



New "Suggestions and Complaints" boxes have been purchased and are situated in Admin and Lounge areas throughout the Home.

COMPLAINTS and SUGGESTIONS



COMPLIMENT AND COMPLAINT PROCESS

Star of the Sea supports the rights of Care Recipients, and their Advocates to share compliments, feedback, concerns or to make a complaint. If you wish to make a comment or complaint, please feel free to approach any senior staff member or contact Theresa Hewett (DON) or Darylin Cowling (AGM). If you wish to lodge a formal complaint please complete a Comments and Complaints form, which is available from the Administration foyer, and place it in an envelope for delivery to Administration. Once the form is completed the CQI Co-ordinator will make a record of lodgement and the suggestion or concern is then followed through until resolution is achieved.



STARGAZER



February 2018, Issue 2

STAR OF THE SEA HOME FOR THE AGED

A Ministry dedicated to loving care of the Aged by the Catholic Diocese of Port Pirie

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CARE RECIPIENTS' NEWS

Care Recipients meeting held on 3rd January 2018.

- The side gate was open and banging, was investigated by Maintenance
- No bus trip required by residents
- Check fridges for out of date food
- Please notify staff when leaving the home

The next Care Recipients' Meeting will be held on 7th February 2018 at 10:30am in SOSJ lounge, all welcome.



Farewell Sr Shirley



Care Recipient's Birthdays:
FEBRUARY
D Leibie 24th

Talking Newspaper

Please tune in to **Radio Station 1197 FM**

Please ask staff for assistance with tuning your radio if needed.

Program Times

Advertiser

Mon- Fri: 1:10 pm
Sat: 10 am

Sunday Mail

Sun: 10:30am

FAMILIES

1. Could all clothing be marked with Care Recipients name or room number Please.

2. Care Recipients/families a reminder to label all containers being left at SOTS with your name if you wish container to be returned.

3. Reminder for personal fridges to be cleaned by Care Recipient or family and out of date food to be discarded.

ACTIVITIES



Welcome to the hottest part of the year. Please keep up your fluids and sunscreen.

This month Tania will be back in doing her art class, cooking, craft, bocce, bingo and Café.

The ice cream van will be calling again on the last Wednesday of the month.

Gaylia will be doing exercises and nail care.

We will also be offering a Chinese lunch later in the month.

Ash Wednesday will be on February 14th. Ash Wednesday represents the beginning of Lent.

We will also be celebrating Valentines day on the 14th.

We encourage residents to go on outings with their Family & Friends, it's so nice to go for a drive around the local area and see the sights, home for a meal, or out for coffee and cake. If going out, please let staff know that you are leaving, give an approximate time of return and sign activity register

It is that time again to clean your fridges out and remove old and out of date food. Families may be able to help with this.

Cindy

REMINDER

Reminder to Care Recipients that if family take them out of the facility to notify the:

RN in Ray Pope Wing, EN in Little Company of Mary Wing, and EN in Mary MacKillop Wing.

Please sign in & out using the activity register found in Little Company of Mary and in Admin

Thank you

Australia Day Celebrations



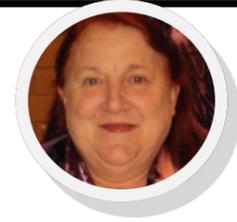


WE'LL
MISS
YOU

Sr Shirley's Farewell



FROM THE AGM'S DESK



Dear Residents, Families and Friends,

I take this opportunity to thank Sister Shirley for her amazing commitment to the residents and staff at Star Of The Sea. Sister Shirley is a wonderful support person for both. We will miss her greatly, and wish her an enjoyable retirement. Sister Shirley finishes at the end of January and will be heading to Adelaide, Sister Shirley has promised to keep us in her prayers. Well done to you...

We look forward to 2018 and will be having our accreditation at a date to be announced by the Standards Agency in Spring. Should you have any concerns both Theresa or myself are available to discuss.

