

# St Joseph's House Connections February 2021



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Phone (08) 8632 1450 Fax (08) 8633 0790  
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# Notice Board



## REMINDER:

Power boards, and other electrical items, that are brought in for resident rooms must first be given to staff so they can be tested and Tagged. All power board's must also have individual on/off switches for each outlet.



## COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant or to make an appointment for a face to face meeting.



## Mobile Library

Wednesday Fortnightly  
Please see lifestyle if you wish to join.



## What would you like to see?

Each month the Newsletter is created specifically for your interest and to provide you with information. Please let Lifestyle or Reception know if there is something that you would like to see added.



## This Issue:

- *Notice Board*
- *Residential Services Manager*
- *Colouring page*
- *Continuous Quality Improvement (CQI)*
- *Mad Hatters Tea Party*
- *Upcoming Dates*
- *Birthday Celebrations*
- *Around the Home*
- *Advice for the younger generation...*
- *What's Happening in Port Pirie*
- *Aged Care Quality Standards*
- *Calendar*

## *Resident Meetings:*

*Tuesday, 9th February 2021  
St Clare, Dining Area, 1.30pm*

*Tuesday, 23rd February 2021  
St Mark, Dining Area, 1.30pm*

*Resident Liaison Officer: Marra Pearn*



# AUSTRALIA DAY 2021







**VISIT OUR WEBSITE**

**[Spiritofcare.org.au](http://Spiritofcare.org.au)**



For information and updates from St Joseph's House make sure you:

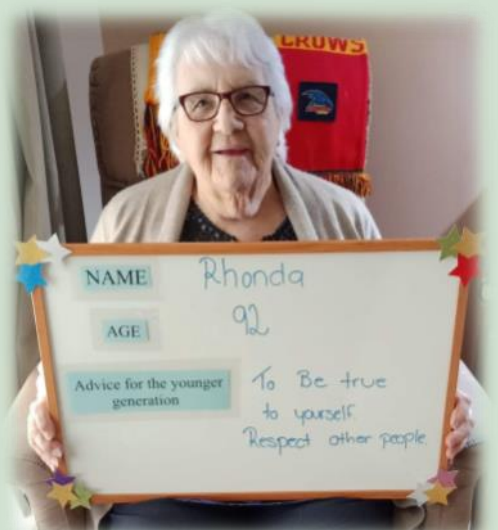
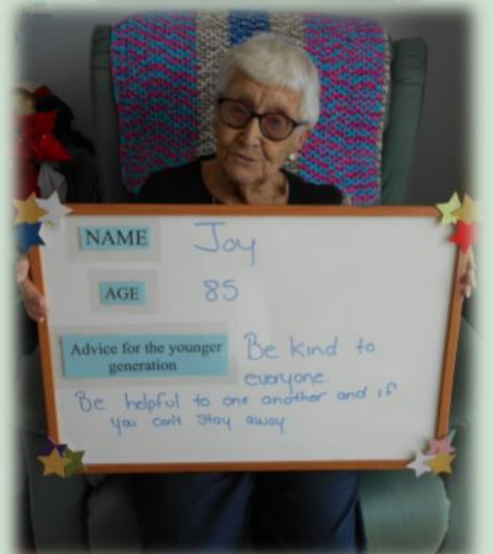


Find us on  
**Facebook**

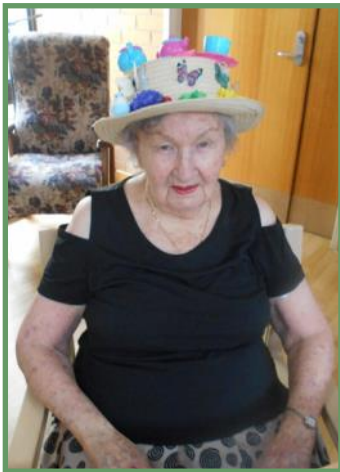
@stjosephshouse



# Advice for the Younger generation...

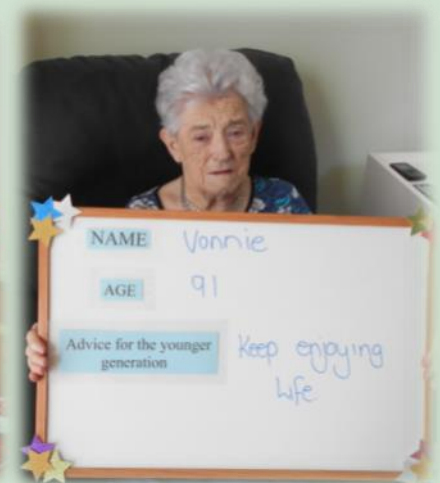








One of the best advantages of getting older is that you also get wiser. Here our residents give some much-needed guidance for life!



