

St Joseph's House Connections August/September 2020



I glanced out the window at the signs of spring. The sky was almost blue, the trees were almost budding, the sun was almost bright.

Millard Kaufman



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Notice Board

COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters.

Families are welcome to ring during the week to speak with our Clinical Nurse Consultant, Therese, or to make an appointment for a face to face meeting.



What would you like to see?

Each month the Newsletter is created specifically for your interest and to provide you with information. Please let Lifestyle or Reception know if there is something that you would like to see added.



REMINDER FOR FAMILIES:

Resident's personal belongings are not covered by St Joseph's House Insurance. It is important to ensure that jewellery remains safe. It can become lost if

resident's try to hide their jewellery or it becomes mixed up with rubbish or linen. A suggestion is to replace jewellery, where possible, with less expensive items.

We appreciate you giving this matter some thought.



This Issue:

- *Notice Board*
- *Colouring page*
- *Continuous Quality Improvement (CQI)*
- *Craft Corner*
- *Upcoming Dates*
- *Birthday Celebrations*
- *Staying Connected*
- *The Lifestyle / Hospitality Team*
- *What's Happening in Port Pirie*
- *Aged Care Quality Standards*
- *Calendar*

Resident Meeting:

There will be no Resident meeting this month.

This will be replaced with 1:1 visits to discuss any issues that you would like to raise.



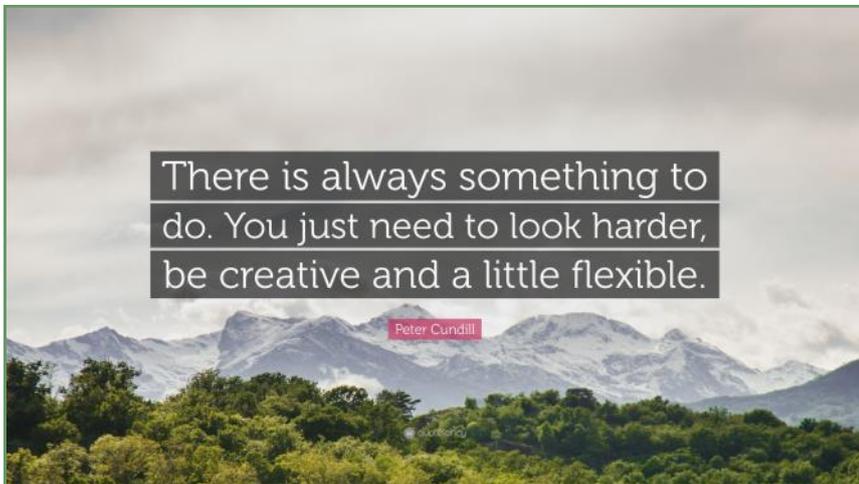
Did You Know?

Our monthly newsletter is available on our website:
spiritofcare.org.au/news/

You can also find us on Facebook:
facebook.com/stjosephshouse







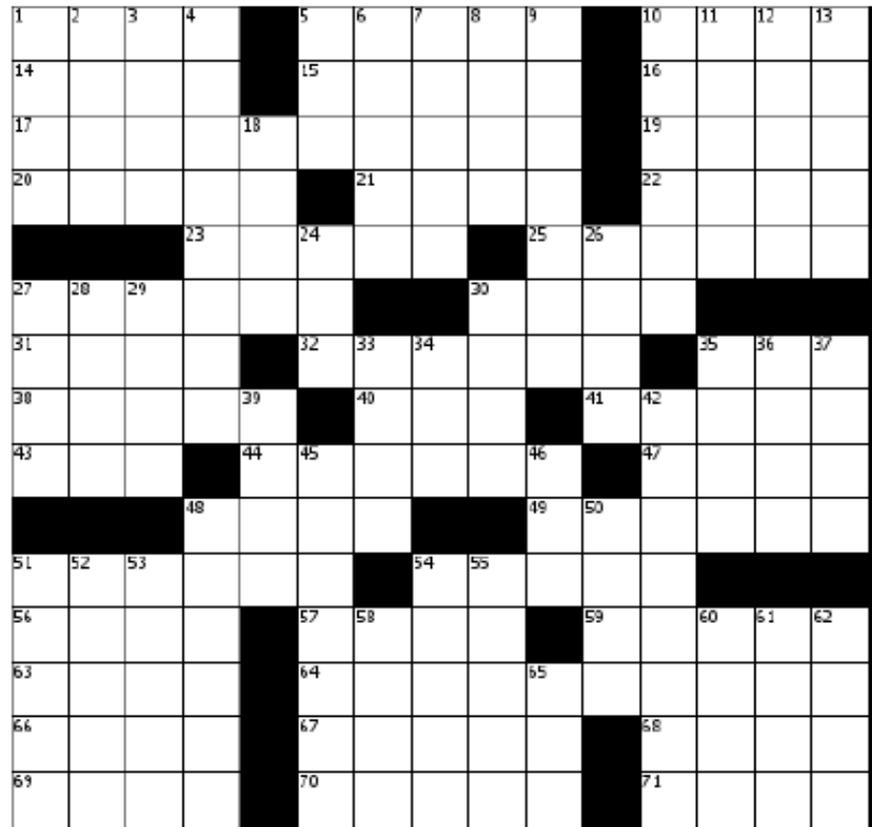
There is always something to do. You just need to look harder, be creative and a little flexible.

