

January 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>7 Hairdresser 1030am Balloon Tennis 130pm Hoy</p>	<p>8 1030am Shopping 1:1 visits 130pm Movie afternoon</p>	<p>9 1030am Mass Pet Visits with Holly 130pm shopping 130pm drawing / painting</p>	<p>10 1030am Yoga 1:1 visits 130pm Bingo</p>	<p>11 1030am Word scramble 130pm Bowls 4:00pm Mens Group</p>	<p>12 Activity Boxes are available in all areas Games are set up in activity area for your use.</p>	<p>13 <i>Songs of praise</i> 11:30 am ABC</p>
<p>14 Hairdresser 1030am SC resident meeting 100pm SM resident meeting</p>	<p>15 1045am Exercise with Clive 1:1 Visits 130pm cooking</p>	<p>16 1030am Mass Pet visit with Holly 130pm Bingo</p>	<p>17 1030am Yoga 1:1 Visits 130pm Les Rich</p>	<p>18 1030am Balloon Tennis 130pm Bowls 4:00pm Mens Group</p>	<p>19 130pm Bowls</p>	<p>20 <i>Songs of praise</i> 11:30 am ABC</p>
<p>21 Hairdresser 1030am word Jumble 1pm Karaoke with Derek</p>	<p>22 1045am Exercise with Clive 130pm Craft with Palma</p>	<p>23 1030am Mass Pet Visits with Holly 130pm Ladies Group</p>	<p>24 1030am Yoga 1:1 Visits 130pm Bingo</p>	<p>25 10:00am News catch up SCU Australia Day afternoon tea and activities</p>	<p>26 </p>	<p>27 <i>Songs of praise</i> 11:30 am ABC</p>
<p>28 PUBLIC HOLIDAY</p>	<p>29 1045am Exercise with Clive 1:1 Visits 130pm Birthday Celebrations with John</p>	<p>30 1030am Mass Pet Visits with Holly 130pm Beetles</p>	<p>31 1030am Yoga 1:1 Visits 130pm Bingo</p>			



St Joseph's House Connections January 2019

2019

HAPPY NEW YEAR!

 *Happy*
Australia Day!

22 Norman Street, Port Pirie SA 5540
Phone (08) 8632 1450 Fax (08) 8633 0790
W: www.spiritofcare.org.au E: admin@stjosephshouse.net.au



Notice Board

REMINDER FOR FAMILIES:

Just a reminder that travel arrangements to and from St Joseph's House for appointments or social engagements are to be organised by the family. If taxi's are organised can you please ensure that you advise the taxi service of any relevant details (including if an access cab for a wheelchair is needed) and the correct pick up and drop off details. Staff also need to be advised when care recipients leave to ensure that meal and medication arrangements are made.



Mobile Library

Wednesday Fortnightly
Please see lifestyle if you wish to join.



