

# St Joseph's House Newsletter December 2018



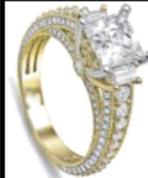
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 Phone (08) 8632 1450 Fax (08) 8633 0790  
 W: [www.spiritofcare.org.au](http://www.spiritofcare.org.au) E: [info@stjosephshouse.net.au](mailto:info@stjosephshouse.net.au)

## December 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 Activity Boxes are available in all areas 7pm Christmas Pageant	2 Songs of praise 11:30 am ABC
3 Hairdresser 10am Shopping 130pm "Hoy" activity area	4 1045am Exercises with Clive 130pm Jimmy Dingle	5 Mass School Children Visit 130pm Beetles	6 1030am Chair Exercises 130pm Bingo	7 Podiatrist 130pm Bowls 4pm Men's Group	8 Activity Boxes are available in all areas	9 Songs of praise 11:30 am ABC 1pm Cindy and Emma
10 Hairdresser 10am Café visit 130pm Christmas Craft	11 1045am Exercises with Clive 130pm Shopping	12 Mass 1230pm Bingo St Clare Up	13 12pm Resident Christmas party With Les rich	14 1030am Crosswords 130pm Bowls 4pm Men's Group	15 Activity Boxes are available in all areas	16 Songs of praise 11:30 am ABC 1:30pm Sing Australia
17 Hairdresser 1030am Balloon Tennis 1pm Karaoke with Derek	18 1045am Exercises with Clive 130pm Virginia Ryan	19 Mass 130pm Christmas Cooking 830pm Christmas Light Bus Trip	20 1030am Yoga 130pm Bingo	21 1030am Shopping 130pm Bowls 4pm Men's Group	22 Activity Boxes are available in all areas	23 Songs of praise 11:30 am ABC
24 Hairdresser 1015am Decorate your door morning tea 130pm Christmas Carol sing a long	25 Merry Christmas	26 Public Holiday	27 1030am Yoga 130pm Bingo	28 1:1 Visits 130pm Bowls 4pm Men's Group	29 Activity Boxes are available in all areas 130pm Bowls	30 Songs of praise 11:30 am ABC
31 Hairdresser 10:00am Café visit 130pm Mary and Rae						



# Notice Board



## REMINDER FOR FAMILIES:

Care recipient's personal belongings are not covered by St Joseph's House Insurance. It is important to ensure that jewellery remains safe. It can become lost if care recipients try to hide their jewellery or it becomes mixed up with rubbish or linen, a suggestion is to replace jewellery, where possible, with less expensive items. We appreciate you giving this matter some thought.



Just a little reminder that the fridges in care recipients rooms are their own, or the families, responsibility. Please ensure any out of date food is thrown away and the fridges are clean. Thank you

## COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant, Shu Huang, or to make an appointment for a face to face meeting.



## This Issue:

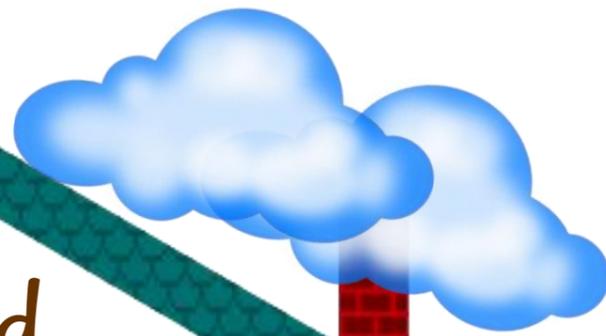
- *Message from the Area General Manager*
- *Memorial Service*
- *Continuous Quality Improvement (CQI)*
- *Melbourne Cup Luncheon*
- *Upcoming Dates*
- *Birthday Celebrations*
- *The Lifestyle / Hospitality Team*
- *Karaoke with Derek*
- *Recipe*
- *Community Care Corner*
- *Around the Home*
- *Remembrance Day*
- *Calendar*



