

St Joseph's House Connections December 2019

Merry Christmas



“And now we welcome the new
year, full of things that have never
been”

Rainer Maria Rilke

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December 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>2 Hairdresser 11am Ecumenical service 1:15pm mini garden for your room activity <i>230pm Afternoon tea and chat</i></p>	<p>3 10:45am Exercises with Clive 130pm Beetles</p>	<p>4 11am Mass St Marks school visit 1:15pm Hoy</p>	<p>5 1030am Yoga <i>Support visits</i> 1:15pm Bingo <i>230pm Afternoon tea</i></p>	<p>6 11am Quiz morning Activity area 1:15pm bowls <i>230pm Afternoon Tea</i> 4pm Men's Group</p>	<p>7 Activity Boxes are available in all areas Games are set up in activity area for your use CHRISTMAS PAGEANT 7pm</p>	<p>8 Songs of praise 11:30 am ABC TWOX FM <i>7pm reading local recorder</i></p>
<p>9 Hairdresser 10:30am Port Pirie Child care Xmas Visit 130pm Christmas Shopping <i>230pm Afternoon Tea</i></p>	<p>10 10:45am Exercises with Clive</p>	<p>11 11am Mass 1:15pm Christmas Craft <i>230pm Afternoon tea and chat</i></p>	<p>12 1030am Yoga <i>Support visits</i> 1:15pm Bingo <i>230pm Afternoon tea and chat</i></p>	<p>13 11am Spot the difference Activity area 1:15pm bowls <i>230pm Afternoon Tea</i> 4pm Men's Group</p>	<p>14 Activity Boxes are available in all areas Games are set up in activity area for your use</p>	<p>15 Songs of praise 11:30 am ABC TWOX FM <i>7pm reading local recorder</i></p>
<p>16 Hairdresser 11am Ecumenical service 1:00pm Karaoke with Derek <i>230pm Afternoon Tea</i></p>	<p>17 10:45am Exercises with Clive <i>Support visits</i> 1:30pm Birthday celebrations <i>230pm Afternoon Tea</i></p>	<p>18 11pm Mass 12pm Christmas Party Activity</p>	<p>19 1030am Yoga <i>Support visits</i> 1:15pm Bingo <i>230pm port Pirie music Club activity area</i></p>	<p>20 1030am Shopping 1:15pm bowls <i>230pm Afternoon Tea</i> 4pm Men's Group</p>	<p>21 Activity Boxes are available in all areas Games are set up in activity area for your use</p>	<p>22 Songs of praise 11:30 am ABC TWOX FM <i>7pm reading local recorder</i></p>
<p>23 Hairdresser 1030am Café Visit <i>Support visits</i> 130pm Jimmy @ingle Xmas lights bus trip 8pm</p>	<p>24 11am Xmas eve Mass 1:15pm Xmas movies <i>230pm Afternoon Tea</i></p>	<p>25 MERRY CHRISTMAS Public Holiday</p>	<p>26 Boxing Day Public Holiday</p>	<p>27 1:15pm bowls <i>230pm Afternoon Tea</i> 4pm Men's Group</p>	<p>28 Activity Boxes are available in all areas Games are set up in activity area for your use</p>	<p>29 Songs of praise 11:30 am ABC TWOX FM <i>7pm reading local recorder</i></p>
<p>30 Hairdresser <i>2pm Darwin's farewell afternoon tea</i></p>	<p>31 New Year's Eve</p>					



Notice Board



In St Clare's Upstairs

Mass
Every Wednesday
11am



REMINDER:

Fridges in care recipient's rooms are their own, or the families, responsibility. Please ensure any out of date food is thrown away and the fridges are clean. Thank you



REMINDER:

Power boards that are brought in for care recipient rooms must first be given to staff so they can be tagged and tested. All power board's must also have individual on/off switches for each outlet.



REMINDER FOR FAMILIES:

Please remember, when bringing in new clothes they need to be given to staff first so they can be labelled. This is to prevent them getting lost.



