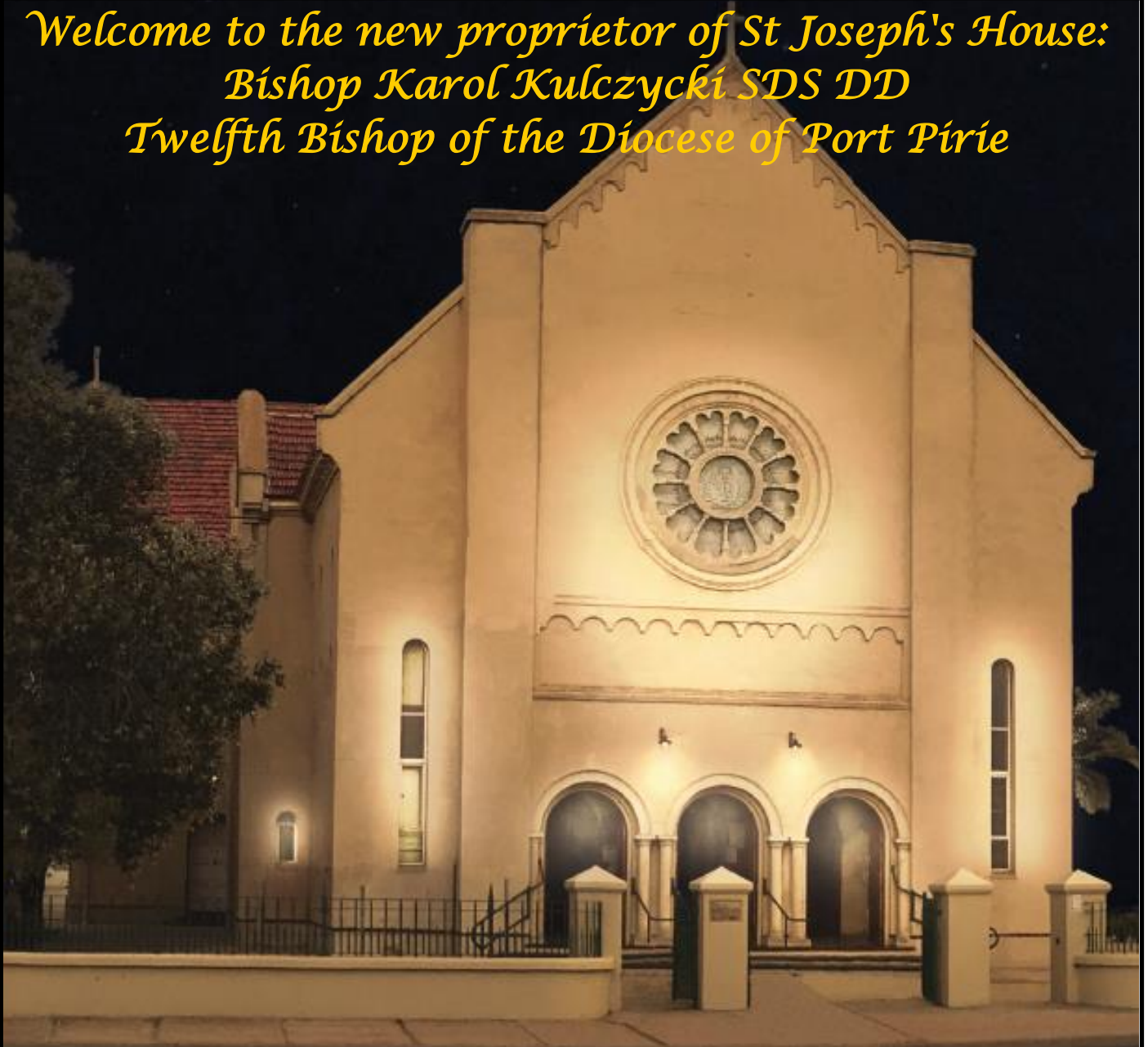


St Joseph's House Connections November 2020

*Welcome to the new proprietor of St Joseph's House:
Bishop Karol Kulczycki SDS DD
Twelfth Bishop of the Diocese of Port Pirie*



22 Norman Street, Port Pirie SA 5540

Phone (08) 8632 1450 Fax (08) 8633 0790

W: www.spiritofcare.org.au E: admin@stjosephshouse.net.au



Notice Board

COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters.

