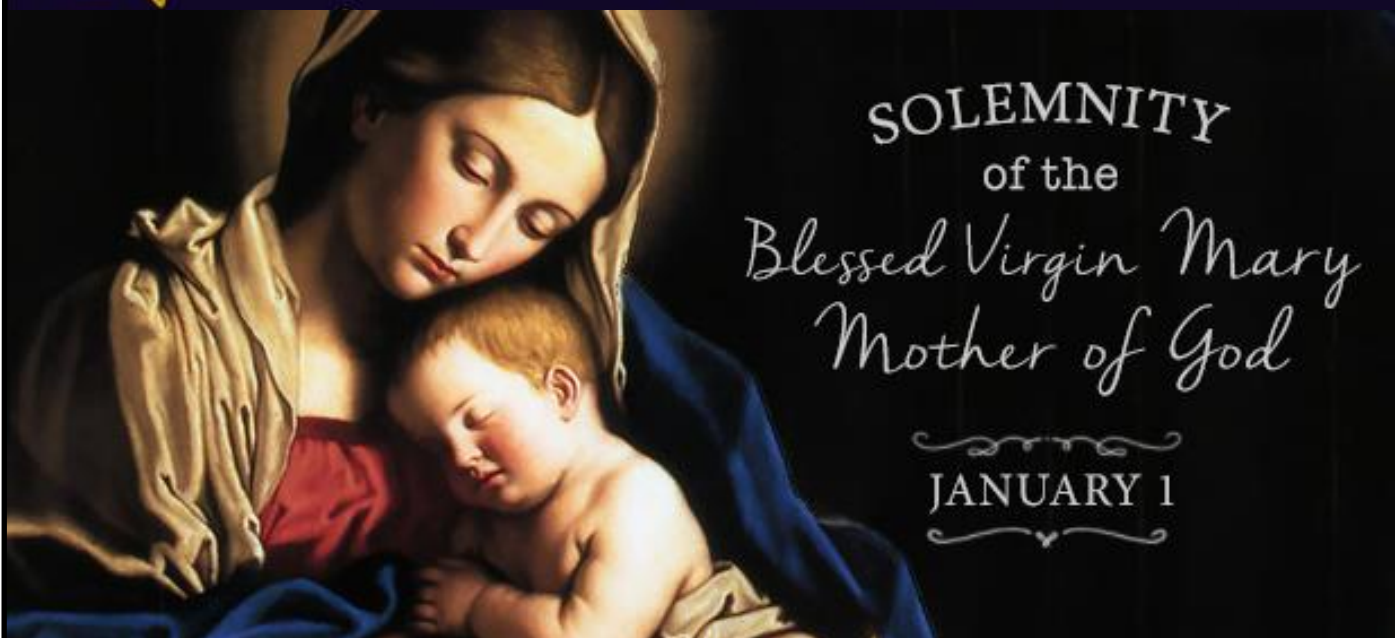


# St Joseph's House Connections January 2021



22 Norman Street, Port Pirie SA 5540  
Phone (08) 8632 1450 Fax (08) 8633 0790  
W: [www.spiritofcare.org.au](http://www.spiritofcare.org.au) E: [admin@stjosephshouse.net.au](mailto:admin@stjosephshouse.net.au)



# Notice Board



## Mobile Library

Wednesday Fortnightly  
Please see lifestyle if you wish to join.



## *This Issue:*

- *Notice Board*
- *Residential Services Manager*
- *Colouring page*
- *Continuous Quality Improvement (CQI)*
- *Arts and Crafts*
- *Upcoming Dates*
- *Birthday Celebrations*
- *Around the Home*
- *Christmas Photo Shoot*
- *Lifestyle*
- *What's Happening in Port Pirie*
- *Aged Care Quality Standards*
- *Calendar*



## Advance Care Directive Your wishes for future care

There may come a time when you are unable to make a decision or properly communicate your wishes on how you'd like to be cared for or treated.

