

St Joseph's House Connections August 2021



**22 Norman Street, Port Pirie SA 5540
Phone (08) 8632 1450 Fax (08) 8633 0790
W: www.spiritofcare.org.au E: admin@stjosephshouse.net.au**



Notice Board

COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant or to make an appointment for a face to face meeting.



The Census is coming this August.



The Census happening again this year and its time to count everyone in Australia. The Census happens every 5 years where you will be asked questions that will assist the government and businesses plan for the future.

Everyone must take part in the census. Your personal information is protected and kept safe and private at all times. Marra Pearn and Morgan Tilbrook are the Census Supporters for St Joseph's House and will ensure that all residents have the information they need to completed the census and assist where needed

If you have any questions about this process please feel free to ask when they discuss the census with you this month.



This Issue:

- Reminders
- What's happening in Pirie? "Let's get to know Graeme King".
- Silhouette Crafts
- Woodwork
- Back to the past
- Word search
- Around the house
- ACQS
- CQI
- August activity planner

Resident Meeting:

Tuesday, 10th August, 10.30am

Main Activities Area

Resident Liaison Officer : Marra Pearn

Lockdown around St Joseph's House



While lockdown has been hard on everyone, here at St Joseph's House we have been working on keeping everyone in a positive spirit and enjoying their days.

How you ask?

Not only do we check in on each other but the team have done an amazing job at organising activities while maintaining the required social distancing.

Here are just a few pictures from over the last week of lockdown.

We want to thank everyone who has followed the Stay at Home Directions, we understand it hasn't been easy.

Please know, it has been truly appreciated.



What's Happening in Port Pirie

Graeme King has come to Port Pirie to settle after a successful career in the United States



Port Pirie has officially added a high profile individual to its community as world famous boat builder Graeme King settles down here after his incredible years in the united States.

At the age of 73, Mr. king had decided to give up the American lifestyle and come home to Australia.

A few facts about Graeme King.

- His love for boats started when he was five years old.
- He built his first boat at the age of 12 when he construed a canoe out of scrap wood!!
- As a child, he would spend his summers rowing in the river mangroves in Port Pirie.
- He was 25 when he was invited to become boatman for the men's Harvard University rowing team in the US.
- He has crafted more than 300 wooden shells for collegiate teams.
- He became great friends with Meryl Streep after he was invited to teach the "academy award winning actress" how to row!
- Since moving back to Pirie, Graeme has enjoyed rowing in the mangroves once again and finding the dolphins.
- He is excited for his shed to be built so he can get back to what he does best.

What an amazing story and an amazing man! Welcome back Mr. King!

Silhouette Crafts



Look how gorgeous these silhouette dresses that our residents made turned out! This was such a gorgeous craft for our residents to be apart of. I'm giving them a 10/10! Well done ladies, you did an amazing job!



WOODWORK

With the men of St Joseph's



Here at St Joseph's house we don't only have arts and crafts, but we also have a woodwork day! Look at some of the residents enjoying their time in woodwork, you are all so talented!

I was going to make up a joke about carpentry, but I can't think of any that wood work.

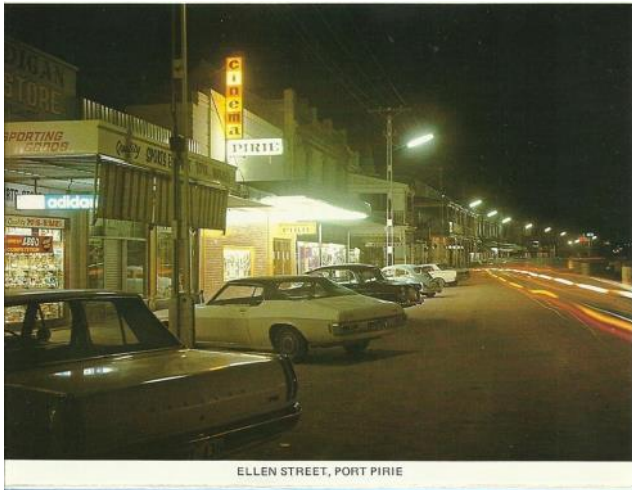


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“Look for something positive in each day, even if some days you have to look a little harder.”

BACK TO THE PAST

Since this was such a hit, let's go back in time again and look at how things once were in the past! How times have changed! Do you remember this??



ELLEN STREET, PORT PIRIE

Ellen Street, Port Pirie, 1970's. I wish it still looked like this!



This one takes us back a bit but look at Port Pirie in 1876 (colourised). Pirie Hotel on the left of the photo, looking northwards up Ellen Street.