Families are welcome to ring during the week to speak with our Clinical Nurse Consultant, Therese, or to make an appointment for a face to face meeting.



This Issue:

- *Notice Board*
- *Residential Services Manager*
- *Colouring page*
- *Continuous Quality Improvement (CQI)*
- *Craft Corner*
- *Upcoming Dates*
- *Birthday Celebrations*
- *Christmas Raffle*
- *The Lifestyle / Hospitality Team*
- *What's Happening in Port Pirie*
- *Aged Care Quality Standards*
- *Calendar*

What would you like to see?

Each month the Newsletter is created specifically for your interest and to provide you with information. Please let Lifestyle or Reception know if there is something that you would like to see added.



REMINDER FOR FAMILIES:

Resident's personal belongings are not covered by St Joseph's House Insurance. It is important to ensure that jewellery remains safe. It can become lost if resident's try to hide their jewellery or it becomes mixed up with rubbish or linen. A suggestion is to replace jewellery, where possible, with less expensive items. We appreciate you giving this matter some thought.



Resident Meeting:

There will be no Resident meeting this month.

This will be replaced with 1:1 visits to discuss any issues that you would like to raise.

Bishop Karol Kulczycki SDS DD

Born on 19th October, 1966 in Gora, a town in the Lower Silesian Voivodeship.

During his childhood and youth, he lived in Czernina, where he attended primary school in the years 1973-1981.

In the years 1981 - 1987 he continued education at the High School level.

In 1987 he entered the novitiate of the Society of the Divine Saviour in Bagno near Wrocław, where he undertook philosophical and theological studies.

On the 28th of May 1994, at the Sanctuary of Our Lady of Fatima in Trzebinia near Krakow, he was ordained a priest by His Eminence, Cardinal Franciszek Macharski.

In the years 1994 - 1997 he served in the Salvatorian Vocation Centre, and in 1996 he became the director of this Centre.

In 1997, he received the consent of the religious authorities to continue his priestly and religious ministry in the Salvatorian community in Australia.

In the first few months he attended a language school, and later was assigned to pastoral work as an assistant priest in the parish of Our Lady, Star of the Sea in Esperance (WA).

In 1999-2000 he was assigned to the Willetton parish, where he served as an assistant priest.

In 2001 he was appointed parish priest of Merredin parish. During this time, he served as chaplain at Chisholm Catholic College in Bedford (Perth).

In 2005, he was appointed parish priest of St. Anthony's Parish, Greenmount, where he served until 2009, when he was elected Superior of the Australian Region of the Salvatorians.

During his term as Regional Superior, he also served as chaplain at Prendville Catholic College in Ocean Reef, as assistant priest at St. Simon Peter's Parish in Ocean Reef and was a board member of the Archdiocesan Committee "Catholic Outreach" in Perth for 6 years.

In 2018 he was elected vice provincial of the Polish Province of the Society of the Divine Saviour and returned to Poland.

In the Salvatorian Society he took up following functions:

- For 6 years was a member of the International Vocation Committee.
- Two years ago, became a member of the International Communication Commission.
- Two years ago, became a spiritual director of the Lay Salvatorians in Poland.



MOST REVEREND
Karol Kulczycki SDS DD
Twelfth Bishop of the Diocese of Port Pirie



Coat of Arms & Motto

Traditionally the Bishop's crest includes the hat with its three rows of tassels hanging down either side – the number of rows indicate his rank as does the colour – green.

The central shield is painted in blue and filled with the constellation of the Southern Cross as a symbol of Australia. Above these is the Holy Spirit in the form of a dove. The left and right side at the top of the shield is occupied by two letters: S – standing for the SAVIOUR and M – standing for the Blessed Virgin Mary.

