

St Joseph's House Connections May 2024 Edition



In This Edition:

Mother's Day
Inspired
Edition

International
Nurse's
Day

AFL
Tips
Update

Hello Residents, Families and Friends—Welcome to the May 2024 Newsletter Edition!

A Message from Lifestyle:

Residents and Families,

May 1st Resident experience Survey:

Brenton Cox will be completing your Residents' Experience Survey. He is really looking forward to meeting you and have included some information about the day so you know what to expect.

Arrival Details:

Brenton will arrive at St Joseph's House at approximately 9.00am to 9.30am on Wednesday 1st May, Brenton will be selecting the residents to be surveyed.

A randomised sample of residents will be surveyed including those with physical or cognitive impairments; participation will remain confidential. Where a person is unable to complete the survey, He may speak to your nominated representative.

As per previous surveys they must be conducted in a way that protects the confidentiality of your responses. To support this process, Brenton will require independent access to your home.

Please make Brenton feel welcome and assist him as required, this survey is important as it is posted on the Aged Care Quality website.

This year is flying by and winter will soon be on us.

Mothers day is also on May the 12th. We give thanks to all the beautiful women in ours and hope your day is wonderful. Behind all your stories is always your mothers story, because hers is where your begins.

Lolly Trolley will start again Mid May.

Next month, in June, we will commence a knitting group, all are welcome.

Please let us know of any activities that you wish to participate in or would like to add to the Calendar.

International Nurses Day May 12th

Nursing seems to be a profession that draw people with compassion and desire to help others. Throughout history Nurses have been on the front line in Military, Hospitals, Clinics and Aged Care Homes around the world. Here is a list of some of the most famous nurses in history, and of course we thank all our nurses and carers who currently work with us for their compassion and dedication to you.

Florence Nightingale, Walt Whitman, Mary Todd Lincoln, Clara Barton, Mary Eliza Mahoney, Mary Seacole, Mary Breckinridge, Florence Guinness Blake, Edith Cavell.

Stay safe and stay warm

Marra, Kerry. Maressa & Debra



“Irish Blessing”

May the Road rise up to meet you.
May the wind be always at your back.
May the sun shine warm, upon your face,
the rains soft upon your fields,
And until we meet again,
may god hold you in the palm of is hand.

“Cheers to a fun filled
and interesting month
ahead”

REST IN PEACE

SADLY WE SAY GOODBYE TO

RONALD DAVIS
PAULINE WILLIS
MARJORIE VARDY

Your presence we miss,
your memories we treasure,
forgetting you never.

IT WAS SUCH A PLEASURE TO CARE FOR THESE WONDERFUL
RESIDENTS. MAY THEY REST IN PEACE.

Welcome to

*St Joseph's
House*

We wish a very warm welcome
to

Pamela Fletcher
Yvonne Hocking
Maria Mezzino

MAY NOTICES

RESIDENT MEETING:

The next Resident meeting will be held on 21st May 2024 in the St Clare Upstairs Wing.

LIBRARY SERVICE:

The Port Pirie Library work with St Joseph's House to provide a mobile library service. They offer books & audio books on loan, each Wednesday fortnight. The librarians deliver to St Joseph's House reception and the Lifestyle team deliver your books to you. If you wish to have this service, please advise Lifestyle.

HAIRDRESSING SERVICES:

Hairdresser Allison visits St Joseph's House every Monday for all your hair needs.

If you wish to make a booking, please contact Allison directly on 0408 335 002.

MASS:

Mass is conducted, each Wednesday morning in the St Marks Upstairs area.

Ecumenical Services are conducted each month on the 3rd Monday in the St Marks Upstairs area. For the month of March, this will take place on the 18th March 2024.

VISITING HOURS:

Current visiting hours are
Monday-Friday
11.00am-5.00pm

Saturday's and Sundays
1.00pm-4.00pm.

Please note, if an infection outbreak was to occur, the visiting hours may change without notice.

GIFTS & DONATIONS:

While we sincerely appreciate the thought of donations for clothing, bedding and furniture, unfortunately St Joseph's House are at the max capacity of items that are able to be accepted.

Thank you.

