

St Joseph's House Connections May/ June 2023



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From the Lifestyle Desk

Hello Residents, Families and Friends!

We hope you enjoyed your easter this year and had some quality time with your families

I took Cooper camping which he really enjoyed.

Kerry and Sarina have been working hard at bringing activities that you enjoy, your feedback is important to us so please keep that coming so we can supply you with things to do that are meaningful to you.

The residents meetings are a great place for your to give feedback, put forward ideas and discuss important things such as whats happening in aged care , what you like and don't like about where you live and what can we do to make it better , we have had some great attendances lately, moving forward your resident meetings will be conducted by the residents , Jenny and ED will chair the meetings and I will be close by to assist as needed by supplying information to Jenny and Ed for the meeting and to take minuetts , so try to come along each month to have your say.

We have mothers day coming up and it was expressed at the last meeting that you would like a high tea, also thought it would be nice to bring a long a photo of your Mum or someone who was like a mum to you , you can share your memories and honor her . Please get your photos to lifestyle a few days before so we can display your photos.

We also have the Kings Coronation on the 6th of May , which is very exciting and we will make sure that your have the opportunity to view this if you are interested. I will supply you all with some facts about the Coronation as it gets closer. Let me know how you would like to celebrate this.

This month is also International Nurses day and we thank all nursing staff for their commitment to aged care and the great work they do. We will work on some little thank you projects for them from you.

I have taken notes of the extra items you would like in the newsletter , please let me know if there is anything else you would like me to add .



Elder abuse is any act which causes harm to an older person and is carried out by someone they know and trust such as a family member or friend. The abuse may be physical, social, financial, psychological or sexual and can include mistreatment and neglect.

Stay safe and stay well

Marra , Kerry and Sarina

Visiting Hours

**MON TO FRIDAY 11AM
TO 5PM
WEEKENDS 1PM TO 4PM**

**OUT OF HOURS BY
APPOINTMENT**

In Memory

Sadly we say goodbye to

- Lionel Corrie

To their family and friends - May you find strength in the love of family and in the warm embrace of friends.

Caring for your loved one was a privilege.

Welcome to

A very warm welcome to:

- Helen Empson
- Maureen Mudge
- Beryl Hoffman

We hope that you enjoy your time here!

Hair Dresser

We have a hairdresser who attends every Monday. If you would like an appointment please Contact Allison direct on 0408335002

Library Service

We have a mobile library service that delivers & picks up library books / audio books to reception. If you would like this service, please talk to lifestyle.

Reminder

Family please note when bringing food in the home and placing in your loved one fridges , it must be labeled with a date so staff know how long it has been there . Thank you

