



St Joseph's House Connections January 2022

22 Norman Street, Port Pirie SA 5540

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Notice Board



COMMUNICATION:

Families are requested to ask for the Registered Nurse or Enrolled Nurse for enquires regarding care matters. Families are welcome to ring during the week to speak with our Clinical Nurse Consultant or to make an appointment for a face to face meeting.



Advance Care Directive Your wishes for future care

There may come a time when you are unable to make a decision or properly communicate your wishes on how you'd like to be cared for or treated.

It could be for a number of reasons including:

- an accident or mental health episode
- dementia or similar condition
- a sudden serious stroke or
- because you are unconscious or in a coma.

This can happen at any age or stage of life. If it did, how would you want decisions to be made for you about your ongoing health care, living arrangements and other personal matters? And, who would you want to make those decisions for you?



The Advance Care Directive

The new Advance Care Directive is an important step forward in planning for your health care.

The new Advance Care Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with a single Advance Care Directive Form.

What will it allow me to do?

The new Advance Care Directive allows you to:

- write down your wishes, preferences and instructions for your future health care, end of life, living arrangements and personal matters; and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf, if you are unable to make them for yourself.

Why should I have one?

It will give you peace of mind that those caring for you will know what you want, when you are unable to make your own decisions or communicate your wishes and values.

This Issue:

- Covid Information
- Christmas Photo Day
- Find a Word
- Activities
- Did you Know? - Australian Edition
- Around the Home
- Aged Care Quality Standards
- CQI
- Colouring Page
- Birthdays
- January Activities Calendar

Resident Meeting:

10.30am—18th January

St Clare Up

Resident Liaison Officer : Marra Pearn



COVID-19 Vaccine Information and Updates

We have been notified that 2nd of February, Aspen Medical will be here at St Josephs House to administer Covid Boosters that are due for eligible residents.

If you have any questions please see the nurse for further

Visiting hours have change due to the increase in COVID positive cases in Port Pirie to safeguard our residents.

Daily review of the current situation will continue, and changes made in line with SA Health recommendations.

Please note that out of hours visiting requires approval by the CNC or RSM.

Visiting Hours will be

1:00pm – 3:00pm

Seven days a week as of Friday 7th January 2022

St Joseph's House is able to facilitate Facebook Messenger and Skype video calls with your loved ones in the facility.

Video calls ensure you can maintain connections with those you love while keeping them safe from the risks associated with community transmission of Covid-19.

Please ring Reception during business hours to schedule a time (24hrs notice is appreciated). During the scheduled time one of our staff members will able to provide a iPad/Tablet/Computer (if needed) and ensure your video call is answered and a connection is made.



CHRISTMAS AT ST JOES



Annual Christmas Photo Day, went off like a Bon-Bon at Christmas Dinner. If you would like a copy of any of the photos please ask Lifestyle.





R H E M S T I T C H I N G N D
 E H C T I T S T N E T S A E S
 T T I T A D D O H T E M C N S
 A T T I I P E S C N I O J I A
 E E C F T T E S T C R C T L T
 W H A S A H S S I A H K E S I
 S C R K T R I S T G N I C S N
 S O P O T I C I S R N N H E S
 E R L O M E O D G O Y G N N T
 N C S H A N G I N G R A I E I
 T H C T I T S N I A H C Q S T
 H H C T I T S G N I H C U O C
 G V E S T N E M R A G S E O H
 I E U Q I L P P A N E E D L E
 T N I N E Y R E D I O R B M E

APPLIQUE

CHAIN STITCH

CLOTHES

COUCHING STITCH

CROCHET

CROSS STITCH

DARNING STITCH

DECORATION

EMBROIDERY

GARMENTS

HANDCRAFT

HANGING

HEM STITCHING

HOOKS

JOIN

LINEN

LOOSENESS

METHOD

NEEDLE

PRACTICE

SATIN STITCH

SMOCKING

SWEATER

TAPESTRY

TECHNIQUE

TENT STITCH

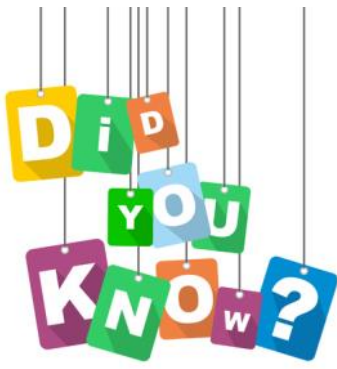
TIGHTNESS



ACTIVITIES

**Christmas Crafting
brought Joy to some
of the ladies who
enjoy arts and craft**





An Average Australian drink 96 liters of beer per year.

Australia has more camels than Egypt.

Approximately 45 million packs of Tim Tam are sold each year (that's over 670 million individual timtams!)