The symbolical letter "S" shows the Bishop's religious upbringing in the Society of the Divine Saviour which proclaims Jesus Christ as the only Saviour of the world and connects him with the mission of proclaiming the good news of Jesus Christ, Son of God, as it is written at the beginning of Saint Mark's Gospel.

In the letter "M" he entrusts himself, and those to whom he has been called, into the motherly care of the Blessed Virgin Mary. In this crest the bishop declares his service for Australia and asks the Holy Spirit to embrace this land with His presence and power.

Below the shield there is the Bishop's motto: "IN TE DOMINE SPERAVI" – In You, Lord, I have placed my trust.

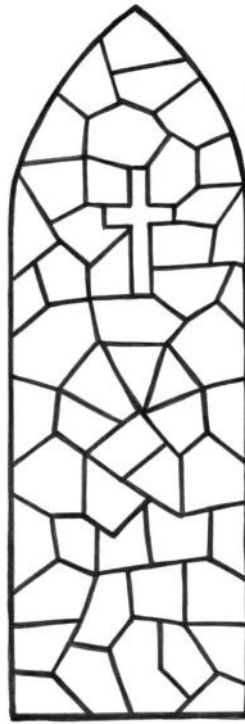
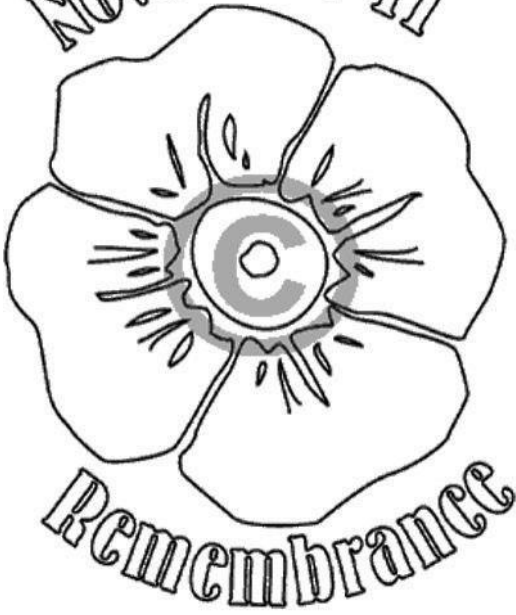


S

M



November 11



VISIT OUR WEBSITE

Spiritofcare.org.au



Find us on
Facebook



St Josephs House 2020 Christmas Raffle

All tickets \$1.00 each

Prizes

- 1st 2 nights accommodation on the YP
- 2nd Vera May Bag and goodies
- 3rd Summer sports bag of goodies
- 4th Summer bag and haircare
- 5th Dinner Voucher (The Ellen)
- 6th VR Box
- 7th assorted toys

Drawn 18th December by the residents 11am

St Joseph's House Annual Christmas Raffle is now on!
Tickets can be purchased from reception for a \$1.00 per
ticket.

CATHOLIC DIOCESE OF PORT PIRIE

The Catholic Diocese of Port Pirie occupies 980,000 square kilometres, most of the state of South Australia, and going up to and including Uluru. The Diocese of Port Pirie was established in 1887. We have 57 churches. There are homes for the aged, schools, and social support services, which operates out of several locations across our diocese.

We serve the community through the Catholic Women's League, St Vincent de Paul, Centacare, Catholic Women's Group and Prison and Aboriginal Ministry. We are a gathering of communities scattered across vast distances, and we assemble in our schools and homes and in the churches of our parish centres. We are characterised in our terrain by the great Outback, the sheep and cattle stations and mining fields, the Aboriginal Lands, the spiritual centre of Uluru, the great stretches of wheat and barley in the Mid-North, the vines and orchards of the Riverland, the towns of the Gulf, the fishing, tourist and farming areas of the Eyre Peninsula, the beauty of the Flinders.

Our people are very conscious of our story and the pioneering struggles of our Catholic forebears in this land, how our first priests, Austrian Jesuits from Sevenhill, came north with those first European settlers; how St Mary MacKillop herself established convent after convent to educate our young and old, as did the Good Samaritan Sisters later; how "drought and flooding rain" have tempered our people. We are from all backgrounds, from the First Australians to asylum seekers. We are the Body of Christ in this huge part of the Great Southland of the Holy Spirit.



