

St Joseph's House Connections March Edition 2024



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Hello Residents, Families and Friends—Welcome to the March 2024 Newsletter Edition!

A Message from Lifestyle:

Well the summer heat has well and truly been upon us with forecast weather in the high 30's and low 40's. Thankfully we have now entered Autumn and we can continue to make the most of outdoors on nice days. Please remember if you're venturing out with family to put sun screen on and wear a hat for your protection.

St Joesph's House bids farewell to Lifestyle Assistant, Sarina. Sarina has resigned to pursue other career opportunities and we wish her well in her new adventures.



It is resident survey time again.....

2024 Residents' Experience Survey - Commencement

The Australian Government's 2024 Residents' Experience Survey will commence in February and conclude in October. The annual survey is an opportunity for residents to share their experiences and views about the care they receive to inform your on-going quality improvement activities. The survey contributes to the Star Rating on the My Aged Care website.

The Australian Government has engaged Health Consult to lead the independent group that will conduct the Residents' Experience Survey in 2024 and 2025. Health Consult has partnered with Access Care Network Australia (ACNA) to deliver the survey. A team from ACNA will conduct the survey in person at your residential aged care home. We will keep you all updated on the dates.

Thank you to all who have given feedback with Alley on the menu. Alley is currently making the changes you have requested. If anyone else would like to contribute further feedback, please speak with your server each day at meals times and they will pass on your feedback.

Consumer resident meetings continue to be a success. Your attendance and input is very important, so please continue to attend to the meetings. Lifestyle will continue to seek feedback from residents who are not able to attend so their voice is also heard. We welcome all feedback from all residents, your families and from staff.

The Lifestyle team look forward to what is in store for the month of March!

Marra & Kerry.

WHAT's ON? Up coming events:

Coming up for the month of March are:

- International Women's Day—8th March 2024
- St Patrick's Day—17th March 2024
- Good Friday—29th March 2024
- Easter Sunday—31st March 2024
- AFL Footy Tipping—Commences March
- Many more activities in between



AFL Footy Tipping Participation information for March 2024:

Footy season kicks in soon! If you wish to participate in the AFL Footy Tipping competition, please advise the Lifestyle team. Cost is \$25.00 for the season, please make your payment to the Lifestyle team. Kerry will assist residents with your tipping each week. Fixture totals will be displayed in the activity area weekly.

“Cheers to a fun filled and interesting month ahead”

• REST IN PEACE. •

SADLY WE SAY GOODBYE TO

ANTOINETTA LOBASSO

KENNETH SPEAR

BRIAN RUTGERS

DON ANGIO

FREDERICK CAMPBELL

Your presence we miss,
your memories we treasure,
forgetting you never.

IT WAS SUCH A PLEASURE TO CARE FOR THESE WONDERFUL
RESIDENTS. MAY THEY REST IN PEACE.

Welcome to St Joseph's House

We wish to send a very warm and
inviting welcome to our new residents

Welcome, Maria Dowd

Welcome, Jean Brakenridge

Welcome, Lavinia (Venie) Johnson

Welcome, Thelma Stuckey

MARCH NOTICES

RESIDENT MEETING:

The next Resident meeting will be held on 19th March 2024 in the St Clare Upstairs Wing.

LIBRARY SERVICE:

The Port Pirie Library work with St Joseph’s House to provide a mobile library service. They offer books & audio books on loan, each Wednesday fortnight. The librarians deliver to St Joseph’s House reception and the Lifestyle team deliver your books to you. If you wish to have this service, please advise Lifestyle.

HAIRDRESSING SERVICES:

Hairdresser Allison visits St Joseph’s House every Monday for all your hair needs.

If you wish to make a booking, please contact Allison directly on 0408 335 002.

MASS:

Mass is conducted, each Wednesday morning in the St Marks Upstairs area.

Ecumenical Services are conducted each month on the 3rd Monday in the St Marks Upstairs area. For the month of March, this will take place on the 18th March 2024.

VISITING HOURS:

Current visiting hours are
Monday-Friday
11.00am-5.00pm

Saturday’s and Sundays
1.00pm-4.00pm.

Please note, if an infection outbreak was to occur, the visiting hours may change without notice.

GIFTS & DONATIONS:

While we sincerely appreciate the thought of donations for clothing, bedding and furniture, unfortunately St Joseph’s House are at the max capacity of items that are able to be accepted.

