

St Joseph's House Newsletter August 2018



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August 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
6 1030am Word Scramble 130pm Outdoors sing a long	7 1045am Exercises with Clive Nails with Rose Cafe Visit with Erin and Marra	8 Mass 130pm Shopping 1:1 visits	9 10:30am Chair exercises 130pm Bingo	10 1030 Balloon Tennis 11:00am crosswords 130pm Bowls 4pm Men's Group	11	12
13 1000am Cafe Visit 130pm Round the clock (new activity)	14 beauty with Kate 1045am Exercises with Clive Nails with Rose 130pm Music with Jill and John	15 Mass 130pm Movie afternoon 1:1 visits with Erin	16 10:30am Chair exercises 130pm Bingo	17 Podiatrist 10:30am St Clare resident meeting 1:00pm St Marks Resident meeting 130pm Bowls 4pm Men's Group	18	19
20 1:1 visits with Cecilia and Erin 1pm Karaoke with Derek	21 1045am Exercises with Clive Nails with Rose 130pm Games St Clare up 1pm Ladies afternoon	22 Mass School Children visit 130pm Cards and games in SCU	23 10:30am Chair exercises 130pm Bingo	24 1030am Word Scramble 130pm Bowls 4pm Men's Group	25 130pm Bowls	26
27 1030am Shopping morning 130pm Music with Mary and Rae	28 beauty with Kate 1045am Exercises with Clive Nails with Rose 130 Birthday Celebrations	29 Mass Cooking with Erin and LeeAnn	30 10:30am Chair exercises 130pm Bingo	31 Ecumenical services 1:1 Visits 130pm Bowls 4pm Men's Group		



Mobile Library

Wednesday
Fortnightly

Please see lifestyle if you wish to join.

This Issue:

- *Message from the Area General Manager*
- *Continuous Quality Improvement (CQI)*
- *Colouring*
- *Because of Her We Can—Nadoic Week*
- *Around the Home*
- *Ladies Group*
- *Morning Melodies with Denise Drysdale*
- *Recipe— Gluten Free Lemon Cake*
- *The Lifestyle / Hospitality Team*
- *Message from the Aged Care Board of the Diocese of Port Pirie*
- *Birthdays*
- *Calendar*



In Activity Area:

Mass
Every Wednesday
10:30am



Please remember, all power boards that are brought in for care recipients' rooms must first be taken to Reception so they can be tagged and tested. All power board's must also have individual on/off switches for each outlet.



Just a little reminder that the fridges in Care Recipients rooms are their own, or the families, responsibility. Please ensure any out of date food is thrown away and the fridges are clean. Thank you



Did You Know?



Our monthly newsletter is available on our website spiritofcare.org.au/news/



You can also find us on Facebook: facebook.com/stjosephshouse



Resident & Family Meetings: Friday, 17th August 2018

St Clare Residents 10.30am
Dining Area

St Marks Residents 1.00pm
Dining Area

Resident Liaison Officer: Marra Pearn

Around the Home



A Message from the Area General Manager...



Darylin is on leave until the first week of September and looks forward to seeing everyone then.

Shu Huang, Clinical Nurse Consultant, and Marra Pearn, Lifestyle, will be able to address any queries that you may have while she is away.





Because of Her We Care! NAIDOC WEEK 2018



MORNING Melodies



Denise Drysdale is a legend of Australian show business. Her show included great songs such as Vince Gills *Look At Us* and *Being Green* and a Dusty Springfield medley intermingled with entertaining comedy.

Maintaining enormous popularity in her 50 year television career, whether it's singing great songs, doing impersonations or cracking gags it was a great show enjoyed by all.



Gluten-free lemon cake

With lemon & orange drizzle

Ingredients

- 300 g dairy-free margarine (suitable for baking, at room temperature)
- 300 g gluten-free plain flour , plus extra for dusting
- 300 g golden caster sugar
- 4 large free-range eggs
- 3 lemons
- 2 oranges
- 2 teaspoons gluten-free baking powder
- ½ teaspoon cornstarch
- 100 g icing sugar



Method

1. Preheat the oven to 180°C.
2. Grease a 20cm square cake tin with the margarine, then line the bottom with grease-proof paper and dust the sides with gluten-free flour.
3. In a bowl, beat the margarine and sugar for around 5 minutes, or until light and fluffy.
4. Crack in the eggs, finely grate and add the zest from 2 lemons and 1 orange, then mix to combine.
5. Sieve the flour, baking powder and cornstarch into the bowl, then fold through. Stir in the juice from 1 lemon and ½ an orange until you have a nice, smooth mixture.
6. Pour the mixture into the cake tin, smooth out to the edges, then place on the middle shelf of the hot oven for 35 minutes, or until golden and an inserted skewer comes out clean.
7. Leave to cool for 5 minutes, before turning the cake out onto a wire cooling rack, then leave to cool completely while you make the icing.