Australia is home to 21 of the world's 25 most poisonous snakes

The Indian Pacific train of Australia is the longest straight section of train tracks in the world. Between Port Augusta (SA) and Kalgoorlie (WA) across the remote Nullarbor Plain, the Trans Australia train line (home to the iconic Indian Pacific route) has a 478-kilometre (297 mi) stretch of dead straight train tracks – the longest in the world.

Australia was the second country to give women the vote in 1902.

Australia invented the world's first seat belt law in 1970

90% of the Australian population live within 50km of the coast

Australia is almost the same size as mainland USA (North America).

The Great Barrier Reef has its own post box.

Australia has more kangaroos than people.



Melbourne, Australia has the largest Greek population outside of Greece.

The currency is the Australian Dollar (it's also considered the most advanced currency in the world – it's waterproof, made of polymer and notoriously hard to counterfeit.)



Around the house



Residents got to decorate the Tree in each area. Great work!!!



Port Pirie West Children's Centre made some wonderful decorations for our residents for Christmas.



Aged Care Quality Standards...



Standard 6: Feedback and Complaints

Consumer Outcome:

I feel safe and am encouraged and supported to give feedback and make complaints. I am engaged in the processes to address my feedback and complaints, and appropriate action is taken.

What does this mean?

- St Joseph's House has a accessible, confidential, prompt and fair system to resolve complaints. These complaints are used to ensure improvements to care and services and resolve issues for all consumers.
- Staff support you to make a complaint and give feedback. The complaints resolution process is used to build relationships, which leads to better outcomes.
- You are encouraged to give positive and negative feedback about the care and services you receive.
- St Joseph's House demonstrates open disclosure, which includes open communication and transparent processes.
- You should feel safe and comfortable giving feedback and any barriers, such as communication difficulties or language and cultural difficulties ,are overcome.
- St Joseph's House creates a culture that welcomes feedback and supports you to make complaints.



Continuous Quality Improvements...



Hi All,

Happy New Year!

Well, the rapid changing situation with community transmission of covid-19 see's me starting out the year working from home.

We have been busy working on management plans and guidance documents to ensure we take every step possible to maintain the safety of everyone at St Joseph's House.

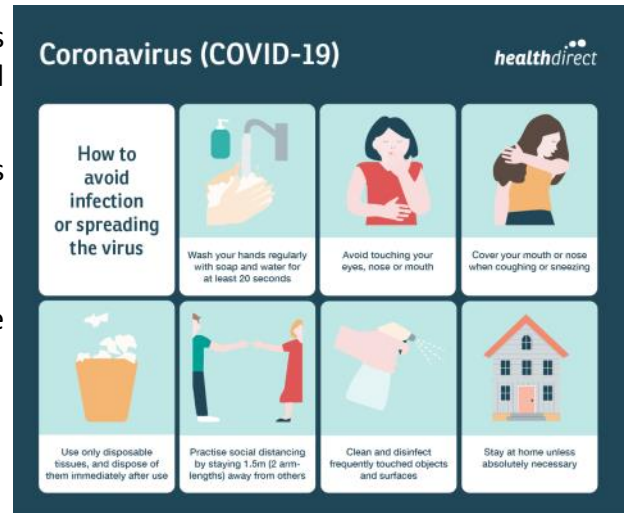
During this time please keep in mind that there are some steps we all need to continue to ensure safety for both your self and others:

- Practice good hygiene like covering coughs and sneezes and regular handwashing
- Stay 1.5 meters apart whenever and wherever you can
- Stay in your room if you are unwell with cold or flu like symptoms

Kind regards,

Amanda White

Quality and WHS Coordinator



Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide complaints, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us info@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

In need of an advocate?

aras



aged rights advocacy service inc.

