

St Joseph's House Newsletter



January/February Issue

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Website www.spiritofcare.org.au Email info@stjosephshouse.net.au

February 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 1030am Yoga	2 10 to 12pm AUDIO CLINIC	3 Activity Boxes are available in all areas	4 Songs of praise 11:30 am ABC
5 One on one visits	6 1045am Exercise with Clive	7 Mass 130pm	8 1030am Yoga	9 One on one visits	10 Activity Boxes are available in all areas Games	11 Songs of praise 11:30 am ABC
12 1030am Bal- loon Tennis	13 Shrove Tuesday 1045am Exer- cise with Clive	14 Ash Wednesday 1030am Mass	15 1030am Yoga	16 10:30am St Clare resident meeting	17 Bowls 130pm	18 Songs of praise 11:30 am ABC
19 130am Café visit	20 1045am Exercise with Clive Nails with	21 MASS 130pm Cross- words	22 1030am Yoga	23 1030am Lu- theran Service	24 Activity Boxes are available in all areas	25 Sing Australia 2:00pm
26 One on one visits	27 1045am Ex- ercise with Clive 130pm Birth-	28 MASS 130pm Games				



Mass

Every Wednesday
10:30am

In Activity Area

[This Issue](#)

[AGM](#)

[Staff Christmas BBQ](#)

[CQI](#)

[Christmas at St Joe's](#)

[Australia Day Activities](#)

[Upcoming Dates](#)

[General Information](#)

[Birthdays](#)

[Around the Home](#)

[Lifestyle](#)

[Recipe](#)

[Christmas Lights Bus Trip](#)

[Around the Home](#)

[Colouring](#)

[Calendar](#)

Resident
Liaison
Officer

Marra Pearn

86321450
0400095339

Mobile
Library

Wednesday
Fortnightly

Please see lifestyle
if you wish to join.

Welcome New Residents

Bob Hanslow
Malcolm Barry
Graham Williams

Welcome New Staff

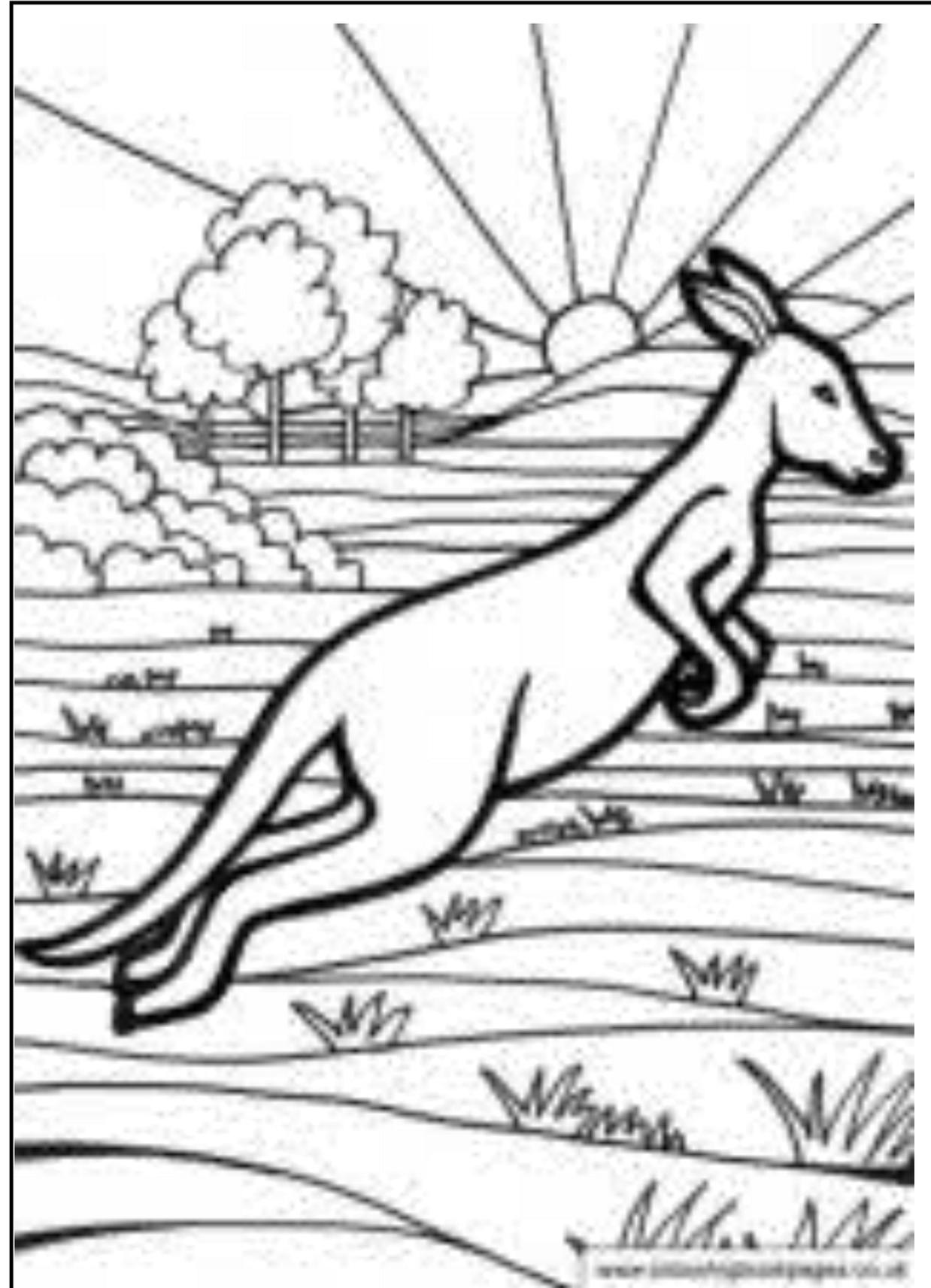
Tyler Przibilla
Maggie Peterson
Polma Coleman

