

**St Joseph's House
Connections
December 2020**



*Merry
Christmas!*

A season OF hope



22 Norman Street, Port Pirie SA 5540
Phone (08) 8632 1450 Fax (08) 8633 0790
W: www.spiritofcare.org.au E: admin@stjosephshouse.net.au



Notice Board

COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters.

Families are welcome to ring during the week to speak with our Clinical Nurse Consultant, Therese, or to make an appointment for a face to face meeting.



This Issue:

- *Notice Board*
- *Residential Services Manager*
- *Colouring page*
- *Continuous Quality Improvement (CQI)*
- *Melbourne Cup*
- *Upcoming Dates*
- *Birthday Celebrations*
- *Around the Home*
- *Elf on a Shelf*
- *What's Happening in Port Pirie*
- *Aged Care Quality Standards*
- *Calendar*



Do you feel sad, alone or upset?
Please know we are here to help.
Let the staff, lifestyle or volunteers know how you are feeling and we can arrange someone for a chat. A listening ear can sometimes be a big help.



Mobile Library

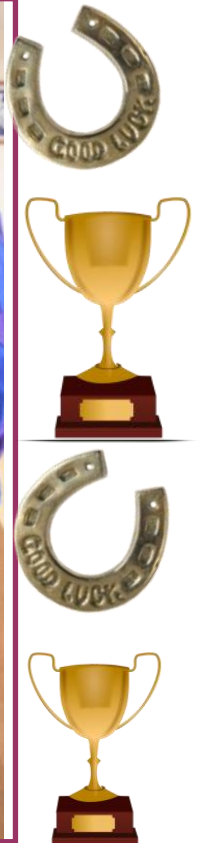
Wednesday Fortnightly
Please see lifestyle if you wish to join.



Resident Meeting:

There will be no Resident meeting this month.

This will be replaced with 1:1 visits to discuss any issues that you would like to raise.





VISIT OUR WEBSITE

Spiritofcare.org.au

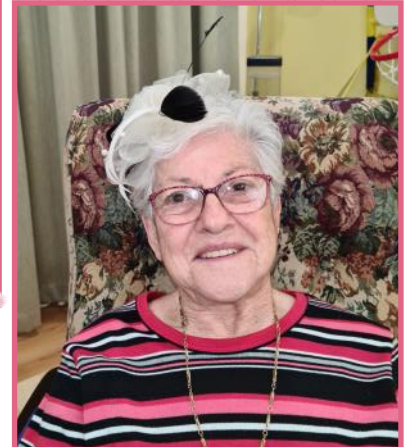
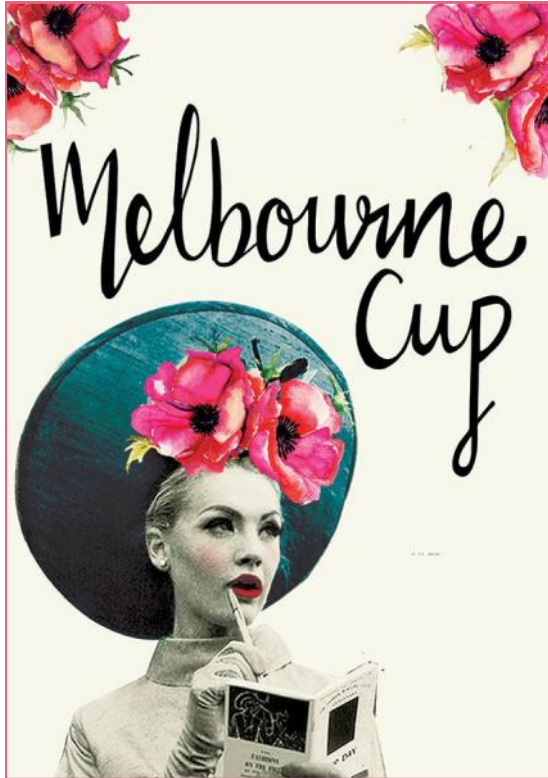


For information and updates from St Joseph's House make sure you:



Find us on
Facebook

@stjosephshouse



What is it?

The Elf on the Shelf is an emerging Christmas tradition centered around a Scout Elf who fly's to the North Pole each night. Scout Elves arrive at homes each December and each night the elf loves to report to Santa to tell him about each day's activities!

ELF on the Shelf

How does it work?

There are just a few rules to remember!

