




November 2019

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|--|--|---|--|--|
| | | | | All Saints Day 1 11am Quiz morning Activity area 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group | Activity Boxes are 2 available in all areas Games are set up in activity area for your use | Songs of praise 3 11:30 am ABC  7pm reading local recorder |
| Hairdresser 4 1030am Café visit 11am Ecumenical service 1:15pm Bingo | 10:45am Exercises 5 with Clive 12pm Melbourne-Cup lunch and entertainment | 11am Mass 6 1:15pm Hoy 230pm Afternoon tea and chat | 1030am Yoga 7 <i>Support visits</i> 130pm Les Rich | 11am Spot the difference 8 Activity area 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group | Activity Boxes are 9 available in all areas Games are set up in activity area for your use | Songs of praise 10 11:30 am ABC  7pm reading local recorder |
| Hairdresser 11 Remembrance Day service 10:30am SCU <i>Support visits</i> 1:15pm arts and crafts | 10:45am Exercises 12 with Clive 1:15pm Shopping | 10am Memorial 13 service and morning Tea SCU 1:00 St Clare resident meeting | 1030am Yoga 14 <i>Support visits</i> 1:15pm Bingo 230pm Afternoon tea and chat | 11am Balloon 15 badminton activity area 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group | Activity Boxes are 16 available in all areas Games are set up in activity area for your use | Songs of praise 17 11:30 am ABC  7pm reading local recorder |
| Hairdresser 18 1030am Café visit 11am Ecumenical service 1:00pm Karaoke with Derek | 10:45am Exercises 19 with Clive 1:00 St Marks resident meeting | 11am Mass 20 <i>Support visits</i> 1:15pm Cinema 230pm afternoon tea and chat | 1030am Yoga 21 <i>Support visits</i> 1:15pm Bingo 230pm Afternoon tea and chat | 10:30am morning tea 22 and news catch up in courtyard 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group | Activity Boxes are 23 available in all areas Games are set up in activity area for your use | Songs of praise 24 11:30 am ABC  7pm reading local recorder |
| Hairdresser 25 <i>Support visits</i> 130pm Music with Mary and Ray | 10:45am Exercises 26 with Clive 130pm Birthday celebrations with John | 11am Mass 27 1pm Jimmy Johnson | 1030am Yoga 28 <i>Support visits</i> 1:15pm Bingo 230pm Afternoon tea and chat | 1030am Shopping 29 <i>Support visits</i> 1:15pm bowls 230pm Afternoon Tea 4pm Men's Group | Activity Boxes are 30 available in all areas Games are set up in activity area for your use 130pm Sing Australia | |