th April—Remembering the ANZAC's
- Craft/Cooking/Games
- ARAS Visit
- Food Safety Audit
- Many more activities in between

**“Cheers to a fun filled and interesting month ahead”**



• REST IN PEACE •

SADLY WE SAY GOODBYE TO

JOAN CROWHURST  
MARNA THORNTON  
RHONDA RICHARDSON

Your presence we miss,  
your memories we treasure,  
forgetting you never.

IT WAS SUCH A PLEASURE TO CARE FOR THESE WONDERFUL  
RESIDENTS. MAY THEY REST IN PEACE.



# HELLO & WELCOME TO ST JOSEPH'S HOUSE

We look forward to wishing St Joseph's  
House new residents a very warm welcome.

Welcome Sam Hunt

Welcome Pamela Fletcher



# APRIL NOTICES

## RESIDENT MEETING:

The next Resident meeting will be held on 23rd April 2024 in the St Claire Upstairs Wing.

## LIBRARY SERVICE:

The Port Pirie Library work with St Joseph's House to provide a mobile library service. They offer books & audio books on loan, each Wednesday fortnight. The librarians deliver to St Joseph's House reception and the Lifestyle team deliver your books to you. If you wish to have this service, please advise Lifestyle.

## HAIRDRESSING SERVICES:

Hairdresser Allison visits St Joseph's House every Monday for all your hair needs.

If you wish to make a booking, please contact Allison directly on 0408 335 002.

## MASS:

Mass is conducted, each Wednesday morning in the St Marks Upstairs area.

Ecumenical Services are conducted each month on the 3rd Monday in the St Marks Upstairs area. For the month of March, this will take place on the 18th March 2024.

## VISITING HOURS:

Current visiting hours are  
Monday-Friday  
11.00am-5.00pm

Saturday's and Sundays  
1.00pm-4.00pm.

Please note, if an infection outbreak was to occur, the visiting hours may change without notice.

April Library Delivery Dates: 3rd April and 17th April

## Allison's Hairdressing

Men's Hair Cut	\$15-25
Ladies Cut Only	\$25
Ladies Cut & Blow Dry	\$35
Hair set or Blow wave	\$30
Wash, cut, blow dry or set	\$40
Cut/Colour, Blow dry or set	\$80-\$100
Colour, Cut and Foils	\$90-\$100

Allison DeGennaro Hairdresser

0408 335 002

Price List 2024

## Resident Meeting Dates



16th January  
20th February  
19th March  
23rd April  
21st May  
18th June  
23rd July  
20th August  
17th September  
27th October  
19th November  
No meeting in December

# 2024

# MUSIC WITH CLAIRE & DOROTHY



“The best tunes are played on the  
oldest fiddles”





# FOOTY FEVER



## AFL Ladder - Top 8

Opening Round to Round 3

Team:	%	Points:
1. GWS Giants	165.7	12
2. Sydney	136.3	12
3. Port Adelaide	149.4	8
4. Melbourne	141.5	8
5. Fremantle	133.6	8
6. Geelong	118.6	8
7. Carlton	103.6	8
8. Gold Coast	98.7	8

## FOOTY TIPPING LADDER

- |                          |                           |
|--------------------------|---------------------------|
| 1. Don Sanders - 21pts   | 6. Rick - 15pts           |
| 2. Pat Bradbrook - 18pts | 7. Marra - 14pts          |
| 3. Leeanne - 18pts       | 8. Vonnie Parks - 12pts   |
| 4. Kerry - 17pts         | 9. Coral Evans - 10pts    |
| 5. Trevor Halse - 16pts  | 10. Dorothy Slaven- 10pts |

**Currently on top of the ladder is: DON SANDERS**



### Footy Facts! Did you know?



Melbourne and Geelong, respectively founded in 1858 and 1859, are among the oldest continuous sporting clubs in the world, while many current clubs across Australia, be that at AFL, state league or local/country/regional level, date their history at 140+ years and more, as the new sport took hold in the colonies from the late 1850s onwards.

# Port Pirie Mural Trail

Did you know,  
Port Pirie has 7 visual  
wonders of a mural trail?



← 1. Crab Mural.