1. The most important—don't touch the Scout Elf, or they will lose their magic!
2. Scout Elves can't talk, but they are great listeners. You can talk to the elf as often as you like.
3. Scout Elves must return to the North Pole on Christmas Eve to help Santa prepare for the next Christmas!

What next?

The fun begins! When the Scout Elf return from the North Pole each night, they land in a different spot in the home. Keep a look out for where the Scout Elf lands each day until it is time for the Elf to return to the North Pole Christmas Eve.





One of the real joys of the Festive Season is taking a moment from our busy lives to wish you the very best.

Wishing you and your family all the warmth this Festive Season has to offer. May the season bring you laughter, friendship and joy!

Stephen Dowling



RU OK?
Conversation Champion
2019

Just a reminder to families and residents. If residents would like to leave the facility on Christmas day families are asked to please fill out the details so we can organise our roster for the day.

Thank you for your assistance with this , it will ensure smooth transitions on such busy day.



Christmas Visiting Hours

Christmas Day—25th December

10am -12pm

Boxing Day—26th December

1:00pm -3:00pm



What's Happening in Port Pirie



PHOTO, above: The 36ers comprise, front, left Nancy Jaeschke, Marlene McKay, Betty Cousins, Coral Partridge, Verna Simpson, Veronica Pryor, Aileen McLaughlin, and, back, Margaret Finlay, Coralene Mudge, Venie Johnson, Frank Amato, Frank Petagna, Kevin Connor, Graham Joyce and Margaret Shadwell.

For the residents in Port Pirie born in 1936, birthdays have an extra special significance.

Known as the 36ers, the residents were born when South Australia marked a coming of age with its 100th birthday since settlement.

Later, on their 50th birthdays, they were recognised at the state's 1986 Jubilee, marking 150 years since settlement.

The government commemorated the occasion by giving everyone two and sixpence in bank book and a money box.

Up until four years ago, a couple in Adelaide who were both born in 1936 had organised an event every five years where people from all over the state that were born on the commemorative year could come together and share in their common experiences.

These events were held throughout Adelaide including at the Festival Centre, Convention Centre, Morphettville race course and the Entertainment Centre.

A large group of people had been travelling in the bus from Port Pirie to Adelaide to attend these events.

Four years ago, when the Port Pirie 36ers heard that there would no longer be events held in Adelaide every five years, they took it upon themselves to organise their own events locally.

Organiser Venie Johnson said the job had been given to her to organise a local event while the group was travelling from Port Pirie for the last event in Adelaide.

"I've done it for four years now and we have done one every year!" she said.

"We have got to 84 and we feel that we were sort of a bit special by the government by doing this for us. I think they should give us another two and sixpence when we are 90!"

The group, comprising of about 16 people and their partners, celebrated the 36ers' yearly lunch at the Port Football and Community Sporting Club this week, just before COVID restrictions kicked in.

"Getting together and seeing some people that you only see once a year is really good," Venie said.

"For a lot of the women we see each other all the time but its just a social life and novelty that we were all born in the same year."

Aged Care Quality Standards....



Standard 3. Personal Care and Clinical Care.

Consumer Outcome:

I get personal care, clinical care, or both personal and clinical care, that is safe and right for me.

What does this mean?

Residents of St Joseph's House can expect the safe, effective and quality delivery of personal and clinical care.

Personal and clinical care services can include:

- Supervising or helping with bathing, showering, personal hygiene and dressing
- Providing personal mobility aids and communication assistances for you if you have a hearing, sight or speech impairment
- Nursing services
- Services aimed at getting back or improving your independence or daily living activities
- Specialised therapy services

This standard is not the 'how to' of clinical and personal care, rather this standard is to ensure that personal and clinical care is delivered in a safe and effective way. St Joseph's House can do this by having policies and procedures that support the staff and ensure that best practice evidence based care, that meets you needs, goals and preferences is in place.

You can't
control everything.

Sometimes you just need
to relax and have faith
that things will work out.