Peter Cundill



Across

1. Pout
5. Ascend
10. Pretends
14. Summer drinks
15. Bricklayer
16. Dull
17. Smuggled goods
19. Shoe bottom
20. "Sesame Street" character
21. Army camp
22. ____ in a while
23. Harry Potter's skill
25. Apprehend
27. Flee
30. Seize
31. Talk
32. Register
35. Drag
38. Juliet's beloved
40. Poet's above
41. Steam bath
43. ____ and downs
44. Walk leisurely
47. Peacock's pride
48. Purple fruit



49. Perceptive
51. Proportions
54. Speed
56. Neighborhood
57. Headliner
59. Relative by marriage (hyph.)
63. Tehran's land
64. Fort ____, FL
66. Fair (hyph.)
67. Singer ____ John
68. Happily ____ after
69. Flock mamas
70. Prophets
71. Soften

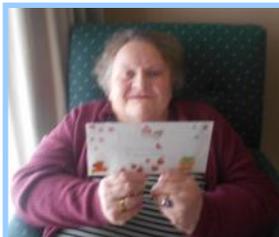
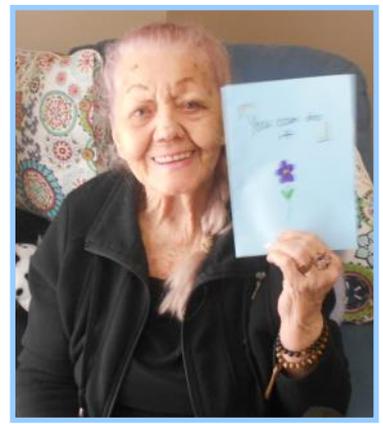
Down

- | | | |
|---------------------------|-------------------------------|--------------------------|
| 1. Aromatic spice | 24. Mild exclamation | 46. ____ Vegas |
| 2. Stench | 26. Squealers | 48. Keyboard instruments |
| 3. William or Sean | 27. Unbleached color | 50. Commotion |
| 4. Approximate | 28. Boutique | 51. Rear |
| 5. Doctors' group (abbr.) | 29. Picture takers, for short | 52. Directional symbol |
| 6. Synagogue figure | 30. Young lady | 53. Taunt |
| 7. Author ____ Asimov | 33. Average | 54. Terre ____, Indiana |
| 8. Male descendants | 34. Zodiac sign | 55. Passion |
| 9. Makes beloved | 35. Hawaiian feast | 58. Saga |
| 10. Soak up | 36. Army division | 60. Fluid rock |
| 11. Copy exactly | 37. Strong wind | 61. Pub orders |
| 12. Bath powders | 39. Nordic capital | 62. "Wish You ____ Here" |
| 13. Bed linen | 42. Audience member | 65. Printing measures |
| 18. Cut grain | 45. Scuffles | |

A person who
never made a
Mistake
never tried anything new.

-Albert Einstein





What's Happening in Port Pirie



- The Port Pirie Regional Council will soon benefit from an upgrade to the front counter area in its administration centre. The \$70,000 upgrades will include a self-service kiosk and functional, modernised appearance. A council spokesperson said the works were planned to address termite damage in the administration office area over the past 12-months, with an extensive program put in place for the treatment and eradication of termites.

- Recorder columnist, photographer and historian Des "Nosey" Parker has written his column for the 30th year. Nosey Parker started in July 1990 as an idea from then editor Greg Tomlinson.



- Port Pirie Regional Council and the Port Pirie RSL have partnered to develop and enhance the South East Asian War Memorial in time for Vietnam Veterans Day. Four bollards commemorating the theatres of war in South East Asia including; Malaysia, Borneo, Vietnam and Korea have been installed along Memorial Drive. Each bollard features a short story as well as the number of Australians who served, were wounded and died in conflict.