# What's Happening in Port Pirie



## Mussels in Port Pirie waters return 90 times the permissible amount of lead.

Sample tests on aquatic species taken from waters next to South Australian regional city Port Pirie, and its controversial lead smelter has revealed unacceptable levels of metal contamination, particularly lead, in the varied species.

Port Pirie Regional Council mayor Leon Stephens said the higher levels of lead detected were a concern. "It's been a given that we've never taken

mussels from the area, the higher levels are a concern, that's why we've asked for extra testing to be done so we can get a better picture of what it looks like overall in our region," Cr Stephens said.

"It would be terrible if we couldn't fish there again, we would have to make alternative situations on where we can get our recreational guys out to. "It's a very frustrating part of the town's history, is there a fix? Yes, there is to everything — but that's the \$64 million question."

More testing to come. Under present restrictions, taking shellfish in the region is prohibited. "All consumers can continue to have confidence in our quality seafood product as commercial fishing does not occur in this region and our commercial fisheries are supported by an ongoing program of National Residue Survey testing."

## South Australia's single-use plastics ban to start in March after coronavirus delay

Legislation banning the sale, supply and distribution of the products was introduced in April this year and passed State Parliament in September.

The ban will now come into place on March 1, 2021, making the state the first in the country to ban the products which also include drink stirrers. The ban was first floated in January last year, prompting concerns from disability advocates about the lack of consideration for their needs.

Mr Speirs said there would be exemptions for medical purposes, such as for people who have difficulty swallowing.

**Banned from 1 March 2021**

- Single-use plastic straws, plastic cutlery and plastic stirrers
- Drinking straws still supplied on request to people with a disability or medical requirement*

**Banned from early 2022**

- Expanded polystyrene cups, bowls, plates and clamshell containers, all products with oxo-degradable plastic

**Further analysis & consultation**

- Takeaway coffee cups, plastic bags, other takeaway food service items

All information and photo's sourced from ABC News.



# Aged Care Quality Standards....



## Standard 5. Organisations Service Environment

### Consumer Outcome:

I feel I belong and I am safe and comfortable in the organisation's service environment.

### What does this mean?

St Joseph's House needs to make sure that the environment, furniture and equipment support your quality of life, independence, ability and enjoyment.

The environment at St Joseph's House should suit your needs and be clean, comfortable, welcoming and well maintained. This includes how the safety and security, design, accessibility and layout of St Joseph's House encourages a sense of belonging.

This standard covers how St Joseph's House:

- Supports you to take part in the community and engage with others
- Minimises confusion so you can recognise where you are and see where you want to go
- Encourages you to make your living areas more personal
- Welcomes you and your family and provides culturally safe interactions with others
- Ensures that the environment is safe, well maintained and clean
- Helps you to move freely around the facility (including outdoor areas)
- Is subtle in risk reduction strategies so that safety features don't dominate the environment
- Provides security arrangements in line with best practice to protect you when lawful and necessary.