PARISH AND MASS CENTRES OF THE DIOCESE

ANDAMOOKA	CRYSTAL BROOK	ORROROO	SOLOMONTOWN
BARMERA	CUMMINS	PEKINA	SPALDING
BERRI	ELLISTON	PETERBOROUGH	STREAKY BAY
BLANCHTOWN	GLADSTONE	PORT AUGUSTA	SWAN REACH
BOOLEROO CENTRE	HALLETT	PORT	TUMBY BAY
BURRA	HAWKER	BROUGHTON	ULURU
CALCA	JAMESTOWN	PORT LINCOLN	WAIKERIE
CARRITON	KADINA	PORT NEILL	WALLAROO
CEDUNA	KIMBA	PORT PIRIE	WHYALLA
CHANDADA	LAURA	QUORN	WILMINGTON
CLEVE	LEIGH CREEK	REDHILL	WIRRABARA
COFFIN BAY	LOXTON	REMARK	WIRRULA
COOPER PEDY	MINNIPA	ROXBY DOWNS	WOOMERA
COWELL	MOONTA	SMOKY BAY	WUDINNA
	MORGAN	SNOWTOWN	



PREVIOUS BISHOPS OF THE PORT PIRIE DIOCESE



BISHOP JAMES MAHER
1896 - 1905



BISHOP JOHN O'REILLY
1888 - 1895



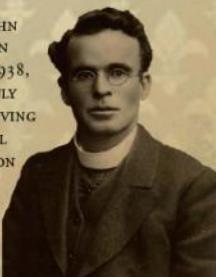
BISHOP JOHN H. NORTON
1906 - 1923



BISHOP ANDREW KILLIAN
1924 - 1933



BISHOP JOHN LONERAGAN
8 JANUARY 1938,
DIED 13 JULY
BEFORE RECEIVING
EPISCOPAL
ORDINATION



BISHOP NORMAN GILROY
1935 - 1937



BISHOP THOMAS MCCABE
1938 - 1951



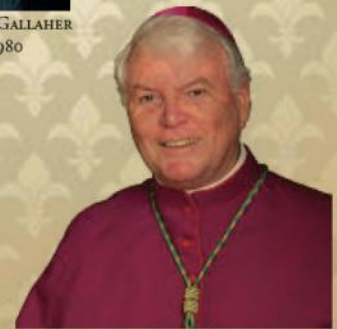
BISHOP BRYAN GALLAHER
1952 - 1980



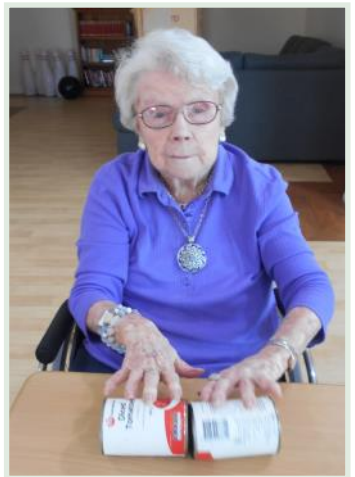
BISHOP EUGENE HURLEY
1998 - 2007



BISHOP PETER DE CAMPO
1980 - 1998



BISHOP GREGORY O'KELLY SJ
2009 - 2020



What's Happening in Port Pirie



- Grey MP Rowan Ramsey has responded to concerns of a doctor shortage in his electorate. In a meeting it was tabled that while the number of general practitioners in Australia has grown at triple the rate of the population, the challenge is ensuring they are equally distributed between metropolitan and regional areas. Mr Ramsey said the short supply of doctors was a problem across regional Australia, but it was worst in South Australia. "It is an enormous problem. It is one thing to recognise it as a problem and it is another to fix it," he said. "We are well aware of the problem and we are attacking on quite a number of fronts including putting in a specialist GP regime of setting up country training, but all these things take time. In the short term I don't think that money is really the issue.