All information and photo's sourced from the Recorder newspaper.

After an 80 year old man in England moved into a retirement home, his 98 year old mother moved into the same home so she could help take care of him. She said, "you never stop being a mum!"



"You are never too old to set another goal or to dream a NEW DREAM."

C.S. LEWIS

Aged Care Quality Standards....



Standard 1. Consumer Dignity and Choice

Consumer Outcome:

I am treated with dignity and respect, and can maintain my identity.
I can make informed choices about my care and services, and live the life I choose.

What does this mean?

Dignity and Respect—your strengths are recognised and St Joseph’s House empowers you to be as independent as possible. You are communicated to respectfully and your individuality is respected.

Identity, culture and diversity—St Joseph’s House is inclusive and does not discriminate. You define your own identity and this is respected and not questioned.

Cultural Safety—St Joseph’s House understands your culture, acknowledges differences and is actively aware and respectful of the differences in planning and in the delivery of care and services.

Choice—You have the right to make informed choices, to understand your options and to be as independent as possible. The staff are involved, listen and respect your views and effectively communicate your choices.

Dignity of Risk—It is your right to make your own decisions about your care and services and your right to take risks. It is St Joseph’s House responsibility to inform you of risks before you take them.

Information—You receive information in a method and language that you understand.

Personal Privacy—St Joseph’s House respects your right to privacy and manages your personal information in accordance with relevant laws and best practice guidelines.



It's the little things.
Be grateful,
for everything
@DAILYMONAIDE

“The beautiful journey of today can only begin when we learn to let go of yesterday.” - Dr. Steve Maraboli

Some unfair things happen, things you don’t understand. You have come too far to stop now, despite what others may say and what you think. Instead of allowing those things to hold you back, why don’t you “let go” and take a step of faith into the new? It’s time to let go of yesterday, look into a fresher outlook and wake up with a new attitude for your beautiful journey today!

Sometimes in the “wind of change”... we find our direction.

A Message from the Lifestyle / Hospitality Team....

Hi all

We are fast approaching the last part of the year and what a year we have had! It is one that has brought about many changes and from our conversations and 1:1 meetings we are confident that you are all coping so well. We thank you for all patience and understanding as we navigate through this .

At our resident meetings in August we discussed the way in which the pandemic has been managed; your feedback was positive and welcoming. Thank you for all your feedback in regards to your needs and we hope you feel we are attending to those in a timely manner. Big shout out to the lifestyle girls, Polma and Kerry, who are working tirelessly ensuring you are entertained and engaged - we do appreciate them. As consulted with you all we will be continuing lifestyle in very small groups and 1:1 packs will still be supplied, please let us know what your needs are. Skype and messaging visits with family friends will remain in place, please book in with reception or lifestyle if you would like to contact anyone. It has been lovely to see all your family visits and family outings , we will continue to update you on changes to visiting as it happens, a couple of changes taking place on the 27th August as I discussed with you all during our 1:1 meetings, you should all have a flyer explaining the changes which are

As of the 27th August the Government has made it mandatory for all aged care workers to wear a mask when they are within 1.5m of any resident, please do not be alarmed by this. Also, any care workers that work here and any other health facility is no longer to do this , they can only work in 1 place, this is all done to ensure your safety, if you have any worries please come and talk to us. We thank the family and friends of Giovanna Turci who supplied donations with which we bought a smart TV, the TV is connected to the internet and we can access everything at a touch of a button, we will be able to access any concert or singer you like, any movie you wish to watch, any article you wish to know about, any country you wish to visit, any interests from your childhood, we are very excited about this and hope you like it. We would also like to thank our local schools for their continued support by sending letters etc to keep connected to you. We thank Lynette Clyde for all her hard work in the letters she writes each week to keep you up to date with all your pastoral care information, this must take her a very long time and we do appreciate it. We are currently consulting with Claire to provide extra pastoral care and will update as this happens. Thank you to all staff for your contribution to all changes and meeting the residents needs they speak highly of you all. We have all just completed our yearly fire training so rest assured we are on top of keeping you all safe at all times. Please keep ideas and feedback coming in they are very welcome

Stay safe

Catering / Cleaning / Laundry and Lifestyle

XXXXXXXXXXXXXXXXXXXXXXXXXXXX



August Dates:

7th August:

Thankyou to our Aged Care Workforce

8th August:

Dying to Know Day

15th August:

Assumption of the Blessed Virgin Mary

23rd August:

Daffodil Day



**Cancer Council
Daffodil Day Appeal**

The daffodil: The daffodil is recognised internationally as the symbol of hope for all people affected by cancer. Cancer Council chose it as their emblem as the bright yellow colouring heralds the return of spring, representing new life and growth.