Mass / Services

Mass is conducted each Wednesday morning upstairs St Marks

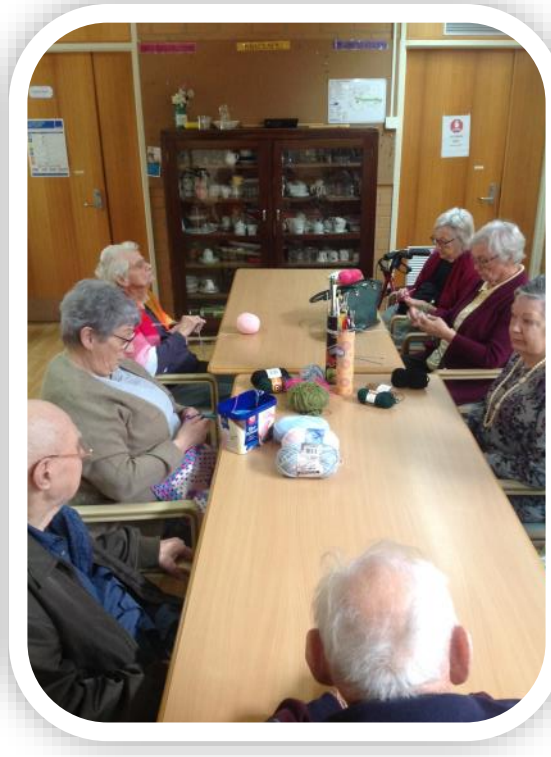
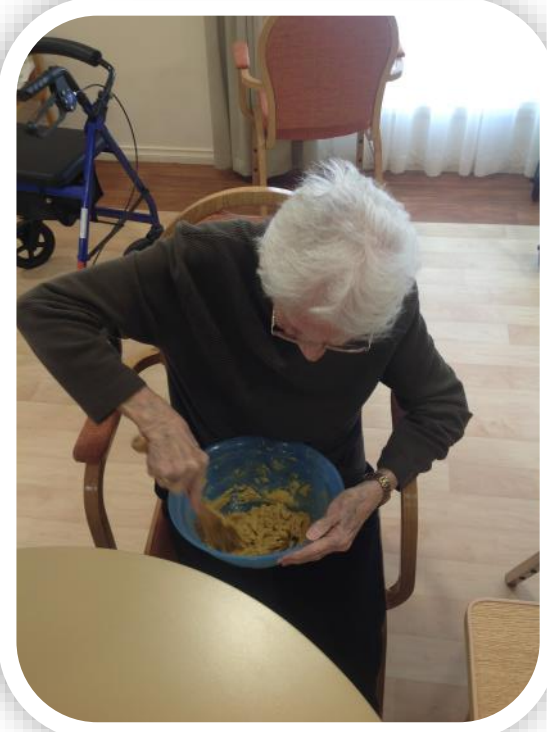
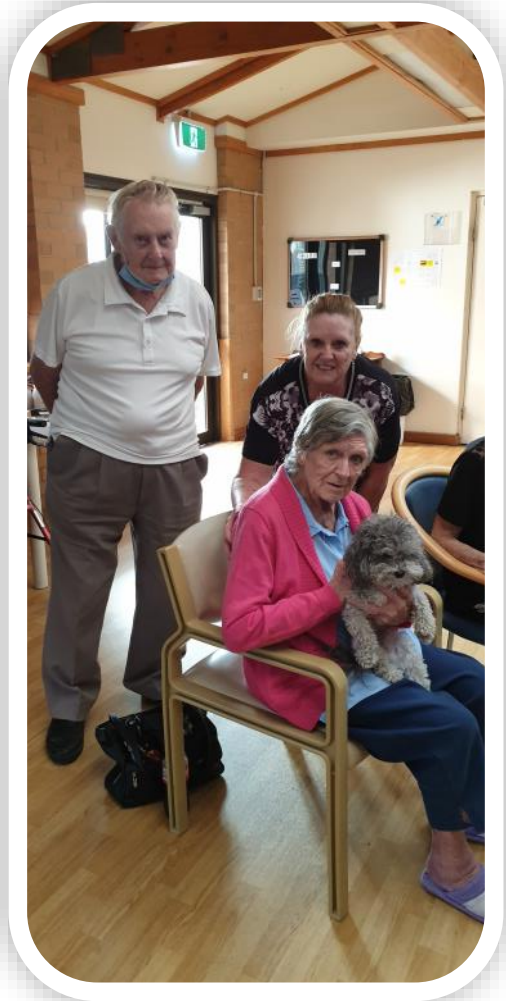
Ecumenical services are conducted each month on the 3rd Monday in Activity area