Thank you.

March Library Delivery Dates: 6th March and 20th March

Allison's Hairdressing

Men’s Hair Cut	\$15-25
Ladies Cut Only	\$25
Ladies Cut & Blow Dry	\$35
Hair set or Blow wave	\$30
Wash, cut, blow dry or set	\$40
Cut/Colour, Blow dry or set	\$80-\$100
Colour, Cut and Foils	\$90-\$100

Allison DeGennaro Hairdresser

Price List 2024

0408 335 002

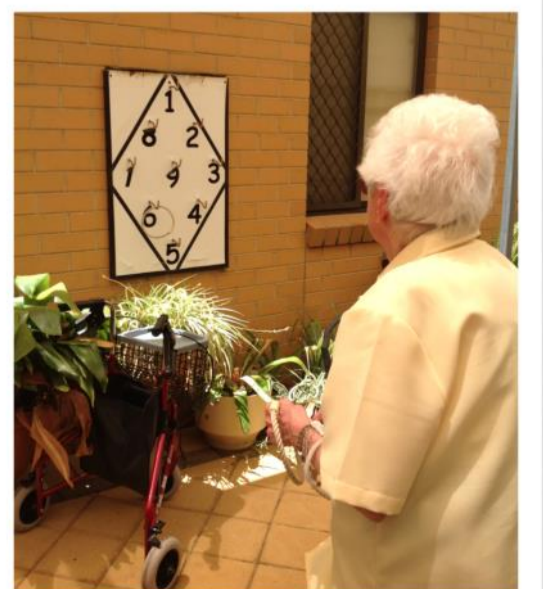
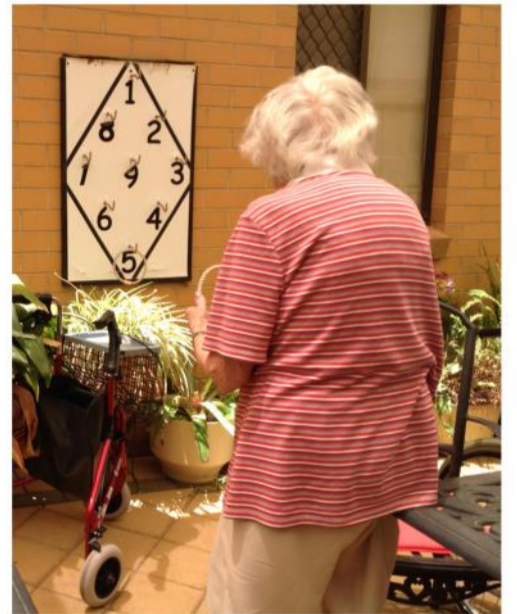
Resident Meeting Dates



16th January
20th February
19th March
23rd April
21st May
18th June
23rd July
20th August
17th September
27th October
19th November
No meeting in December

2024

Enjoying the sunshine, fresh air
and games together.



A DONUT is happiness with sprinkles.





It's donut making time!

The residents had a great time participating, cooking and of course, tasting the all lovely home made donuts.

They were absolutely delicious and made the activity area smell like a donut factory.

Thank you to RN Janet for bringing in her donut machine. We can't wait for the next batch!



Valentine's Day 14th February 2024





What a lovely afternoon it was to celebrate Valentine's Day. With delicious afternoon tea treats and sweets, biscuits in the shapes of love hearts decorated beautifully and a warm tasty cuppa, everyone had a lovely time.

Residents were asked 'What's your secret to lasting love?'. Many different answers were thought of carefully.