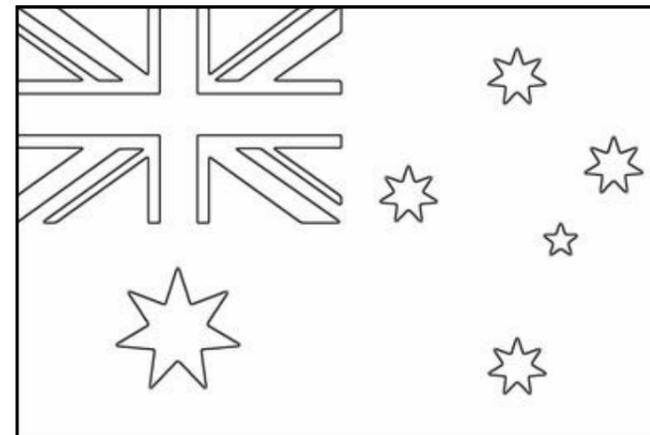
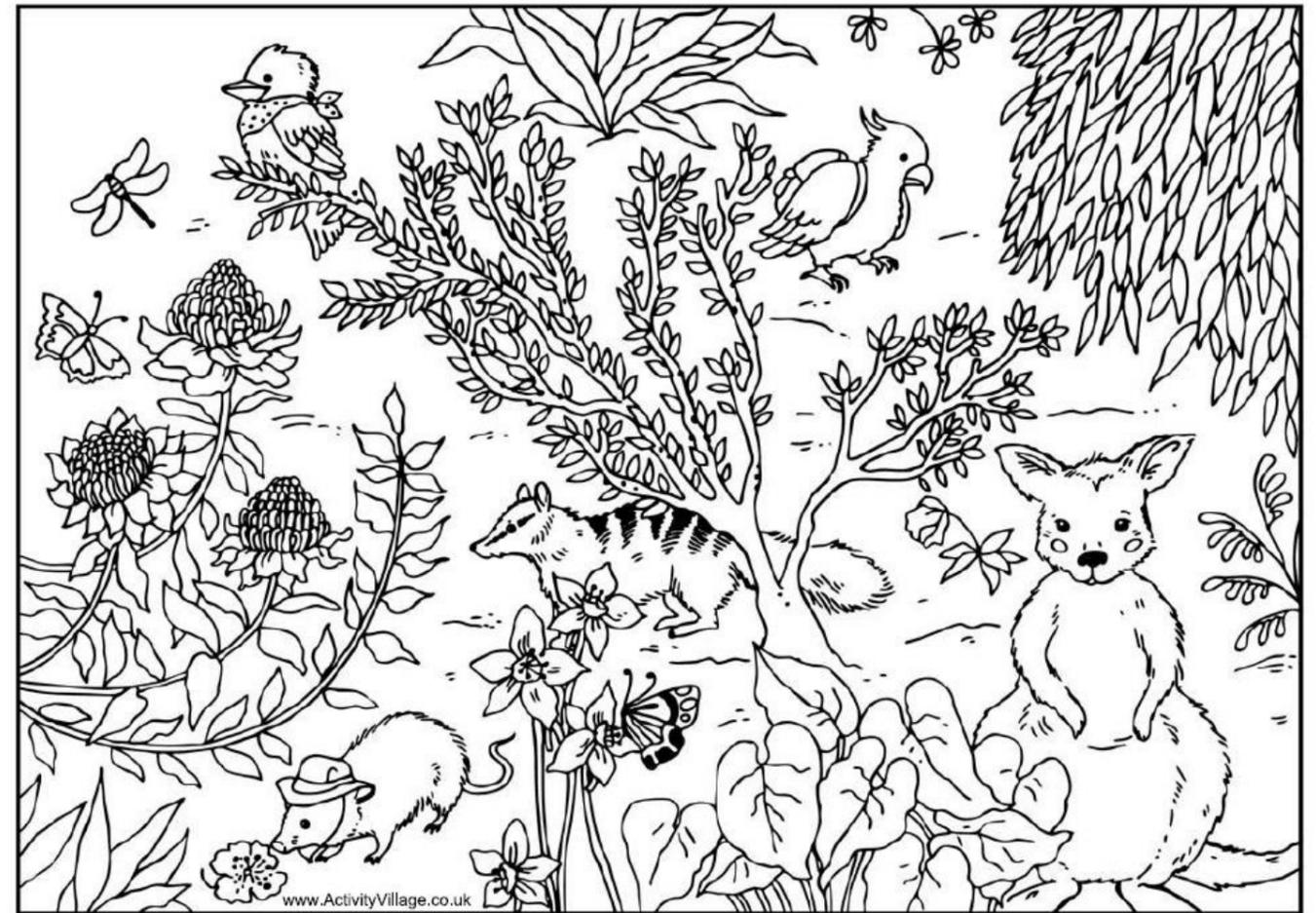
In Activity Area:

Mass
Every Wednesday
10:30am



This Issue:

- *Message from the Area General Manager*
- *Port Pirie Christmas Pageant*
- *Continuous Quality Improvement (CQI)*
- *Decorate Your Door Festivities*
- *Upcoming Dates*
- *Birthday Celebrations*
- *The Lifestyle / Hospitality Team*
- *Christmas Celebrations*
- *Community Care Corner*
- *Around the Home*
- *Calendar*



AUSTRALIA

Did You Know?