To Cancer Council, and those affected by cancer, the daffodil represents hope for a cancer free future.



Are you new to Dying to Know Day? Dying To Know Day (August 8th) is an annual day of action dedicated to activating conversations and community actions around death, dying and bereavement.

www.dyingtotalk.org.au has excellent resources available to the community to start these conversations.

What Matters Most
Supporting older people to work out what is right for them
www.dyingtotalk.org.au
A Dying to Talk initiative of Palliative Care Australia



The Assumption of the Blessed Virgin Mary is marked as a Holy Day of Obligation in the Roman Catholic Church. It celebrates the day when the Holy Virgin Mary ended her earthly life and was taken to heaven together with her soul and body.

Dementia Action Week

21–27 September 2020

A little support makes a lot of difference



The concept for Dementia Action Week 2020 has been developed in consultation with Dementia Advocates, who have a lived experience of dementia.

Dementia Action Week 2020 will demonstrate that many people living with dementia can continue to live well for many years after their diagnosis. Many continue to make significant contributions to our community, they engage, make their own choices and live rich and active lives.

To find out more go to: dementia.org.au.

Upcoming September Dates:

6th September:

Fathers Day

13th September:

Blessing of the Fleet

21st— 27th September:

Dementia Action Week



BLESSING OF THE FLEET

The Molfetta celebration of Our Lady of the Martyrs are known to have been held in Port Pirie by the Italian community since 1929. In 1932 a statue of the Madonna, sculptured in Molfetta, was brought to Port Pirie. By the 1950s it was being taken aboard fishing boats along the Port Pirie river, replicating a similar blessing ceremony which takes place each year in Molfetta, an old city on the Adriatic coast in southern Italy.



Continuous Quality Improvements...



Hi All,

This newsletter this month is a combined August-September edition as we have been very busy.

We have recently had an Audit from the Aged Care Quality and Safety Commission, they were very thorough and provided feedback that will ensure we are able to implement continuous improvements in the personal and clinical care you receive. These improvements focus mainly on documentation.

We have been working to ensure we adapt and comply with the changes being implemented as a result of Covid-19. There have been quite a few significant changes for us all, some, like changes to visiting and face masks, are quite noticeable, there is also quite a lot of behind-the-scene work being done to ensure the risk of Covid-19 is minimised for all of our staff and residents.

Part of this is creating a covid-19 management plan which ensures St Joseph's House is prepared and has processes in place to manage any risks as they occur.

Regards,

Amanda White

**Aged Rights
Advocacy
Service (ARAS)**

1800 700 600

Advance Care Directives

Information, forms and DIY Kit's for Advanced Care Directives can be found at advancedcaredirectives.sa.gov.au or ask for a copy at reception.

**Aged Care
Quality and Safety
Commission
1800 951 822**

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach a senior staff member:

Sharon Ley (Residential Services Manager)

Therese Johnson (Clinical Nurse Consultant)

Marra Pearn (Hospitality/Lifestyle Manager and Resident Liaison Officer)

If you wish to lodge a written complaint you can complete a Feedback Form which is available from various locations around the facility and place it in one of the feedback boxes.

Once received the Quality Coordinator will make a record of lodgement and the suggestion or concern is then followed through until you are satisfied with the outcome.



St. Joseph's House
Spirit of Care

Feedback Form

Please use this form to:

- Suggest an improvement
- Give us positive feedback
- Express a concern or issue