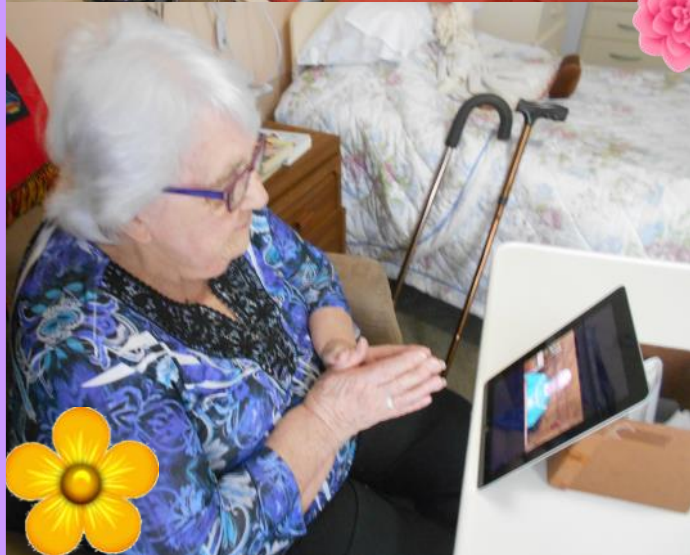
Let go a little and just
let life happen.

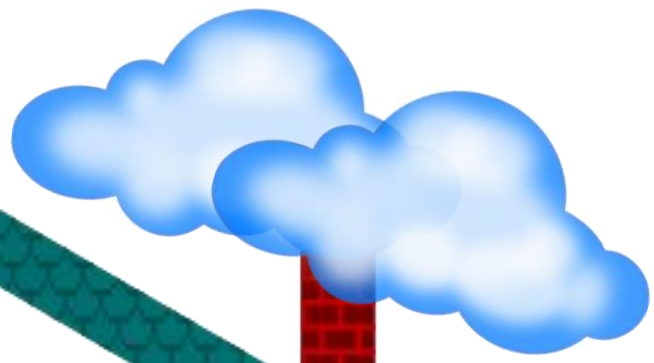
Kody Keplinger

tinybuddha.com

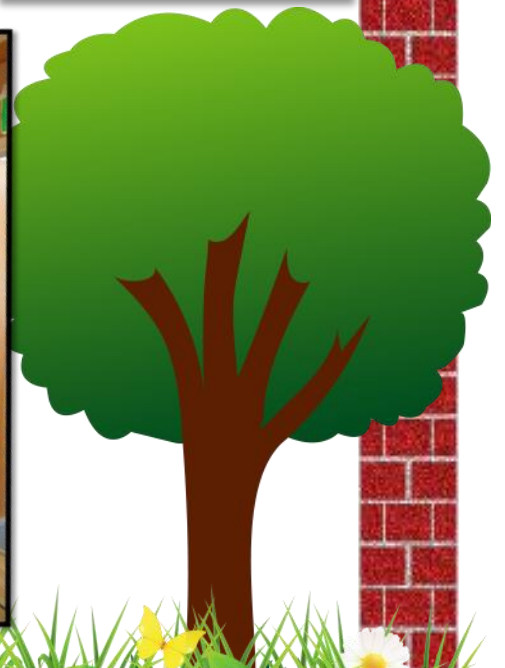
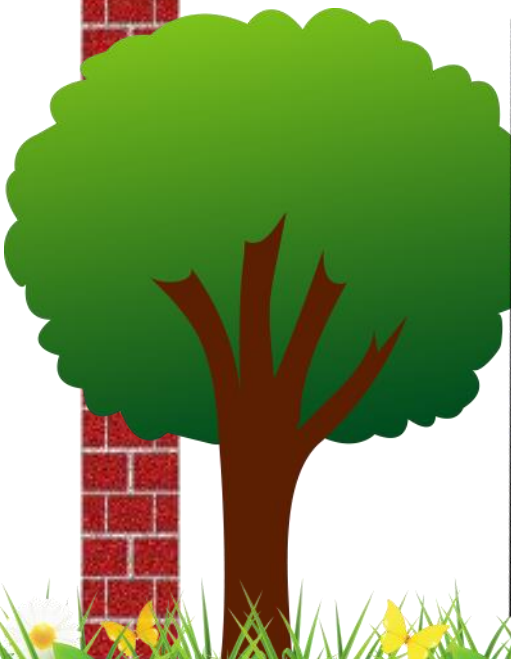
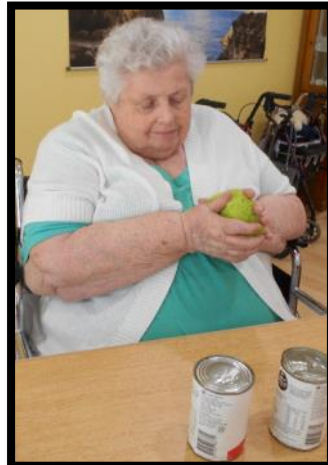
AS WE ARISE
EACH MORNING
LET US DETERMINE
TO RESPOND WITH MORE
LOVE AND KINDNESS
TO WHATEVER
MIGHT COME OUR WAY