A Walk Down Memory Lane

THEN & NOW

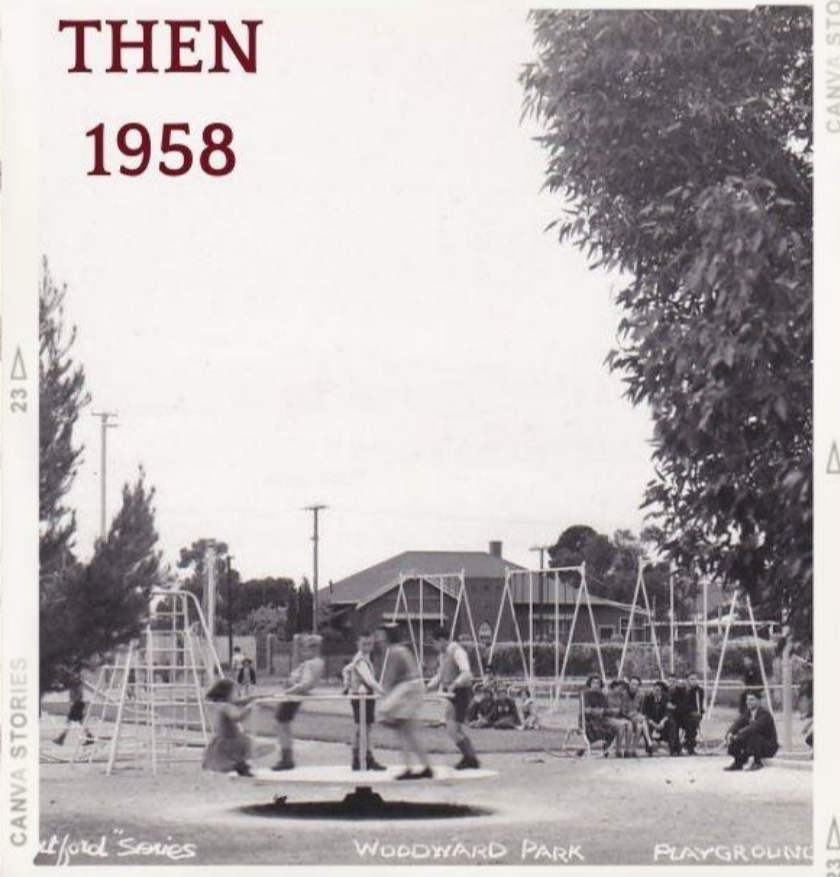
THE STORY OF: WOODWARD PARK - HALLIDAY STREET, PORT PIRIE

Returning to Australia in May 1919, Oliver Holmes Woodward, Military Medal with Two Bars went to the Mount Morgan Gold Mining Co. before taking up an appointment at Port Pirie, as a General Metallurgist.

May 1933, Woodward established behind his home on The Terrace, a small herd of 3 cows and a young bull on six acres of land registering it as "Marana Jersey Stud". The six acres of land would later become Woodward Park.

Woodward expressed the land, which was owned by the BHAS, should be converted into an attractive park for Port Pirie residents. In July 1935, construction began in his honour - Therefore, 'Woodward Park' was born.