May Library Delivery Dates: 1st May and 29th May

Allison's Hairdressing

Men's Hair Cut	\$15-25
Ladies Cut Only	\$25
Ladies Cut & Blow Dry	\$35
Hair set or Blow wave	\$30
Wash, cut, blow dry or set	\$40
Cut/Colour, Blow dry or set	\$80-\$100
Colour, Cut and Foils	\$90-\$100

Allison DeGennaro Hairdresser

0408 335 002

Price List 2024

Resident Meeting Dates




16th January
20th February
19th March
23rd April
21st May
18th June
23rd July
20th August
17th September
27th October
19th November
No meeting in December

2024

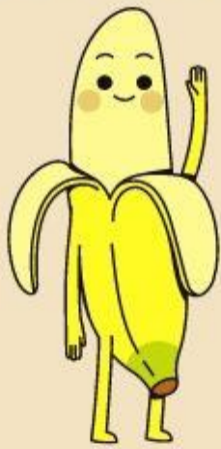



Happy Birthday

To You



<i>Edward Mertens</i>	<i>2nd May</i>
<i>Yvonne Hocking</i>	<i>5th May</i>
<i>Glenice Brown</i>	<i>13th May</i>
<i>Doreen Yeend</i>	<i>16th May</i>
<i>Helen Empson</i>	<i>17th May</i>
<i>Lola Ness</i>	<i>19th May</i>
<i>Rose Hinkley</i>	<i>22nd May</i>

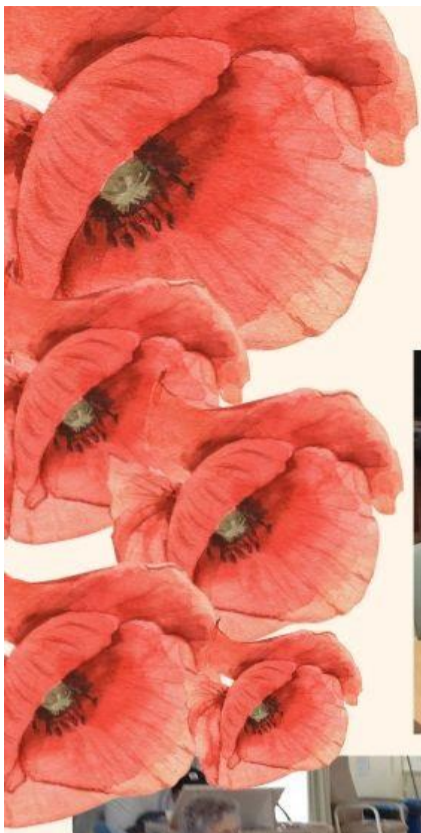


Joke of the Month



Why do banana's have to put sunscreen on
before they go to the beach?
Because they might peel.





CREATING POPPY'S



SHOW YOUR WILD CARD.



Please

Please, do not walk ahead of me, I may not follow.

And please, do not walk behind me, I may not lead.

Just walk beside me, and be my friend.

-Annon.



Singing with Les



BINGO





Cooking & Baking



Bowls





FOOTY FEVER



AFL Ladder - Top 8

Round 4 to Round 7

Team:	%	Points:
1. Geelong	135.4	28
2. Sydney	147.7	24
3. GWS Giants	136.3	24
4. Carlton	126.1	20
5. Port Adelaide	120.3	20
6. Melbourne	112.1	20
7. Essendon	93.7	18
8. Western Bulldogs	111.7	16

FOOTY TIPPING LADDER

- | | |
|--------------------------|---------------------------|
| 1. Don Sanders - 46pts | 6. Rick - 39pts |
| 2. Pat Bradbrook - 42pts | 7. Marra - 35pts |
| 3. Leeanne - 36pts | 8. Vonnie Parks - 24pts |
| 4. Kerry - 38pts | 9. Coral Evans - 21pts |
| 5. Trevor Halse - 37pts | 10. Dorothy Slaven- 32pts |

Currently on top of the ladder is: Don Sanders 46pts



Footy Facts! Did you know?



Which team has won more wooden spoons than it has reached the championship?
The wooden spoon is awarded to the team that finishes last on the ladder at the end of the season.