Happy Valentines Day

Darylin

Emergency (Police, Fire, Ambulance)	000
Lifeline	13111
Salvation Army 24 hr Care	1300363622
Commonwealth Respite Services	1800052222
Suicide Call Back Service	1300659467
Salvation Army—Help Line	1300467354
Sane Australia	1800817263
Family Relationship Advice	1300050321
Womens Information Service	1800188158
National Dementia Helpline	1800100500
MY AGED CARE	1300422232
After hours GP Helpline	1800022222
AGED RIGHTS ADVOCACY	1800500853

Friday Funnies

A little old man shuffled slowly into an ice cream parlor and pulled himself slowly, painfully, up onto a stool.

After catching his breath he ordered a banana split. The waitress asked kindly, "Crushed nuts?"

"No," he replied, "arthritis."



SYMPATHY

Sincere sympathy to the Family and Friends of the late

Myra Darby,
Bronwyn Coffey,
Ivan Allford
Mary Elliott
Irene Chittleborough

They will be sadly missed.



Religious Services

Catholic Services

Tues: 9:30am

3rd Tues: 10:00am

Thurs: 9:30am

Sat: 6:00pm

Anglican Services

2nd Wednesday
of the month

10:15 am

LCM Lounge

If you would like to participate in your desired religious or cultural observances—please notify staff for further assistance if required.

Fellowship

Second Sunday each month

2:30pm in Sisters of Saint Joseph Lounge

Uniting Services

1st Friday
of every month
10:30am

In LCM Lounge

Bible Stories

Each Friday
12:30pm
with Ros and Maxine

SOSJ Lounge

COMMUNITY CARE CORNER



Well summer has certainly arrived with us all feeling the effects of the heat. I'm very thankful for my air conditioned car and house!

Please be aware that on extreme heat days services such as gardening and domestic assistance may need to be moved to a cooler day or an earlier time slot. Staff may ring you if you have not had a service during the heatwave and offer assistance/strategies to cope with the heat. Remember to purchase spare batteries for your air conditioner remote controls. (AAA is the popular size for air conditioners) Please do not hesitate to ring the office for help especially if you find your air conditioner is not working. I have enclosed a fact sheet on extreme heat for your information.

I returned to work mid January after caring for my Mum (palliative) and Dad (dementia). My Mum and Dad are now in care in Victor Harbor. My mum receives the medical care she needs for quality of life and my Dad lasted 2 nights at home without her. He packed his bag and admitted himself into the same facility! We were lucky they had a spare bed because Dad wasn't budging!!! I missed you all at Christmas but felt your genuine care and concern for my situation.

The staff annual mandatory training is Thursday February 8th. There has been a slight change with the day now starting at 12 Noon and finishing at 4.30 pm. The staff must also attend a CPR course on Feb 22nd from 10 to 12 noon. All staff are expected to attend so they are kept up to date with their required training. Thankyou for your patience and understanding in regards to this as the staff may need to adjust some service times to attend.

As always if you have any concerns please ring the office and speak to a staff member. We are only too happy to assist with any queries you may have. If you are unable to voice your concern or wish to remain anonymous you may fill in a blue concerns, compliments and feedback form located in your home folder. Your opinion and feedback is valuable to us so we can improve the service we deliver.

Community Care has a mobile number in case of service emergencies only. Please phone 0488 514 139 for any cancellations or sudden changes to services on the weekends or public holidays. Messages can still be left on the office number after hours on weekdays as someone is in the office at 8am each morning Mon to Fri.

Star of the Sea Community Care team thanks you for your continued support in 2018.

Kindest regards

Jenny and the Star of the Sea Community Care Team

AUXILIARY NEWS



Staff Birthdays: FEBRUARY

- L Niotis 6th
- T Stewart 10th
- H Smith 12th
- J Redman 14th
- L Murphy 15th
- L Wood 26th
- A Heald 27th

Next meeting for Auxiliary will be on Tuesday the 20th of February at 10:30am. The home is in process of purchasing several items, which the Auxiliary has agreed to fund. Thank you to all who supported our Christmas raffle. Winners were 1st: J Hancock—Moonta, 2nd: M Thompson—Wallaroo & 3rd: B Curnow—Moonta Bay. We raised approximately \$1200. Cards will resume Tuesday the 13th of February. New players wanted. Sorry that we have to farewell Sr. Shirley, we will miss her and her part in the Auxiliary the past seven years. Our best wishes!

