

St Joseph's House Connections March / April 2023

HAPPY
EASTER



LEST WE FORGET

22 Norman Street, Port Pirie SA 5540
Phone (08) 8632 1450 Fax (08) 8633 0790
W: www.spiritofcare.org.au E: admin@stjosephshouse.net.au

From the Lifestyle Desk

Hello Residents, Families and Friends!

I cannot believe we are already face to face with Easter , I hope you enjoy your time with family and friends and if you are travelling please stay safe.

Lifestyle will be conducting activities around easter such as craft and cooking , we may see a couple of bunny's around

Lets not forget the importance of easter and what it means spiritually for some

It is the oldest Christian holiday and the most important feast of the ecclesiastical year. In fact, the dates and celebrations of the liturgical year (including all the Christian movable feasts) are arranged around the central Christian feast of Easter.

The Roman Catholic Church always marks Easter on the first Sunday that follows the first full moon of the Spring Equinox. The date therefore changes each year and falls on any day between March 22 and April 25.

Easter Sunday starts the Easter season, marks the end of Lent and is the last day of the Holy Week which is also known as the Easter Triduum (Holy Thursday, Good Friday and Easter Sunday).

We will also celebrate Anzac day this month with a service and morning tea

Anzac Day is a national day of remembrance in Australia and New Zealand that broadly commemorates all Australians and New Zealanders "who served and died in all wars, conflicts, and peacekeeping operations" and "the contribution and suffering of all those who have served".

Aras visited this month at the last resident meeting , we hope you found this informative .

We had accreditation this month which lasted 3 days , The

assessors would like to pass on to all residents their representatives and staff a thank you for talking to them . We will have the results for that accreditation over the coming weeks and we will inform you of the results .

We are currently in conversation with the information centre whom will put together an information sheet of up coming displays that you may be interested in, we will let you know when we receive this.

We will also have Mateah and Matilda from St Marks high come to visit 4 x this month , chatting with you and getting to know you , we hope you enjoy their visits.

If there is any activity that would be of interest to you please let myself, Kerry or Sarina know , so we can organize this for you.

We also had the food safety Auditor on site on the 20th of March , we have received that report back , catering passed all areas of the audit , so well done to the team.

I will now be doing the newsletter every 2 months which allows me to ensure that all relevant information is collated and

included in your newsletter .

Keep Safe!

Marra , Kerry and Sarina



Do you feel sad, alone or upset?
Please know we are here to help.
Let the staff, lifestyle or volunteers know how you are feeling and we can arrange someone for a chat.
A listening ear can sometimes be a big help.



Visiting Hours

**MON TO FRIDAY 11AM
TO 5PM
WEEKENDS 1PM TO 4PM**

**OUT OF HOURS BY
APPOINTMENT**

In Memory

Sadly we say goodbye to

- Flo Davies
- Robert Willie
- Nicolo Capurso

To their family and friends - May you find strength in the love of family and in the warm embrace of friends.
Caring for your loved one was a

Welcome to

A very warm welcome to:

- Maria Brock
- Melba Gutte

We hope that you enjoy your time here!

Hair Dresser

We have a hairdresser who attends every Monday. If you would like an appointment please Contact Allison direct on 0408335002

Library Service

We have a mobile library service that delivers & picks up library books / audio books to reception. If you would like this service, please talk to lifestyle.