- THOMAS S. MONSON





Around the Home



Christmas



I	K	M	M	D	N	O	D	G	Y	M	A	S	B
J	O	S	A	A	C	L	E	I	T	A	E	N	H
A	C	A	A	E	T	N	D	M	I	N	Y	O	D
C	T	M	E	R	S	M	C	A	V	E	N	W	E
K	F	T	F	B	S	E	O	N	I	G	S	F	C
F	R	S	A	R	E	R	C	G	T	I	A	L	O
R	I	I	M	E	N	R	R	E	A	F	N	A	R
O	E	R	I	G	A	Y	A	R	N	T	T	K	A
S	N	H	L	N	C	C	C	Y	E	S	A	E	T
T	D	C	Y	I	Y	S	K	A	I	N	C	Y	I
E	S	R	N	G	D	E	E	A	A	C	L	G	O
R	G	G	K	O	N	T	R	E	E	L	A	N	N
F	J	E	N	I	A	S	S	S	O	O	U	L	S
A	N	G	E	L	C	F	M	J	N	A	S	A	I

- CANDY CANES
- TREE
- JOLLY
- JACK FROST
- GINGERBREAD
- SNOWFLAKE
- CRACKERS
- MANGER
- CHRISTMAS
- MERRY
- FRIENDS
- DECORATIONS
- NATIVITY
- SANTA CLAUS
- GIFTS
- FAMILY
- ANGEL



Last Months Solution

R	A	T	S		A	B	E	T		E	N	A	C	T		
E	M	I	T		R	I	T	A		L	A	B	O	R		
S	I	D	E	T	R	A	C	K		O	P	E	R	A		
E	N	E	M	I	E	S		E	S	P		S	P	Y		
T	O	S	S	E	S		A	N	N	E	S					
					S	T	A	R		A	R	C	A	D	E	
M	A	S	T		S	C	R	A	P		A	G	E	D		
O	L	E	O			R	E	X			M	U	L	E		
S	T	A	T			R	E	A	L	M		P	A	I	N	
T	O	L	E	D	O		R	E	E	F						
					M	A	M	A	S		T	I	R	A	D	E
A	L	P			N	E	O		S	E	N	E	G	A	L	
M	I	A	M	I			R	E	C	O	N	C	I	L	E	
M	O	V	I	E			T	E	A	R		A	L	E	C	
O	N	E	A	L			A	L	M	S		P	E	S	T	



IT'S NOT HOW
MUCH WE GIVE
BUT HOW
MUCH LOVE
WE PUT INTO
THE GIVING.

Mother Teresa

Continuous Quality Improvements...



Hi All,

What a month it's been! I hope everyone is keeping themselves safe and well.

These past few months have brought about some feedback and discussions around the visiting hours and the ability of residents to leave St Joseph's House.

Any changes that are put in place in regards to visiting and movement have always been inline with Government directions (the law) and aged care industry guidelines and recommendations.

The aim of these changes to visiting or movement to and from the home is to ensure that the environment we provide is safe and we manage the risks associated with Covid-19.

Every action we take has been with the aim to prevent Covid-19 from entering the facility and putting your loved ones at greater risk.

We thank everyone for their feedback and open communication while we work together to keep us all safe during this pandemic.

Regards,

Amanda White

**Aged Rights
Advocacy
Service (ARAS)**

1800 700 600

[Advance Care Directives](#)

Information, forms and DIY Kit's for Advanced Care Directives can be found at advancedcaredirectives.sa.gov.au or ask for a copy at reception.

**Aged Care
Quality and Safety
Commission
1800 951 822**

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach a senior staff member:

Sharon Ley (Residential Services Manager)

Therese Johnson (Clinical Nurse Consultant)

Marra Pearn (Hospitality/Lifestyle Manager and Resident Liaison Officer)

If you wish to lodge a written complaint you can complete a Feedback Form which is available from various locations around the facility and place it in one of the feedback boxes.

Once received the Quality Coordinator will make a record of lodgement and the suggestion or concern is then followed through until you are satisfied with the outcome.