This Issue:

- *Message from the General Manager*
- *Colouring page*
- *Continuous Quality Improvement (CQI)*
- *Monthly Crossword or Word Search*
- *Upcoming Dates*
- *Birthday Celebrations*
- *Remembrance Day*
- *The Lifestyle / Hospitality Team*
- *Melbourne Cup Luncheon*
- *Aged Care Quality Standards*
- *Memorial Day*
- *Calendar*



At the Races

November Word Search Solution

B	Q	U	E	E	E	T	S	D	N	A	T	S	D	N	A	R	G	W
F	Q	X	S	R	X	R	S	T	F	C	E	S	E	K	A	T	S	Y
O	G	U	T	H	A	I	Q	S	U	C	J	Y	E	K	C	O	J	
S	P	F	A	O	A	C	X	S	T	O	R	I	K	P	I	M	M	R
K	P	W	L	I	J	K	N	O	Q	V	P	L	H	E	E	B	E	T
E	O	R	I	D	T	H	H	V	P	A	D	D	O	C	K	N	S	H
S	E	Z	I	V	W	S	H	K	L	U	K	V	L	N	W	G	I	O
X	A	G	O	N	G	J	W	N	R	H	S	B	T	O	G	E	Z	R
A	Y	A	N	N	T	I	Z	S	E	Q	R	N	H	H	K	L	G	O
T	P	L	O	W	T	P	S	G	N	E	E	W	A	P	N	A	F	U
C	J	L	M	E	D	P	H	X	I	H	D	O	N	O	T	S	R	G
A	X	O	S	E	S	R	U	P	A	E	N	R	D	E	A	X	E	H
X	H	P	I	A	F	B	W	R	R	I	C	I	L	E	Z	T	B	
E	U	O	D	K	H	C	N	B	T	Y	L	E	C	D	I	P	I	R
C	M	D	D	S	H	E	Y	E	Q	Y	B	L	A	X	C	T	R	E
Q	L	A	S	D	S	T	L	O	C	H	M	P	P	T	A	U	O	D
E	I	K	R	S	S	P	L	A	C	E	W	I	P	P	W	R	V	S
V	U	D	R	E	G	N	I	A	X	T	U	R	A	C	I	F	A	G
I	F	U	Q	H	D	Q	F	F	Y	Y	T	T	Y	J	N	T	F	L

Resident & Family Meetings:

There is no resident meetings held in December. Please see staff or use the feedback forms around the facility to provide any feedback.

Resident Liaison Officer: Marra Pearn

Remembrance Day



A Message from the General Manager....



Christmas Greetings

Wishing you all the joy and peace of the season.

Unfortunately, this is my last newsletter as I head back to Adelaide and wind down.

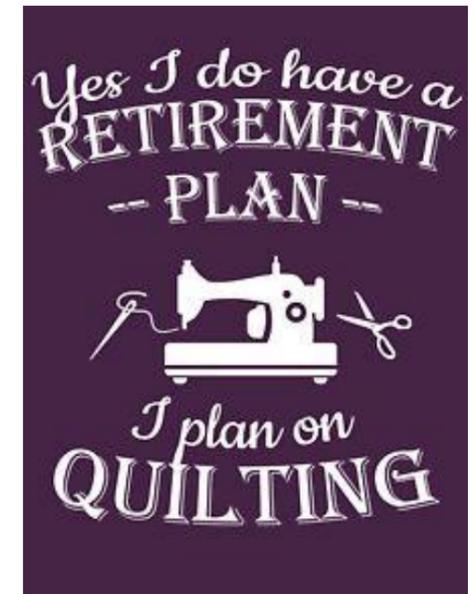
This decision has not been made lightly, but like us all I am not getting any younger.

It has been a pleasure to work for the Diocese for the past five years and to be involved with each and everyone of you.

Warm regards,

Darylin Cowling

BEST WISHES



Caring for you at home.