Entertainers

We thank our entertainers

Les
Rich
Darryl
Derek
John



Mass / Services

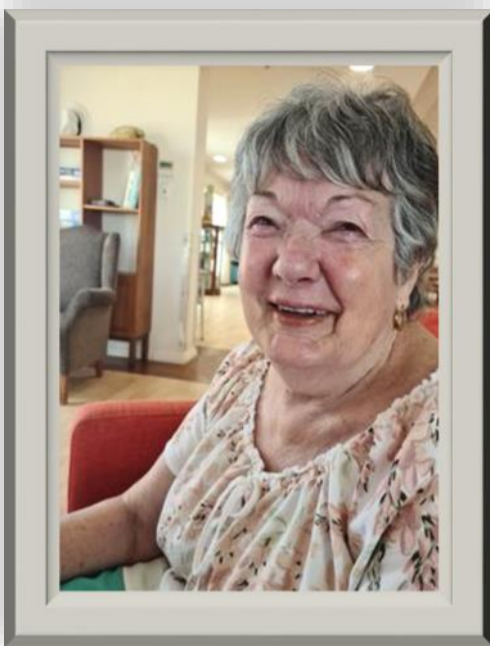
Mass is conducted each Wednesday morning upstairs St Marks

Ecumenical services are conducted each month on the 3rd Monday in Activity area

Resident meeting

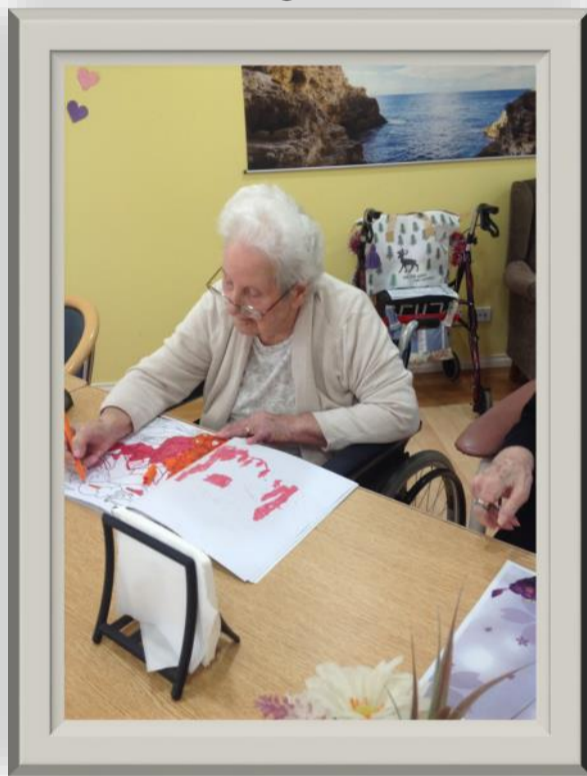
**APRIL 11TH
AT 1030AM
ST CLARE UPSTAIRS**