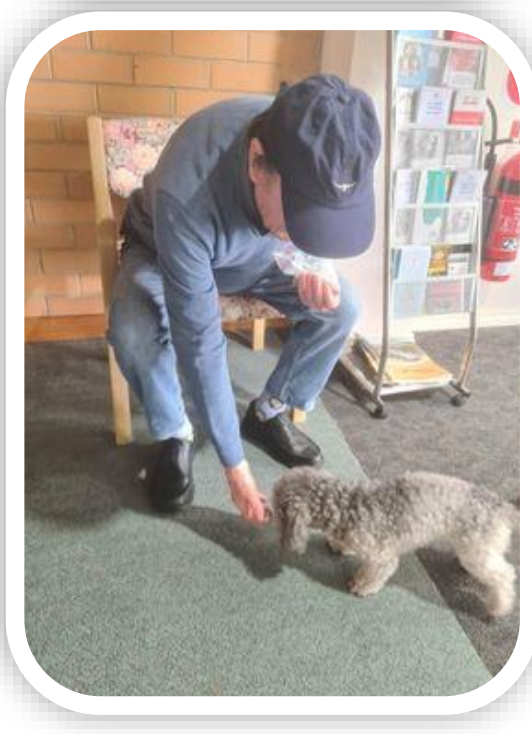
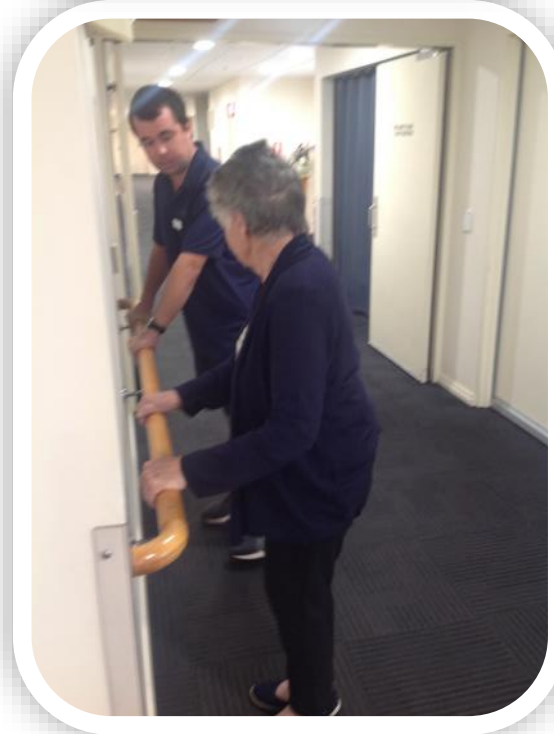
Resident meeting

**MAY 16TH
JUNE 20TH
AT 10:30AM
ST CLARE UPSTAIRS**

Activity

TEXTSTUDIO







AFL teams

E G R E A T E R W E S T E R N S Y D N E Y M S Q
 P L M A J V T V S S U J M X D J T M A N V H P L
 E M B X Q H K L Q Q D X M R O D Z C R Q J G G D
 S F S X U F L L V M E L B O U R N E D E M O N S
 I H Z G X E K O P C T E U G A C X Z I O H V O S
 A D E L A I D E C R O W S W A O S F W U T G Y H
 O S P I R H A E R O V L W B N L T R E C W S E D
 I H A W T H O R N H A W K S M L T E S B E R S I
 C D O Y C A H S U N Q C E T W I X M T S S E S F
 U Z X G A E C I X P P C C X T N C A C M T G E A
 E T Z I R Z T S M Z O X Q G G G Y N O S E I N D
 M X U R L B N N G B R M T U A W O T A N R T D L
 W Y X N T K H U V J T U R N V O F L S O N D O X
 Z S O P O A V S I E P S L P S O W E T I B N N L
 K N E K N N W T G U O C I R T D H D E L U O B P
 L A D J B G S S W T W K G G A M F O A E L M O Y
 V W J H L A J A S N E P S T C A E C G N L H O P
 Z S Q O U R Z O A N R P X S G G M K L A D C M Q
 P Y D A E O D C S P A X D K N P J E E B O I B V
 P E P F S O Q D L B U T W T O I S R S S G R E P
 O N T W T S L L O E X M J M L E S S E I S A R N
 L D K E C P D O R E A J R V E S P U K R A U S B
 H Y K M C K V G K L F O D X E K C M T B W H O J
 B S J F Y K U G T C L E X I G T I G Y D N Z A H

Current footy tipping update after rnd 6

Leanne	37
Marra	35
Keith	34
Don	33
Coral	32
Morgan , Trevor	31
Rick, Vonnie	30
Jenny, Colin, Rhonda	27
Kerry, Amy	
Dorothy	24