"I think the problem is that we have got an imbalance with doctor supply. There is too many in the city and not enough in the country. While overseas doctors have "saved our bacon", Mr Ramsey said that in the long run it just added to the over-population of doctors in the city. "The imported doctors have been wonderful, but we can't keep importing doctors to add to the over supply of doctors in the city," he said. "Now we are in a situation where we are training more Australian doctors than we need and it gets harder and harder to make the case that it is a skill set that is in short supply. It is just mal-distributed. It's more about where these people want to live than where the work is. They are making personal choices and because we make the Medicare subsidy available everywhere to qualify doctors, they are quite happy to live on what they can make in the city and they don't want to come and help us out in the country. We have actually got to address the problem at it's nub, which is why we are trying to equip more young doctors to have the skills to work in the country. It can be a much more rewarding job in the country because they can put into practice the things they were taught. Dr Abdul Kajani has been vocal about the issue and said regional doctors were being overworked to provide patient care" Mr Ramsey said: "I agree with him entirely and he is not on his own. I can take him to any number of doctors around in regional areas doing the same thing and it's not good enough. At this stage we are trying to increase supply and not redistribute and I think that is something we need to get on to."

All information and photo's sourced from the Recorder newspaper.



Aged Care Quality Standards....



Standard 3. Personal Care and Clinical Care.

Consumer Outcome:

I get personal care, clinical care, or both personal and clinical care, that is safe and right for me.

What does this mean?

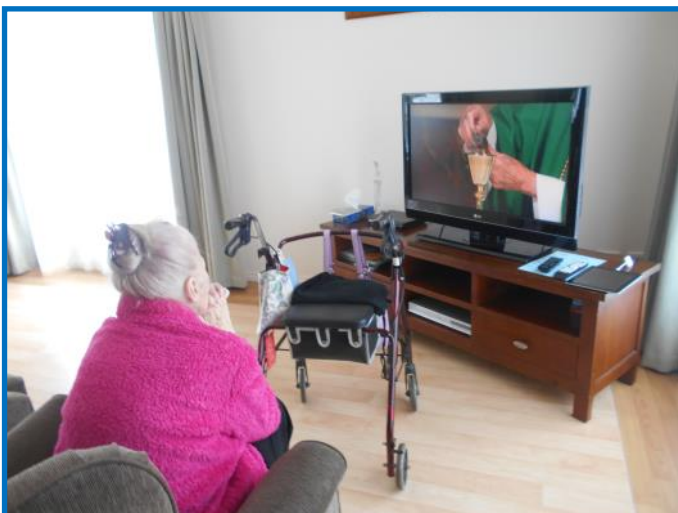
Residents of St Joseph's House can expect the safe, effective and quality delivery of personal and clinical care.

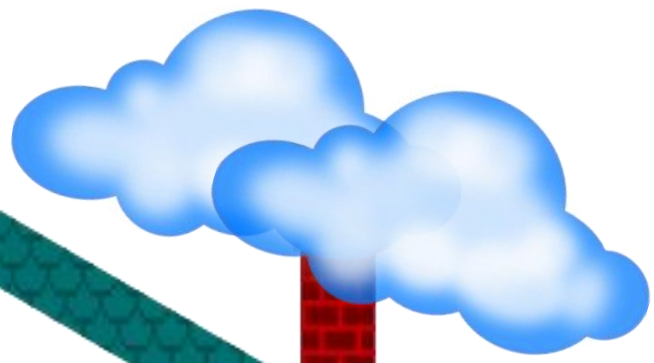
Personal and clinical care services can include:

- Supervising or helping with bathing, showering, personal hygiene and dressing
- Providing personal mobility aids and communication assistances for you if you have a hearing, sight or speech impairment
- Nursing services
- Services aimed at getting back or improving your independence or daily living activities
- Specialised therapy services

This standard is not the 'how to' of clinical and personal care, rather this standard is to ensure that personal and clinical care is delivered in a safe and effective way. St Joseph's House can do this by having policies and procedures that support the staff and ensure that best practice evidence based care, that meets you needs, goals and preferences is in place.