Ellen Street in Port Pirie, 1954. How times have changed!

Port Pirie's skyline in the early 50's



International Food Festival. 1977, Woodward Park. Did anyone ever go to this or something similar? If so, what was one food you can remember that you loved?



This month's word search is all about having a positive attitude, so just remember "A positive attitude gives you power over your circumstances, instead of your circumstances having power over you."

Positive Attitude

E C H S U O E G A R U O C S A R Y
E M A L T H C Z X A H M Q D P Z A
V L P U E L O V E O T A U E P O E
E K P F C M D M Q A W L W T R R F
I S I P A J T E H X O E M E E K M
L S N L E W L S I I R R O R C F T
E E E E P O V G G V G E T M I Q N
B C S H J S M I L E L T I I A L E
L C S I T C E P S E R C V N T Z D
E U W G I O F Q G J Q A A A I B I
U S T I W E Z M C R W R T T O L F
A C H I E V E M E N T A I I N G N
B E A U T I F U L J B H O O N G O
K I P O S I T I V E H C N N U W C
F M I R A Q X C N G D D E V A R B
M Z M M G E C Q W D F S T R O N G
R E H T E G O T M B G P G E P O D

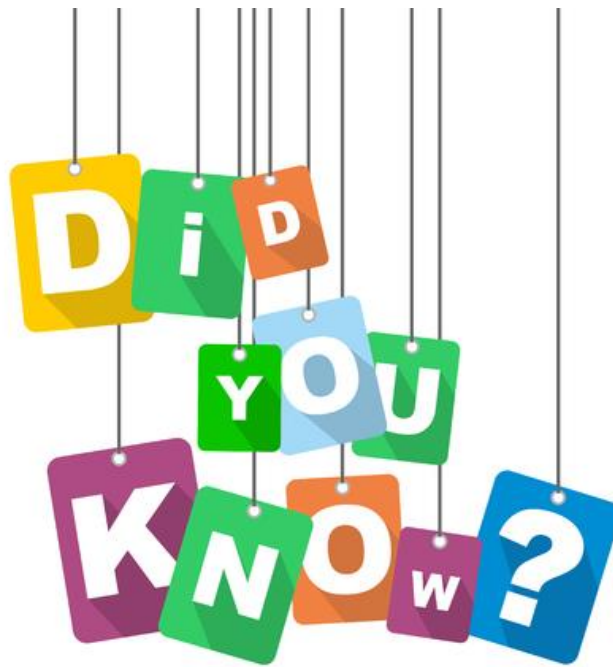
together	character	beautiful	helpful
smile	confident	appreciation	growth
courageous	brave	strong	respect
happiness	achievement	determination	success
positive	believe	peace	love
motivation			



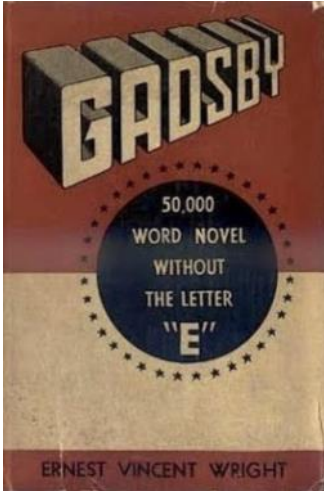
Around the house



Australia has the world's longest golf course measuring more than 850 miles long! Do you like to golf?



Snails take the longest naps with some lasting as long as three years!! How crazy is that.



The 1939 novel *Gadsby* is the longest book ever published that doesn't contain the letter 'e.' Could you write a book that doesn't contain the letter e?

Avocados are a fruit, not a vegetable. They're technically considered a single-seeded berry, believe it or not.



Montana has three times as many cows as it does people. That's a lot of cows!!

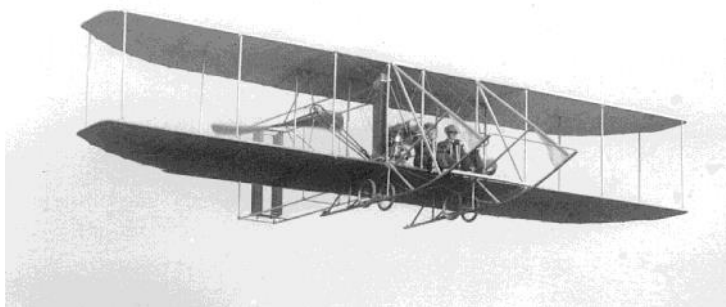


Lady Liberty wears a size 879 shoe.