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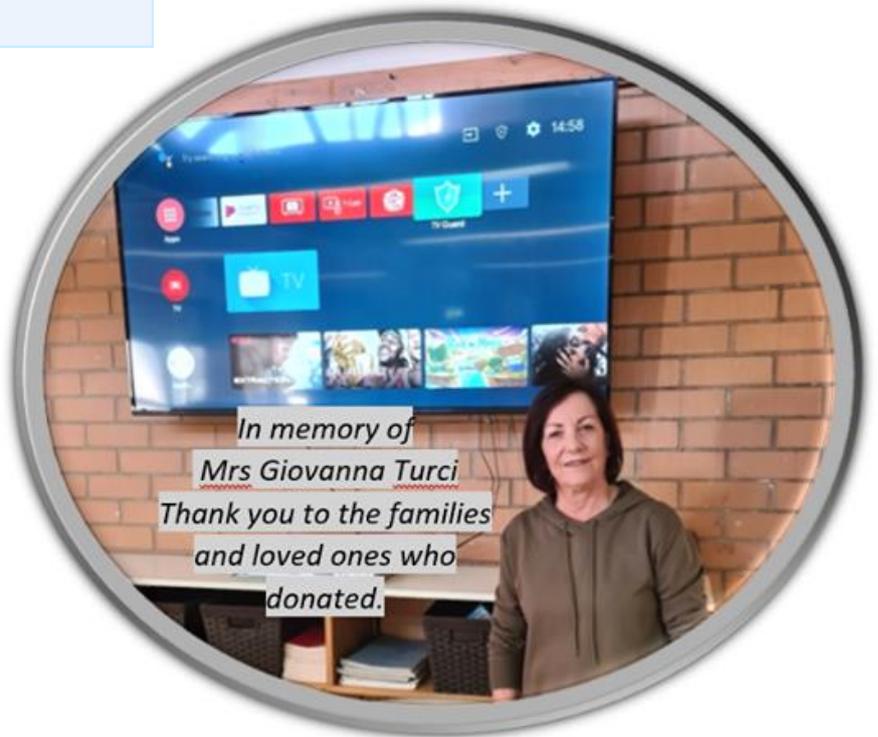
It's not what
we have in life,
but who we have
in our life
that matters.

How you make others feel says
a lot about who you are.



Leave them with a smile,
a hug, and a kind thought.

We would like to thank
the family and loved
ones of Mrs Giovanna
Turci for their generous
donation, which we will
put to good use.



In memory of
Mrs Giovanna Turci
Thank you to the families
and loved ones who
donated.



Sympathy
We offer our deepest
condolences to the family
and friends of the late:

Shirley Fitzgerald
Maria Gadaleta
Joy Brunnbauer

May They Rest in Peace

YOU ARE SUCH A
BEAUTIFUL PERSON
INSIDE AND OUT.

happy birthday!

August Birthdays

01/08 Don Wyatt 02/08 Jo Beyer

05/08 Ken Spear 07/08 Eva Lench

09/08 Lina Albanese

12/08 Carmela Porta

24/08 Marna Thornton

25/08 Shirley Wiskar

26/08 Betty Wolter 27/08 Joy Keysell

31/08 Graham Fitzgerald

September Birthdays

07/09 Don Young

09/09 Nancy Clarke

September 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Small group exercises throughout the day of your choice Room packs and I:1 visits	2 Virtual Mass in lounge areas in small groups small group activities of your choice In own areas I:1 visits throughout the day	3 Australian National flag day Small group white board games in own areas I:1 visits throughout the day	4 Music activities in own area I:1 visits throughout the day Movie afternoon in own lounge areas	5 Activity Boxes are available in all areas Games are set up in activity area for your use	6 HAPPY FATHERS DAY
7 small group activities of your choice In own areas I:1 visits throughout the day Activity packs available for your leisure in your room	8 Small group exercises throughout the day of your choice Room packs and I:1 visits	9 Virtual Mass in lounge areas in small groups small group activities of your choice In own areas I:1 visits throughout the day	10 Small group white board games in own areas I:1 visits throughout the day	11 I:1 lifestyle visits Virtual travel own areas in lounge room	12 Activity Boxes are available in all areas Games are set up in activity area for your use	13 Blessing of the Fleet passing St Joes between 130pm and 2pm
14 I:1 visits throughout the day Activity packs available for your leisure in your room Arts and craft	15 Small group exercises Small group activities throughout the day of your choice Room packs and I:1 visits	16 Virtual Mass in lounge areas in small groups small group activities of your choice In own areas I:1 visits throughout the day	17 Small group white board games in own areas I:1 visits throughout the day	18 I:1 lifestyle visits Painting small groups	19 Activity Boxes are available in all areas Games are set up in activity area for your use	20 Songs of praise 11:30 am ABC  7pm reading local News
21 International day of peace I:1 visits Small groups, games of your choice.	22 Small group exercises Small group activities throughout the day of your choice Room packs and I:1 visits	23 Virtual Mass in lounge areas in small groups small group activities of your choice In own areas I:1 visits throughout the day	24 Small group white board games in own areas I:1 visits throughout the day	25 I:1 resident meeting Bingo small groups	26 Activity Boxes are available in all areas Games are set up in activity area for your use	27 Songs of praise 11:30 am ABC  7pm reading local News
28 International day of peace I:1 visits Small groups, games of your choice.	29 Small group exercises Small group activities throughout the day of your choice Room packs and I:1 visits	30 Virtual Mass in lounge areas in small groups small group activities of your choice In own areas I:1 visits throughout the day				