





# August 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1030am Yoga <b>1</b> Support visits 1:15pm Bingo 230pm Afternoon tea and chat	Podiatrist visit today <b>2</b> 11am white board quizzes  1:15am Bowls 230pm Afternoon tea and chat	Activity Boxes are available <b>3</b> in all areas Games are set up in activity area for your use	Songs of praise <b>4</b> 11:30 am ABC  7pm reading local recorder
Hairdresser <b>5</b> Support visits 11am Ecumenical service 11:30am crosswords 230pm Afternoon tea and chat	10:45 Exercise with Clive <b>6</b> 1pm Resident meeting St Marks 230pm Afternoon tea and chat Support visits	Mass 11am <b>7</b> 1030am to 1140am St marks School students 1pm Resident meeting St Clare Support visits	1030am Yoga <b>8</b> Support visits 1:15pm Bingo 230pm Afternoon tea and chat	11am Chair exercises <b>9</b> 1:15 pm Bowls 230pm Afternoon tea and chat 4pm Men's Group	Activity Boxes are <b>10</b> available in all areas Games are set up in activity area for your use	Songs of praise <b>11</b> 11:30 am ABC  7pm reading local recorder
Hairdresser <b>12</b> Support visits 1030am Café visit  230pm Afternoon tea and chat	10:45 Exercise with Clive <b>13</b> 130pm Les Rich 230pm afternoon tea 3pm YP Vet Pet visit	Mass 11am <b>14</b> 1030am to 1140am St marks School students 1:15pm Cinema activity area with Polma	1030am Yoga <b>15</b> Support visits 1:15pm Bingo 230pm Afternoon tea and chat	11am Balloon tennis <b>16</b> 1:15 pm Bowls 230pm Afternoon tea and chat 4pm Men's Group	Activity Boxes are <b>17</b> available in all areas Games are set up in activity area for your use	130pm Sing Australia <b>18</b>  7pm reading local recorder
Hairdresser <b>19</b> Support visits 11am Ecumenical service 1pm Karaoke with Derek	10:45 Exercise with Clive <b>20</b> 130pm lady's afternoon Pamper room 230pm afternoon tea and chat	Mass 11am <b>21</b> 1030am to 1140am St marks School students 1:15pm Shopping Support visits	1030am Yoga <b>22</b> Support visit 1:15pm Bingo 230pm Afternoon tea and chat	11am white board quizzes <b>23</b> 1:15 pm Bowls 230pm Afternoon tea and chat 4pm Men's Group	Activity Boxes are <b>24</b> available in all areas Games are set up in activity area for your use	Songs of praise <b>25</b> 11:30 am ABC  7pm reading local recorder
Hairdresser <b>26</b>  Bus trip	10:45 Exercise with Clive <b>27</b>  130pm Birthday celebrations with John	Mass 11am <b>28</b> 1030am to 1140am St marks School students 130pm Cooking with Polma	1030am Yoga <b>29</b> Support visits 1:15pm Bingo 230pm Afternoon tea and chat	1:15 pm Bowls <b>30</b> 230pm Afternoon tea and chat 4pm Men's Group	Activity Boxes are <b>31</b> available in all areas Games are set up in activity area for your use  Bowls 130pm	