- | | | |
|--------------------|-----------------|------------------------|
| Adelaidecrows | Brisbanelions | Carltonblues |
| Collingwoodmagpies | Essendonboomers | Fremantledockers |
| Geelongcats | Goldcoastsuns | Greater western Sydney |
| Hawthornhawks | Kangaroos | Melbournedemons |
| Port power | Richmontigers | Sydneyswans |
| Westcoasteagles | Westernbulldogs | |

May / June Birthdays

May Birthdays

- Rose Hinkley
- Margaret Jackson
- Ed Mertens
- Lola Ness
- Rhonda Richardson
- John Vickers
- Doreen Yeend
- Helen Empson

June Birthdays

- Maureen Mudge







King Charles Coronation May 6th 2023

King Charles is set to be crowned alongside the Queen Consort at a lavish ceremony in Westminster Abbey in May 2023. The investiture will form part of a long weekend filled with celebrations for the new monarch, ranging from street parties to concerts. The King ascended the throne after the death of his mother, Queen Elizabeth II, in September last year, making him the oldest new monarch in British history.

After the ceremony, the King and Queen Consort will return to Buckingham Palace in a larger ceremonial procession than the one to the Abbey, known as The Coronation Procession. They will be joined by other members of the Royal family. The King will then stand on the Buckingham Palace balcony with the Queen Consort and other senior members of the family to conclude the day's ceremonial events.

Buckingham Palace has said that while the Coronation will be rooted in long-standing traditions and pageantry, it will also reflect the monarch's role today and into the future. The King's Coronation will be limited to 2,000 guests to accommodate health and safety restrictions, in contrast to the 8,000 dignitaries from 129 nations who squeezed into Westminster Abbey in 1953. The key elements of the ceremony will be the same, but they will be watched in many more ways than Queen Elizabeth II's Coronation. An estimated 27 million people in the UK watched the 1953 ceremony on black and white television, with 11 million tuning in on the radio. But King Charles's Coronation will also be seen across the globe on mobile phones, computers, and other handheld devices, with an audience of millions more.

The slimmed-down guest list means that, of the country's politicians, only senior Cabinet ministers, Privy councillors and opposition leaders are likely to be in attendance. King Charles is reportedly preparing to swap the stockings and breeches worn at coronations by his male predecessors for a military uniform, possibly that of Admiral of the Fleet, which he wore for the State Opening of Parliament last May.

Kings and Queens of England

G	E	E	R	E	J	O	H	N	Y	R	B	I	M
N	T	H	E	E	G	C	W	R	D	A	N	N	E
J	H	T	E	D	N	E	N	V	C	D	R	R	R
A	E	E	R	C	I	E	H	A	C	S	R	R	E
N	L	B	A	L	H	F	E	A	L	F	R	E	D
E	R	A	N	P	Y	E	G	R	O	E	G	N	L
G	E	Z	E	W	R	V	E	R	N	L	R	S	C
R	D	I	H	V	I	C	T	O	R	I	A	E	R
E	M	L	P	O	A	H	E	Y	E	E	M	L	I
Y	A	E	E	A	C	R	D	E	E	A	A	R	C
R	R	E	T	C	U	R	W	N	A	T	U	A	H
R	Y	Y	S	H	L	B	A	E	E	E	D	H	A
E	D	M	U	N	D	A	R	C	R	A	E	C	R
D	D	S	Y	E	L	D	D	R	R	R	T	O	D

RICHARD
 ELIZABETH
 VICTORIA
 STEPHEN
 HENRY
 ALFRED
 EDWARD
 CHARLES
 GEORGE
 JANE GREY
 JOHN
 ETHELRED
 MARY
 MAUD
 EDMUND
 ANNE

Play this puzzle online at : <https://thewordsearch.com/puzzle/1543/>

Supporting you to understand and exercise your aged care rights

OPAN can help. Call us today.

1800 700 600



Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us admin@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

To assist in managing the risks related to infectious diseases and to ensure all residents are provided dignity and respect within their own home, St Joseph's House has implemented **visiting hours**, which are:

- Weekdays 11:00am – 5:00pm
- Weekends 1:00pm – 4:00pm
- Public Holidays 1:00pm – 4:00pm

Visiting to the facility outside of visiting hours is by appointment only. Visitors must contact Reception during business hours (Monday to Friday 9am – 5pm), preferably on the day prior, to make these arrangements.