Activities



Bingo

SING A LONG



Ed helping out at MASS

Getting creative making place mats



ARAS visit

Enjoying time together

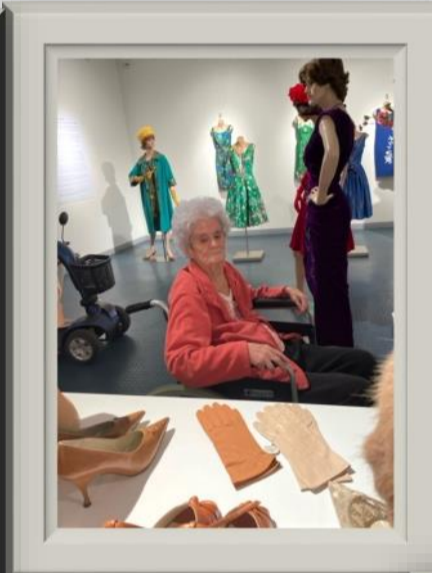
Activities



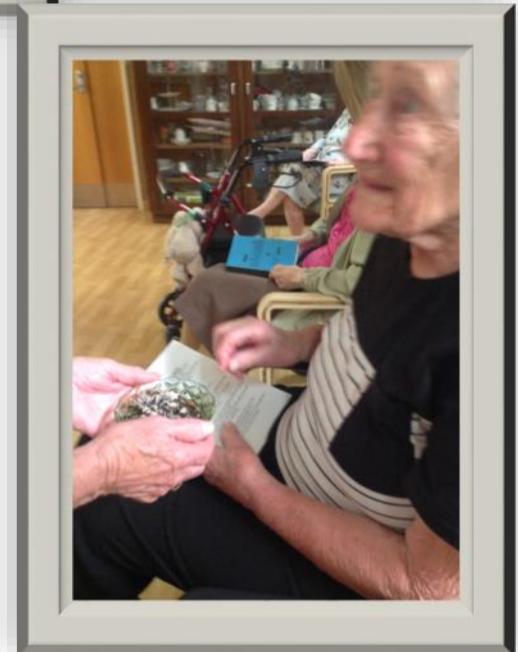
March Cooking



Community outing , vintage clothes exhibition at the information Centre and coffee afterwards



Ecumenical service



Special thank you to Darryl for his work on our gardens
Darryl comes in several times a week to tend to the plants and water the gardens.

Darryl also comes in with his wife Sue for sing a long group

Thank you Darryl and Sue we appreciate the time and effort you give to the residents.



TIPPING

Current footy tipping update

Leanne	12
Marra , Coral, Keith	11
Don , Veronica, Morgan	10
Rick	9
Kerry	8
Jenny , Colin, Rhonda,	7
Dorothy , Amy	6
Trevor	4

AFL 2023 Ladder

- 1: Sydney 8
- 2: St Kilda 8
- 3: Essendon 8
- 4: Collingwood 8
- 5: Nth Melbourne 8
- 6: Richmond 6
- 7: Carlton 6
- 8: Melbourne 4
- 9: West Coast 4
- 10 GWS 4
- 11: Power 4
- 12: Brisbane 4
- 13 Fremantle 0
- 14: Geelong 0
- 15: Adelaide 0
- 16: Gold Coast Suns 0
- 17: Western Bulldogs 0
- 18: Hawthorn 0