Each day provides its own gifts.  
— *Marcus Aurelius* —

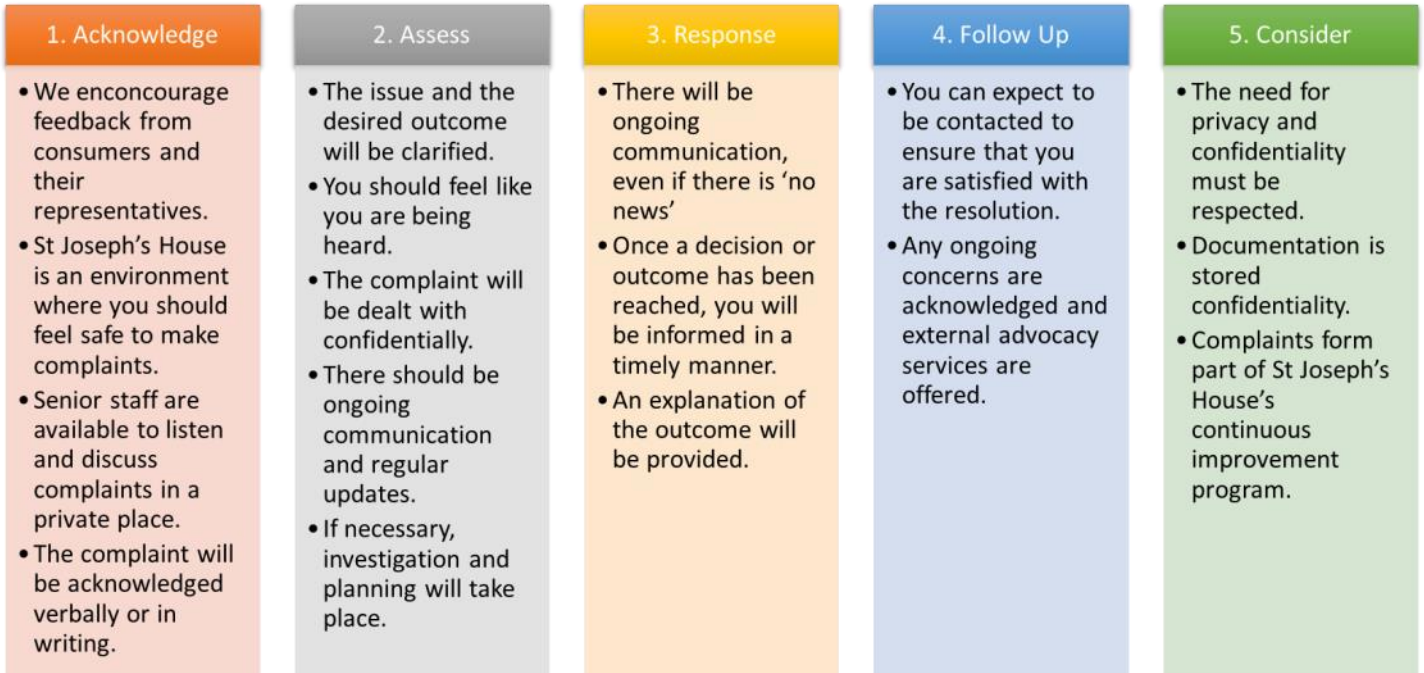






## St Joseph's House Consumer Complaints Journey

At the centre of a complaint is someone receiving care – A Person

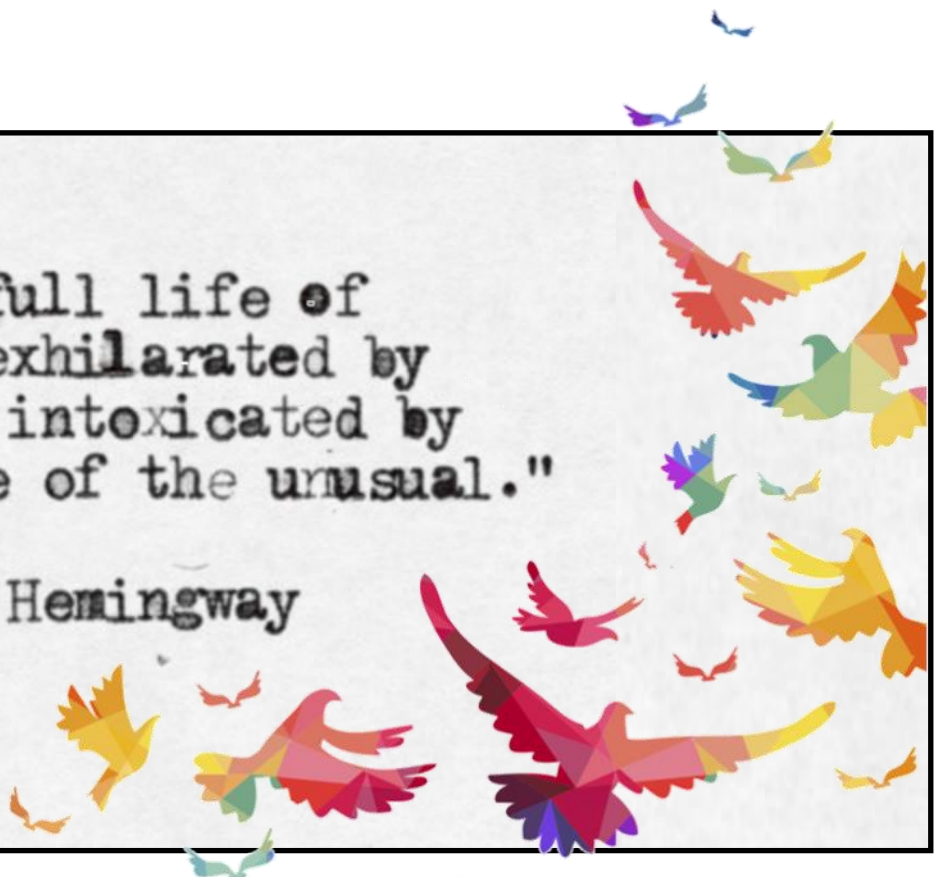


### References

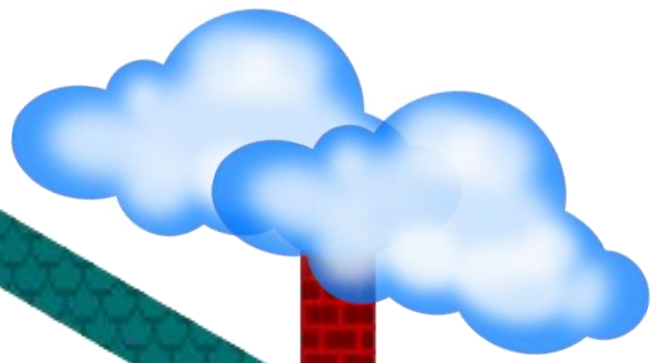
- Aged Care Complaints Commissioner Complaints Journey
- Aged Care Quality and Safety Commission Better Guide to Complaint Handling in Aged Care Services

"Live the full life of the mind, exhilarated by new ideas, intoxicated by the romance of the unusual."

- Ernest Hemingway







# Around the Home





# Valentine



E	B	C	H	O	C	O	L	A	T	E	S	V	Q