St. Joseph's House
Spirit of Care

Feedback Form

Please use this form to:

- Suggest an improvement
- Give us positive feedback
- Express a concern or issue

22 Norman Street
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Upcoming Dates

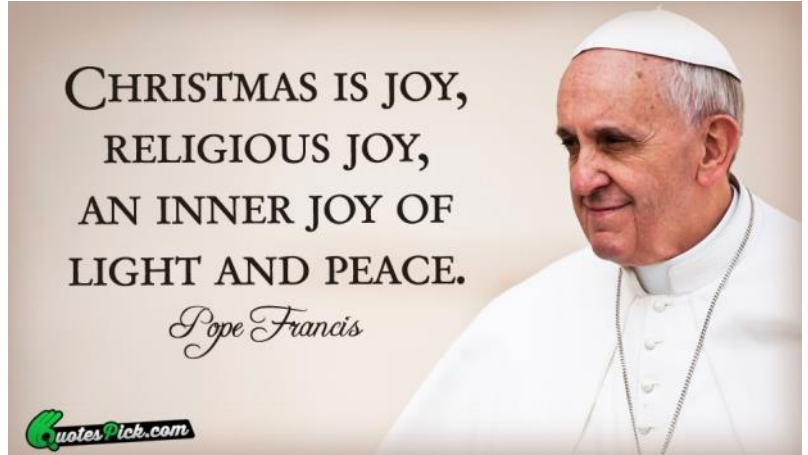
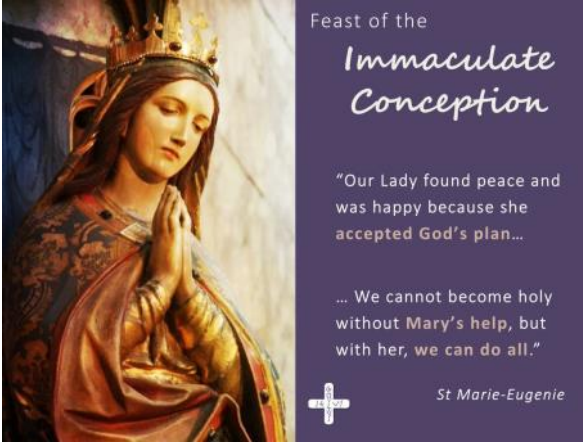
Tuesday, 8th December—The Feast of Immaculate Conception

Thursday, 10th December—International Human Rights Day

Friday, 25th December — Christmas Day

Saturday, 26th December — Proclamation Day (Boxing Day)

Thursday, 31st December — New Years Eve



YOU ARE SUCH A
BEAUTIFUL PERSON
INSIDE AND OUT.

happy birthday!

December Birthdays

Vera Tizio 8/12

Flora Hocking 9/12

Dolly Yates 13/12

Pierre Hellmanns 14/12

Carol Darley 16/12

Coral Evans 16/12

Gwen Miller 16/12

Happy Birthday

I pray that God blesses you
with all the happiness in this
universe.

May you prosper and shine
everywhere you go.

December 2020

Mon

Tue

Wed






Thu

Fri

Sat

Sun



	1	2	3	4	5	6
	Small group exercises In own area Choice of activity in own area	Virtual Service Activity area Movies in own area	Bingo in activity area Small group activities in own area	Outdoors morning tea and music 1:1 support visits	Activity Boxes are available in all areas Games are set up in activity area for your use	6 Songs of praise 11:30 am ABC  7pm reading Local News
7 Christmas Craft Activity area Door decorating	8 Small group exercises In own area Door decorating	9 Virtual Service Activity area Choice of activity in own area	10 Bingo in activity area 1:1 support visits	11 white board Quizzes activity area 1:1 support visits	12 Activity Boxes are available in all areas Games are set up in activity area for your use	13 Songs of praise 11:30 am ABC  7pm reading Local News
14 Christmas Painting & Card making Activity area Choice of activity in own area	15 Christmas Cooking Activity area 1:1 support visits	16 Virtual Service Activity area 1:1 support visits	17 Bingo in activity area Door decorating	18 Painting / Coloring Activity area 1:1 support visits	19 Activity Boxes are available in all areas Games are set up in activity area for your use	20 Songs of praise 11:30 am ABC  7pm reading Local News
21 Xmas Craft activity area Christmas movies	22 Virtual Christmas pageant from around the world. Christmas movies	23 Virtual Service Activity area Choice of activity in own area	24 Virtual Concert Christmas sing a long 1:1 support visits	25 Public Holiday 	26 Activity Boxes are available in all areas Games are set up in activity area for your use	27 
28 Public Holiday	29 Small group exercises In own area After Christmas catch up	30 Virtual Service Activity area 1:1 support visits	31 Bingo in activity area Outdoors tea and coffee	Reminder No resident meeting this month		