March / April Birthdays

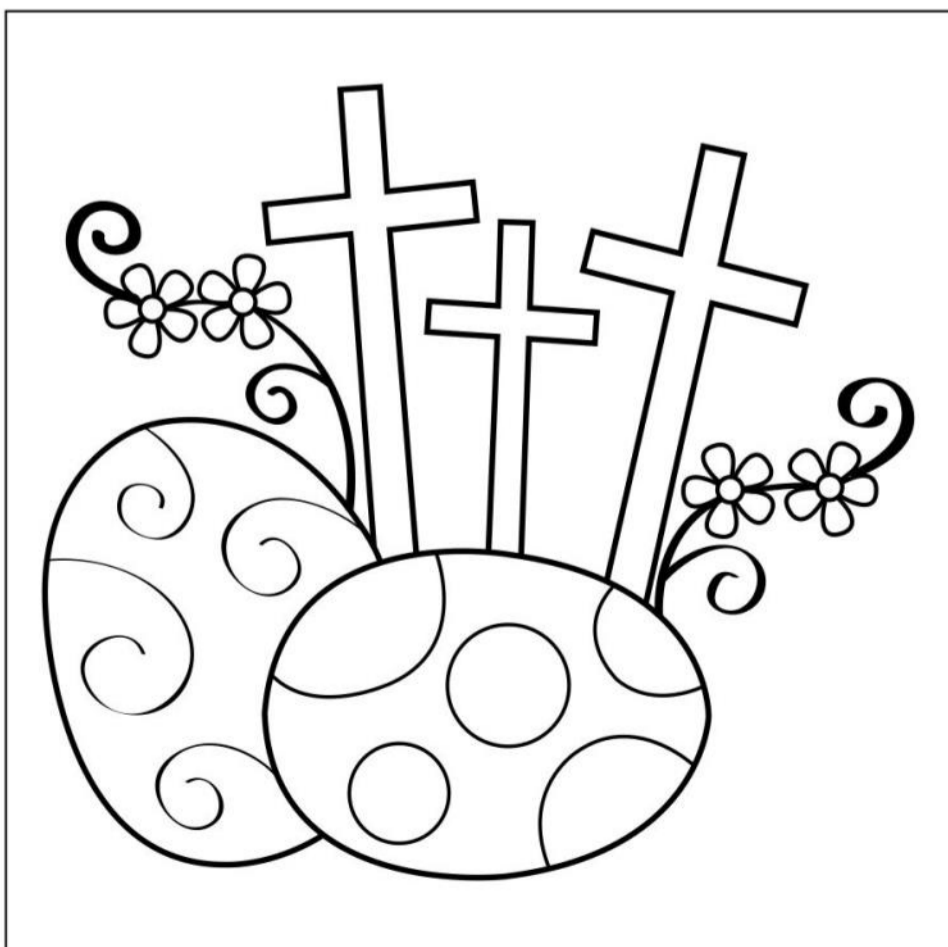
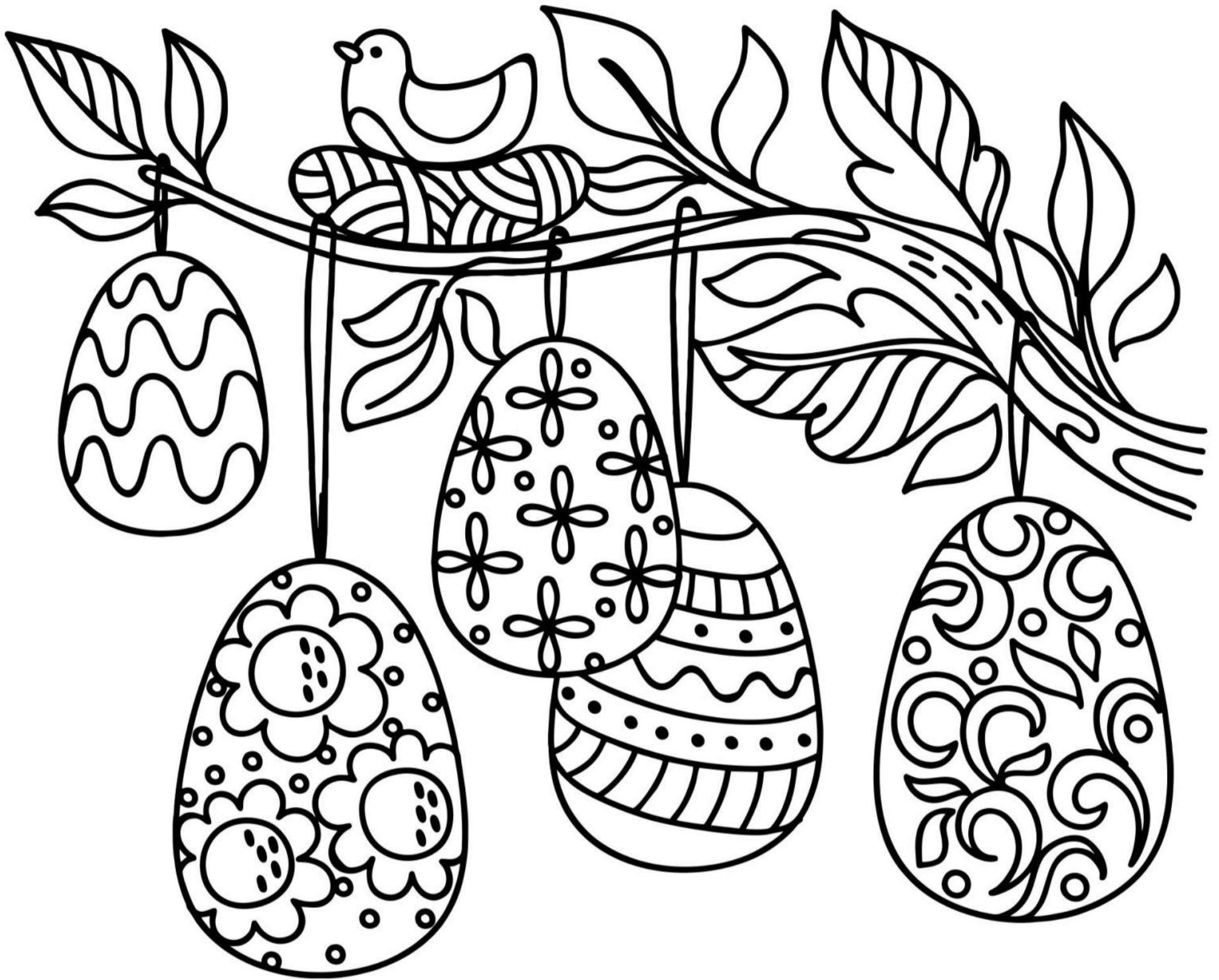
March Birthdays