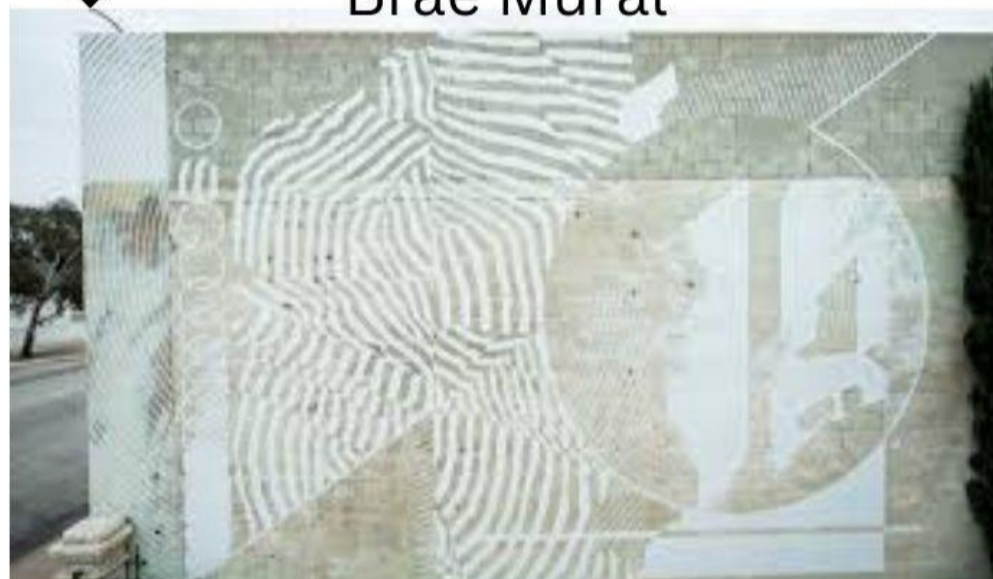


↑ 2. Des Parker Mural.

↓ 3. Abstract Mural



↓ 4. It's there. It's there Carn Brae Mural



← 5. Rowe Partners Mural.



↑ 6. Nukunu in the Big Picutre,  
Red Cross Mural



← 7. Fisherman Mural.



← THEN

# A WALK DOWN MEMORY LANE

NOW ↓

An extract from the "Recorder": "If the person who has been removing one sheep per day from our yards for the past five weeks will leave his address, we will see that his next week's supply will be brought in for him.—SAMPSON & CLOSE." 37

SAMPSON BUTCHER SHOP OPP POST OFFICE

SAMPSONS BUTCHER SHOP ELLEN STREET PORT PIRIE.JPG



Now heritage listed, Sampson's Cottage, built around 1898, is now self-contained accommodation. Originally the property was the shop and home of the Sampson family who ran a family and shipping butcher business supplying meat to ship crews as well as local households.

## Do you recognise this Famous Person?



← 1965

2024 →





Do you  
recognise  
this object?



Happy  
Birthday

Marcia Brock - 3rd April

Joan Angione - 9th April

———— We wish you a very Happy Birthday ————



Joke of the Month



How do Pirates celebrate April Fools Day?

They walk the prank!

# Fresh Air



"A fresh breeze is one of nature's magic tricks"