Icing

8. Combine the icing sugar with the zest and juice from ½ a lemon and ¼ of an orange. Once the cake has cooled, drizzle the icing on top, grate over a little lemon and orange zest, then serve.



Continuous Quality Improvement....



Hello everyone,

I went to both Resident Meetings last month and it was great to hear your feedback and concerns. I look forward to getting to know everyone and hearing from you at each meeting.

I am pleased to say that there has been quite a bit of positive feedback in relation to the meals, which is great to hear. There have been a few issues raised through the suggestion boxes that have been resolved and feedback provided on an individual basis. All concerns have been resolved to satisfaction.

I will be undertaking my first survey this month with all of the Care Recipients. I will be asking everyone to provide feedback on their own individual experience at St Joseph's House. All the information collected will be used to create improvements in our service.

Kind Regards,
Amanda White
CQI/WHS Coordinator

**Aged Rights
Advocacy
Service (ARAS)**

1800 500 853

Advance Care Directives

Information, forms and DIY Kit's for Advanced Care Directives can be found at advancedcaredirectives.sa.gov.au

**Aged Care
Complaints
Commissioner**

1800 550 552

Compliments and Complaints Process

St Joseph's House supports the rights of Care Recipients and their Advocates to share compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach any senior staff member or contact:

Darylin Cowling (AGM) or
Marra Pearn (Resident Liaison Officer)

If you wish to lodge a formal complaint please complete a "Praise, Request / Suggestion & Complaints" form which is available from the reception foyer and place it in an envelope for delivery to administration.

Once the form is completed the CQI Co-ordinator will make a record of lodgement and the suggestion or concern is then followed through until a resolution is achieved.





Dancing is like
dreaming with
your feet. 

A Message from the Lifestyle / Hospitality Team....

Well here we are, at the end of July and heading towards the end of the year at a very quick pace.

We hope you are enjoying your activities and invite you to tell us if you are not.

Is there something in the community that catches your eye, a show, an outing, a visit to the tourist centre to see the big shark? Please see lifestyle if any of these take your fancy.



We are happy to have Kate McBride as part of our team, Kate will be here on a Tuesday twice monthly Starting 14th August, Kate will be doing waxing and lots of other services, please see the list. Kate has distributed her special St Joes price list, and of course she will be happy to book staff in also, if you are interested please see lifestyle.

We thank you for all the great feedback regarding your meals it is very much appreciated. Please keep us up to date with your likes and dislikes.

That's all from us for now.

Take care,

Volunteers and Lifestyle

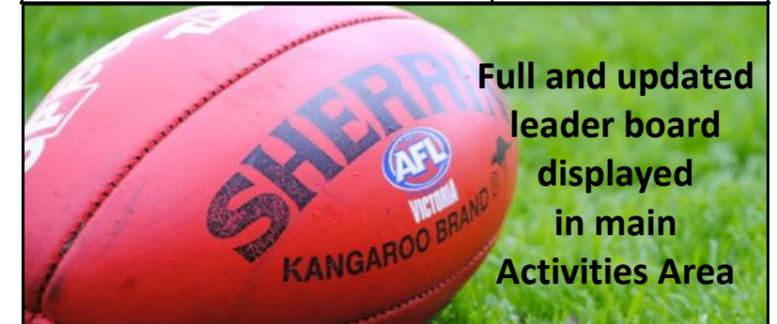
TIPPING

Leader Board

Round 18	Total Points:
Barb Pollard	106
Don Sanders	105
Bob Laube	101
Val Murphy	97
Jack Shepley	94
Pauline Lockwood	94



The Huey helicopter .



Full and updated
leader board
displayed
in main
Activities Area



THE AGED CARE BOARD OF THE DIOCESE OF PORT PIRIE

Quarterly report to families, residents and staff

July 2018

Since our last newsletter both residential care and community services have been performing well.

In May our Community Services were assessed by the department successfully passing the 18 standards. We thank our hardworking team and those supporting them over the two days.

The Government Applications for the 2018-19 Aged Care Approvals Round (ACAR) opened on 2 July 2018 and will close on 10th August. Following discussions at the June board meeting we appointed a committee to conduct a feasibility study of options and process any applications.

Transition to the new Aged Care Quality Standards (the Standards) has begun. This transition period gives the aged care sector time to identify and address areas where consumer outcomes can be improved to meet the new Standards. Assessment and monitoring against the new Standards will start from 1 July 2019. The Australian Aged Care Quality Agency will continue to provide an education program for providers on the new requirements.

Cosimo and our finance team have been busy implementing a new accounting system across both sites. This will enable consistency across all our services, streamlining reports and produce current information vital to management and Board decisions.

Marketing Community Care Packages across Yorke Peninsula and Mid North has been a priority as procuring packages is very competitive. Packages not only provide extra income they open up more opportunities for our staff.