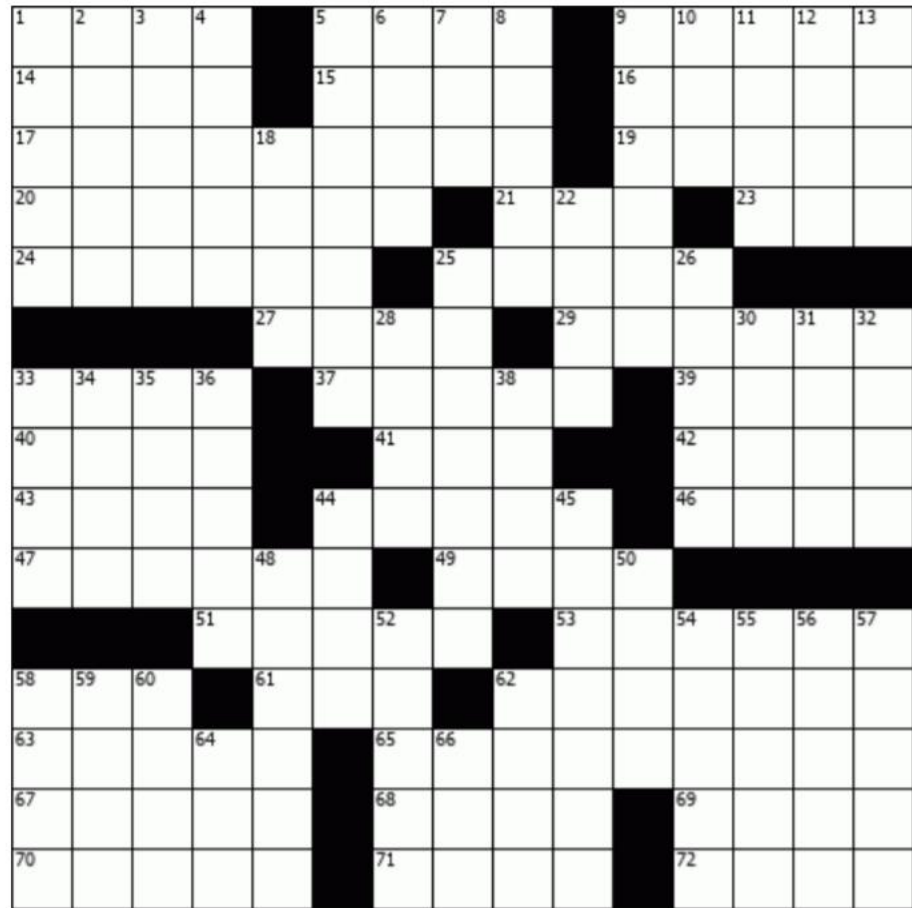


Around the Home



Across

1. Rodents
5. Aid in crime
9. Legislate
14. Send out
15. Glamorous _____ Hayworth
16. Toil
17. Distract
19. "Aida," for one
20. Foes
21. Psychic letters
23. Undercover agent
24. Flings
25. Rice and Frank
27. Night twinkler
29. Video game room
33. Marina sight
37. _____ metal
39. Ancient
40. Butter alternative
41. Tyrannosaurus _____
42. Stubborn animal
43. EMT's word
44. Kingdom
46. Physical discomfort
47. Ohio city
49. Coral formation
51. Papas' partners
53. Outburst
58. Swiss peak
61. "The Matrix" hero
62. African country
63. Florida City
65. Make up
67. "The Matrix", e.g.
68. Salty drop
69. A Baldwin brother
70. Basketball's Shaquille _____
71. Charity
72. Irritant