Our monthly newsletter is available on our website:
spiritofcare.org.au/news/



You can also find us on Facebook:
facebook.com/stjosephshouse

Resident & Family Meetings:

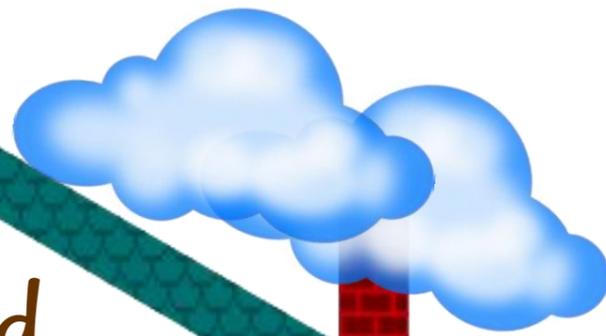
Thursday, 15th November 2018

St Marks, Dining Area, 1.00pm

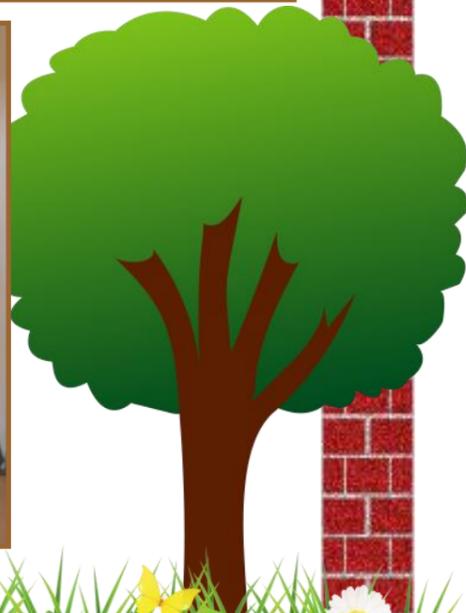
Friday, 16th November 2018

St Clare, Dining Area, 10.30am

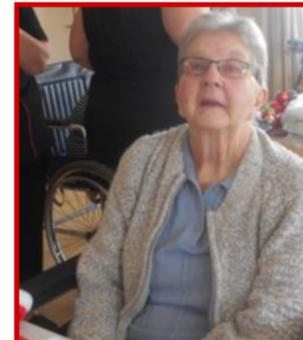
Resident Liaison Officer: Marra Pearn



Around the Home



Christmas celebrations at St Joseph's House



A Message from the Area General Manager...

Area Manager Annual Report 2018



The Catholic Diocese Of Port Pirie Aged Care has a rich history of ministrations, our "Not For Profit" charitable organisation meets the needs of those in the Mid North and Yorke Peninsula.

St Joseph's House Port Pirie has had Aged Care Services since 1958, 60 years ago, and was gifted to the Diocese in 1994 by the Franciscan Sisters who were called back to England. Next year will be its 25th year under the Diocesan umbrella. The Nursing home has seen many refurbishments over the years and is 67 aged care beds plus 3 in the Vianney rooms for a variety of special purposes in particular convalescence for members of the religious that require this service.

Star Of The Sea began 40 years ago in 1978 as a vision of our Priest Father Pope, and in conjunction with The Little Company Of Mary nuns has grown to what it is today, 70 aged care beds, and averaging 60 community packages. The community packages encompass private clients, commonwealth funded clients and veterans. The Community packages managed from Star Of The Sea is providing a service to the Community of the Mid North and we are proud to announce that there are two packages in place at this time.

We congratulate both facilities and Community services for their Anniversaries and their three years accreditation achievements.

Throughout the year the media has been heavily focussed on Aged Care, noting poor clinical outcomes for some, this has not been helpful for those with generally good practices and good reputations for the majority of aged care provided.

Aged Care reform continues and we note a very stringent emphasis on compliance, the organisation is working hard on the new aged care standards that will have a strong focus on governance and consumer engagement.

The ongoing scrutiny means the industry as a whole is monitored and tested. The end result as indicated by Scott Morrison, Prime Minister, is an overall view of Aged Care culminating with the announcement of the Royal Commission. All Aged care services are participating by provision of information. We are actively participating in this process.

Insights from our care recipients indicate high degrees of satisfaction and we are pleased to report that 100% of our care recipients feel safe and secure at both St Joseph's House and Star of the Sea. Nationwide only 1 in 5 care recipients feel this is the case.

Financially the Rural sector has its own specific challenges; there has been reduced income with an indexation freeze on ACFI funding and increased costs, so another year of doing more with less. The true cost has risen and been increasing over the past years with no real answer from the Government.

Community Care Corner...



It is with great pleasure that Star of the Sea Community Care has expanded its services to Pt Pirie and surrounding areas. The support from the St Joseph's House residential care team has been invaluable in assisting with the transitioning of Community Care.