Baby flamingos are born grey, not pink.

Venus is the only planet to spin clockwise. It travels around the sun once every 225 Earth days but it rotates clockwise once every 243 days

Hippos and horses are actually distant relatives.



The first airplane flew on December 17, 1903. How time 'flies'!!

Parts of the Great Wall of China were made with sticky rice.

Aged Care Quality Standards....



Standard 1. Consumer Dignity and Choice

Consumer Outcome:

I am treated with dignity and respect, and can maintain my identity. I can make informed choices about my care and services, and live the life I choose.

What does this mean?

Dignity and Respect—your strengths are recognised and St Joseph's House empowers you to be as independent as possible. You are communicated to respectfully and your individuality is respected.

Identity, culture and diversity—St Joseph's House is inclusive and does not discriminate. You define your own identity and this is respected and not questioned.

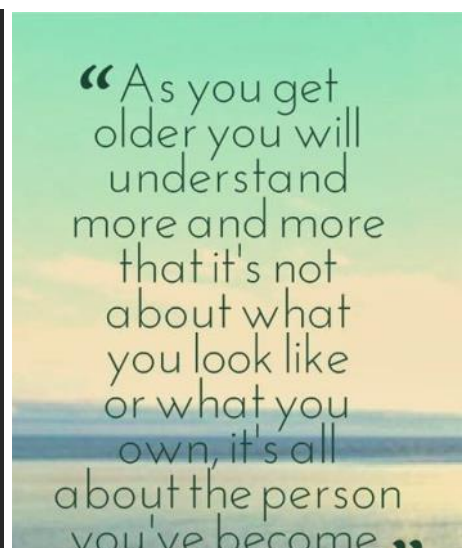
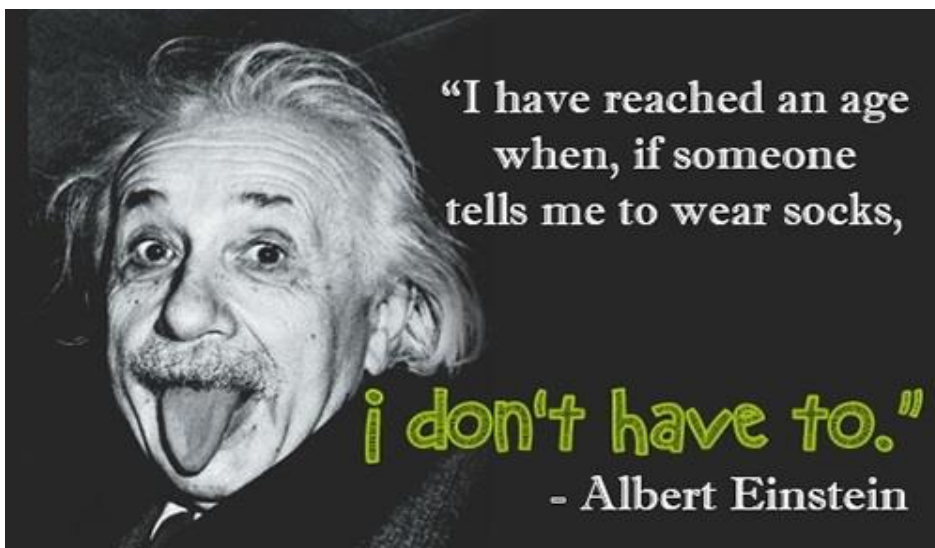
Cultural Safety—St Joseph's House understands your culture, acknowledges differences and is actively aware and respectful of the differences in planning and in the delivery of care and services.

Choice—You have the right to make informed choices, to understand your options and to be as independent as possible. The staff are involved, listen and respect your views and effectively communicate your choices.

Dignity of Risk—It is your right to make your own decisions about your care and services and your right to take risks. It is St Joseph's House responsibility to inform you of risks before you take them.

Information—You receive information in a method and language that you understand.

Personal Privacy—St Joseph's House respects your right to privacy and manages your personal information in accordance with relevant laws and best practice guidelines.



Continuous Quality Improvements...



Hi All,

We have recently had an Audit from the Aged Care Quality and Safety Commission, they were very thorough and provided feedback that will ensure we are able to implement continuous improvements in the personal and clinical care you receive.

These improvements focus mainly on documentation. We have already made great progress on implementing a wide range of improvements and are working very hard to ensure all of the aspects that the Commission identified are covered.

Please feel free to provide some input when you are being asked questions in the consumer survey.

Stay Safe.

