

July 2019

· MONDAY ·	· TUESDAY ·	· WEDNESDAY ·	· THURSDAY ·	· FRIDAY ·	· SATURDAY ·	· SUNDAY ·
Hairdresser 1 11am Ecumenical Service Music with Mary and Ray	10:45 Exercise with Clive 2 1:1 visits 130pm Shopping	Library 3 10:30am Mass 1:1 visit 130pm What is that ? (New activity) 2:15pm crosswords	1030am Yoga 4 1:1 visits 130pm Bingo	1030am Balloon Tennis 5 130pm Bowls 4pm Men's Group	Activity Boxes are available in all areas 6 Games are set up in activity area for your use	<i>Songs of praise</i> 7 <i>11:30 am ABC</i>
Hairdresser 8 1030am Café visit 130pm Arts afternoon your choice of / painting, colouring / knitting in the activity area	10:45 Exercise with Clive 9 1:1 Visits 1:00pm St Marks Resident meeting 2pm Bingo	Library 10 10:30am Mass 1:00pm St Clare resident meeting	1030am Yoga 11 1:1 visits 130pm Les Rich	1030am Beetles 12 130pm Bowls 4pm Men's Group	Activity Boxes are available in all areas 13 Games are set up in activity area for your use	<i>Songs of praise</i> 14 <i>11:30 am ABC</i>
Hairdresser 15 11am Ecumenical Service 1:1 visit 1pm Karaoke with Derek	10:45 Exercise with Clive 16 130pm Craft afternoon with Polma	Library 17 10:30am Mass 1:1 visit's 130pm Hoy	1030am Yoga 18 1:1 visits 130pm Bingo	1030am What's Happening in our town 19 Activity area 130pm Bowls 4pm Men's Group	Activity Boxes are available in all areas 20 Games are set up in activity area for your use	<i>Songs of praise</i> 21 <i>11:30 am ABC</i>
Hairdresser 22 1030am Café Vist 130pm Shopping 1:1 visits	10:45 Exercise with Clive 23 130pm ladies afternoon Cooking with Rose	Library 24 10:30am Mass 1:1 visit 130pm Cinema with Polma	1030am Yoga 25 1:1 visits 130pm Bingo	1030am Chair exercises 26 130 Desma and Madge 4pm Men's Group	BOWLS 130pm 27	<i>Songs of praise</i> 28 <i>11:30 am ABC</i>
Hairdresser 29 Come and Join Marra for an afternoon with Soup & crusty bread by the fire in the activity area for story time.	10:45 Exercise with Clive 30 130pm Birthday celebrations with John	Library 31 10:30am Mass 1:1 visit 130pm Whiteboard Trivia				