

August 2023

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|--|---|--|--|---|--|---|
| | 1 1030am Chair exercise 130pm choir practice With Daryl & Sue Visits and activities with Kerry | 2 1030am Mass 130pm Bingo Visits and activities with Kerry | 3 1030am Yoga 130pm Les Rich Visits and activities with Kerry | 4 1030am morning tea and exercise 130pm Bowls | 5 Activity Packs supplied for your weekend leisure | 6 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local |
| 7 Hairdresser 1030am morning news and your views 130pm Hoy | 8 Lolley Trolley 1030am painting , coloring 130pm afternoon active games Visits and activities with Kerry | 9 1030am Mass 130pm afternoon tea and comedy movie Visits and activities with Kerry | 10 1030am Yoga 130pm Bingo Visits and activities with Kerry | 11 1030am Cross-words/ word activities 130pm Bowls | 12 Activity Packs supplied for your weekend leisure | 13 9am golden Oldies trax FM Songs of praise 11:30 am ABC 7pm reading local |
| 14 Hairdresser 1030am knitting group and morning tea 130pm sing a long with Derek | 15 1030am men's group 130pm choir practice With Daryl & Sue Visits and activities with Kerry | 16 1030am Mass 130pm Cooking Visits and activities with Kerry | 17 1030am Yoga 130pm Bingo Visits and activities with Kerry | 18 1030am Hoy 130pm Bowls | 19 Activity Packs supplied for your weekend leisure | 20 9am golden Oldies trax FM Songs of praise 11:30 am ABC 7pm reading local |
| 21 Hairdresser 1030am Ecumenical service 130pm Veg prep and social gathering | 22 Lolley trolley 1030am resident meeting 130pm darts social gathering Visits and activities with Kerry | 23 1030am Mass 130pm Fathers day craft Visits and activities with Kerry | 24 1030am Yoga 130pm Bingo Visits and activities with Kerry | 25 Daffodil Day 1030am Chair exercises 130pm Bowls | 26 Activity Packs supplied for your weekend leisure | 27 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local |
| 28 Hairdresser 1030am chair exercises 130pm Birthday celebrations with John | 29 1030am Men's Group 2pm Resident concert with Daryl & Sue Visits and activities with Kerry | 30 1030am Mass 130pm Bingo Visits and activities with Kerry | 31 1030am Yoga 130pm Fathers day afternoon tea Visits and activities with Kerry | | | |