Providing care and support at home with choice and flexibility

- Local Home Care package provider
- Domestic assistance/gardening
- Transport/Meal preparation
- Veteran Home Care Services
- Private services by appointment

Servicing Port Pirie and Yorke Peninsula regions

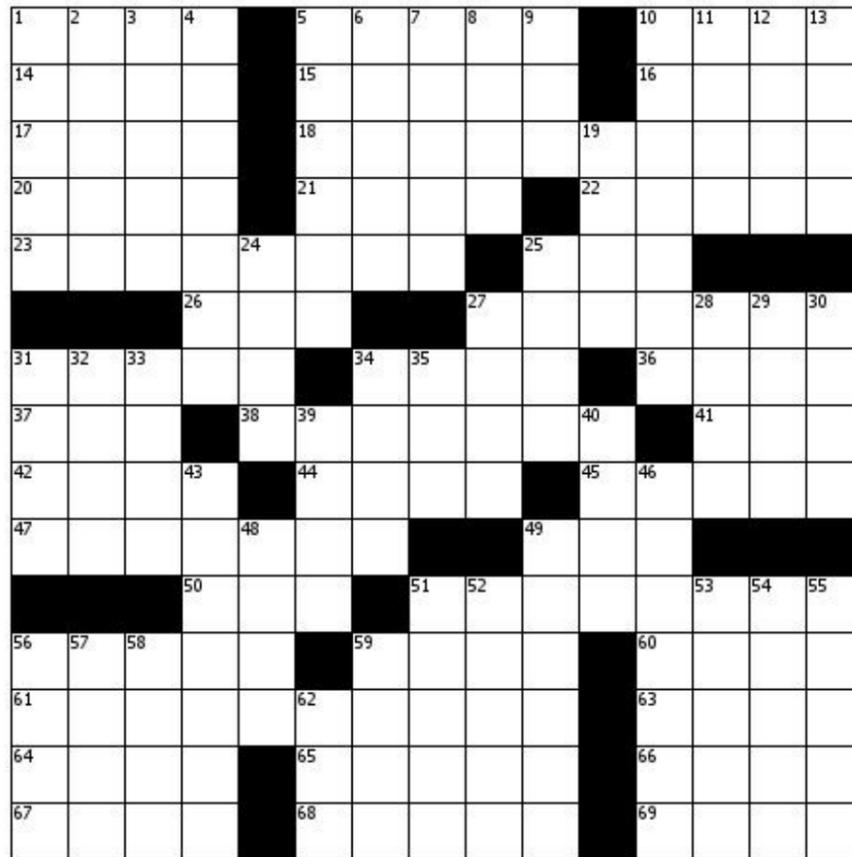


Star of the Sea
Community Care
www.spiritofcare.org.au

New enquiries welcome
☎ 1300 113 008
community@starofthesea.org.au



- Across**
1. Pod dwellers
 5. Horse's chamber
 10. Giraffe's feature
 14. Healthy
 15. "Sesame Street" character
 16. Wheel shaft
 17. Eye suggestively
 18. Literature category
 20. Oolong and pekoe
 21. Coin opening
 22. Surpass
 23. Elaborately
 25. Pres. before HST
 26. Bankroll
 27. Gratified
 31. Comprehend
 34. Liberate
 36. Placid, e.g.
 37. Snakelike fish
 38. Blurred
 41. Wow!
 42. Lighting gas
 44. Honolulu's island
 45. Stockpile
 47. FDR's wife
 49. Out ____ limb (2 wds.)
 50. Electrified particle
 51. Vouched for
 56. Depart
 59. Dull
 60. Sheltered inlet
 61. Speed up
 63. Imitates
 64. Sharpen
 65. Player
 66. Skating arena
 67. Facial feature
 68. Aromas
 69. Drama divisions



- Down**
- | | | |
|------------------------|------------------------|----------------------|
| 1. Picture | 24. Spigots | 46. Eyelash makeup |
| 2. Zealous | 25. Run from | 48. Christmas carol |
| 3. Edgar ____ Poe | 27. Ecuador's neighbor | 49. Additional ones |
| 4. Teeter-totters | 28. Epic | 51. Texas shrine |
| 5. Felt | 29. Squeaks by | 52. Spud |
| 6. Online troublemaker | 30. Low grades | 53. Theme |
| 7. Pester | 31. Dancer ____ Kelly | 54. Occasion |
| 8. Elevate | 32. Rod's partner | 55. Students' tables |
| 9. Flower wreath | 33. Lily species | 56. Grassy area |
| 10. Not artificial | 34. Terror | 57. Canyon feedback |
| 11. Leave | 35. College cheer | 58. High cards |
| 12. Oaf | 39. Heavenly body | 59. Actor ____ Pitt |
| 13. Gambling game | 40. Great ____ | 62. Conceit |
| 19. Morse or ZIP | 43. Innocence | |

? Solution will be in next months newsletter

Did You Know?