Resident & Family Meetings

February 16th St Clare/St Mark's
dining areas.

St Clare Residents—10.30am

St Marks Residents—1.00pm



Did You Know?

Our monthly newsletter is now available on our website.

Visit: <http://spiritofcare.org.au/news/>



Around the Home



*Greetings to all
Care Recipients, Families &
Friends of St Joseph's House*

Happy Valentine's Day to Everyone.

February 14th is a day when we can extend the hand of friendship to all.

We welcome our new faces given we have had a recruitment drive.

We are fortunate to have attracted some really lovely staff.

We look forward to having a happy successful and peaceful 2018 .

My door is always open should you wish to see me or if it suits you better, I can come and see you.....to discuss anything on your mind.

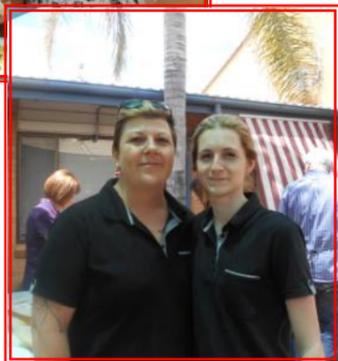
Yours Faithfully

*Daryl Cowling
Area General Manager*

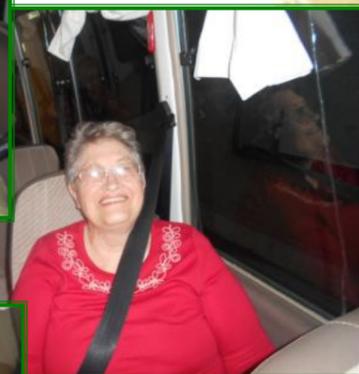
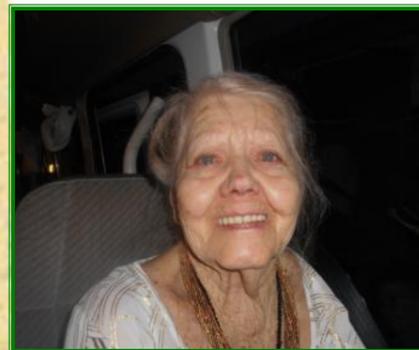
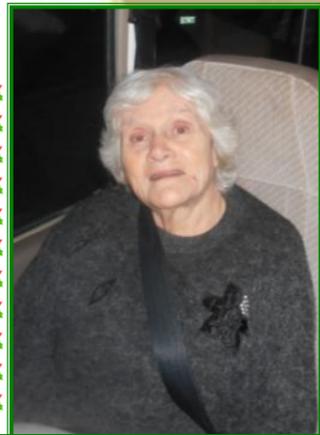




Staff Christmas
BBQ



Christmas Lights
Bus Trip





Iced VoVo Tart

Ingredients

- 250g crushed biscuits
- 130g melted butter
- 150g pink marshmallows
- 1 Tablespoon milk
- Few drops pink food colouring
- 200ml thickened cream, whipped
- 1 Teaspoon vanilla extract
- Packet raspberry jelly
- Extra 400ml thickened cream, whipped
- Coconut flakes



Method

Mixed crushed biscuits and melted butter, press into 35x11cm fluted tart tin. Refrigerate for 1 hour.
 Melt marshmallow and milk over medium-low heat, stirring till smooth, add few drops of colouring. Set aside for 5 minutes to cool, stirring occasionally.
 Beat 200ml cream till firm peaks, fold half of cream into marshmallow mixture, then fold in remaining half. Spoon over base, refrigerate for 2 hours.
 Make jelly with 3/4 cup water, cool to room temperature, gently pour over marshmallow. Refrigerate further 2 hours.
 Whip remaining cream to piping consistency, pipe cream using 1cm fluted nozzle over tart as shown in picture, sprinkle with coconut flakes.