Star of the Sea Community Care has been providing care for people at home for over 10 years and we welcome the opportunity to now serve the people of Pt Pirie and nearby areas. Star of the Sea offers level 1 to 4 packages, private services and are an approved provider of Veterans Home Care.

We can be contacted on 1300 113 008, Monday to Friday 9 to 5pm to answer any of your questions or help you to navigate the My Aged Care system. Natasha Cockshell a former resident of Pt Pirie has extensive knowledge on home care, and is only too happy to visit you in your home to offer information and support.

We have employed local people who have been orientated and mentored by senior home care workers so we can offer the best trained staff. You may even recognise some of the staff who are currently employed at St Josephs House. We are all very excited about this new opportunity and are happy to report we have our very first client. On December 19th and we celebrated with a Christmas luncheon at the Sportsman Tavern.

I'm aware that a letter from the Minister of Ageing has been sent to people in regards to the release of 10,000 new high level packages. This will be very good news for a number of people who have been desperately waiting for the high level package. With these new packages there will also be a reduction in the consumer contribution for level 1 to 3. Please ring the Community Care office on 1300 113 008, if you would like any further information.

Star of the Sea Community Care will be continuing to have a monthly update in the St Josephs House newsletter and we look forward to getting to know everyone. I would like to wish everyone a wonderful New Year and hope 2019 starts with good health and happy celebrations. If there is anything Star of the Sea Community care can do to assist please do not hesitate to call on us.

Your home. Our care.

Peace be with everyone and Gods richest blessings,

Jenny, Natasha and the Community Care Team



Coral Noble, Star of the Sea Community Care's first official client in Port Pirie, celebrating with Natasha Cockshell, Client Liaison Officer, and Jenny Carey, Program Manager, and community care staff member Paige.



It is a fact that the funding provided is inadequate, ACFI increases of 1.4% in two domains and 0.7% in the other speaks for itself. It is expected that the Royal Commission will recognise that there will eventually be a sustainability issue in the long term for Aged Care. We remain confident about our future and our future direction.

St Joseph's House has been pro-active with a LED light replacement program that has resulted in cost savings for electricity. Technology has been embraced for both residential and community with a move to a new computer system to address payroll in-house and to promote other aspects of record maintenance. The CIM program is methodical, streamlined and business like giving a strengthened and systemised management approach.

A very special mention for our volunteers. We are extremely grateful to our volunteers who give the gift of time and encourage social connections for our care recipients. A big thank you to all our volunteers who make our facilities what they are "Communities of Care".

In this busy year we have depended heavily on our staff for quality care. Aged care is a specialty in itself and deserves to be recognised as such. We have over 200 staff working in residential and community across the diocese. Our staff help provide each day as the best possible for our care recipients from an environmental, clinical and lifestyle approach. Meals are served that are balanced from a nutritional perspective and take into account each person's preferences from an individual, lifestyle and cultural customs. We thank our staff for their person centred care and promotion of excellence in Palliative care and general care.

It is noted that respite usage is increased at both facilities and that average length of stay is less. Our memorial services are held annually with numbers increasing. It is a highlight for our staff who can actively demonstrate their respect for those for whom we have provided care in the past twelve months.

I acknowledge and thank the Board of Management who have demonstrated strong governance in the past year. The Board have promoted strong brand recognition, and community connection, supporting systems for efficiency and growth. The Board monitor all aspects of Governance including clinical to promote best practice. Their vision is ensured with such matters as a broad conditions audit of the fabric of the buildings to keep pace with community expectations and future needs. Growth opportunities for Community are followed up to maintain our flexible services with a continuum of care.

Finally, sincere thanks to all who make our aged care services such a success. We will continue to invest in staff to ensure their skills are the best they can be to guarantee excellence in Care and Home services.

As the Area Manager I remain confident that our Diocesan overall strategy and plans can achieve the goals for our ageing population "in the spirit of true friendship".

Darylin Cowling
Area Manger
December 2018



Christmas celebrations at St Joseph's House



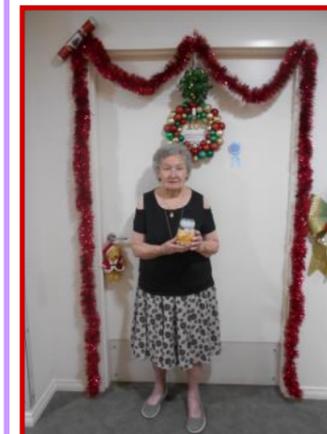
A Message from the Lifestyle / Hospitality Team...

