


# February 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 1030am Chair exercises 130pm sing a long with Les Rich	2 10:30am Activity area for choice of social Activities 130pm Bowls	3 Activity Packs supplied for your weekend leisure	4 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
5 Hairdresser 1030am Nail Care Outside Hair dresser 130pm Nail care and socializing	6 10:30 Armchair Travel 1:30 Reminiscing Bring along your favorite item to share	7 1030am Mass  130pm Cooking	8 1030am Chair Exercises  130pm Bingo	9 10:30am Activity area for choice of social Activities 130pm Bowls	10 Activity Packs supplied for your weekend leisure	11 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
12 Hairdresser 1030am Nail Care Outside Hair dresser 130pm Derek Sing a long	13 1030am Valentines Day Craft 130pm sing a long with Daryl & Sue	14  1030am Mass 130pm Valentines day Afternoon tea	15 1030am Chair Exercises  130pm Bingo	16 10:30am Activity area for choice of social Activities 130pm Bowls	17 Activity Packs supplied for your weekend leisure	18 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
19 Hairdresser  10:30 Ecumenical service  130pm Nail Care and socializing	20 1030am Consumer Feedback Meeting  1:30pm Bingo	21 1030am Mass 130pm Painting , coloring , drawing	22 1030am Chair Exercises 130pm Cafe afternoon	23 10:30am Activity area for choice of social Activities 130pm Bowls	24 Activity Packs supplied for your weekend leisure	25 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
26 Hairdresser 1030am Nail Care Outside Hair dresser 130pm Nail care and socializing	27 10:30am exercises & socializing 130pm Birthday celebrations	28 1030am Mass  130pm Bingo	29 1030am Chair Exercises  130pm Just us			