Our monthly newsletter is available on our website:

spiritofcare.org.au/news/



You can also find us on Facebook:
facebook.com/stjosephshouse



Community Care Corner...



Merry Christmas to all! I hope everyone has a festive time over December and I am especially looking forward to the Star of the Sea Christmas party. As everyone knows we have changed the format this year due to the popularity of Christmas in July at the Prince Edward Hotel. We assured once again of a beautiful meal with entertainment by Vince Ivens. It's still not too late to attend so let the office know. We feel very lucky this year as we have clients from Pt Pirie joining us which will make it extra special. Once again, the date is Thursday December 12th. Transport can be arranged.

Just a reminder about the public holidays over the Christmas period. Christmas day is on a Wednesday and the Thursday is also a public holiday. January 1st also falls on a Wednesday. If you require a service on the Public holidays, please let the office know as soon as possible so we can coordinate staff. Some staff will also be going on leave at this time. We will endeavor to cover the shifts with the least amount of disruption to your service but please bear with us we reschedule times, days and people.

The office will be closed public holidays only. As always office hours are 8am to 5pm Monday to Friday. After hours a message can be left on the answering machine and your query will be answered the following day.

The catastrophic fire day had implications for staff travelling between fire zones. Star of the Sea wishes to keep the staff and their families safe. The fires were monitored all day and staff were aware that they could be separated from their homes and families while working. In some cases this may mean services may be disrupted due to the threat of bushfire in certain areas. Our thoughts and prayers are with our fellow Yorke Peninsula communities who were affected by the fires. On this note please think about what you would do in the event of a fire or extreme heat. Maybe it would be safer to take refuge with other family or friends if you are isolated. Star of the Sea residential facility is available during the day where you can stay, receive a meal and join in with the activities in a safe place.

The new Community Care cars have now had a very smart Star of the Sea logo put on them. We have had many comments on how great they look and we all feel very proud driving them around. Let us know your feedbacks ie are they comfortable? big enough? etc.

We wish a sad farewell to Marcia. She has left the Community Care teamed and moved to Whyalla. I'm happy to report she has already applied for jobs with Aged care. We wish her success and happiness in her new surroundings. Her cheerful nature and love for her job will be missed.

Once again your feedback is important to us. Its not complaining but offering valuable insight into your situation. It helps Star of the Sea improve our service which means greater fulfillment for all. You can be anonymous if you wish as all feedback is treated with the same respect.

I wish everyone a very happy Christmas as we remember the birth of Jesus and the sacrifice made so we could all live in peace. Enjoy your time with family, friends and devoted neighbors.

I look forward to seeing everyone at the Christmas luncheon where we can celebrate together.

Gods Richest Blessings,
Jenny and the Community Care Team



What's Happening in Port Pirie



Nyrstar Smelter advised the community in November of an accidental leak which killed fish earlier this year. The company state the incident occurred after a valve failed and sulphuric acid leaked into the water course. The acid is not particularly noxious and caused minimal to no damage, Nyrstar however are being prosecuted for an environmental breach.

In November three F/A-18A/B Hornet pilots, including a young pilot who was originally from Port Pirie, flew over Port Pirie at 500 feet. The aircraft originally from Northern Territory were in South Australia for the Edinburgh Air Show.



FREE OUTDOOR
MOVIE NIGHT

Friday December 20
From 7 pm Movie at Sunset
Memorial Park, Port Pirie

- ★ Food & Drink Available
- ★ Free Face Painting
- ★ Visit From Santa

PG **HOME ALONE**
BYO Chairs & Picnic Rugs

Port Pirie Regional Council are having a Christmas Outdoor Movie Night on Friday 20th December at Memorial Park. The movie being shown is Home Alone.



All information and photo's sourced from the Recorder newspaper.

It's Christmas time at St Joseph's House!





Memorial Service



A Message from the Lifestyle / Hospitality Team....

Hi Everyone,

It's almost that time of the year again. Summer and Christmas is just around the corner.