THEN
1958



NOW
2024



FAMOUS PERSON



ELIZABETH TAYLOR

BLAST FROM THE PAST

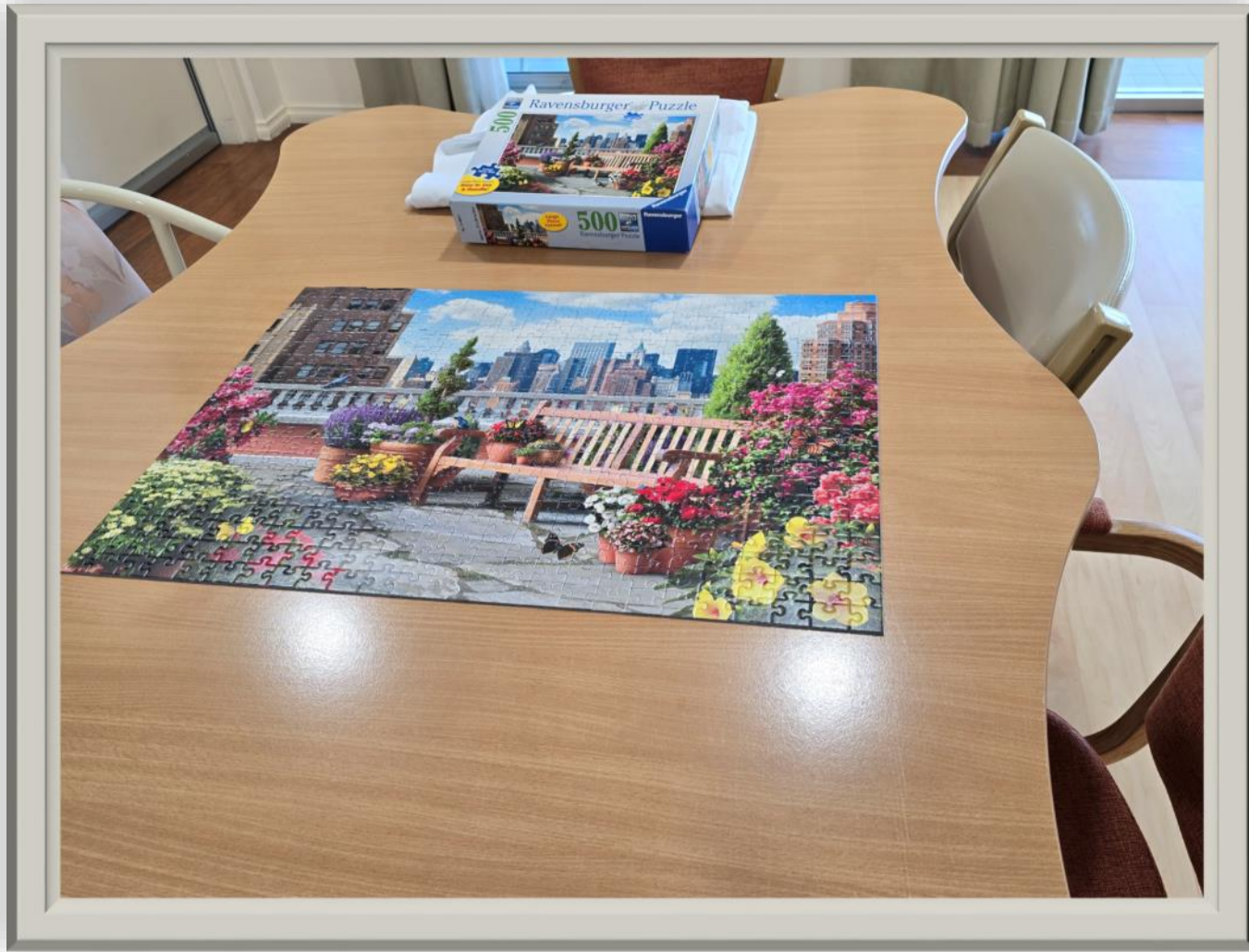


TELEPHONE

Puzzle Creation

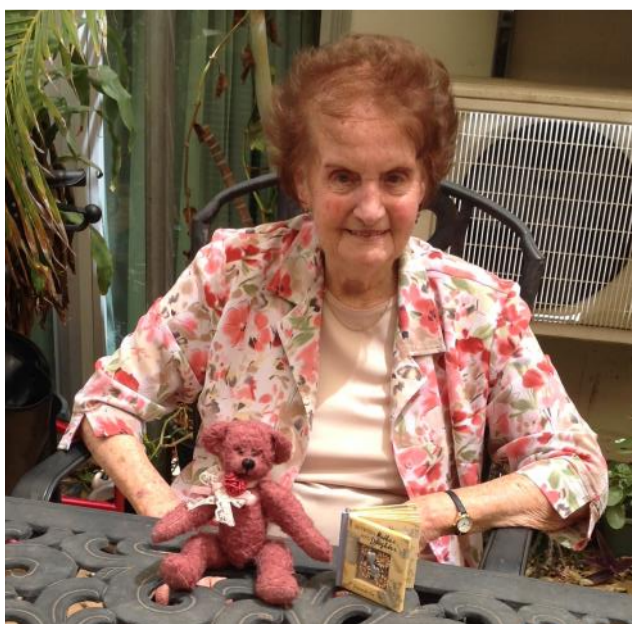
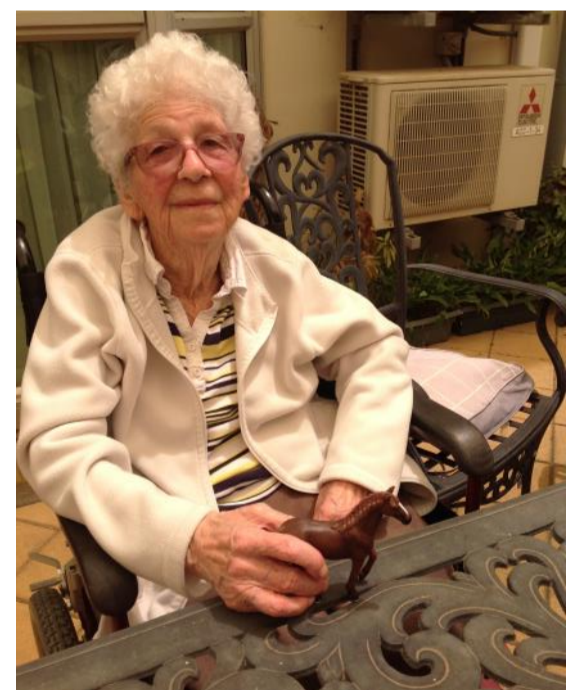
Isn't this puzzle just gorgeous?