It could be for a number of reasons including:

- an accident or mental health episode
- dementia or similar condition
- a sudden serious stroke or
- because you are unconscious or in a coma.

This can happen at any age or stage of life. If it did, how would you want decisions to be made for you about your ongoing health care, living arrangements and other personal matters? And, who would you want to make those decisions for you?



### The Advance Care Directive

The new Advance Care Directive is an important step forward in planning for your health care.

The new Advance Care Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with a single Advance Care Directive Form.

### What will it allow me to do?

The new Advance Care Directive allows you to:

- write down your wishes, preferences and instructions for your future health care, end of life, living arrangements and personal matters; and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf, if you are unable to make them for yourself.

### Why should I have one?

It will give you peace of mind that those caring for you will know what you want, when you are unable to make your own decisions or communicate your wishes and values.

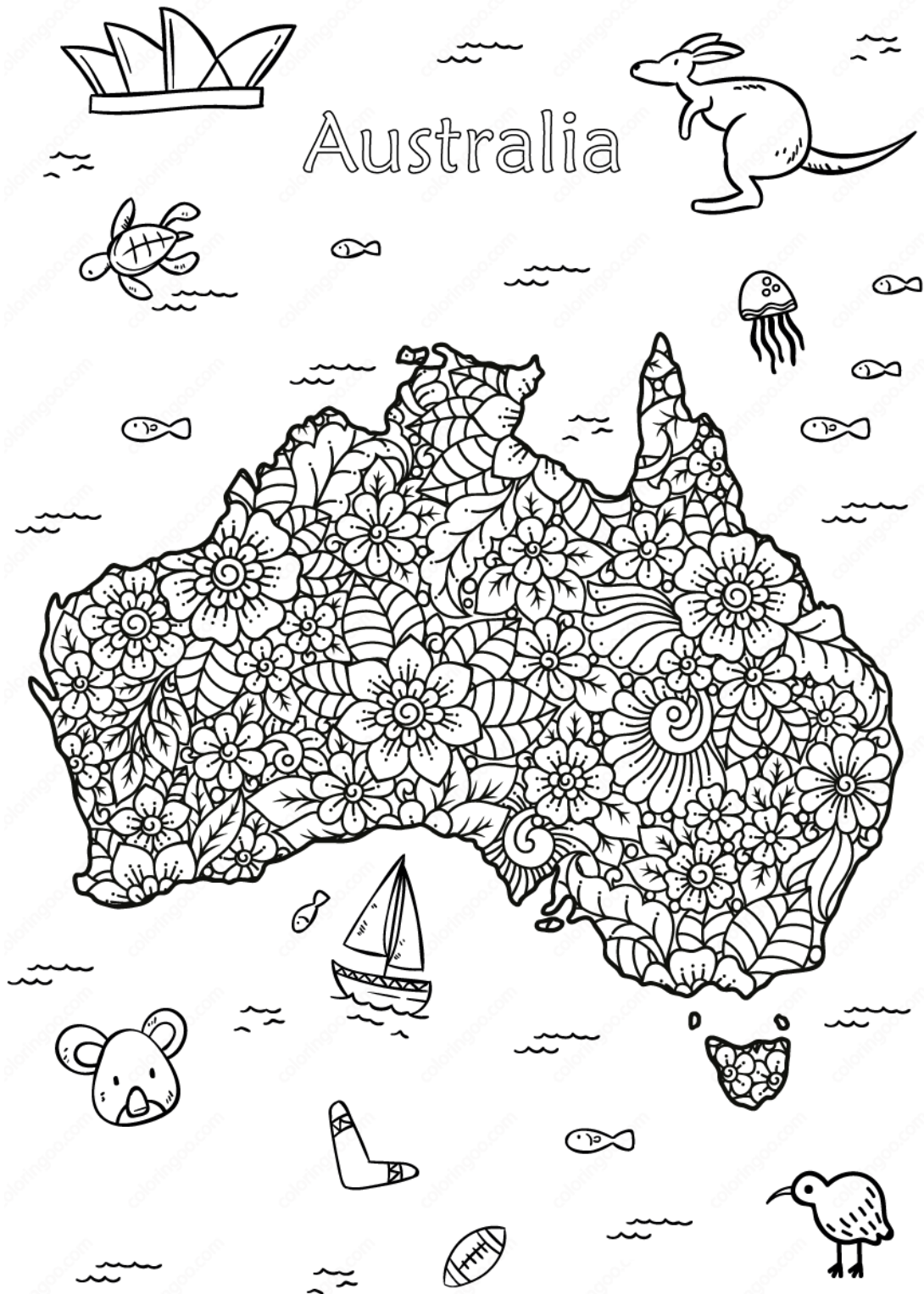
## *Resident Meeting:*

*Tuesday 5th January 2020—St Clare, Upstairs Dining Area, 1:30pm*

*Tuesday, 19th January 2021—St Mark, Main Activities Area, 1:30pm*

*Resident Liaison Officer : Marra Pearn*





**VISIT OUR WEBSITE**

**[Spiritofcare.org.au](http://Spiritofcare.org.au)**



For information and updates from St Joseph's House make sure you:



Find us on  
**Facebook**

**@stjosephshouse**



*Christmas at  
St Joseph's  
House*





Merry Christmas





*In December, did you spot the St Joseph's House elf?*



**ST JOSEPHS HOUSE  
CHRISTMAS RAFFLE  
2020 WINNERS**

1<sup>st</sup> Cathy Ormsby  
2<sup>nd</sup> Maddy L  
3<sup>rd</sup> Allison  
4<sup>th</sup> Maddy L  
5<sup>th</sup> Maddy L  
6<sup>th</sup> Darryl Dunning  
7<sup>th</sup> Sarah L

Thanks everyone for their support  
Drawn by Sarah Leecroft  
Witnessed by Marra Pearn and Sharon Ley




*God has perfect timing;  
never early, never late. It  
takes a little patience and it  
takes a lot of faith but it's  
worth the wait.*