Doreen Crowhurst	Vera Falland
Antonietta LoBasso	Lorraine London
Patricia Mulligan	Desmond Slattery
Beatrice Osborne	100th



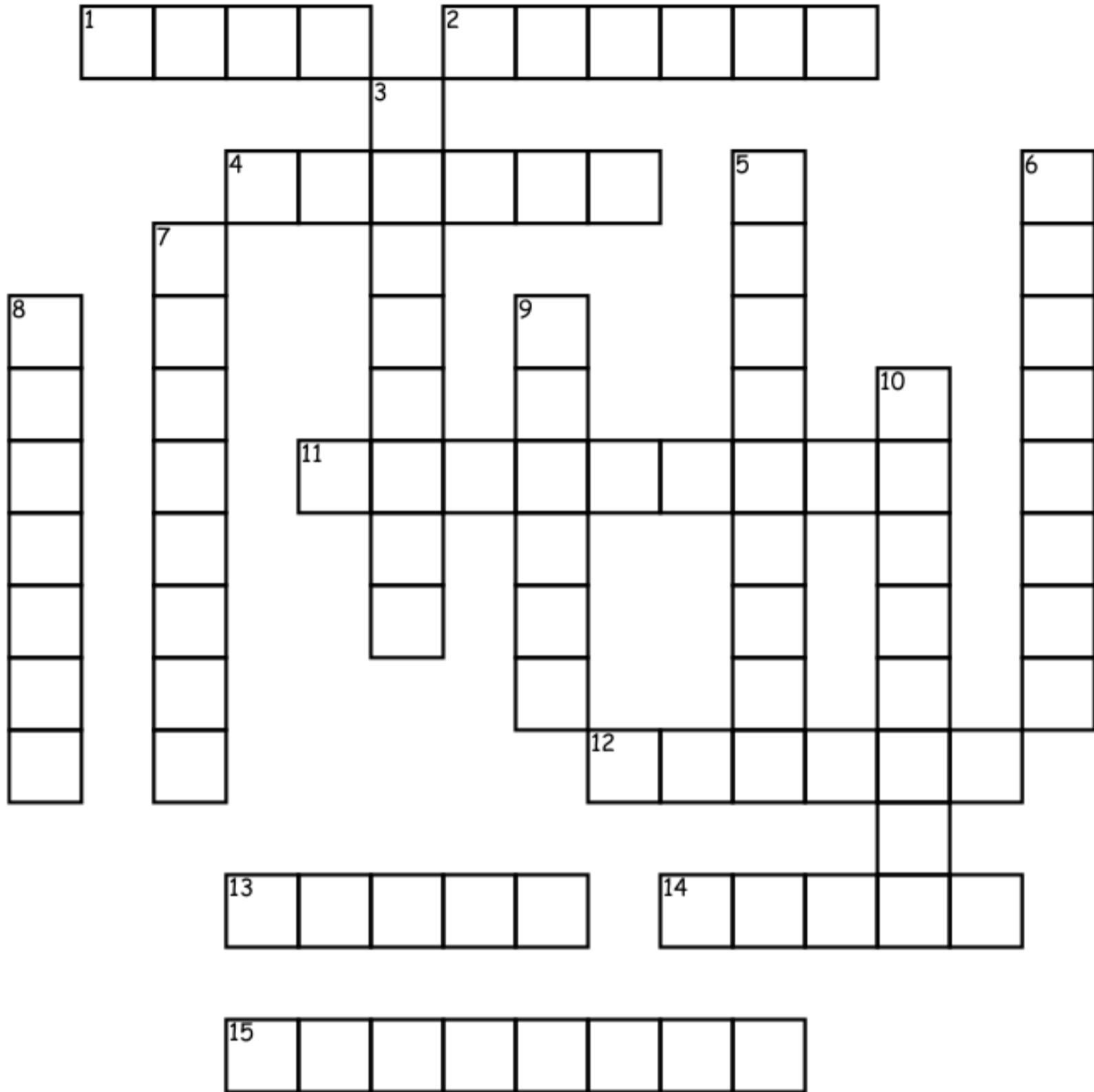
April Birthdays
 Marcia Brock
 Olive Kennedy