1800 700 600



Australian Government

Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

The Aged Care Quality and Safety Commission
can be contacted on
1800 951 822

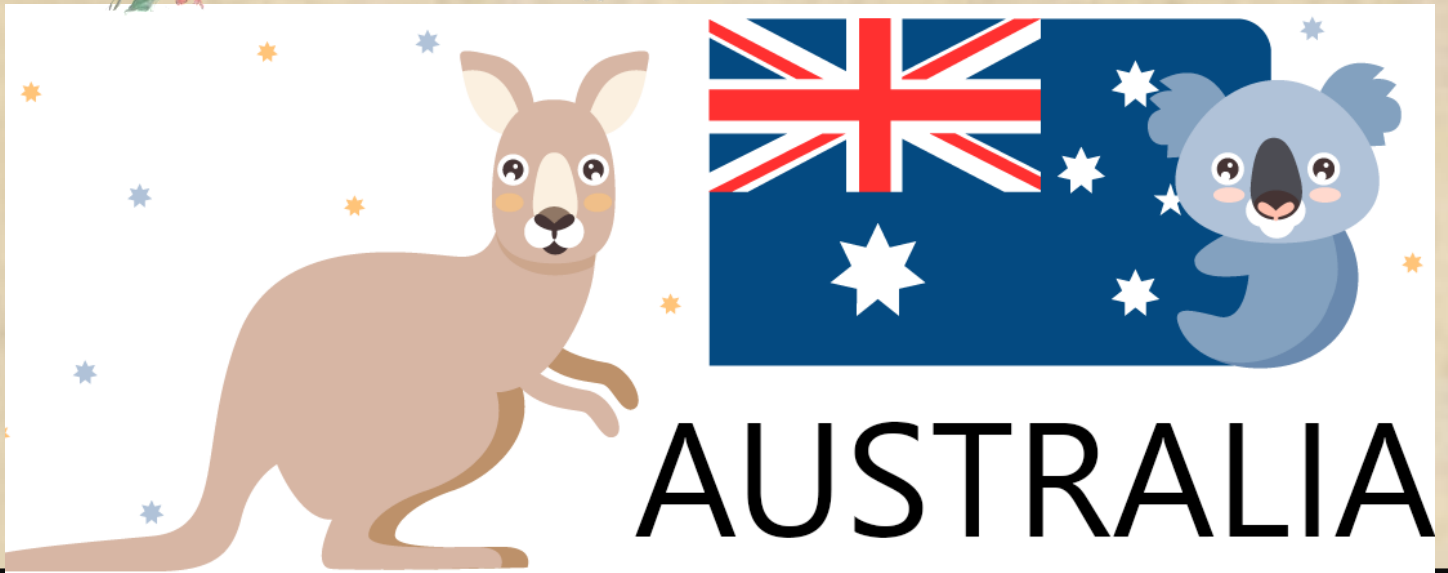


January Dates

*Saturday January 1st
Solemnity of Mary, Mother
of God*

*Thursday, January 6th
Epiphany*

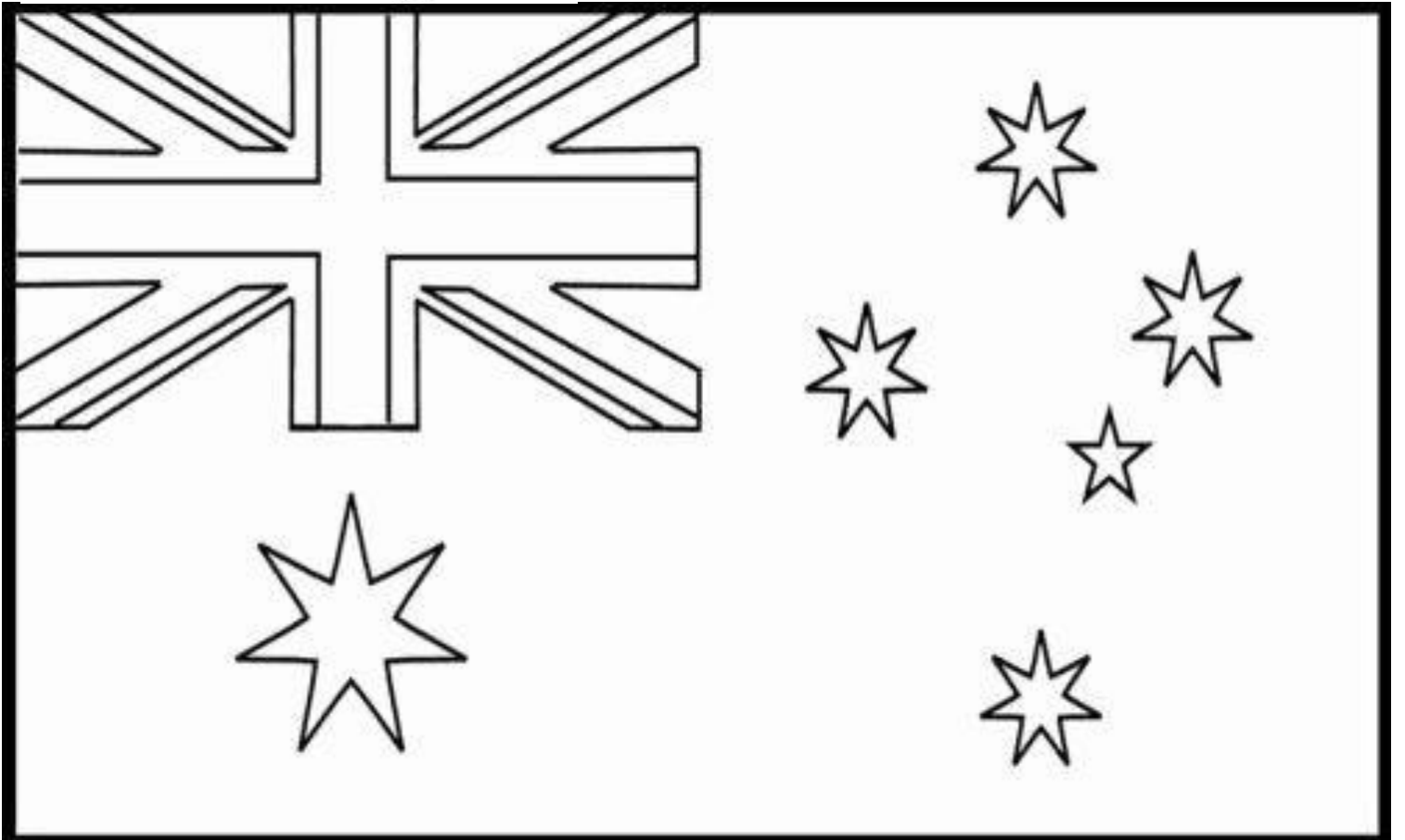
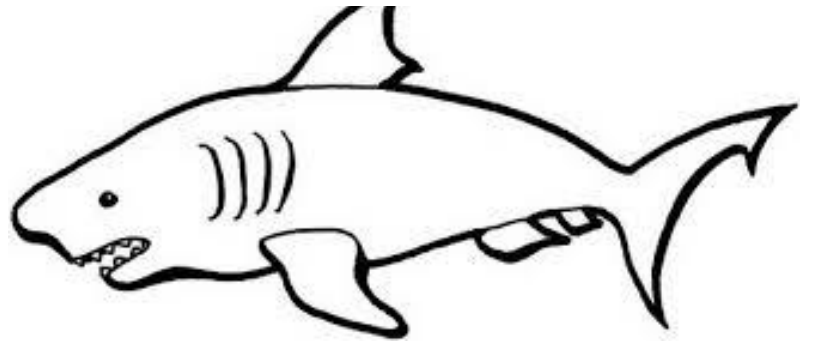
*Wednesday, January 26th
Australia Day*