[WWW.LIVELIFEHAPPY.COM](http://WWW.LIVELIFEHAPPY.COM)



Hi

Lifestyle will commence 2021 with activities 2 x daily  
three days a week practicing social distancing .

We ask if you visit while at activities , please take your  
loved one back to their room to have your visit

Activity times are 1030am and 130pm .

We would like to kick off the year with some fun and host a  
"Mad Hatter Tea party and screening of Alice in wonder-  
land "

To all our artsy , Crafty family members out there  
if you would like to make your loved one a headpiece to  
wear we encourage you to do so and drop into lifestyle so  
your family member can wear it on the day , if not we will  
be making some head pieces in our craft sessions

We wish you all a very merry Christmas and a safe New  
Year

Many thanks

Lifestyle



# Aged Care Quality Standards....



## Standard 4. Services and Supports for Daily Living.

### Consumer Outcome:

I get the services and supports for daily living that are important for my health and well-being and that enable me to do the things I want to do.

### What does this mean?

St Joseph's House recognises that you may have some challenges in your health and abilities. This does not mean that you do not have goals that you would like to achieve and that you continue to have a role that provides you meaning. We also recognise that you want to manage your day to day life as well as you can.

St Joseph's House provides services and supports for daily living that cover a wide range of options that aim to support you to live as independently as possible and enjoy life. This can include:

- services such as cleaning, laundry, gardening and maintenance;
- food services, including meals and food advice; and
- services that encourage and support you to take part in social and other activities that you are interested in, including community life.

Social inclusion is about making sure that you feel socially connected, can have the relationships you choose, have control over your lives, have privacy and are able to contribute.

St Joseph's House is expected to provide services and supports in line with your assessed needs, goals and preferences. Any care and services plan, or service agreement, are put into place working with you.