Y	D	N	E	I	R	F	L	R	I	G	T	A	H
G	I	C	H	A	M	P	A	G	N	E	R	L	D
R	S	Y	U	D	Y	S	E	M	L	D	E	E	R
E	T	U	U	N	T	C	O	I	O	A	I	N	O
D	R	D	R	E	C	B	M	A	V	T	R	T	M
R	A	B	C	I	N	U	U	T	E	E	A	I	A
O	E	B	E	R	E	E	P	R	R	A	U	N	N
S	H	E	E	F	E	E	H	I	E	E	M	E	C
E	T	M	E	Y	R	Y	M	D	D	H	A	N	E
S	E	I	E	O	P	D	D	E	R	E	C	D	H
B	E	N	T	B	A	E	A	Q	C	I	A	C	G
E	W	E	T	E	U	Q	U	O	B	T	E	R	A
E	S	B	C	A	Y	R	A	U	R	B	E	F	H

- BE MINE
- LOVE
- FEBRUARY
- CHAMPAGNE
- BOYFRIEND
- ROMANCE
- RED ROSES
- BOUQUET
- VALENTINE
- GIRLFRIEND
- CUPID
- SWEETHEARTS
- ADMIRER
- CHERUB
- DATE
- CHOCOLATES



Thank you for allowing me to be your best friend. On this valentine's day, I wish for you a day full of love and happiness. Happy valentine's day!