Name: _____ Date: _____

The ANZACs



Across

- 1. The ANZACs landed at ANZAC cove at
- 2. Another name for an ANZAC soldier.
- 4. A circular band of flowers.
- 11. Many ANZACs made the ultimate so we could be free today.
- 12. We often talk of the ANZAC

- 13. In Australia, we live in, free from violence.
- 14. The Last Post is play on this instrument.
- 15. Lest we forget. We will them.

Down

- 3. A monument erected in memory of our ANZACs who are buried elsewhere.
- 5. is in Tukey

- 6. The were full of disease, rats, and lice.
- 7. An army of armed forces.
- 8. On ANZAC day, we remember our fallen soldiers with a minutes
- 9. The ANZACs and their family marched in the
- 10. He laid the wreath in front of the



25th April

Anzac Day

Lest We Forget

ANZAC DAY POEM

April 25th a long time ago,
You went to battle at dawn,
Many lost their lives that day,
Together we will mourn.
More than that though,
We will march and remember those brave
men,
For they went to war and battled on,
They fought for our freedom then.
Through the darkest nights and the longest
days,
Through muddy grounds you go,
You marched on and looked behind,
And you saw the poppies grow.
We will wear one on this day,
To remember your courage – so strong,
We want you to know that in our hearts,
Your memory still lives on.



Supporting you to understand and exercise your aged care rights

OPAN can help. Call us today.

1800 700 600



Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us admin@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

if you have had close contact with someone who has COVID-19, you are at an increased risk of getting COVID-19. Close contact includes living with or having spent a lot of time indoors with someone with COVID-19.

People with COVID-19 are considered infectious two days before their symptoms started, or two days before their positive COVID-19 test was taken if they have no noticeable symptoms.

If you are a close contact, there are important things you can do to reduce the risk to others:

- Monitor for symptoms. If you get sick you should get tested and stay at home until you are well.
- Don't visit people at high risk of severe illness, or anyone in a hospital, or an aged or disability care facility. If you must visit, do a rapid antigen test prior to entering.
- Wear a mask when in indoor places and on public transport.
- Frequent rapid antigen testing to help identify an infection early. This is particularly important if you are in contact with people at high risk of severe illness.

Notify your employer, school, or childcare setting that you are a close contact.

Following these close contact guidelines for at least 7 days will help to protect our community, in particular people at risk or with health vulnerabilities, while you are potentially infectious.



Australian Government
Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

The Aged Care Quality and Safety Commission can
be contacted on
1800 951 822

In need of an advocate?

aras
aged rights advocacy service inc.