One of the good things about getting older is you find you're more interesting than most of the people you meet.

— Lee Marvin —



### **Our Mission**

To enrich the care and wellbeing of older people in South Australia's mid-north and Yorke Peninsula, supported by the Catholic Church's pastoral commitment to our diverse community.

---

### **Our Vision**

To be a vibrant, empowering centre of aged care excellence, and a valued community partner.

---

### **Our Values**

Our relationships and practices are founded on:

Respect and dignity

Holistic wellbeing

Integrity and trust

Choice, control and self-determination

Giving voice to people who are disadvantaged and vulnerable, and

Shared accountability for our aspirational goals.

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### **Our Service Philosophy**

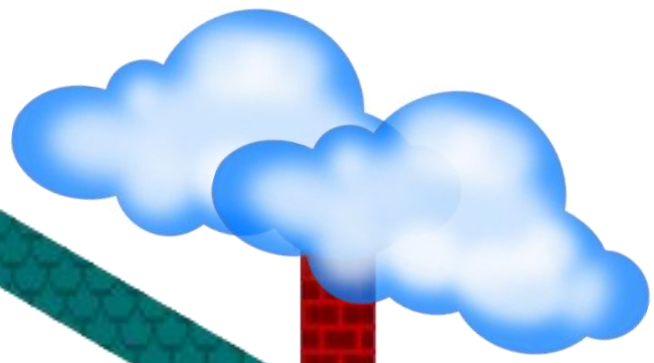
Our commitment to positive ageing is achieved through the *spirit of true friendship*, demonstrated by:

A welcoming and homely attitude, emanating warmth, compassion and a sense of belonging

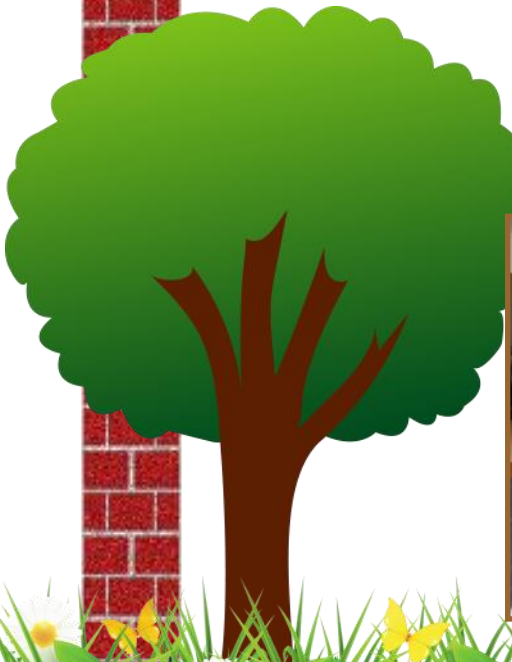
Social engagement actively supported by a professional, passionate team that creates quality of life for people in their care

Trust nurtured by our pastoral foundation, with its devotion to our caring philosophies of honesty and fairness for all, and

Supporting the local community and businesses.