Additional risk management strategies include asking visitors to:

- answer a range of **screening questions** prior to entry.
- adhere to standard precautions for infection prevention, including **hand hygiene and cough etiquette**.
- undertake a **RAT screening** test onsite prior to each visit.
- ensure they **stay 1.5m from others** wherever possible (2 visitors per room at a time).
- visit their loved ones in their rooms or pre-approved communal areas. This also ensures the dignity and respect of other residents. Visitors are only permitted in dining rooms during mealtimes or to participate in resident planned group activities at the invitation of the resident they are visiting.



Australian Government
Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

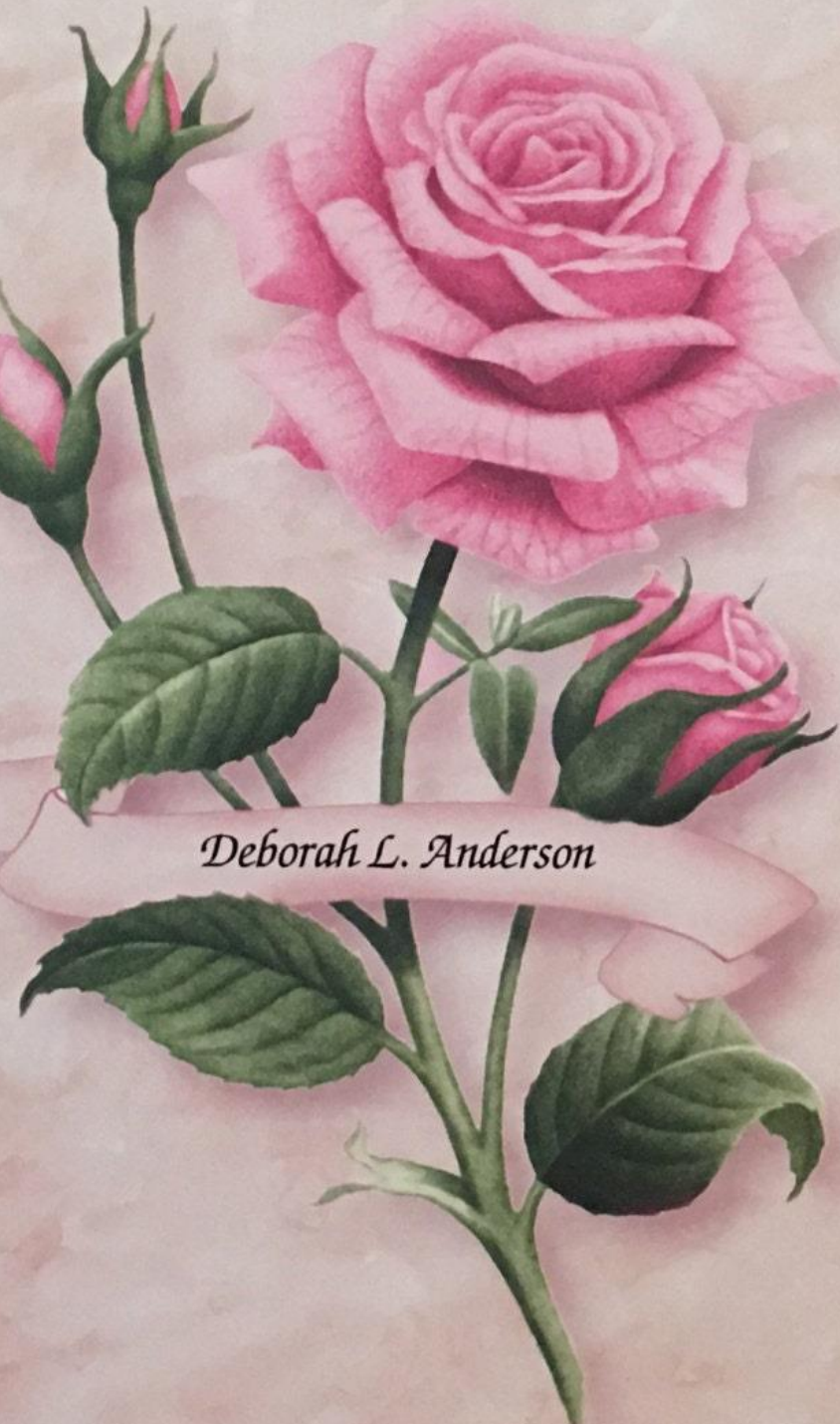
In need of an advocate?