Hi All,
 Thanks to everyone who helped decorate residents doors they all look great.
 Winners are:

- St Clare's Up: 1st - Pauline Lockwood
 2nd - Ron Warne
- St Clare's Down: 1st - Mrs Lobasso
 2nd - Audrey Brine
- St Marks Up: 1st - Doug Gourd
 2nd - Doreen Yeend
- St Marks Down: 1st - Fay Culpin
 2nd - Shirley Wiskar



Merry Christmas





Christmas door decorations



Continuous Quality Improvement...



Welcome to the New Year,

I hope everyone had a great Christmas.

Please remember to use the feedback forms for any compliments or complains that you may have.

I look forward to seeing everyone at the residents meetings for the new year and catching up with residents one-on-one for survey's and your individual feedback.

Thanks,

Amanda White
CQI/WHS COORDINATOR



**Aged Rights
Advocacy
Service (ARAS)**

1800 500 853

Advance Care Directives
Information, forms and DIY Kit's for
Advanced Care Directives can be found
at advancedcaredirectives.sa.gov.au

**Aged Care
Complaints
Commissioner**

1800 550 552

Compliments and Complaints Process

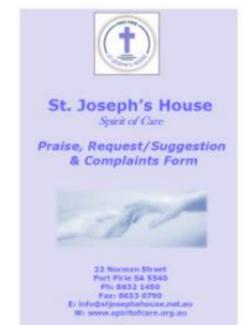
St Joseph's House supports the rights of Care Recipients and their Advocates to share compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach any senior staff member or contact:
Darylin Cowling (AGM) or
Marra Pearn (Resident Liaison Officer)



If you wish to lodge a formal complaint please complete a "Praise, Request / Suggestion & Complaints" form which is available from the reception foyer and place it in an envelope for delivery to administration.

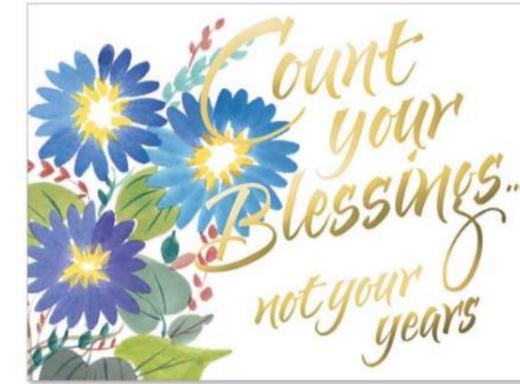
Once the form is completed the CQI Co-ordinator will make a record of lodgement and the suggestion or concern is then followed through until a resolution is achieved.





Upcoming Dates

- Tuesday, 1st January — New Years Day
- Saturday, 26th January — Australia Day
- Monday, 28th January—Australia Day public holiday



January Birthdays



Malcolm Barry

Audrey Brine

Ella Fry

Margaret Johns

Ilma Opprecht

Maria Pisani

Coline Stenson

Ronald Warne



Australia Day Word Search

S	F	I	R	S	T	F	L	E	E	T	S
O	C	A	W	G	R	E	E	N	M	R	U
U	I	F	L	A	G	W	R	N	A	U	M
T	T	N	A	G	O	L	D	U	T	E	M
H	I	B	A	R	B	E	Q	U	E	B	E
E	Z	N	M	Y	L	K	J	N	C	L	R
R	E	Z	E	P	A	R	A	D	E	U	A
N	N	L	A	M	B	C	H	O	P	E	H
C	R	O	C	E	A	N	A	S	M	V	C
R	T	S	R	U	O	N	O	H	J	H	A
O	A	U	S	T	R	A	L	I	A	G	E
S	Q	S	T	A	H	M	B	P	V	F	B
S	C	A	P	T	A	I	N	C	O	O	K

- AUSTRALIA
- FLAG
- SOUTHERN CROSS
- PARADE
- BARBEQUE
- FIRST FLEET
- OCEAN SHIP
- CAPTAIN COOK
- CITIZEN
- MATE
- TRUE BLUE
- GREEN
- GOLD
- BREAKY
- LAMB CHOP
- HONOURS
- SUMMER
- HATS
- BEACH