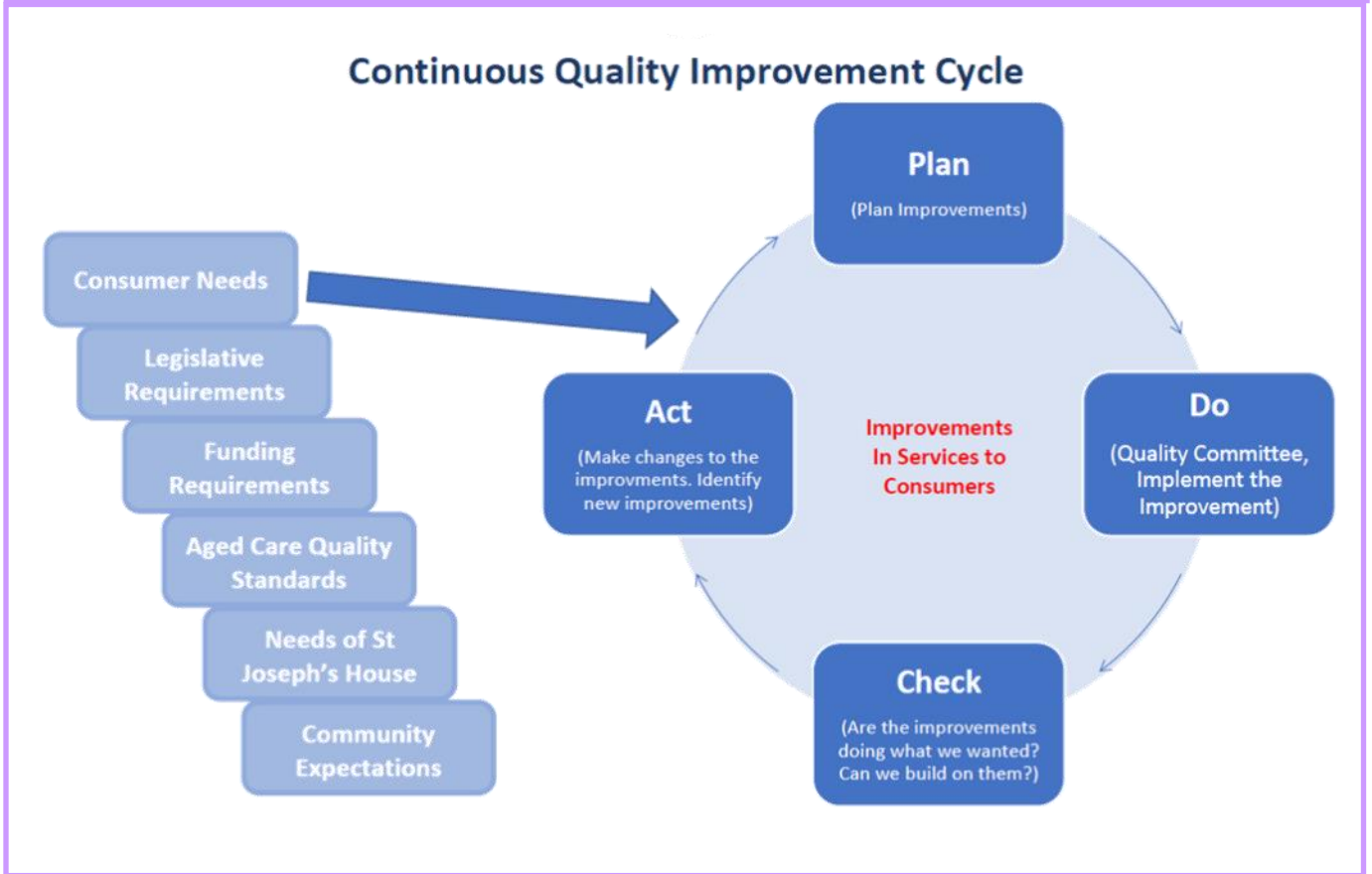


Last Months Solution



A	M	F	M		A	D	M	I	N		L	E	G	S	
L	A	R	A		V	E	R	S	O		E	D	I	E	
F	R	E	D	R	O	G	E	R	S		G	A	Z	A	
A	D	E		A	W	E	D		L	L	A	M	A	S	
S	I	D	E	B	A	R		B	O	O	T				
				W	I	L	M	A	R	U	D	O	L	P	H
S	P	E	E	D		L	A	C	E		I	L	E		
W	A	D	S		S	W	A	T	H		B	E	A	D	
A	L	I		B	O	O	M			K	E	N	N	Y	
B	E	T	T	Y	C	R	O	C	K	E	R				
				R	E	I	D		H	O	S	T	L	E	R
T	E	R	E	S	A		T	A	R	E		A	L	E	
A	R	E	A		B	A	R	N	E	Y	F	I	F	E	
T	I	N	T		L	E	I	C	A		E	N	I	D	
A	N	D	Y		E	S	S	E	N		D	E	N	Y	

# Continuous Quality Improvements...



**Aged Rights  
Advocacy  
Service (ARAS)**

**1800 700 600**

## Advance Care Directives

Information, forms and DIY Kit's for Advanced Care Directives can be found at [advancedcaredirectives.sa.gov.au](http://advancedcaredirectives.sa.gov.au) or ask for a copy at reception.

**Aged Care  
Quality and Safety  
Commission**

**1800 951 822**

## Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to make a comment or complaint please feel free to approach a senior staff member:

Sharon Ley (Residential Services Manager)  
Therese Johnson (Clinical Nurse Consultant)  
Marra Pearn (Resident Liaison Officer)

If you wish to lodge a written complaint you can complete a Feedback Form which is available from various locations around the facility and place it in one of the feedback boxes.

Once received the Quality Coordinator will make a record of lodgement and the suggestion or concern is then followed through until you are satisfied with the outcome.