aras

aged rights advocacy service inc.

1800 700 600

The Aged Care Quality and Safety Commission can
be contacted on
1800 951 822



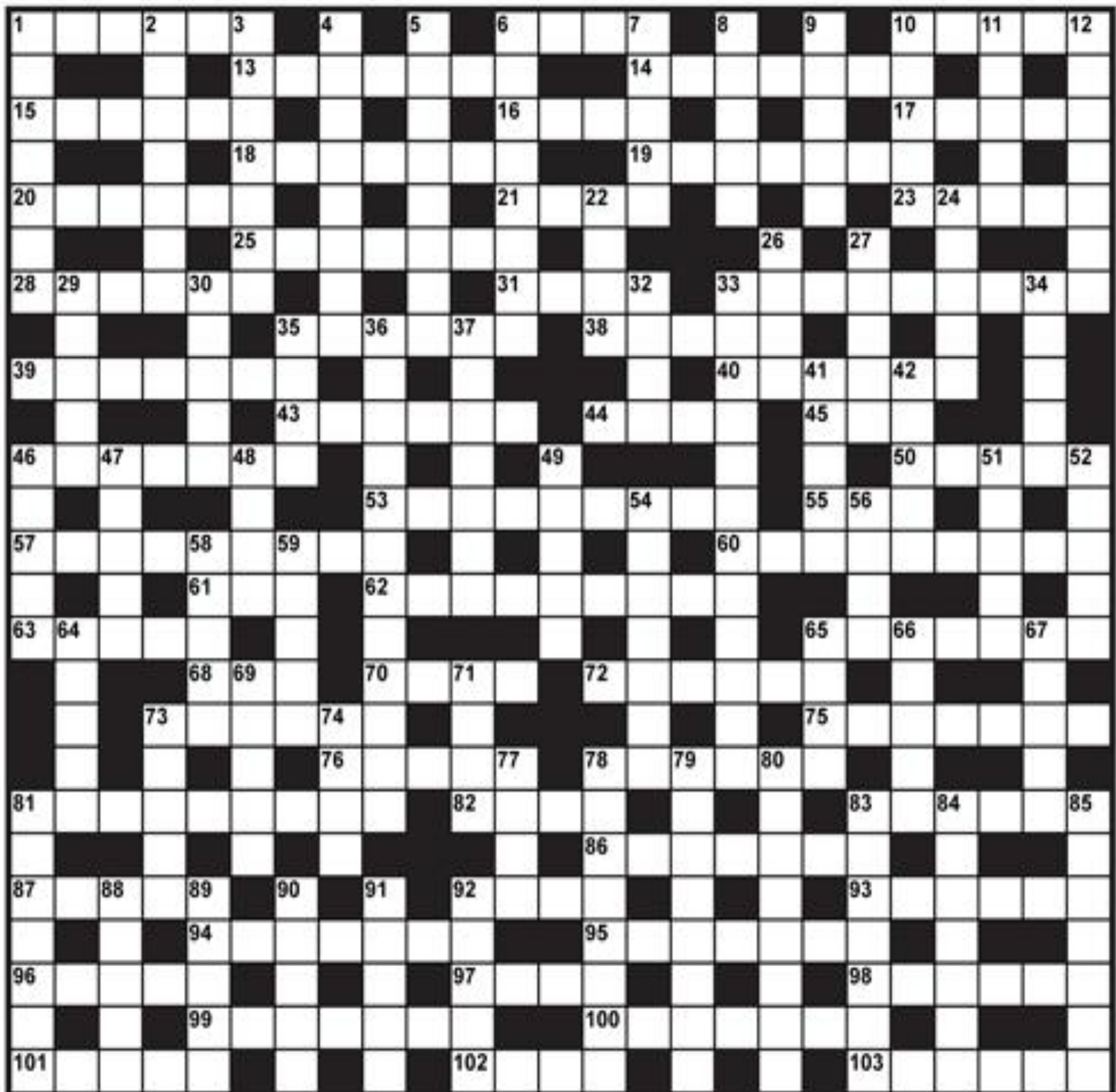
*In Loving Memory Of My Mother
If Roses Grow In Heaven*