# St. Patrick's Day Fun



Inspiring our imaginations



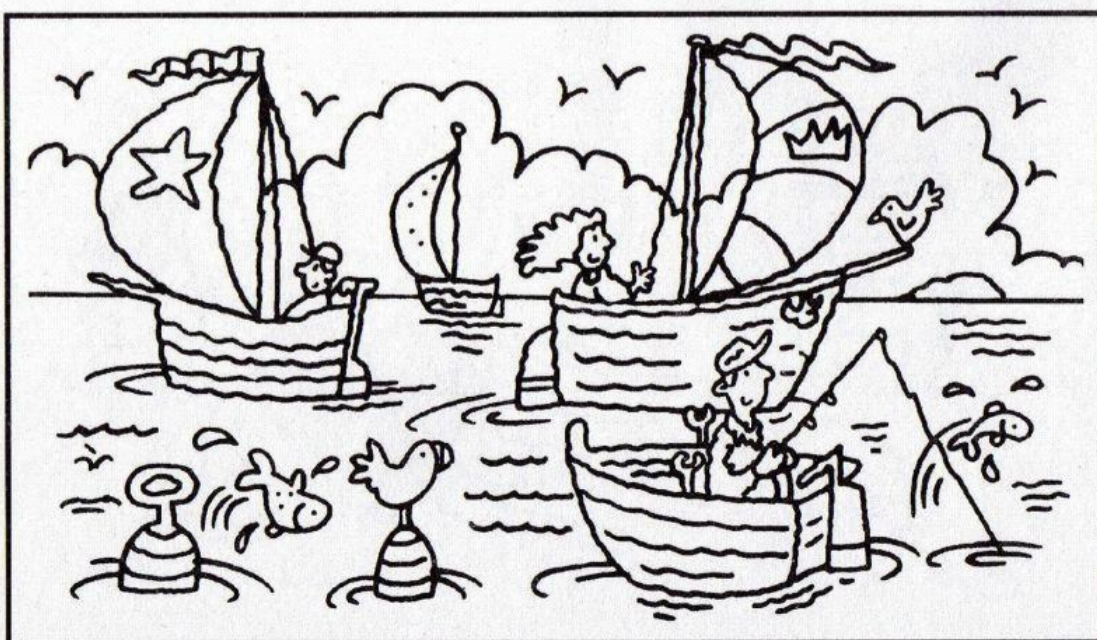
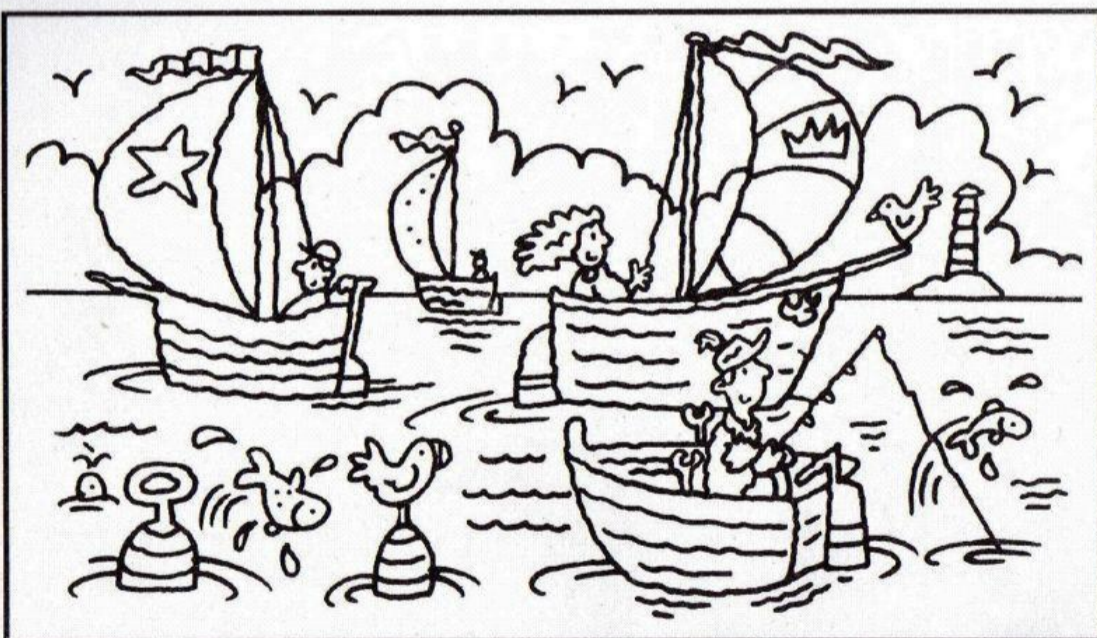
Cooking Together!  
Good Food warms the heart  
and feeds the soul.



# THE GOLDEN VOICE'S OF SING AUSTRALIA



~\*~ Those who wish to sing, always find a song ~\*~



Can you Spot the Difference?

There are 10 differences in these 2 pictures.



# ANZAC Find a Word



Can you find all of the words hidden in the grid? Once you have found them, write the remaining letters from left to right (beginning at the top left hand corner) in the spaces at the bottom of the page to reveal a hidden message.

