

# August 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Hairdresser  Lolly trolley	2 10:45 Armchair exercise  130pm Nail care and visits with Kerry SM	3 10:30am Mass 130pm Virtual tour of Port Pirie Afternoon tea 1;1 support visits with Vicki	4 10:45 am Yoga with Joy  130pm Les Rich concert	5 10:30 Bingo  130pm Bowls	6 Activity Boxes are available in all areas Games are set up  In activity area	7 Songs of praise 11:30 am ABC  7pm reading local recorder Trax FM
8 Hairdresser  130Pm Knitting Group SCU lounge	9 1030am Resident Meeting SCU  130pm Mobile Nail Care	10 10:30am Mass  130pm am crosswords and quizzes 1;1 support visits with Vicki	11 1045am Yoga with Joy  130pm Painting and coloring	12 10:30 Bingo  130pm Bowls	13 Activity Boxes are available in all areas Games are set up  In activity area	14 Songs of praise 11:30 am ABC  7pm reading local recorder Trax FM
15 Hairdresser 11am Ecumenical Service  Chair exercises and afternoon tea	16 10:45 Armchair exercise  130pm Nail care and visits with Kerry SC	17 10:30am Mass  130pm Craft—Paper flowers 1;1 support visits with Vicki	18 1045am Yoga with Joy  130pm Beetles and Hoy	19 10:30 Bingo  130pm Bowls	20 Activity Boxes are available in all areas Games are set up  In activity area	21 Songs of praise 11:30 am ABC  7pm reading local recorder Trax FM
22 Hairdresser  130pm virtual tour of Scotland and afternoon tea	23 10:45 Armchair exercise  130pm Knitting group SCU lounge	24 10:30am Mass  1:30 Craft –paper flowers 1;1 support visits with Vicki	25 1045am Yoga with Joy  1:30 Coffee and word games	26 DAFFODIL DAY 10:30 Bingo  130pm Bowls	27 Activity Boxes are available in all areas Games are set up  In activity area	28 Songs of praise 11:30 am ABC  7pm reading local recorder Trax FM
29 Hairdresser  Lolly trolley  130pm Virtual Zoo and afternoon tea	30 10:45 Armchair exercise  Birthday Celebrations with John	31 10:30am Mass  1:30 Afternoon get together and cards 1;1 support visits with Vicki				