**St. Joseph's House**  
*Spirit of Care*

**Feedback Form**

Please use this form to:

- Suggest an improvement
- Give us positive feedback
- Express a concern or issue

22 Norman Street  
Port Pirie SA 5540  
Ph: 8632 1450  
Fax: 8633 0790  
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Upcoming Dates

Friday, February 12th

Chinese New Year (of the Ox)

Sunday, February 14th

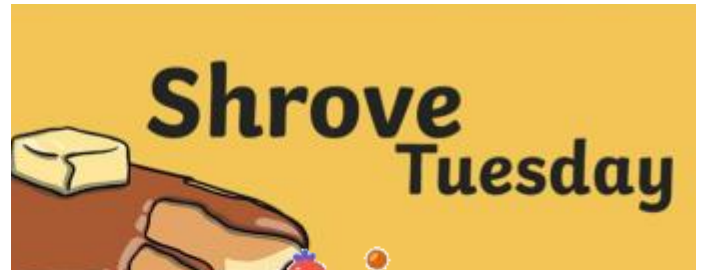
Valentine's Day

Tuesday, February 16th

Shrove Tuesday

Wednesday, February 17th

Ash Wednesday



Good day starts with  
**PANCAKES**



**Year of the Ox**



*Sympathy*

*We offer our deepest  
condolences to the family and  
friends of the late:*

*Daphne Protopapas*

*May They Rest in Peace*





YOU ARE SUCH A  
BEAUTIFUL PERSON  
INSIDE AND OUT.

*happy birthday!*

## *February Birthdays*

*7/2 Flo Davies    8/2 Vonnie Parks*

*12/2 Don Sanders    17/2 Brian Rutgers*

*22/2 Howard Duell*

*25/2 Ivan Newbery*

*Happy Birthday*






I pray that God blesses you  
with all the happiness in this  
universe.

May you prosper and shine  
everywhere you go.





# February 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>1 10.30am—Chair Exercises</p> <p>1.1 - Support visits</p>	<p>2 10.30 - Bingo</p> <p>1.30—Painting / Coloring in Activity Area</p>	<p>3 10.45am –Mass Activity area</p> <p>1.30 - Choice of games in activity area</p>	<p>4 10.45am Yoga St marks up</p> <p>130pm Bingo</p>	<p>5 1030am Whiteboard games</p> <p>130pm Bowls</p>	<p>6 Activity Boxes are available in all areas</p> <p>Games are set up in activity area</p>	<p>7 Songs of praise 11:30 am ABC</p>  <p>7pm reading local recorder</p>
<p>8 11.00—Chair Exercises</p> <p>1.30—Hoy</p>	<p>9 10.30 - Bingo</p> <p>130pm Resident meeting St Clare &amp; St Mark in the activity area</p>	<p>10 10:45am Mass</p> <p>1.30—1.1 Support visits</p>	<p>11 10.45am Yoga St marks up</p> <p>130pm Bowls</p>	<p>12 Valentines day photos and fun</p> <p>130pm Valentines day afternoon tea</p>	<p>13 Activity Boxes are available in all areas</p> <p>Games are set up in activity Area</p>	<p>14 HAPPY Valentine's DAY</p>
<p>15 11.00—Chair Exercises</p> <p>1.30 Trivia</p>	<p>16 10.30am Bingo</p>  <p>130pm cooking with polina</p>	<p>17 10:45am Mass</p>  <p>130pm Afternoon fun and games</p>	<p>18 10.45am Yoga St marks up</p> <p>130pm Sing A Long activity area</p>	<p>19 10.30 Support Visits</p> <p>130pm Bowls</p>	<p>20 Activity Boxes are available in all areas</p> <p>Games are set up in activity Area</p>	<p>21 Songs of praise 11:30 am ABC</p>  <p>7pm reading local recorder</p>
<p>22 11.00—Chair Exercises</p> <p>130pm Beetles</p>	<p>23 10.30 - Bingo</p> <p>130pm Birthday celebrations with John Activity area</p>	<p>24 10:45am Mass</p> <p>130pm Cooking with</p>	<p>25 10.45am Yoga St marks up</p> <p>10.30—Hoy</p>	<p>26 1.1 Support Visits</p> <p>130pm Bowls</p>	<p>27 Activity Boxes are available in all areas</p> <p>Games are set up in activity Area</p>	<p>28 Songs of praise 11:30 am ABC</p>  <p>7pm reading local recorder</p>