*Sympathy
We offer our deepest
condolences to the family and
friends of the late:*

*Malcolm Barry
Doreen Donnon
Oscar Conley*

May They Rest in Peace





January Birthdays

Margaret Johns 04/01 Ron Warne 07/01

Mauro Turcí 09/01 Norma Conley 11/01

Coline Stenson 16/01 María Pisaní 24/01

Joan Robinson 28/01




Happy Birthday

May God give you the strength and wisdom to smoothly surmount all the challenges life brings you. Stay blessed and enjoy your day to the fullest.



January 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>3 PUBLIC HOLIDAY</p> <p>10 Hairdresser 1030am Word scramble 130pm Art (dot painting)</p>	<p>4 Free morning 1:30 Trivia Word Activity</p>	<p>5 Virtual Mass 10:45 1:30 Cuppa and Chat</p>	<p>6 Yoga 10:45 1:30 Hoy</p>	<p>7 Bingo 10:30am 130pm Bowls</p>	<p>8 Activity Boxes are available in all areas Games are set up in activity area</p>	<p>9 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM</p>
<p>10 Hairdresser 1030am Word scramble 130pm Art (dot painting)</p>	<p>11 Bingo 10:45am 1:30 Whiteboard Games</p>	<p>12 Mass 10:45 1:30 Afternoon Tea and chat outdoors</p>	<p>13 Yoga 10:45 1:30 Gardening</p>	<p>14 Beetles 10:30am 130pm Bowls</p>	<p>15 Activity Boxes are available in all areas Games are set up in activity area</p>	<p>16 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM</p>
<p>17 Hairdresser 1030am Bingo 130pm Hoy</p>	<p>18 resident 10:45am meeting 1:30 Cuppa and Chat</p>	<p>19 Mass 10:45 1:30 Pampering</p>	<p>20 Yoga 10:45 1:30 Australia Day craft</p>	<p>21 1030am morning tea activity area social group 130pm Bowls</p>	<p>22 Activity Boxes are available in all areas Games are set up in activity area</p>	<p>23 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM</p>
<p>24 Hairdresser 1030am room visits 1:00pm movie and snacks , activity area</p>	<p>25 Australia day BBQ Lunch Australia Day Fun and Games Activity</p>	<p>26 PUBLIC HOLIDAY </p>	<p>27 Yoga 10:45 1:30 pop up shop Activity area</p>	<p>28 room visits 1030am 130pm Bowls</p>	<p>29 Activity Boxes are available in all areas Games are set up in activity area</p>	<p>30 Songs of praise 11:30 am ABC 7pm reading local recorder Trax FM</p>
<p>31 Hairdresser 1030am 130pm Hoy</p>						