R	O	S	E	M	A	R	Y	A	S	O	V	E	R	H
Y	A	M	A	M	E	N	H	P	P	E	A	R	S	I
P	R	L	A	U	A	T	U	R	I	P	E	R	C	S
E	M	T	H	S	S	E	N	I	R	W	O	A	O	T
A	Y	N	D	C	S	T	D	L	I	Z	A	P	R	O
C	O	M	M	E	M	O	R	A	T	E	S	R	P	R
E	A	I	A	N	F	C	E	A	T	U	S	P	S	Y
K	I	L	T	T	D	E	D	V	L	T	R	R	I	B
E	T	I	E	E	S	A	N	C	E	I	A	K	U	R
E	A	T	S	N	R	V	W	C	O	N	A	C	S	A
P	N	A	H	A	I	V	E	N	E	V	T	N	K	V
I	Z	R	I	R	S	S	O	L	D	I	E	R	S	E
N	A	Y	P	Y	G	A	L	L	I	P	O	L	I	R
G	C	O	N	F	L	I	C	T	R	O	O	P	S	Y
N	E	W	Z	E	A	L	A	N	D	Y	E	A	R	S

- ANZAC
- April
- Army
- Attack
- Australian
- Bravery
- Centenary
- Commemorates
- Conflict
- Corps
- Cove
- Dawn
- Defence
- Event
- Gallipoli
- History
- Hundred
- Mass
- Mateship
- Men
- Military
- New Zealand
- Peacekeeping
- Poppy
- Rosemary
- Soldiers
- Spirit
- Troops
- Turks
- War
- Years

100

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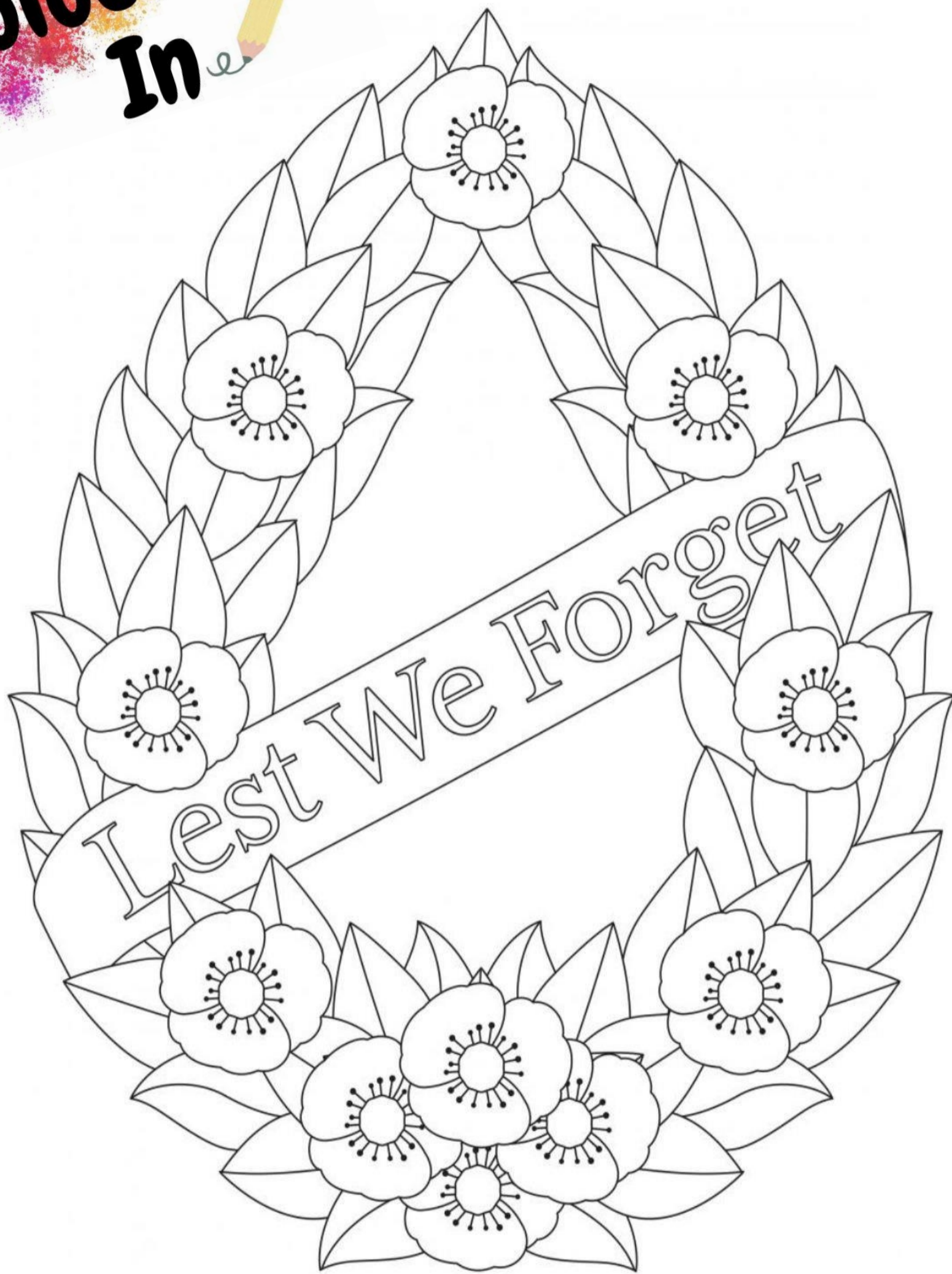
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## Lest We Forget