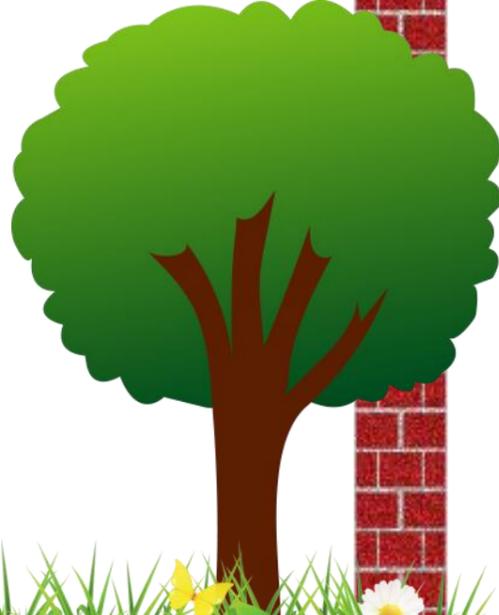
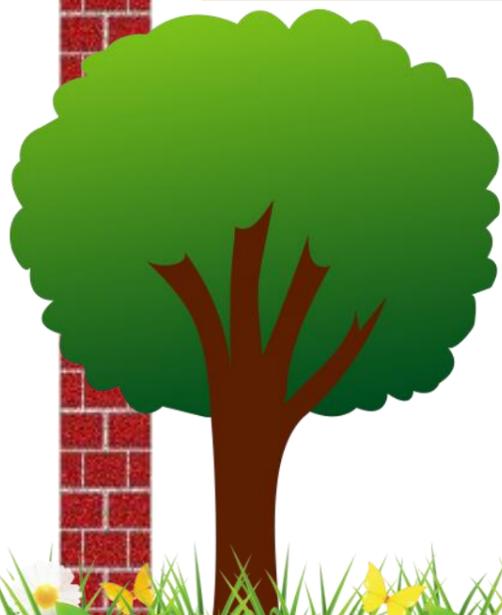
WE WILL  
**REMEMBER**  
THEM



**Resident & Family Meetings:**  
*There are no resident meeting in December. If you have an issue you would like to discuss please see a staff member or your Resident Liaison Officer.*  
**Resident Liaison Officer: Marra Pearn**



# Around the Home



## A Message from the Area General Manager...



The true spirit of Christmas shows us that love is for everyone. No one is beyond its reach....

The Prince Of Peace whose birth we celebrate is an inspiration to us all.

Our Aged Care Facilities of Star Of The Sea and St Joseph's House; and our Community services at both Yorke Peninsula and now Port Pirie, have amazing staff and volunteers; and at Star Of the Sea, a wonderful auxiliary.

Our staff respect and value all our care recipients whatever the faith base or none .

We thank our staff, volunteers and auxiliary for their commitment and loyalty in the past twelve months.

**On behalf of the Board of Management, and the staff:  
We wish our wonderful residents and clients a Christmas filled  
with Hope and Joy in equal measures.**

Warmest regards and Christmas blessings,  
Darylin Cowling



*Christmas Peace*



# Memorial Service



## Caring for you at home.

Providing care and support at home with choice and flexibility

- Local Home Care package provider
- Domestic assistance/gardening
- Transport/Meal preparation
- Veteran Home Care Services
- Private services by appointment

Servicing Port Pirie and Yorke Peninsula regions



Star of the Sea  
Community Care  
[www.spiritofcare.org.au](http://www.spiritofcare.org.au)

New enquiries welcome  
☎ 1300 113 008  
[community@starofthesea.org.au](mailto:community@starofthesea.org.au)



## Classic Christmas trifle

### Ingredients

- 2 x packets raspberry jelly crystals
- 500 gram small strawberries
- 250 gram raspberries
- 200 gram sponge cake, cut into 3cm cubes
- 1/3 cup (80ml) sweet sherry
- 500 gram mascarpone cheese
- 2 x 500g cartons vanilla bean custard
- 600 millilitre thickened (heavy) cream
- 2 tablespoon icing sugar (confectioners' sugar)
- 2 tablespoon flaked natural almonds, roasted



### Method

- 1 Make jelly according to directions on packet; pour into a 3 litre (12-cup) glass serving bowl.
- 2 Cut 250g of the strawberries in half; add to the jelly with half the raspberries. Refrigerate for 1 hour or until jelly is almost set.
- 3 Place cake in a medium bowl, sprinkle with sherry; toss to coat.
- 4 Beat mascarpone and custard in a large bowl with an electric mixer until soft peaks form. Spoon custard mixture over jelly, then top custard with sherry-soaked cake.
- 5 Beat cream and half the sifted icing sugar in a large bowl with an electric mixer until soft peaks form. Spoon cream over cake.
- 6 Serve trifle topped with remaining raspberries and strawberries, then flaked almonds. Dust with remaining icing sugar.



