# THE **SPIRIT** OF community care



More people are choosing to live in their own home as long as possible.

Star of the Sea Community Care is based in Wallaroo, and provides a wide range of support through Home Care Packages with choice and flexibility.

People are able to retain independence in their family home and the community, yet still have the best caring and support to suit their needs.

We'll even go fishing, and have fun days out.

Our spirit of community knows no boundaries.



Star of the Sea Community Care is a holistic, vibrant home care service provided by the Catholic Diocese of Port Pirie for all older people in the community.

Our community care program offers assistance designed by you, and delivered by a professional team of highly-trained care workers in the spirit of true friendship.

A selection of services assigned through Home Care Packages enable people to choose the types of assistance that best suit their particular needs, including veterans' home care services approved by DVA, and exclusive, private services at a negotiated fee.

### What is a Home Care Package?

A Home Care Package is a specially of tailored and co-ordinated schedule of services to meet individual needs and goals, and is generally funded by the Department of Health.

Eligibility for a Government funded package is assessed by the Aged Care Assessment Team (ACAT) and Star of the Sea Community Care is able to assist with applications for this initial requirement.

Our Community Care staff will meet with you to discuss the types of care, and services and equipment which can be provided to enhance independence at home.

## What Home Care Packages are available?

Home care can be matched to suit the individual needs of each person, with the focus being on their preferred lifestyle.

Star of the Sea Community Care has four types of Home Care Packages:

- **Level 1** supports people with basic care needs
- Level 2 supports people with low level care needs
- Level 3 supports people with intermediate care needs
- Level 4 supports people with high care needs

## Is there a choice of services?

The services in a Home Care Package are tailored to meet individual needs and means.

People have the flexibility to choose what services they require. Star of the Sea Community Care will work with you to co-design the best way to deliver your goals, so you can live an active, healthy and fulfilling life.

We will meet with you, and those who are important to you, ensuring that there is a total network of support. The meeting can be in your own home or in the local office.



# Star of the Sea

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## What services are offered?

The types of services offered in our Home Care Packages, but not limited to, are:

#### **Personal needs**





mobility

#### **Domestic assistance**

cleaning and dusting

bed making

clothes washing and ironing

#### **Community support**

⇔ shopping

bill paying

transport to medical appointments and social visits

social activities

fun fishing days out

#### Home maintenance

gardening

m window cleaning

gutter cleaning

#### **Clinical care**

medication management

ও complex health needs

allied health

equipment hire or purchase

Contact our Star of the Sea Community Care team for an appointment to discuss the support that best suits your lifestyle.