1800 700 600

Aged Care Quality Standards



Standard 1
Consumer dignity
and choice



Standard 2
Ongoing assessment
and planning
with consumers



Standard 3
Personal care
and clinical care



Standard 4
Services and supports
for daily living



Standard 5
Organisation's service
environment



Standard 6
Feedback and
complaints

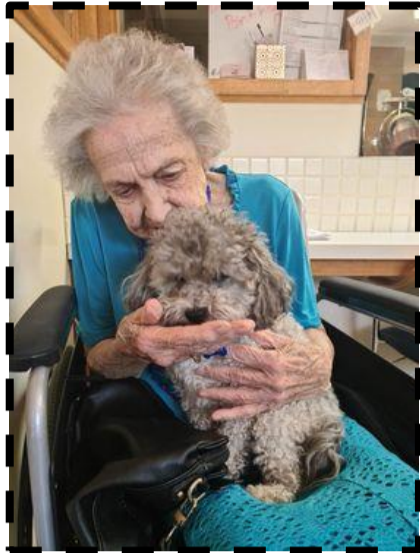


Standard 7
Human resources



Standard 8
Organisational
governance

PETS SPREADING THE LOVE



LET'S TURN BACK TIME

Proudly, the Manufacturers of "Vynex" Plastic Coated Fabrics

ACCLAIM THE MYER **"Heritage"** FURNITURE FASHION SHOW

MAGNIFICENT CONTEMPORARY STYLES FEATURING . . .

Vynex PLASTIC COATED FABRIC

The Luxury Look in Plastic Coated upholstery

"Vynex" Plastic coated fabrics were chosen exclusively as the coverings for this superb "Heritage" contemporary furniture. Chosen for their rich, vibrant colours, their ability to withstand the hardest wear and still come up looking new, year after year. A wipe with a damp cloth removes stains. "Vynex" does not chip, scratch, fray or peel. That's why you see so much "Vynex" on quality furniture today.

LOOK FOR THE "Vynex" TAG

"Vynex" brand vinyl plastic coated fabric is Manufactured only by FIBRES & FABRICS DIVISION IMPERIAL CHEMICAL INDUSTRIES OF AUSTRALIA AND NEW ZEALAND LIMITED

Page 56 THE AUSTRALIAN WOMEN'S WEEKLY - October 14, 1955

WOODHOUSE'S

THE IDEAL HOME WILL FURNISH A 4-ROOMED HOUSE, FLAT OR MAISONNETTE ON PAYMENT OF **£10**

ORDER BY POST.

Consisting of DINING ROOM DRAWING ROOM BEST BEDROOM SPARE BEDROOM

REDUCED PRICE (the home as described) £110 CASH PRICE £300

Delivered free to your home immediately on payment of £10, the balance to be paid at the rate of £10 0/0 per month. PRICES OF SEPARATE PIECES ON APPLICATION.

THIS HANDSOME BEDROOM FURNITURE WILL BE DELIVERED FREE TO YOUR HOME ON PAYMENT OF **80/-**

THIS FINE JACOBEN BEDROOM SUITE AND BEDSTEAD WILL BE DELIVERED FREE TO YOUR HOME ON PAYMENT OF **40/-**

THIS DRAWING ROOM FURNITURE WILL BE DELIVERED FREE TO YOUR HOME ON PAYMENT OF **60/-**

JAS. WOODHOUSE & SON
50-52 LUDGATE HILL LONDON, E.C.4
59, 61 NEW OXFORD ST. LONDON, W.C.1

Continuous Quality Improvements

We continue to strive to improve our services to you, if you have ideas, comments, complaints or compliments please feel free to fill in a feedback form found in all areas and front reception. Family and staff can assist you to fill these in. Please do not hesitate to talk to staff re any issues you are having so we can work with you to rectify this.