*If roses grow in Heaven Lord
Please pick a bunch for me.
Place them in my Mother's arms
and tell her they're from me.
Tell her that I love and miss her
and when she turns to smile,
Place a kiss upon her cheek
and hold her for a while.
Because remembering her is easy,
I do it every day.
But there is an ache within my heart
that will never go away.*

Deborah L. Anderson



MOTHER'S DAY



ACROSS

- 1 The wife (coll) (6)
- 6 Boys (4)
- 10 Two children brought forth at a birth (5)
- 13 The USA (7)
- 14 Render ineffective (7)
- 15 Experiment with (3,3)
- 16 A Nevada city, noted for quick and easy divorces (4)
- 17 A Jewish marriage celebrant (5)
- 18 Pressing clothes (7)
- 19 Little childrens' toys (7)
- 20 Runs away to marry (6)

DOWN

- 1 & 61 Across A revered day of celebration (7,3)
- 2 Purchased goods (7)
- 3 Fulfil the requirements (7)
- 4 Produced, as an effect (8)
- 5 Heavenly (8)
- 6 Generous bestowal of gifts (8)
- 7 Shop (5)
- 8 Contemptuous children (5)
- 9 A soft tasty food preparation (5)
- 10 The trunk of the human body (5)
- 11 See 33 Across (2,3)
- 12 A vessel rodent (4,3)



Thank you Matiah and Matilda for visiting with us (St Marks High)

Laundry Information

Hi everyone

Reminder for our new residents

Until your clothing is labeled please use the laundry bag provided for your clothing

This is so your clothes do not get lost

Kind regards

Lucy, Betty, Hayley and Toni



Cleaning information

Hi Everyone

Cleaning girls continue to ensure your rooms are clean and safe from infection point.

If there is anything the girls can do to assist you please let them know on the day and they will endeavor to get this done for you , over the next few weeks the girls will be moving around the home for education purposes , learning the routines in all areas and for you to get t know all cleaning staff on our team. Please let the girls know if you have any special requests

Jan, Vicki, Betty, Hayley, Toni, Roda, Joan, Christine and Annette



Family Information

Please remember when bringing food in to the facility and placing in your loved ones fridges that you remember to put a label with the date you put it In there this will help staff to know how long the food has been there

Regards
Therese



Catering

Reminder we will be changing over to our winter menu with in the coming weeks .

All meals are served in the dining room unless you choose to eat in a place suitable to you.

Meal times :

Breakfast : 8am

Lunch : 12pm to 12:15pm

Tea: 5:00pm to 5:15pm

Please note snacks are available through out the day including morning tea, afternoon tea and supper .

We say goodbye to our Cook Julie who has moved on to her next adventure




We welcome Louise to the team who has experience in aged care , Louise will work along side Alley to bring you good home cooked meals