What a fantastic job the residents in St Clare Upstairs Wing did to create this beautiful puzzle.



Reminiscing Together

Residents were invited to an afternoon tea. Along with them, they brought some of their favorite things to talk about. It was so lovely to hear their stories and look at their special items. It was a wonderful afternoon talking about the things that make you happy and reminiscing together.





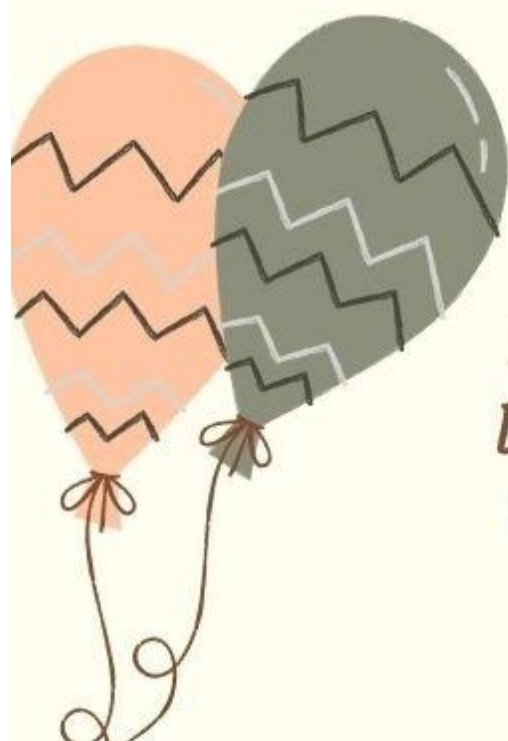
Arts, Crafts and Sing Along



Happy Birthday to YOU

For the month of March,
we would like to wish

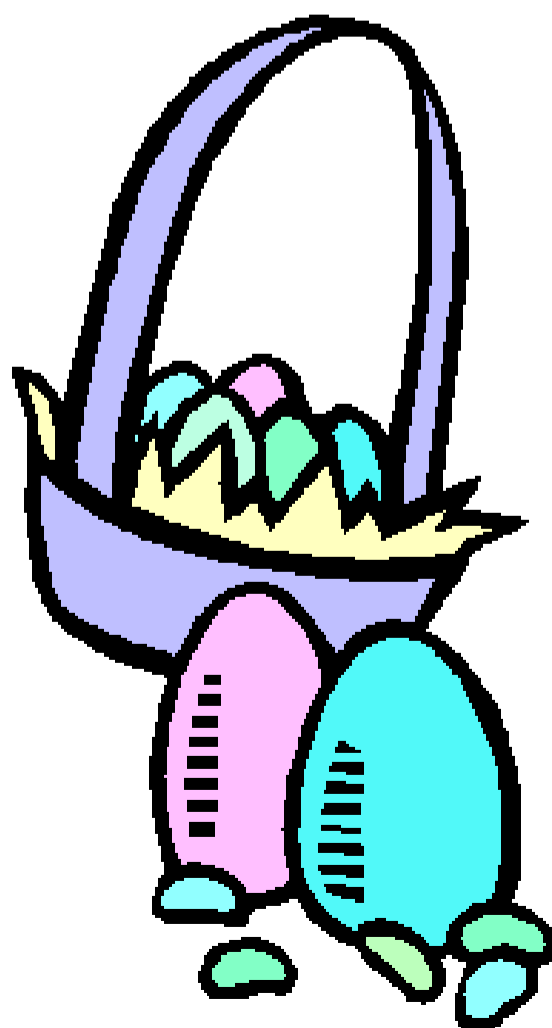
Lorraine London - 2nd March
Jean Brackenridge - 8th March
Doreen Crowhurst - 10th March
Patricia Mulligan - 10th March
Des Slattery - 31st March
a Happy Birthday