We look forward to the 40th Celebrations of the Star of the Sea later in the year. Fr Ray Pope celebrated 70 years of priesthood with Mass at Wallaroo and Port Pirie this week. He was an integral part of the Diocesan Aged care for so many years.

Thanks to all Residents, Families and Staff

Brian Fogarty, Chair Of the Board.

Members: Cosimo De Cianni, Greg Adey, Fr. Paul Crotty, Fr Adrian Noonan, Kaye Walkington, Michael Turner, Stephen Pisani, AGM Darylin Cowling





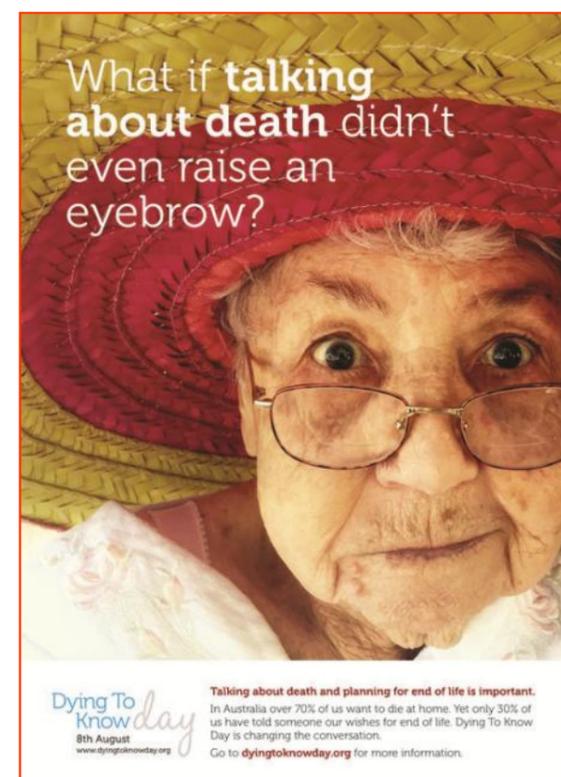
The Assumption of the Blessed Virgin Mary is marked as a Holy Day of Obligation in the Roman Catholic Church. The Assumption is a catholic holiday announced on 1 November 1950 by Pope Pius XII. It celebrates the day when the Holy Virgin Mary ended her earthly life and was taken to heaven together with her soul and body.

Upcoming Dates

Sunday, 8th August - Dying to Know Day

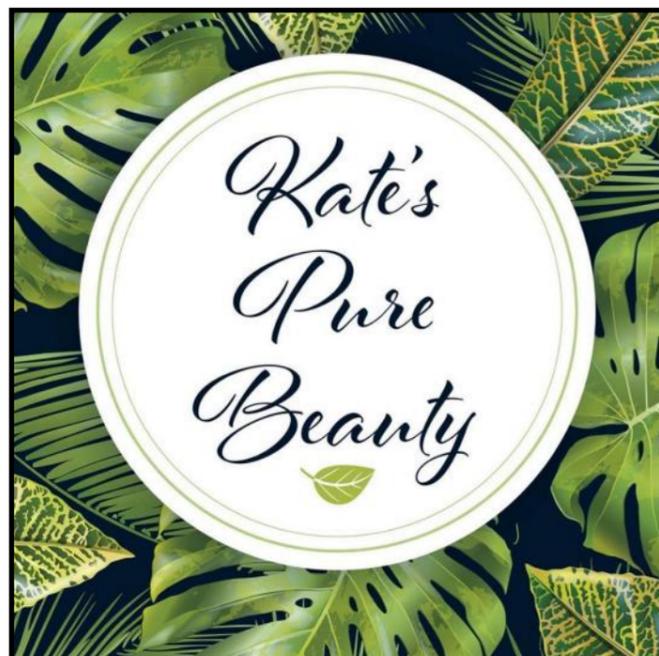
Wednesday, 15th August - Assumption of the Blessed Virgin Mary

Friday, 24th August - Daffodil Day



Dying To Know Day
8th August
www.dyingtoknowday.org

Talking about death and planning for end of life is important. In Australia over 70% of us want to die at home. Yet only 30% of us have told someone our wishes for end of life. Dying To Know Day is changing the conversation. Go to dyingtoknowday.org for more information.



I am happy to announce that as of **TUESDAY the 14th AUGUST** I will be offering my treatments and services to the beautiful residents of **ST JOSEPH'S** in Port Pirie xx I will be working out of the salon in there and able to attend residents rooms if this is required . All residents will get a discounted price on all waxing and tinting along with **10% off all other treatments xx** To make appointments contact me on **0408809539 xx** brochures are available at the entrance of st Joseph's or salon xx

Birthday Celebrations



August Birthdays

Josephine Beyer

Eva Lench

Joan Pavlich

Carmela Porta

Father Laurence Quinn

Kenneth Spear

Marna Thornton

Shirley Wiskar

Betty Wolter

Donald Wyatt