MAY 2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>1 Hairdresser 1030am Chair exercises 130pm Hoy</p>	<p>2 1030am Craft with Kerry kings coronation table decorations Sing a long practice with Darryl and Sue</p>	<p>3 Library Delivery 1030am Mass 130pm Bingo Visits with Meteha & Matilda</p>	<p>4 1030am Yoga 130pm Sing a long with Les</p>	<p>5 1030am morning tea outdoors and chat 130pm Bowls</p>	<p>6 CORONATION OF KING CHARLES THE III</p>	<p>7 gam golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local</p>
<p>8 Hairdresser 1030am Chair exercises 130pm Singalong with Derek</p>	<p>9 1030am thank you cards for nursing staff 130pm Activity area for choice of social Activities with Kerry</p>	<p>10 1030am Mass 130pm Bingo</p>	<p>11 1030am Yoga 130 Mothers day High Tea (activity area)</p>	<p>12 International Nurses Day 10:30 Knitting Group 130pm Bowls</p>	<p>13 Activity Packs supplied for your weekend leisure</p>	<p>14 gam golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local</p>
<p>15 Hairdresser 1045am Ecuemical service 130pm Hoy</p>	<p>16 1030am Resident meeting with Jenny and ED in St Clare up Sing a long practice with Darryl and Sue</p>	<p>17 Library Delivery 1030am Mass 130pm Café Visit</p>	<p>18 Ascension Day 1030am Yoga 130pm Bingo</p>	<p>19 1030am Virtual Zoo 130pm Bowls</p>	<p>20 Activity Packs supplied for your weekend leisure</p>	<p>21 gam golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local</p>
<p>22 Hairdresser 1030am Chair exercises 130pm Activity area for choice of social Activities with Kerry Visits with Sarina</p>	<p>23 1030am Mens morning group 130pm Craft Activity</p>	<p>24 Library Delivery 1030am Mass 130pm Activity area for choice of social Activities with Kerry</p>	<p>25 1030am Yoga 130pm Bingo</p>	<p>26 10:30morning tea outdoors and chat 130pm Bowls</p>	<p>27 Activity Packs supplied for your weekend leisure</p>	<p>28 Pentecost Sunday gam golden oldies trax FM Songs of praise 11:30 am ABC</p>
<p>29 Hairdresser 1030am Chair exercises 130pm Birthday Celebrations with John</p>	<p>30 1030am Quiz's activity area Sing a long practice with Darryl and Sue</p>	<p>31 1030am Mass 1:30pm Cooking with Sarina</p>				

JUNE 2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>5 Hair dresser 1030am morning tea & catch up in the garden 130pm sing a long with Derek</p>	<p>6 Lolly Trolley 1030am Chair exercises 130pm Cooking with Kerry Visits with Sarina</p>	<p>7 1030am Mass 130pm Kings birthday craft</p>	<p>8 Corpus Christi 1030am Yoga 130pm Kings Birthday afternoon tea</p>	<p>9 1030am Bingo 130pm Bowls</p>	<p>10 Activity Packs supplied for your weekend leisure</p>	<p>11 garn golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local</p>
<p>12 Kings Birthday Public Holiday </p>	<p>13 Lolly Trolley 1030am Morning melodies & exercise Song practice with Daryl and Sue Visits with Sarina</p>	<p>14 1030am Mass 130pm Activity area for choice of social Activities Visits with Kerry</p>	<p>15 World elder abuse day 1030am Mass 130pm Bingo Visits with Kerry</p>	<p>16 1030am Chair exercises 130pm Bowls</p>	<p>17 Activity Packs supplied for your weekend leisure</p>	<p>18 garn golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local</p>
<p>19 Hair dresser 1030am Ecumenical service 130pm Hoy</p>	<p>20 Resident meeting 1030am SCU 130pm Mens Group Visits with Kerry</p>	<p>21 1030am Mass 130pm Activity area for choice of social Activities Visits with Kerry</p>	<p>22 1030am Mass 130pm Bingo Visits with Kerry</p>	<p>23 1030am Chair exercises 130pm Bowls</p>	<p>24 Activity Packs supplied for your weekend leisure</p>	<p>25 garn golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local</p>
<p>26 Hairdresser 1030am Outdoors morning tea & catch up 130pm Birthday celebrations with</p>	<p>27 Lolly Trolley 1030am Hoy Song practice with Daryl and Sue Visits with Sarina</p>	<p>28 1030am Mass 130pm Activity area for choice of social Activities Visits with Kerry</p>	<p>29 1030am Mass 130pm Café visit</p>	<p>30 1030am Bingo 130pm Bowls</p>		