Easter Word Search

M	K	D	E	C	C	U	D	G	C	P	G	P	G	B
K	V	H	H	T	V	U	N	Y	A	K	N	V	N	U
K	C	I	H	C	A	I	D	S	E	T	I	E	I	N
B	A	S	K	E	T	L	T	D	G	D	K	A	R	N
E	D	W	A	N	Q	E	O	X	L	C	C	S	P	Y
G	Z	U	I	H	L	N	I	C	Y	Y	A	T	S	K
G	F	A	T	I	B	B	A	R	O	K	R	E	Y	C
S	P	T	R	E	A	T	S	Y	F	H	C	R	Q	A
S	R	C	A	W	S	Y	U	M	M	Y	C	U	Q	U
W	O	L	L	A	M	H	S	R	A	M	N	U	D	Q

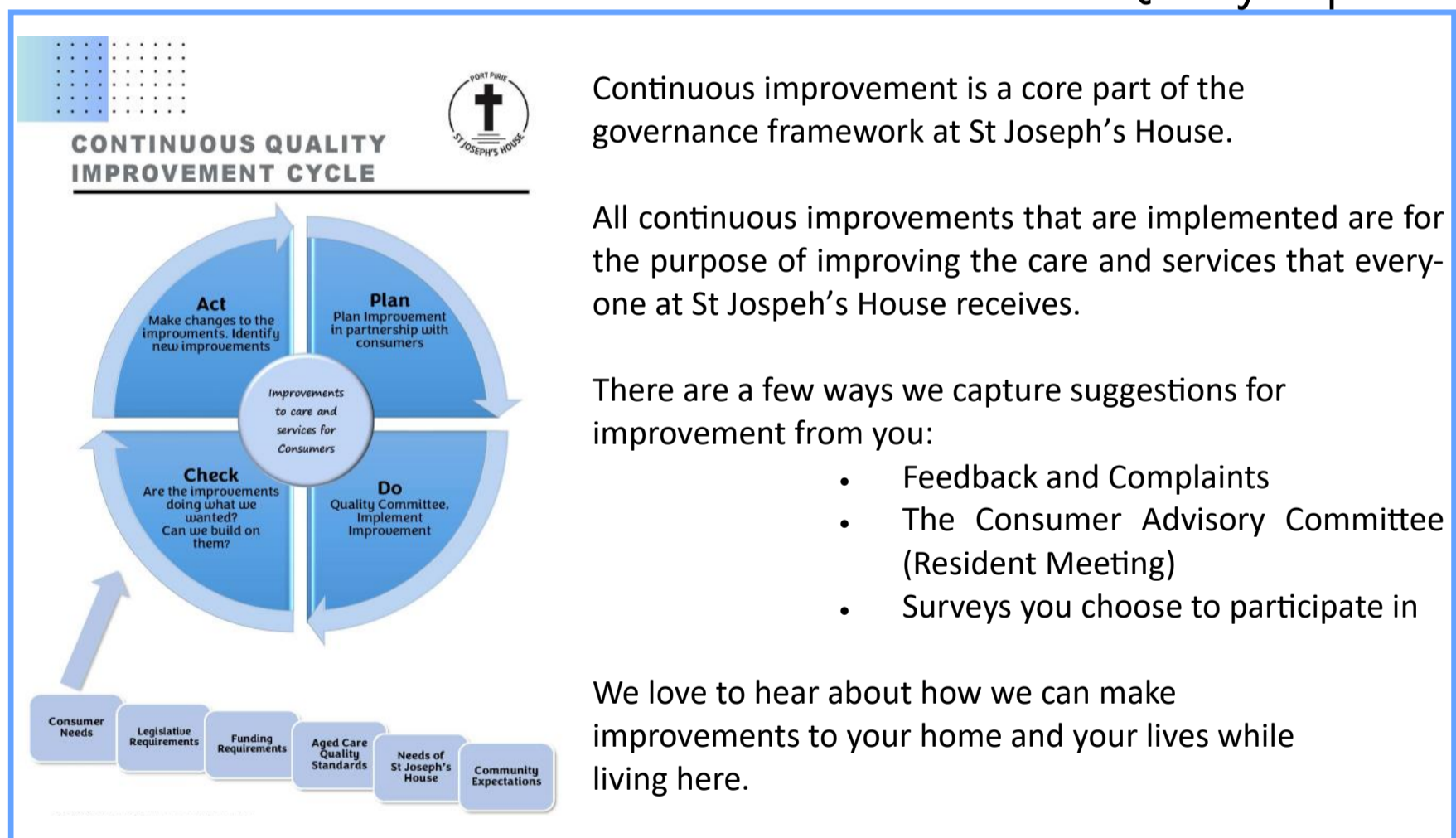
BASKET
BUNNY
CHICK
CHOCOLATE
CRACKING
CUDDLY
DUCKY
DYED
EASTER



EGGS
MARSHMALLOW
PAINTING
PASTEL
QUACK
RABBIT
SPRING
TREATS
YUMMY



Continuous Quality Improvement



Australian Government
Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

The Aged Care Quality and Safety Commission can be contacted on
1800 951 822

In need of an advocate?

aras
aged rights advocacy service inc.

1800 700 600

Supporting you to understand and exercise your aged care rights

OPAN can help. Call us today.

1800 700 600



The latest Government advice. Aged Care homes must have our own risk management strategies – ours include:

- we will only implement masks if there is a high community risk or a positive case of covid (RSM to decide this)
- To maintain the 1.5m as required we advise 2 visitors in the room at a time
- We ask for visitors to limit movement around the facility where possible
RAT screen every second day

GOVERNMENT ADVICE

Advice for visitors

To enter a residential aged care home

Residential aged care homes may have strict procedures for visitors to follow, in line with the directions of their state or territory government.

When you visit a residential aged care home you may need to:

- be screened before entering, including taking a RAT test
- wash your hands before entering and when leaving a resident's room
- stay 1.5 meters away from residents, where possible
- wear a mask
- Stay home when unwell

Do not visit a residential aged care home if you:

- have tested positive to COVID-19 in the past 7 days
- have been in contact with someone confirmed to have COVID-19 in the past 7 days
are unwell, including with a fever or symptoms of acute respiratory illness (such as a cough, sore throat, runny nose, shortness of breath).

Visitor requirements while at a residential aged care home:

Visitors must:

- supervise any accompanying children
- practice good hand hygiene
- comply with directions given by staff
- follow any other requirements put in place by the residential aged care home.

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:


- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us admin@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

March 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 10:30am Activity area for choice of social Activities 130pm Bowls	2 Activity Packs supplied for your weekend leisure	3 9am golden oldies 10am FM Songs of praise 11:30 am ABC 7pm reading local paper
4 Hairdresser 1030am Nail Care / Cards and socializing Outside Hair dresser Concert with Dorothy and Claire	5 10:30am exercises & socializing Outdoors 130pm Bingo	6 1030am Mass 130pm Hoy	7 1030am Veg Prep 130pm sing a long with Les Rich	8 10:30am Activity area for choice of social Activities 130pm Bowls	9 Activity Packs supplied for your weekend leisure	10 9am golden oldies 10am FM Songs of praise 11:30 am ABC 7pm reading local paper
11 Public Holiday	12 10:30am Activity area for choice of social Activities 130pm Sing a long with Darryl & Sue	13 1030am Mass 130pm Easter Craft	14 1030am Morning word Games 130pm Sing Australia	15 10:30am Activity area for choice of social Activities 130pm Bowls	16 Activity Packs supplied for your weekend leisure	17 9am golden oldies 10am FM Songs of praise 11:30 am ABC 7pm reading local paper
18 Hairdresser 10:30 Ecumenical Service 1:30pm Nail Care / Cards and socializing Outside Hair dresser	19 10:30am Resi- dent Meeting 130pm Activity area , Your choice of	20 1030am Mass 130pm Birthday Celebrations	21 1030am Veg Prep 130pm Bingo	22 10:30am Activity area for choice of social Activities 130pm Bowls	23 Activity Packs supplied for your weekend leisure	24 9am golden oldies 10am FM Songs of praise 11:30 am ABC 7pm reading local paper
25 Hairdresser 1030am Nail Care / Cards and socializing Outside Hair dresser	26 10:30am exercises & socializing outdoors 130pm Cooking	27 1030am Mass 130pm Men's Group	28 1030am Morning Tea 130pm Easter Celebrations with 'Just Us'	29 	30 	31 