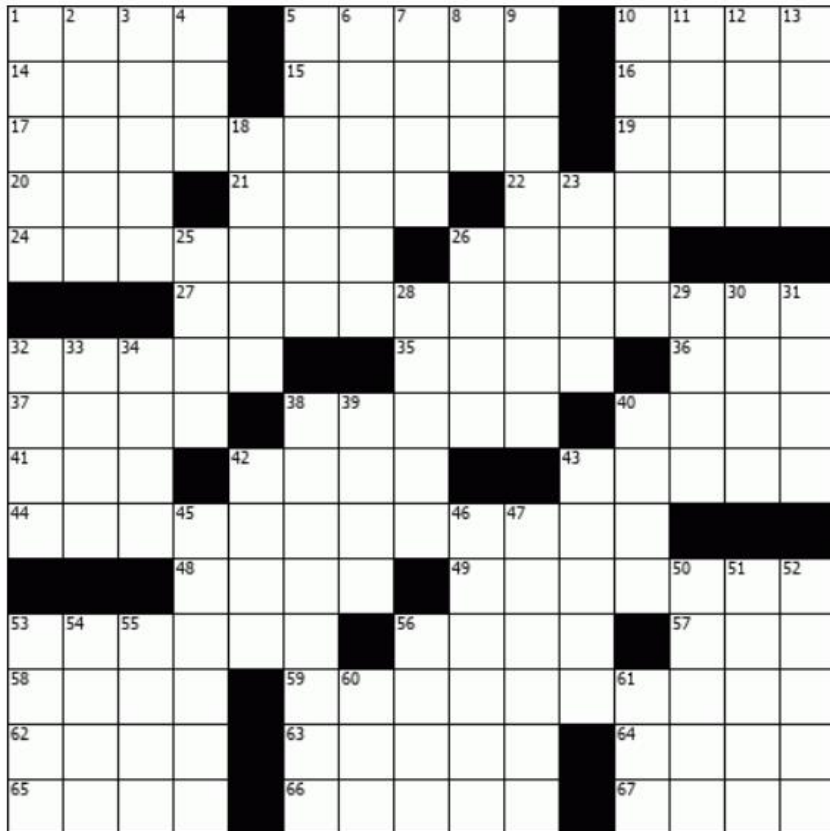


# Around the Home



**Across**

- 1. Kind of radio
- 5. Mgmt.
- 10. Gangster Diamond
- 14. Zhivago's love
- 15. Recto's opposite
- 16. Emmy winner Falco
- 17. TV figure with a "neighborhood"
- 19. Strip in the Mideast
- 20. Block or stock ender
- 21. Totally blown away
- 22. Woolly Andeans
- 24. Article supplement
- 26. Dismiss unceremoniously
- 27. 1960 Olympics track star
- 32. Risk a ticket
- 35. Add some booze to

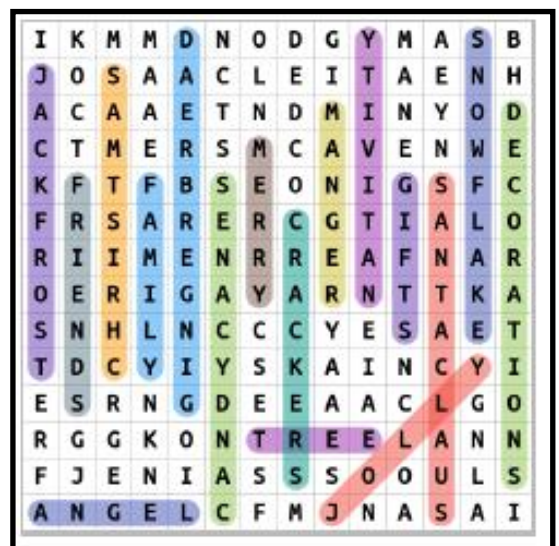


- 36. Project completion?
- 37. Rolls of bills
- 38. Mower's path
- 40. Bit of perspiration
- 41. He was thrice the champ
- 42. Bust's opposite
- 43. Loggins or G
- 44. Big name in cake mix
- 48. John \_\_\_ (the Lone Ranger)
- 49. Stable worker
- 53. Charitable Mother
- 56. Gross minus net, to a trucker
- 57. Drink on draft
- 58. Neck of the woods
- 59. Mayberry deputy
- 62. Windshield option
- 63. Nikon competitor
- 64. Writer Blyton or Bagnold
- 65. Crooner Williams
- 66. Ruhr industrial hub
- 67. Declare untrue