We have a very busy month planned; Kindergarten children are visiting, Christmas pageant, resident Christmas party, Christmas craft, Christmas light bus trip and many more fun activities.

Decorate your door is happening again this year, some residents have already started on their doors. They look great.

Fundraising committee have a Xmas raffle going so please purchase a ticket or two.

A reminder: no resident meeting for the month of December. A big thank you all the residents who attend the meetings, your input is invaluable to the lifestyle program—'don't forget' it's all about you!

A big thank you to our great volunteers who have been a big support to the Lifestyle team through out the year and a huge thank you to all of our entertainers.

Sadly we say goodbye to Darylin at the end of December. We wish her all the best for the future.

Hoping your days are filled with family, close friends and precious memories.

Merry Christmas and Happy New Year to all.

'Christmas will always
Be as long as we
Stand heart to heart
And hand in hand' - Dr Seuss

Lifestyle team.

Sympathy
We offer our deepest
condolences to the family
and friends of the late:

Elizabeth Fidge

May They Rest in Peace



Aged Care Quality Standards....



Standard 4. Services and Supports for Daily Living.

Consumer Outcome:

I get the services and supports for daily living that are important for my health and well-being and that enable me to do the things I want to do.

What does this mean?

St Joseph’s House recognises that you may have some challenges in your health and abilities but still have goals that you want to achieve. We also recognise and understand that you have roles that have meaning and you want to manage your own day-to-day life and live as well as you can.

St Joseph’s House provides services and supports for daily living that cover a wide range of options that aim to support you to live as independently as possible and enjoy life. This can include:

- services such as cleaning, laundry, gardening and maintenance;
- food services, including meals and food advice; and
- services that encourage and support you to take part in social and other activities that you are interested in, including community life.

Social inclusion is about making sure that you feel socially connected, can have relationships you choose, have control over your lives, have privacy and are able to contribute.

St Joseph’s House is expected to provide services and supports in line with your assessed needs, goals and preferences. Any care and services plan, or service agreement, are put into place working with you.

Continuous Quality Improvements...



Hi everyone,

Wow, the year has gone by quickly. It has been a busy year with lots of positive changes for Aged Care with the new Aged Care Quality Standards and a new Charter of Aged Care Rights. Hopefully by now we are all starting to know what the changes

Some quality improvements currently underway at St Josephs House include:

- Formal training for Lifestyle staff
- Review of the admissions process to ensure consumers and/or their advocates receive all the information required when joining us at St Joseph’s House. If residents or families have any suggestions for improvement regarding this please use the feedback forms located around the facility to let us know, your feedback is always appreciated.

I hope everyone has a great holiday season.

Amanda White

CQI/WHS Coordinator.

Aged Rights Advocacy Service (ARAS)
1800 700 600

Advance Care Directives
Information, forms and DIY Kit’s for Advanced Care Directives can be found at advancedcaredirectives.sa.gov.au or

Aged Care Quality and Safety Commission
1800 951 822

Feedback and Complaints Process

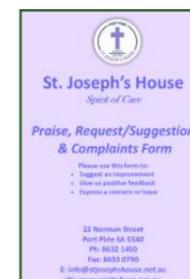
St Joseph’s House supports the rights of Care Recipients and their representatives to share compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach any senior staff member or contact:

Darylin Cowling (GM) or
Marra Pearn (Resident Liaison Officer)

If you wish to lodge a written complaint please complete a “Praise, Request / Suggestion & Complaints” form which is available from various locations around the facility and place it in one of the feedback boxes around the home.

Once received the CQI Co-ordinator will make a record of lodgement and the suggestion or concern is then followed through until a resolution is achieved.





Upcoming Dates

- Saturday, 7th December — Port Pirie Christmas Pageant
- Saturday, 7th December — Christmas in the Park, Memorial Park
- Monday, 9th December — The Immaculate Conception of The Blessed Virgin Mary
- Sunday, 15th December — Port Pirie Christmas Carols—Memorial Park
- Wednesday, 25th December — Christmas Day
- Thursday, 26th December — Proclamation Day (Boxing Day)
- Tuesday, 31st December — New Years Eve



Birthday Celebrations



December Birthdays

09/12 Flora Hocking

16/12 Carol Darley

