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# Issue 7 July

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
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## JULY 2017

3 HAIRDRESSER 1030 BALLOON TENNIS 1:1 VISITS FROM CECILIA 2PM DIDJERIDOO PERFORMANCE	4 1045am EXERCISE WITH CLIVE Nail Care with Ros 130pm <b>PASTRY MAKING</b> WITH ROSE St Clare down 130 BOWLS TEAM B	5 MASS WORD SCRAMBLE UPSTAIRS ST CLARE 1:1 WITH Loma	6 1030am Chair exercise 	7 CROSSWORD <b>130PM BOWLS TEAM</b> A 4:00 pm Men's group	8 Activity Box's Available in care stations with games etc Please ask staff	9 <b>Songs of praise</b> 11:30 am ABC
10 HAIRDRESSER 130pm <b>BOWLS TEAM</b> B	11 MASS 130PM AFTERNOON TEAWITH JILL	12 MASS 	13 1030am CHAIR EXERCISE 130PM LES RICH	14 10AM AUDIO CLINIC <b>130PM BOWLS TEAM</b> A 4:00 pm Men's group	15 Activity Box's Available in care stations with games etc Please ask staff	16 <b>Songs of praise</b> 11:30 am ABC
17 HAIRDRESSER 1000AM CAFE VISIT 1:00pm KARAOKE WITH DEREK	18 MASS 130pm <b>BOWLS TEAM</b> B	19 MASS 	20 1030am CHAIR EXERCISE 130YOUNG ONCE CONCERT	21 1030AM RESIDENTS MEETING <b>130PM BOWLS TEAM</b> A 4:00 pm Men's group	22 Activity Box's Available in care stations with games etc Please ask staff	23 <b>Songs of praise</b> 11:30 am ABC
24 HAIRDRESSER 1030AM WHAT IS THAT ????????? 	25 1045am EXERCISE WITH CLIVE Nail Care with Rose BIRTHDAY CELEBRATIONS	26 MASS 130pm <b>BOWLS TEAM</b> B	27 YOGA 	28 ECUIMENICAL SERVICE <b>130PM BOWLS TEAM</b> A 4:00 pm Men's group	29 Activity Box's Available in care stations with games etc Please ask staff <b>130pm Bowls play off</b> A & B	30 <b>Songs of praise</b> 11:30 am ABC
31 HAIRDRESSER 10:00AM COURTYARD MORNING-TEA 130pm MARY AND RAY	NEW THIS MONTH: GOOGLE SEARCH..... DO YOU HAVE A QUESTION YOU WANT ANSWERED, DO YOU WANT TO KNOW ABOUT A FAVOURITE SUBJECT, DO YOU WANT TO LOOK AT ANOTHER COUNTRY IN REAL TIME, WELL ON GOOGLE SEARCH YOU CAN FIND ANYTHING OR LOOK AT ANYTHING, COME ALONG MONDAY THE 24TH AT 130PM AND SEE WHAT WE CAN FIND OUT, SEE YOU THERE.					

***Hello to all Residents, Families  
and  
Friends of St Joseph's House***



Hello to everyone on this cold July,  
It is really great to snuggle up and keep warm.  
Our budgets have been set with a very tight year expected.  
The Federal government have chosen to have no funding increase from them in this new financial year.  
We are all aware that the cost of electricity is about to be the highest in the world.  
It is with this in mind that we request that if the room is unoccupied and TV and lights are on that we conserve power and Turn them off.  
It may be that your personal bar fridge is running with nothing in it and so could be dispensed with until summer.  
You are all encouraged however to ensure you use the air conditioners to stay warm or cool depending on the season.  
We also wish to remind you all, that we do not have insurance for your personal belongings, so keep them in the safe or locked drawer if they are of significant value e.g. jewellery.  
Things can so easily be discarded in a bin if wrapped in paper etc.  
Let us hope and pray for the farmers that we receive some rain soon.

Blessings To All  
***Warm Regards,  
Darylin  
Area General Manager***

*Mary Despotakis Christina Freer  
Happy Birthday  
Doug Gourd Rex Nettle*

***Sympathy***  
*We offer our deepest  
condolences to the family  
and friends of the late:*  
***Bob Keain  
&  
Corrado Bonnes***  
*May They Rest in Peace*

***Resident  
&  
Family  
Meeting***  
***21st July  
10:30am  
St Clare Up***

**Welcome New Staff**  
***Shu Huang  
Nathan Slattery  
Hayley Duncan  
Belinda Beauchamp  
Alex Showell***

***Mobile  
Library***

***Wednesday  
Fortnightly***

***Please see  
lifestyle if  
You wish to  
join.***

***Resident  
Liaison  
Officer***

***Marra  
Pearn***

***86321450  
0400095339***

***Mass***

***10:30am  
Wednesday  
St Marks Up***



# Around the Home



# Queen's Birthday



# High Tea

# Hospitality



Hello all I hope you are keeping warm in this cold yukky weather. Everything is running smoothly and we have now come to a point where we have smoothed out the creases with the Bain Maries, the kitchen staff and carers have done an amazing job working out work flows to get hot meals on your table, we hope you are enjoying them.