Down

1. Adjust again
2. Kind of acid
3. Ocean currents
4. Plant stalks
5. Nabs
6. Partiality
7. List abbr.
8. Captured
9. Las Vegas bride, often
10. Siesta
11. Fortas and Lincoln
12. Company (abbr.)
13. Serving aid
18. Formal accessories
22. Finger noise
25. In _____ (late with payment)
26. Rascal
28. Land measure
30. Mexican water
31. Sandwich shop
32. First garden
33. Greatest amount
34. Female voice
35. Embossed emblem
36. _____ pole
38. Wheel shaft
44. European capital
45. Crater makers
48. Frontiersman _____ Boone
50. Helsinki native
52. Large artery
54. Brief review
55. Nimble
56. Valleys
57. Choose by vote
58. Military supplies
59. Big cat
60. Apply asphalt
62. Swindle
64. Woody's ex
66. Slippery fish

ACTS OF KINDNESS

An act of kindness is doing something thoughtful and helpful for someone else. Even the smallest act of kindness has the potential to make the world a much happier place, as being kind to others and to ourselves helps boost our mental health. Here are some suggestions of acts of kindness you can carry out.



SOCIAL MEDIA

Think about how you interact on social media - use it to spread positivity and encourage others.



WRITE A NOTE

Post a card or letter to a friend to see how they are doing or send a handwritten thank you note.



FLOWERS

Send flowers to a friend, out of the blue.



OFFER TO HELP

Check in with elderly or vulnerable neighbours and friends to see if they need shopping or any other support.

TIME FOR ME

It's important to be kind to yourself as well. Take time for yourself when you can and do something you enjoy.



CHECK IN

Call someone you haven't spoken to in a while and check in with those on their own or going through a tough time. Being their to listen can be very helpful.



GREET PEOPLE

Smile and say hello to people you see when out for exercise.

SHARE THE LOVE

Tell your family and people you care about how much you love & appreciate them.



Find out more about the Family Wellness Project at: parentingni.org/family-wellness-project



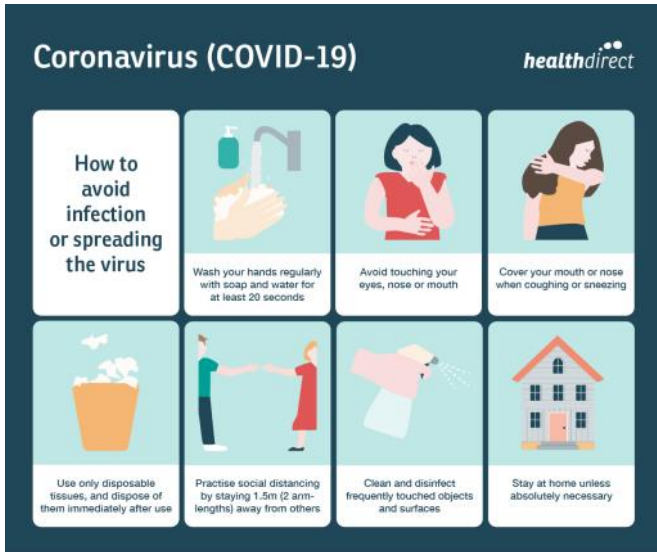
Continuous Quality Improvements...



Hi All,

South Australia has now well and truly moved into creating a 'covid safe' environment, where things are slowly getting back to how we remember.

During this time please keep in mind that there are some steps we all need to continue to ensure safety for both your self and others:



- Practice good hygiene like covering coughs and sneezes and regular hand-washing
- Stay 1.5 meters apart whenever and wherever you can
- Stay in your room if you are unwell with cold or flu like symptoms

Regards,

Amanda White

**Aged Rights
Advocacy
Service (ARAS)**

1800 700 600

[Advance Care Directives](#)

Information, forms and DIY Kit's for Advanced Care Directives can be found at advancedcaredirectives.sa.gov.au or ask for a copy at reception.

**Aged Care
Quality and Safety
Commission
1800 951 822**

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach a senior staff member:

Sharon Ley (Residential Services Manager)

Therese Johnson (Clinical Nurse Consultant)

Marra Pearn (Hospitality/Lifestyle Manager and Resident Liaison Officer)

If you wish to lodge a written complaint you can complete a Feedback Form which is available from various locations around the facility and place it in one of the feedback boxes.

Once received the Quality Coordinator will make a record of lodgement and the suggestion or concern is then followed through until you are satisfied with the outcome.



