





October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	10:45am Exercises with Clive Nails with Rose 1:15pm Hoy	11am Mass <i>SMELTERS PICNIC DAY</i>	1030am Yoga <i>Support visits</i> 1:15pm Bingo 230pm Afternoon tea and chat	11am Quiz morning Activity area 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group	Activity Boxes are available in all areas Games are set up in activity area for your use	<i>Songs of praise</i> 11:30 am ABC  7pm reading local recorder
7 <u>PUBLIC HOLIDAY</u> Games are set up in activity area for your use	10:45am Exercises with Clive Nails with Rose 1:15pm Bingo	11am Mass <i>Support visits</i> 1:00 St Clare resident meeting	1030am Yoga <i>Support visits</i> 130pm Les Rich	Podiatrist 11am Spot the difference Activity area 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group	Activity Boxes are available in all areas Games are set up in activity area for your use	<i>Songs of praise</i> 11:30 am ABC  7pm reading local recorder
Hairdresser <i>Support visits</i> 1030am Café visit 1:15pm arts and crafts Melbourne Cup decorations	10:45am Exercises with Clive Nails with Rose 1:00 St Marks resident meeting	11am Mass <i>Support visits</i> 1:15pm Pampur room 230pm afternoon tea and chat	1030am Yoga <i>Support visits</i> 1:15pm Bingo 230pm Afternoon tea and chat	11am Balloon badminton activity area 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group	Activity Boxes are available in all areas Games are set up in activity area for your use 130pm Bowls	<i>Songs of praise</i> 11:30 am ABC  7pm reading local recorder
Hairdresser 11am ecumenical service <i>Support visits</i> 1:00pm Karaoke with Derek	10:45am Exercises with Clive Nails with Rose 1:15pm My Bucket list Activity area	11am Mass <i>Support visits</i> 1:15pm Ladies afternoon (make a poppy brooch)	1030am Yoga <i>Support Visits</i> 1:15pm Bingo 230pm Afternoon tea and chat	10:30am morning tea and news catch up in courtyard 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group	Activity Boxes are available in all areas Games are set up in activity area for your use	<i>Songs of praise</i> 11:30 am ABC  7pm reading local recorder
Hairdresser <i>Support visits</i> 1:15pm Ladies afternoon (make a poppy brooch)	10:45am Exercises with Clive Nails with Rose 130pm Birthday celebrations with John	11am Mass <i>Support visits</i> 1pm Jimmy Johnson	1030am Yoga <i>Support visits</i> 1:15pm Bingo 230pm Afternoon tea and chat			