Kind regards,

Amanda White

Quality and WHS Coordinator

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide complaints, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us info@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.



The image shows a feedback form titled 'Feedback Form' from St. Joseph's House. The form includes a header with the department name 'Department - Administration' and the date 'Issued June 2022'. The main body of the form features the St. Joseph's House logo and the tagline 'Spirit of Care'. Below this, it says 'Feedback Form' and lists three purposes for using the form: 'Suggest an improvement', 'Give us feedback', and 'Express a concern or issue'. At the bottom, the contact information for St. Joseph's House is provided: 22 Norman Street, Port Pirie SA 5540, Phone: 8632 1450, Fax: 8633 0790, Email: info@stjosephshouse.net.au, and Website: www.spiritofcare.org.au.

In need of an advocate?

aras



aged rights advocacy service inc.

1800 700 600



Australian Government

Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

The Aged Care Quality and Safety Commission
can be contacted on
1800 951 822

August Dates

4th - 10th August

Homelessness Prevention Week

8th August

Dying to know day

9th August

International Day of the World's Indigenous People.

16th - 22nd August

Keep Australia Beautiful Week

28th August

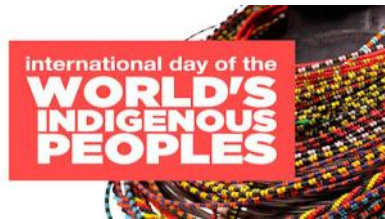
Daffodil Day



**The most important conversation
you've never had.**
Can take you places you've never been.

DYING TO KNOW DAY

8th August 2021
Creating space for death



Keep 
Australia
Beautiful

“
If you know someone who has lost a very important person in their life and you're afraid to mention them because you think you may make them sad by reminding them that they died – you're not reminding them, they didn't forget.

What you're reminding them of is that you remembered that they lived. And that is a great, great gift.

ELIZABETH EDWARDS



Sympathy
*We offer our deepest
condolences to the family and
friends of the late:*

Shirley Crawford

May They Rest in Peace



Happy Birthday

May God give you the strength and wisdom to smoothly surmount all the challenges life brings you. Stay blessed and enjoy your day to the fullest.

August Birthdays

Marna Thornton 24/08

Kenneth Spear 5/08 Shirley Wiskar 24/08

Eva Lench 7/08 Betty Wolter 26/08

Carmela Porta 12/08 Joy Keysell 27/08

Jennifer Cook 17/08

Graham Fitzgerald 31/08

August 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2 Hairstresser 10.45—Fitness Fun 1.30—Lets Knit Bring your own knitting along	3 10.30— Bingo 1.30— Virtual concert	4 10.45—Mass 1.30—Craft “ Welcome Signs”	5 10:30 Yoga 1:30 - Hoy	6 10:45 Walking Group 1.30— Les Rich 4:00—Mens Group	7 Activities left in your own area to use at your leisure	8 Songs of praise 11:30 am ABC 7pm reading local recorder
9 Hairstresser 10.30— Chair Exercises 1.30—Painting Or Coloring	10 10.30— Resident Meeting 1.30— Bingo	11 10.45—Mass 1.30— Gardening Library Day	12 10:30 Yoga 1:30 - Hangman and whiteboard games	13 10:45 Walking Group 1:30 - Bowls 4:00 - Mens Group	14 Activities left in your own area to use at your leisure	15 Songs of praise 11:30 am ABC 7pm reading local recorder
16 Hairstresser 11.00—Eccumenical Service 1.30— Self Directed Knitting, cards, Puzzles	17 10.30—Bingo 1.30 - Movie afternoon	18 10.45—Mass 1.30— Ladies afternoon	19 10:30 Yoga 1:30 - Sing-a-long	20 10:45 Walking Group 1:30 - Bowls 4:00 - Mens Group	21 Activities left in your own area to use at your leisure	22 Songs of praise 11:30 am ABC 7pm reading local recorder
23 Hairstresser 10.45—Fitness Fun 1.30— News catch up	24 10.30— Bingo 1.30—Name that tune	25 10.45—Mass 1.30—Hoy Library Day	26 10:30 Yoga 1:30—Beetles and board games	27 10:45 Walking Group 1:30 - Bowls 4:00 - Mens Group	28 Activities left in your own area to use at your leisure	29 Songs of praise 11:30 am ABC 7pm reading local recorder
30 Hairstresser 10.30—Chair Exercises 1.30 -Word Scramble 2.00—True or False Trivia	31 10.30-Bingo 1.30— Birthday Celebrations With John					