**Down**

- 1. Sporty Italian cars, for short
- 2. \_\_\_ Gras
- 3. Pioneering DJ Alan
- 4. Like Wonderland's hatter
- 5. Frank admission
- 6. Sterilize
- 7. Loquacious TV horse
- 8. Leb. neighbor
- 9. One exhibiting competence
- 10. Smooth, musically
- 11. Dutch cheese town
- 12. City near the Sphinx
- 13. Salty septet
- 18. Enthusiastic, and then some
- 23. Rich deposit
- 25. Merino mamas
- 26. Fresh kid
- 28. Site of Crockett's last stand
- 29. Bank holding
- 30. Lay out in advance
- 31. Lamarr of Hollywood
- 32. Ear cleaner
- 33. White as a sheet
- 34. Work in the cutting room
- 38. Friendly at parties
- 39. Popular Microsoft product
- 40. Convy or Parks
- 42. Free rides at the tourney
- 43. "One Flew Over the Cuckoo's Nest" author Ken
- 45. War ender
- 46. Community Chest kin
- 47. Seoul man
- 50. "I Believe" singer Frankie
- 51. Like a North Pole drudge
- 52. Like an oboe's sound
- 53. "Toodle-oo!"
- 54. Leprechaun's turf
- 55. Tear apart
- 56. Speaker in Cooperstown
- 60. Two-time loser to DDE
- 61. Gave grub to

**Last Months Solution**



# Continuous Quality Improvements...



Hi All,

Another year is here, 2020 was certainly a busy year and I am looking forward to what 2021 brings.

This time of year is mainly about paperwork and finalising last years documentation . I am preparing new files and folders for another year to ensure we can capture all of the improvements that are implement throughout 2021.

There are lot's of plans for improvement identified already for this year. If there is an improvement for St Joseph's House that you would like to put forward please let one of our staff members know or bring it to one of the resident meetings. It will be discussed at our Continuous Quality Improvement Committee meeting to see if it can be implement.

Stay Safe.

Kind regards,

Amanda White

Quality and WHS Coordinator

**Aged Rights  
Advocacy  
Service (ARAS)**

**1800 700 600**

## Advance Care Directives

Information, forms and DIY Kit's for Advanced Care Directives can be found at [advancedcaredirectives.sa.gov.au](http://advancedcaredirectives.sa.gov.au) or ask for a copy at reception.

**Aged Care  
Quality and Safety  
Commission**

**1800 951 822**

## Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach a senior staff member:

Sharon Ley (Residential Services Manager)  
Therese Johnson (Clinical Nurse Consultant)  
Marra Pearn (Resident Liaison Officer)

If you wish to lodge a written complaint you can complete a Feedback Form which is available from various locations around the facility and place it in one of the feedback boxes.

Once received the Quality Coordinator will make a record of lodgement and the suggestion or concern is then followed through until you are satisfied with the outcome.



**St. Joseph's House**  
*Spirit of Care*

**Feedback Form**

Please use this form to:

- Suggest an improvement
- Give us positive feedback
- Express a concern or issue

22 Norman Street  
Port Pirie SA 5540  
Ph: 8632 1450  
Fax: 8633 0790  
E: [info@stjosephshouse.net.au](mailto:info@stjosephshouse.net.au)  
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## Upcoming Dates