St. Joseph's House
Spirit of Care

Feedback Form

Please use this form to:

- Suggest an improvement
- Give us positive feedback
- Express a concern or issue

22 Norman Street
Port Pirie SA 5540
Ph: 8632 1450
Fax: 8633 0790
E: info@stjosephshouse.net.au
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Upcoming Dates

Friday, 1st November:

All Saints Day

Saturday, 2nd November:

All Souls Day

Tuesday, 3rd November:

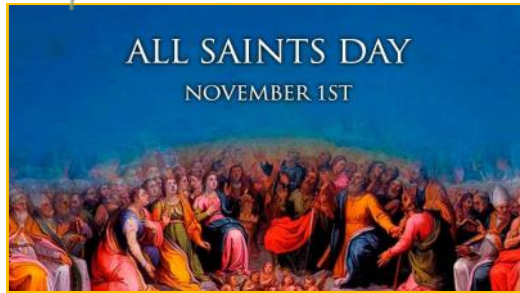
Melbourne Cup Day

Monday, 11th November:

Remembrance Day

Week of 8th-15th November:

Naidoc Week



Sympathy
We offer our deepest
condolences to the family and
friends of the late:

Dorothy Harvie
Gloria Foster
Shirley Gerrad
Valerie Murphy
Angelina Albanese

May They Rest in Peace



YOU ARE SUCH A
BEAUTIFUL PERSON
INSIDE AND OUT.

happy birthday!

November Birthdays

2/11 Brian Stigwood

4/11 Dawn Feltus

5/11 Shirley Crawford

9/11 William Ley


15/11 Margaret McDonald

18/11 Douglas Fowler

Happy Birthday

I pray that God blesses you
with all the happiness in this
universe.

May you prosper and shine
everywhere you go.



November 2020

Mon

Tue

Wed





Thu

Fri

Sat

Sun

Please note this month we will continue with a few activities in the activity area in the mornings , please note we are limited to how many we can have. All residents will need to follow strict social distancing and infection control . Family visits continue Monday to Friday 2 to 4pm and 1 Sunday each fortnight indicated by management , we will continue to update you as things change . The nice weather is here please feel free to use the balconies and court yards when ever you feel like it unless it is very hot, please see staff and they will assist you .

2 Hoy Activity area Small group activities in own area	3 Melbourne cup Afternoon high tea Please dress up , race will be played in each area	4 Virtual concert Activity area Choice of activities in your own areas	5 Bingo in activity area Small group activities in own area Support visits	6 Outdoors morning tea and music Choice of activities in your own areas	7 Activity Boxes are available in all areas Games are set up in activity area for your use	8 Songs of praise 11:30 am ABC  7pm reading local News
9 Painting activity area Small group activities in own area	10 Outdoors morning tea and socializing , bring your favorite photo to talk about Choice of activities in your own areas	11 Remembrance day Please gather in own areas for service 1045am 1:1 support and visits	12 Bingo in activity area Small group activities in own area	13 Quizzes activity area Choice of activities in your own areas	14 Activity Boxes are available in all areas Games are set up in activity area for your use	15 Songs of praise 11:30 am ABC  7pm reading local News
16 Craft activity area Small group activities in own area	17 Active fun and games Outdoors Choice of activities in your own areas	18 Virtual Service Activity area Exercise own area	19 Bingo in activity area Small group activities in own area Support visits	20 memorial service Outdoors morning tea and music Choice of activities in your own areas	21 Activity Boxes are available in all areas Games are set up in activity area for your use	22 Songs of praise 11:30 am ABC  7pm reading local News
23 Virtual Concert Small group activities in own area	24 Outdoors morning tea and music Choice of activities in your own areas	25 Virtual Service Activity area Exercise own area	26 Bingo in activity area Small group activities in own area Support visits	27 1:1 support visits Choice of activities in your own areas	28 Activity Boxes are available in all areas Games are set up in activity area for your use	29 Songs of praise 11:30 am ABC  7pm reading local News
30 Around the world Activity area Small group activities in own area						