## Continuous Quality Improvement....



Hi Everyone,

The year is almost at an end and I am looking forward to celebrating Christmas with my family.

For me, this year has been all about getting to know new people, learning and settling into the role of Receptionist and CQI/WHS Coordinator.

I am looking forward to the new year, the opportunities that it brings, and being part of a team and community that is proactive around continuous quality improvement and work health and safety.

There are some great ideas for quality improvements for next year and will discuss these in more detail as they are rolled out. In the mean time, I hope everyone enjoys the festive season!

Kind Regards,  
Amanda White  
CQI/WHS Coordinator



**Aged Rights  
Advocacy  
Service (ARAS)**

**1800 500 853**

### Advance Care Directives

Information, forms and DIY Kit's for Advanced Care Directives can be found at [advancedcaredirectives.sa.gov.au](http://advancedcaredirectives.sa.gov.au)

**Aged Care  
Complaints  
Commissioner**

**1800 550 552**

### Compliments and Complaints Process

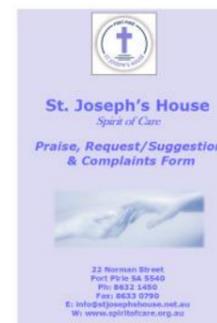
St Joseph's House supports the rights of Care Recipients and their Advocates to share compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach any senior staff member or contact:

Darylin Cowling (AGM) or  
Marra Pearn (Resident Liaison Officer)

If you wish to lodge a formal complaint please complete a "Praise, Request / Suggestion & Complaints" form which is available from the reception foyer and place it in an envelope for delivery to administration.

Once the form is completed the CQI Co-ordinator will make a record of lodgement and the suggestion or concern is then followed through until a resolution is achieved.

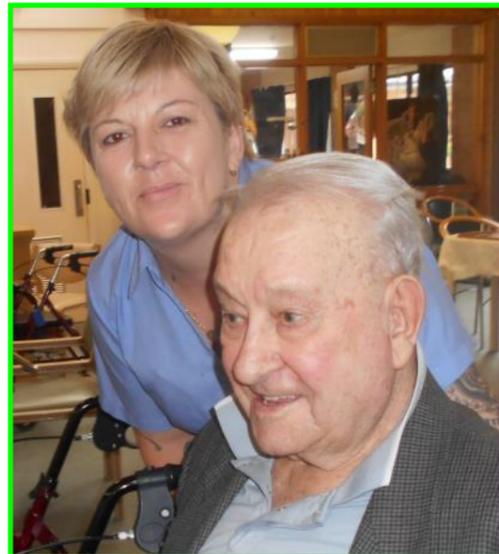




## A Message from the Lifestyle / Hospitality Team...

Marra will return on the 10th December 2018 and will be back in next months edition.





with Derek





Proud Nanna Jean Manfield, showing off photo's of her grandsons first day of Kindergarten and the gift that she made him for Christmas.



**Upcoming Dates**

- Saturday, 1st December — Port Pirie Christmas Pageant
- Saturday, 8th December — Carols by Candlelight Port Pirie
- Tuesday, 25th December — Christmas Day
- Wednesday, 26th December — Proclamation Day Holiday
- Friday, 30th December — New Years Eve



**? Did You Know?**

Our monthly newsletter is available on our website:  
[spiritofcare.org.au/news/](http://spiritofcare.org.au/news/)



You can also find us on Facebook:  
[facebook.com/stjosephshouse](https://facebook.com/stjosephshouse)

# Birthday Celebrations