St. Kilda has been one of the AFL's most unsuccessful teams, having won just one premiership in their history. They have also finished last on the ladder more times than any other team, with 27 wooden spoons to their name. In contrast, they have only reached the Grand Final 26 times.

A WALK DOWN MEMORY LANE



PORT PIRIE POST OFFICE

↑ 1880

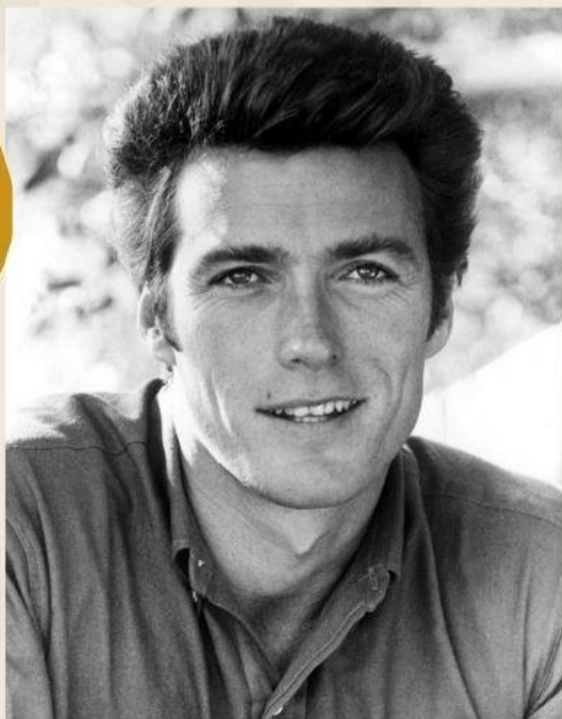
2024 ↓

Port Pirie Post Office building was designed by Edward Woods, constructed in 1880. Extensions were designed by Charles Owen-Smyth in 1905-1907. The post office evolved into an important port serving an agricultural region in SA. Also retaining an important role in the town after it experienced further expansion in the 20th century, in line with the town's association with the BHP lead smelter.



DO YOU RECOGNISE THIS FAMOUS PERSON?

1963



2024



DO YOU
RECOGNISE
THIS OBJECT?



"Interaction
becomes
Friendship"



Visiting Hours

Advice for Visitors

Residential aged care homes may have strict procedures for visitors to follow, in line with the directions of their state or territory government.

St Joseph's House current visiting hours:

- Monday to Friday 11.00am-5.00pm
- Saturday, Sunday and Public Holidays 1.00-4.00pm
- Only 2 visitors per Resident room at one time
- With prior approval from management, small group visits can be arranged
- With prior approval from management, outside of hours visits can be arranged
- Please Note: Changes to visiting hours can change without notice, should an infection outbreak or exposure was to occur.

When you visit a residential aged care home you may need to:

- be screened before entering, including taking a RAT test
- wash your hands before entering and when leaving a resident's room
- stay 1.5 metres away from residents, where possible
- wear a mask
- stay home when unwell.

Do not visit a residential aged care home if you:

- have tested positive to COVID-19 in the past 7 days
- have been in contact with someone confirmed to have COVID-19 in the past 7 days
- are unwell, including with a fever or symptoms of acute respiratory illness (such as a cough, sore throat, runny nose, shortness of breath).

Visitor requirements while at a residential aged care home

Visitors must:

- supervise any accompanying children
- practise good hand hygiene
- comply with directions given by staff
- follow any other requirements put in place by the residential aged care home.

Mothers Day Word Search

Find the hidden words.