Staff Dates to Remember:

Thur Feb 1st

- HCP Meeting

Wed Feb 7th

- Staff Meeting

Mon Feb 19th

- Combined CQI and WHS&IC Meeting

PASTORAL CARE CORNER SISTER SHIRLEY



Much has been happening for some of us already in 2018. I must say farewell to you all as I leave on February 7th. My leaving brings to an end a continuous ministry of the Sisters of St. Joseph on the Copper Coast for the past 149 years—initially through Education and more recently through Pastoral Care—both within the Parish and then more intensely here at our Star of the Sea Home. At the beginning of 1869 Sisters Margaret O' Loughlin, Mary Joseph Dwyer, Catherine O'Brien and Dorothea Ryan arrived to open schools in Kadina and Wallaroo. The Moonta School closed after 10 years and the Kadina and Wallaroo Schools were amalgamated in 1975 to form the Kalori School which was renamed St. Mary MacKillop School on the day of Mary MacKillop's Canonisation in 2010. This whole area has been a blessed place and we now leave it in the very capable hands of the local residents of the area.

May God bless you all.

HISTORY OF AUSTRALIA DAY CONTINUED...

1838—Proclamation of an annual public holiday for 26 January marked the Jubilee of the British occupation of New South Wales. This was the second year of the anniversary's celebratory Sydney Regatta

1871—The Australian Native's Association formed as a friendly society to provide medical sickness and funeral benefits to the native-born of European descent, became a keen advocate from the 1880's of federation of the Australian colonies within the British Empire, and of a national holiday on 26 January.

1888—Representatives from Tasmania, Victoria, Queensland, Western Australia and New Zealand joined NSW leaders in Sydney to celebrate the Centenary. What had begun as a NSW anniversary was becoming an Australian one. The day was known as Anniversary or Foundation Day.

Starz

Hair & Beauty Salon
Opening times

Thursday & Friday

Please refer to Calendar

The Terrace Cafe



Open Tuesday and Thursday

9:15—11:15 am

Care Recipient's Meeting

February 7th
Sisters of Saint Joseph's Lounge
10:30AM

Waxing

Please see Julie at Starz Beauty Salon

By appointment only
Thursday & Friday

Podiatrist

The Podiatrist will be visiting on 26th September in High Care



Sheryl will be attending Star of the Sea every 2nd and 4th Wednesday of the month for nail care

VOLUNTEER NEWS

Welcome back to most of our Volunteers, who have had a break over the Christmas season. We are extremely pleased to see your happy faces again!

Please remember to check your pigeon holes on a regular basis, this is the most common form of communication between you and I.

Closed in shoes with a non-slip sole are required whilst working within the home at all times.

Hats, gloves and aprons are necessary when handling food as well as correct hand hygiene.

I appreciate your cooperation in these areas, thank you.

Kind regards, Cindy

Joan Mollentze is happy to do any clothing alterations for the residents. Just leave a message for Cindy and she will arrange pickup. A gold coin donation would be a nice gesture to thank Joan for her time.



Australia Day History

1770—Captain James Cook raised the union Jack on what is now called Possession Island on 22 August to claim the Eastern half of the continent as New South Wales for Great Britain.

1788—Captain Arthur Phillip, commander of the First Fleet of eleven convict ships from Great Britain, and the first Governor of New South Wales, arrived at Sydney Cove on 26 January and raised the Union Jack to signal the beginning of the colony.

1804—Early almanacs and calendars and the Sydney Gazette began referring to 26 January as First Landing Day or Foundation Day. In Sydney, celebratory drinking, and later, anniversary dinners became customary.

1818—Governor Macquarie acknowledged the day officially as a public holiday on the thirteenth anniversary. The previous year he accepted the recommendation of Captain Matthew Flinders, circumnavigator of the continent, that it be called Australia.

Star of the Sea Reminder

A reminder that it is the responsibility of Care Recipients or family members to ensure funds are available to have hair done at the Hairdresser.

Activity of the Month



Painting with Tania



VERSE

You will never have this day again, make it count