**Friday, January 1st**

New Years Day

**Friday, January 1st**

Solemnity of Mary, Mother of God

**Sunday, January 6th**

Epiphany

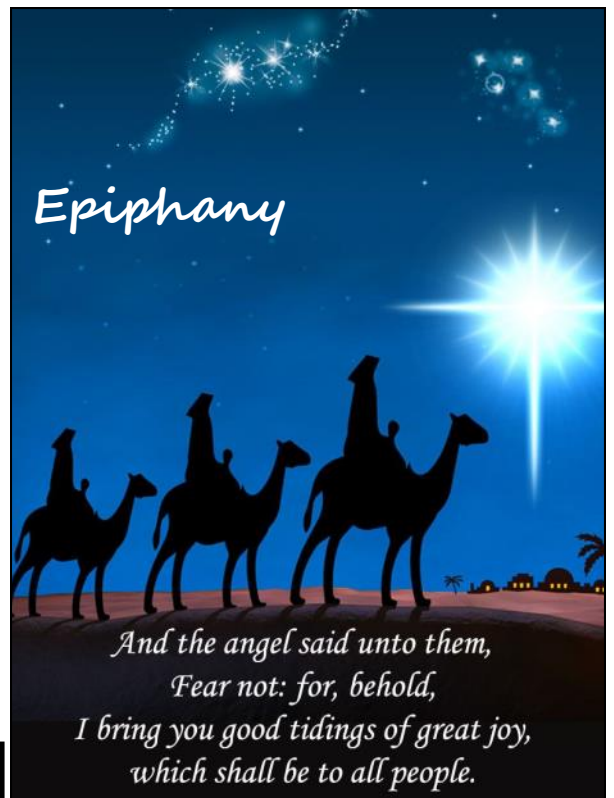
**Tuesday, January 26th**

Australia Day

**2021 Happy new year**



The Solemnity of Mary, Mother of God is a celebration observed on January 1. It is a holy day of obligation. The solemnity dedicated to Mary's motherhood where, the Church highlights the significance of her role in the life of Christ.



## *Sympathy*

*We offer our deepest  
condolences to the family and  
friends of the late:*

*Allan Sandow*

*May They Rest in Peace*



YOU ARE SUCH A  
BEAUTIFUL PERSON  
INSIDE AND OUT.

*happy birthday!*

## *December Birthdays*

*4/1 Margaret Johns    7/1 Ronald Warne*

*16/1 Coline Stenson    18/1 Malcolm Barry*


*19/1 Audrey Brine    24/1 Maria Pisani*

*28/1 Joan Robinson*

*Happy Birthday*

I pray that God blesses you  
with all the happiness in this  
universe.

May you prosper and shine  
everywhere you go.



# January 2021

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

**Sun**

					1 PUBLIC HOLIDAY 	2 Activity Boxes are available in all areas Games are set up in activity	3 Songs of praise 11:30 am ABC  7pm reading local recorder
4 10:45 Chair Exercises 130pm Painting	5 1 on 1 support visits 130pm resident meeting	6 11am Mass And support visits 130pm Bingo	7 Orthodox Christmas Day 10:45 Virtual Travel Let's go to the beach. 130pm Individual support visits	8 10:45 Sing-a-long 130pm Bowls	9 Activity Boxes are available in all areas Games are set up in activity	10 Songs of praise 11:30 am ABC  7pm reading local recorder	
11 10:45 Chair Exercises 130pm Hoy	12 10:30pm Individual support visits 130pm Mad Hatters craft	13 11am Mass And support visits 130pm Bingo	14 Orthodox New Year 10:45 Balloon Games 130pm Individual support visits	15 10:45 Whiteboard games 130pm Bowls	16 Activity Boxes are available in all areas Games are set up in activity	17 Songs of praise 11:30 am ABC  7pm reading local recorder	
18 10:45am Quiz morning activity area 130pm Afternoon Sing a Long	19 International Flower Day 10:45 Chair Exercises 130pm Resident meeting . Activity area	20 11am Mass And support visits 130pm Bingo	21 10:30pm Individual support visits 130pm Mad Hatters craft	22 10:45 Beetles Game 130pm Bowls	23 Activity Boxes are available in all areas Games are set up in activity	24 Songs of praise 11:30 am ABC  7pm reading local recorder	
25 Australia day BBQ Lunch Australia Day Fun and Games Activity area / Court yard	26 Australia Day 	27 11am Mass And support visits Mad Hatters Afternoon tea / movie Alice in wonderland	28 10:30pm Individual support visits Virtual visits from your past.	29 1:45 Quiz morning 130pm Bowls	30 Activity Boxes are available in all areas Games are set up in activity	31 Songs of praise 11:30 am ABC  7pm reading local recorder	