



# November 2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 1030am Mass All saints day  130pm Bingo Visits and activities with Kerry	2 1030am Yoga  130pm Les Rich Visits and activities with Kerry	3 1030am Activity area for choice of social Activities  130pm Bowls	4 Activity Packs supplied for your weekend leisure	5 9am golden oldies trax FM Songs of praise 11:30 am ABC  7pm reading local paper
6 Hairdresser  1030am Nail Care Outside Hair dresser 130pm Activity area for choice of social Activities	 7 Melbourne Cup Afternoon tea and watch the Race Activity area	8 1030am Mass  130pm Christmas Wreath Craft	9 1030am Yoga  130pm Veg Prep and social group	10 10:45 am Remem- brance day Service Activity area  130pm Bowls	11 Activity Packs supplied for your weekend leisure	12 9am golden oldies trax FM Songs of praise 11:30 am ABC  7pm reading local paper
13 Hairdresser.  1030am Nail Care Outside Hair dresser  130pm Derek Sing a long	14 1030am Chair exercise  130pm Sing a long with Darryl & Sue	15 1030am Mass  130pm Bingo	16 1030am Yoga  International men's day Afternoon tea and games	17 1030am Activity area for choice of social Activities  130pm Bowls	18 Activity Packs supplied for your weekend leisure	19 9am golden oldies trax FM Songs of praise 11:30 am ABC  7pm reading local paper
20 Hairdresser 11am Ecumenical service 130pm Activity area for choice of social Activities	21 1030am Hoy  130pm Christmas Craft	22 1030am Mass  130pm Birthday Celebrations	23 1030am Yoga  130pm Cooking activity area	24 1030am Activity area for choice of social Activities  130pm Bowls	25 Activity Packs supplied for your weekend leisure	26 9am golden oldies trax FM Songs of praise 11:30 am ABC  7pm reading local paper
27 Hairdresser 1030am Nail Care Outside Hair dresser  130pm Activity area for choice of social Activities	28 1030am Resident meeting SCU  130pm Sing a long with Darryl & Sue	29 1030am Special Mass We remember our past residents 130pm Bingo	30 1030am Yoga  130pm Just Us	Please note on nice days we will do activities outdoors for fresh air and sunshine when possible		