F R C B Y Y H C L Y L I M A F
G S E T H O U E V U U O G I M
N O N S N P G L F K M V M O X
I U E O P W S T W M D P T X U
V R R M I E H E Y O D H M E B
I F D T C G C W I W E E K K A
G R L A U G H T E R V H I Z Y
Z C I O R R W O R O O E S L J
Y Z H S W E E T L A T M S Q P
H T C T J E P O Z I E O E Q W
V W M G N I R A C H D H S M H
V L A I C E P S M W A A K N T
T I R F Q D R D S K N I Y K T
K W E T N J X A Z T T O N N H
L P R S L U P T P C J R O S G

CARING
CHILDREN
DEVOTED
FAMILY
FLOWERS
GIFTS

GIVING
HEART
HOLIDAY
HOME
HONOR
HUGS

KISSES
LAUGHTER
LOVE
MEMORIES
MOMMY
MOTHER

NURTURE
PARENT
RESPECT
SPECIAL
SWEET
THOUGHTFUL

Colour Me
In 



Australian Government
Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

The Aged Care Quality and Safety Commission can be
contacted on
1800 951 822

Supporting you to understand and exercise your aged care rights

OPAN can help. Call us today.
1800 700 600



The latest Government advice. Aged Care homes must have our own risk management strategies – ours include:

- we will only implement masks if there is a high community risk or a positive case of covid (RSM to decide this)
- To maintain the 1.5m as required we advise 2 visitors in the room at a time
- We ask for visitors to limit movement around the facility where possible
RAT screen every second day

GOVERNMENT ADVICE

Advice for visitors

To enter a residential aged care home

Residential aged care homes may have strict procedures for visitors to follow, in line with the directions of their state or territory government.

When you visit a residential aged care home you may need to:

- be screened before entering, including taking a RAT test
- wash your hands before entering and when leaving a resident's room
- stay 1.5 meters away from residents, where possible
- wear a mask
- Stay home when unwell

Do not visit a residential aged care home if you:

- have tested positive to COVID-19 in the past 7 days
- have been in contact with someone confirmed to have COVID-19 in the past 7 days
are unwell, including with a fever or symptoms of acute respiratory illness (such as a cough, sore throat, runny nose, shortness of breath).

Visitor requirements while at a residential aged care home:

Visitors must:

- supervise any accompanying children
- practice good hand hygiene
- comply with directions given by staff
- follow any other requirements put in place by the residential aged care home.

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us admin@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

May 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 <i>resident experience surveys</i> 1030am Mass Pastoral care visits 130pm Activity area for choice of activity	2 10:00am Morning tea 10:45am Knitting group 130pm sing a long with Les Rich	3 10:00am Morning exercises 130pm Bowls	4 Activity Packs supplied for your weekend leisure	5 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
6 Hairdresser From 10:45am Nail Care Outside Hair dresser 130pm Veg Prep Activity area	7 10:00am Morning tea 10:45am Exercises 130pm Bingo	8 1030am Mass Pastoral care visits 130pm Activity area for choice of social Activities	9 10:00am Morning tea 1045am Armchair travel—Back home 130pm Mothers day High Tea	10 10:00am Morning exercises 130pm Bowls	11 Activity Packs supplied for your weekend leisure	12 9am golden oldies trax FM <i>International nurses day</i>
13 Hairdresser 10:00am Morning tea 10:45am Nail Care Outside Hair dresser 130pm Derek	14 10:00am BBQ prep 12:15 BBQ Lunch 130pm Bingo	15 1030am Mass Pastoral care visits 130pm Activity area for choice of social Activities	16 10:00am Morning tea 1045am Hoy 130pm Cooking	17 10:00am Morning exercises 130pm Bowls	18 Activity Packs supplied for your weekend leisure	19 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
20 Hairdresser 10:00am Morning tea 1045am Nail Care Outside Hair dresser 10:30 Ecumenical	21 10:45am Consumer Feedback Meeting 130pm sing a long Darryl & Sue	22 1030am Mass Pastoral care visits 130pm Birthday celebrations	23 10:00am Morning tea 10:45am Knitting group 130pm Fun with Words	24 10:00am Morning exercises 130pm Bowls	25 Activity Packs supplied for your weekend leisure	26 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
27 Hairdresser 10:00am Morning tea 1045am Nail Care Outside Hair dresser	28 10:00am Morning tea 10:00am BBQ prep 12:15pm BBQ Lunch 130pm Bingo	29 1030am Mass Pastoral care visits 130pm arts and coloring	30 10:00am Morning tea 1045am Outdoor ball games 1:30pm Just Us	31 10:00am Morning exercises 130pm Bowls		