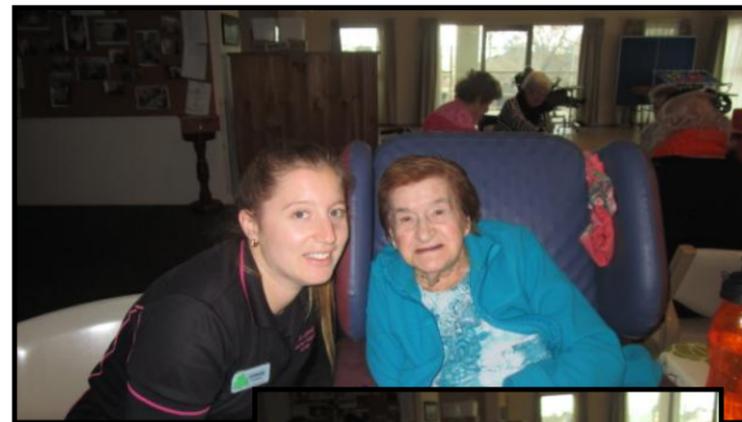
We are also looking at a menu change in the near future, when that draft is done we will give you a copy and look forward to your feedback and suggestions in conjunction with our review.

We hope you are enjoying the Wednesday special hot breakfasts and the raisin toast on Sundays.

Cleaning is going along great any issues please let us know.

Lost laundry: if you have a missing item please don't forget you have lost property forms in your letter box, any staff member can help you fill this in. We will continue to bring lost property to our residents meetings for you to look through.

Hospitality Team xxxxxxxxxxxxxxxxxxxxxxxx



# Around the Home



# Recipe

## Lamb and Pearl Barley Soup

- 1 tablespoon olive oil
- 2 lamb shanks
- 1 large fennel bulb, finely chopped
- 1 brown onion, finely chopped
- 1 carrot, finely chopped
- 2 celery sticks, finely chopped
- 2 garlic cloves, crushed
- 1 cup (250ml) dry white wine
- 4 cups (1 litre) beef stock
- 1/2 cup (105g) pearl barley
- 2 tablespoons tomato paste



Step 1 Heat the oil in a large saucepan over medium-high heat. Add the lamb shanks and cook, turning occasionally, for 5 minutes or until brown all over. Transfer to a bowl. Add the fennel, onion, carrot and celery and cook, stirring, for 5 minutes or until onion softens. Add the garlic and stir to combine. Add the wine, beef stock, barley and tomato paste and stir to combine. Return the lamb to the soup and bring to a simmer. Step 2 Reduce heat to low and cook, covered, for 2 hours or until lamb is falling of the bone. Transfer lamb shanks to a plate. Remove the meat and discard the bones. Cut into 2cm pieces. Return to the soup. Taste and season with salt and pepper. Ladle evenly among serving bowls. Serve immediately



## Compliments and Complaints Process

St Joseph's House supports the rights of Care Recipients and their Advocates to share compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach any senior staff member or contact

Darylin

Cowling (AGM) or Marra Pearn (Resident Liaison Officer)

If you wish to lodge a formal complaint please complete a "Comments & Complaints" form which is available from the Reception foyer and place it in an envelope for delivery to Administration.

Once the form is completed the CQI Co-ordinator will make a record of lodgement and the suggestion or concern is then followed through until resolution is achieved.

Hi All,  
Hope you are staying warm in this chilly weather. We have had training for all staff conducted over 4 days. This training was a result of a staff survey. Training was "How to get the best out of your role", "Leadership and Management" and "Effective Communication" This training will benefit Residents in the long run as it just clarified what our staff do so well already.

I am currently conducting some more Resident surveys and will publish the results when they have all been collated.

We have been very lucky to have some students here with us over the last few weeks, I thank you all for making them feel so welcome.

Please keep your ideas coming in for any improvements you can think of that might benefit our lovely home.

Kind Regards

Carol

### Advance Care Directives

Advanced Care Directives for all Care Recipients are still continuing.

### Aged Care Complaints Commissioner

1800 550 552

### Aged Rights Advocacy Service

1800 500 853



# Stone Hut Bus Trip



# Around The Home



## Upcoming Activities

Audio Clinic

Karaoke with Derek

Music & Afternoon  
Tea with Jill

Young Once

What is That??

Cooking with Rose

Courtyard Afternoon  
Tea & News Catch up

Mary & Rae

Birthday Celebrations

Crystal Singers



# Footy Tips



Round 14	
Bob Laube	70
Barb Pollard	66
Marlene Nettle	66
Carol Darley	65
Val Murphy	65
Rex Nettle	63

Round 16	
Bob Laube	79
Barb Pollard	76
Val Murphy	75
Marlene Nettle	75
Rex Nettle	74
Carol Darley	72

Round 15	
Bob Laube	74
Marlene Nettle	70
Val Murphy	70
Barb Pollard	69
Rex Nettle	68
Carol Darley	67



# Around



St.



Joseph's