St. Joseph's House

Spirit of Care

Feedback Form

Please use this form to:

- Suggest an improvement
- Give us feedback
- Express a concern or issue

22 Norman Street

Port Pirie SA 5540

Ph: 8632 1450

Fax: 8633 0790

E: admin@stjosephshouse.net.au

W: www.spiritofcare.org.au

Laundry Information

Hi everyone

Reminder for our new residents

Until your clothing is labeled please use the laundry bag provided for your clothing

This is so your clothes do not get lost

Kind regards

Lucy, Betty, Hayley and Toni



Cleaning information

Hi Everyone

Cleaning girls continue to ensure your rooms are clean and safe from infection point.

If there is anything the girls can do to assist you please let them know on the day and they will

endeavor to get this done for you, over the next few weeks the girls will be moving around the home for education purposes,

learning the routines in all areas and for you to get to know all

cleaning staff on our team. Please let the girls know if you have any special requests

Jan, Vicki, Betty, Hayley, Toni, Roda, Joan, Christine and Annette



Meet your neighbour



Stella turns 100

We wish Stella a very happy 100th Birthday

Here is what Stella has to say about turning 100

“ I have come from a family that lived long life spans .
My advice to having a long life includes working hard and keep busy—and don't smoke “

Happy Birthday



“Before families bring in any medications, including vitamins, creams, drops for residents, could you please discuss this with the Registered Nurse on duty.

This is to minimize any potential interaction with prescribed medications. Thank you.”

Regards
Therese

Meal times

All meals are served in the dining room unless you choose to eat in a place suitable to you.

Meal times :

Breakfast : 8am

Lunch : 12pm to 12:15pm

Tea: 5:00pm to 5:15pm

Please note snacks are available through out the day including morning tea, afternoon tea and supper .



Many thanks from the catering team for your help with preparing the Vegetables for the evening meal

APRIL 2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 April Fools Day Activity Packs supplied for your weekend leisure	2 Palm Sunday gam golden oldies trax FM Songs of praise 11:30 am ABC
3 Hairdresser 1030am Easter basket craft 130pm Easter craft with Sarina	4 Lolly Trolly 1030am Bingo 130pm Cooking Easter Biscuits	5 1030am Mass & pastoral care visits 130pm Activity area for choice of social Activities with Kerry Visits with Sarina Meteha & Matilda	6 130pm Yoga Visits with Sarina 130pm music with Les Rich	7  Public Holiday	8 Easter Saturday Public Holiday	9 gam golden oldies trax FM Songs of praise 11:30 am ABC
10 Easter Monday Public Holiday	11 Lolly Trolly 1030am Ladies Knit and Natter in the court yard Sing a long practice with Darryl and Sue	12 Hairdresser 1030am Mass & pastoral care visits 130pm Activity area for choice of social Activities with Kerry Visits with Sarina	13 1030am Yoga 130pm Bingo with Sarina Visits with Kerry, Meteha & matilda	14 1030am Craft and socializing 130pm Bowls with Sarina	15 Activity Packs supplied for your weekend leisure	16 gam golden oldies trax FM Songs of praise 11:30 am ABC
17 Hairdresser 1054am Ecumenical service 130pm Painting / coloring Activity area	18 Lolly Trolly 1030am Resident Meeting 130pm Bingo with Sarina Visits with Kerry	19 Library Delivery 1030am Mass & pastoral care visits 130pm Cooking Anzac Biscuits	20 1030am Yoga 130pm Café visit	21 1030am Court yard cupper and Local news update 130pm Bowls with Sarina	22 Activity Packs supplied for your weekend leisure	23 gam golden oldies trax FM Songs of praise 11:30 am ABC
24 Hairdresser 1030am Anzac day service and morning tea 130pm Birthday Celebrations with John	25 Anzac Day Public Holiday	26 1030am Mass & pastoral care visits 130pm Sing a long with Derek	27 1030am Mens Group 130pm Bingo with Kerry Visits with Sarina	28 130pm Bowls with Sarina	29 Activity Packs supplied for your weekend leisure	30 gam golden oldies trax FM Songs of praise 11:30 am ABC