Colour Me  
In 



Australian Government  
Aged Care Quality and Safety Commission

Engage  
Empower  
Safeguard

In need of an advocate?

aras



aged rights advocacy service inc.

The Aged Care Quality and Safety Commission can  
be contacted on  
**1800 951 822**

**1800 700 600**

# Supporting you to understand and exercise your aged care rights

OPAN can help. Call us today.  
**1800 700 600**



The latest Government advice. Aged Care homes must have our own risk management strategies – ours include:

- we will only implement masks if there is a high community risk or a positive case of covid (RSM to decide this)
- To maintain the 1.5m as required we advise 2 visitors in the room at a time
- We ask for visitors to limit movement around the facility where possible  
RAT screen every second day

## GOVERNMENT ADVICE

### **Advice for visitors**

#### **To enter a residential aged care home**

Residential aged care homes may have strict procedures for visitors to follow, in line with the directions of their state or territory government.

#### **When you visit a residential aged care home you may need to:**

- be screened before entering, including taking a RAT test
- wash your hands before entering and when leaving a resident's room
- stay 1.5 meters away from residents, where possible
- wear a mask
- Stay home when unwell

#### **Do not visit a residential aged care home if you:**

- have tested positive to COVID-19 in the past 7 days
- have been in contact with someone confirmed to have COVID-19 in the past 7 days  
are unwell, including with a fever or symptoms of acute respiratory illness (such as a cough, sore throat, runny nose, shortness of breath).

#### **Visitor requirements while at a residential aged care home:**

Visitors must:

- supervise any accompanying children
- practice good hand hygiene
- comply with directions given by staff
- follow any other requirements put in place by the residential aged care home.

## **Feedback and Complaints Process**

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us [admin@stjosephshouse.net.au](mailto:admin@stjosephshouse.net.au)
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

# April 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Easter Monday Public Holiday	2 1030am Morning Tea get together 130pm Bingo	3 1030am Mass / Pastoral care visits 130pm Hoy / Cards	4 1030am Veg Prep 130pm sing a long with Les Rich	5 10:30 Exercises 130pm Bowls	6 Activity Packs supplied for your weekend leisure	7 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
8 Hairdresser 1030am Nail Care / Cards and socializing Outside Hair dresser 130pm Derek Sing a	9 1030am Bowls 130pm Bingo	10 1030am Mass / Pastoral care visits 130pm Word games	11 1030am Activities of own choice and socializing 130pm Cooking	12 10:30 Exercises 1:30 Bowls	13 Activity Packs supplied for your weekend leisure	14 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
15 Hairdresser 1030am Nail Care / Cards and socializing Outside Hair dresser 130pm ARAS	16 10:00am BBQ prep 130pm Sing a long with Darryl & Sue	17 1030am Mass / Pastoral care visits 130pm Birthday celebrations	18 1030am Veg Prep 130pm Craft / Poppies	19 10:30 Exercises 130pm movie	20 Activity Packs supplied for your weekend leisure	21 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
22 Hairdresser 10:30 Ecumenical service Nail Care Outside Hair dresser	23 1030am Resident Meeting 130pm Remembering the Anzacs	24 1030am Mass / Pastoral care visits 130pm Bingo	25 	26 10:30 Exercises 130pm movie	27 Activity Packs supplied for your weekend leisure	28 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
29 Hairdresser 1030am Nail Care / Cards and socializing 130pm activity of your choice	30 10:00 BBQ prep 130pm Bingo					