Happy New Year to you all,



Well the start of the year is already flying by. I have spent most of January sorting and finishing paperwork from last year.

So as we start the New Year can I take this time to remind you all that we love getting your feedback on what we do well, what we don't do so well and any suggestions to improve how we can make your home better.



Please use the blue feedback forms and place them in the boxes scattered throughout the home. Alternatively you can give some verbal feedback to any staff member who will pass it onto me.

Kind Regards, Carol

**Aged Rights
Advocacy
Service**

1800 500 853

Advance Care Directives

Advanced Care Directives for all Care Recipients are still continuing.

**Aged Care
Complaints
Commissioner**

1800 550 552

Compliments and Complaints Process

St Joseph's House supports the rights of Care Recipients and their Advocates to share compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach any senior staff member or contact;
Darylin Cowling (AGM) or
Marra Pearn (Resident Liaison Officer)

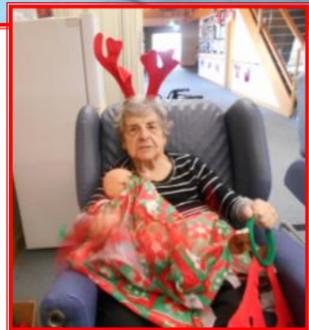
If you wish to lodge a formal complaint please complete a "Comments & Complaints" form which is available from the reception foyer and place it in an envelope for delivery to administration.

Once the form is completed the CQI Co-ordinator will make a record of lodgement and the suggestion or concern is then followed through until resolution is achieved.





Christmas at St Joe's



Lifestyle

Hi to all

Well Christmas is well and truly over, I hope you all had a safe and happy one.

We thank all our volunteers for their selfless contribution last year and are very grateful for their return this year as they continue to give their precious time to you and St Joseph's house.

We will continue to deliver our best in lifestyle and will welcome new staff and 2 new volunteers so we can provide you with the support you need.

The Audio clinic will be here on the 2nd of February in the hairdresser, please come and visit them and they will check and clean your hearing aids.

Please remember if you have any ideas, preferences please bring them to your resident meetings so we can deliver the activities that you want, if you have any individual things that you would like to do please also let us know so that we can organise this for you.

Shrove Tuesday is on the 13th and catering will supply you with some yummy pancakes

Valentine's day is approaching and we will celebrate with an afternoon tea, if you have a partner please invite them.

Ash Wednesday is on the 14th and we will be having a Mass as normal.

Catering has finished the new menu and they are putting the final touches to it, we thank you all for your input into it.

Please remember when family are bringing you new clothes that they are given to staff to label first so they don't get lost.

Next resident meeting is on the 16th of February 1030am in St Clare and 1pm in St Marks

See you there

*That's all for now take care
and see you all at activities.
Lifestyle and Volunteers.*





Around the Home



Australia Day Activities



Farewell to the following staff members

*Stephen Bowering
Pauline Fetherstonhaugh
Venessa Guymer
Judy Payne
Taylor Walker
Lisa White*

Upcoming Dates

**February 13th
Shrove Tuesday
February 14th
Ash Wednesday
February 14th
St. Valentine's Day**

A Blessing of Healing Hands

Yours are the hands full of experience and skill.
Yours are the hands reaching out with compassion, Taking time to show care, swiftly taking action.

Yours are the hands gently touching your patients.
You touch families too.
Yours are the hands that show you care,
You lift the hearts of those who suffer.
Your hands celebrate the joy of healing.
Your hands bless all they touch with the spirit of compassion.

Thank you for sharing your abundance and gifts,
For touching lives and lifting spirits.,
Blessings and thanks for the many works of your hands.
May your hands bring healing to all those you touch.

CONDIMENTS

The condiments are provided for use of the residents
Unlike a motel where you, a family may choose to take them home,
We consider this bordering on theft and ask that you refrain from doing this in the future.
Your assistance with this is much appreciated.

Sympathy

We offer our deepest condolences to the family and friends of the late:

*Buster Reed
Christina Freer
Fay Norris
Joan Yates*

May They Rest in Peace



Happy
BIRTHDAY
to you

January

*4th Margaret Johns
7th Ron Warne
16th Coline Stenson
19th Audrey Brine
24th Maria Pisani
25th Ilma Opprecht*

February

*6th Ruth Tavender
8th Veronica Parks
12th Donald Sanders
17th 'Brian Rutgers
25th Ivan Newbery*

