

St Joseph's House Connections July/ August 2023



22 Norman Street, Port Pirie SA 5540
Phone (08) 8632 1450 Fax (08) 8633 0790
W: www.spiritofcare.org.au E: admin@stjosephshouse.net.au

From the Lifestyle Desk

Hello Residents, Families and Friends!

Well Winter is definitely upon us ! The mornings are so cold , its nice when the sun comes out however that wind is awful.

The last couple of months have gone so quick before we know it Christmas will be here .

We have said good bye to some of our residents we will miss them , and we welcome our new residents and hope they enjoy their stay

Resident meetings now referred to Consumer feedback committee , are now conducted by ED and Jenni who are doing a great job and your attendance at meetings really help support them . Consumer feedback meetings are a great way to give your feedback at how you would like your home to run so please come along and share your thoughts. All feedback is taken seriously and acted upon in a timely manner.

St Marks students have been coming in over the past few months and we hope you have enjoyed their company , we will continue to have students come and visit as they can for interaction and conversation.

We are now well in to our winter menu and thank you for your kind feedback in regards to the food, Alley will continue to consult with you to ensure you are getting meals you prefer .

Lifestyle will continue to be a subject at your meetings so ensure that you keep bringing us your ideas and activities you prefer to do , we are always looking for ideas and activities that are suited to your needs so don't hesitate to give the girls your feedback.

We thank our volunteers Les Rich, Derek, Joy , John and Jill and Daryl and Sue for their continued support to you and the home.

We have had some great photos of you all at activities the last couple of months which are included in this months issue

Footy tipping is well on its way , you will find the current tally on page 6

We look forward to the next couple of months , until then

Stay safe and stay well

Marra , Kerry and Sarina

Keeping up to date

Visiting Hours

**MON TO FRIDAY 11AM
TO 5PM
WEEKENDS 1PM TO 4PM
OUT OF HOURS BY
APPOINTMENT
LIMIT 2 VISITORS AT THE
SAME TIME . PLEASE
MAINTAIN SOCIAL
DISTANCING**

In Memory

Sadly we say goodbye to
John Vickers
Norma Conley
Carmela Porta
Dawn Williams
Keith Dansie.
Connie Conradi
To their family and friends - May
you find strength in the love of
family and in the warm embrace
of friends. Caring for your loved
one was a privilege.

Welcome to

A very warm welcome to:
Frederick Campbell
Jack Gregory
Glenice Brown
Patricia Lowndes
Grace Power
Luigi Debari
Maria Bebari
We hope that you enjoy your
time here!

Hair Dresser

We have a hairdresser who
attends every Monday.
If you would like an
appointment please
Contact Allison direct on
0408335002

Library Service

We have a mobile library
service that
delivers & picks up library
books / audio books to
reception. If you would like
this service, please talk to
lifestyle.

Reminder

Family please note when
bringing food in the home
and placing in your loved
one fridges , it must be
labeled with a date so staff
know how long it has been
there . Thank you

Mass / Services

Mass is conducted each
Wednesday
morning upstairs St Marks

Ecumenical services are
conducted each month on
the 3rd Monday in Activity
area

Resident meeting

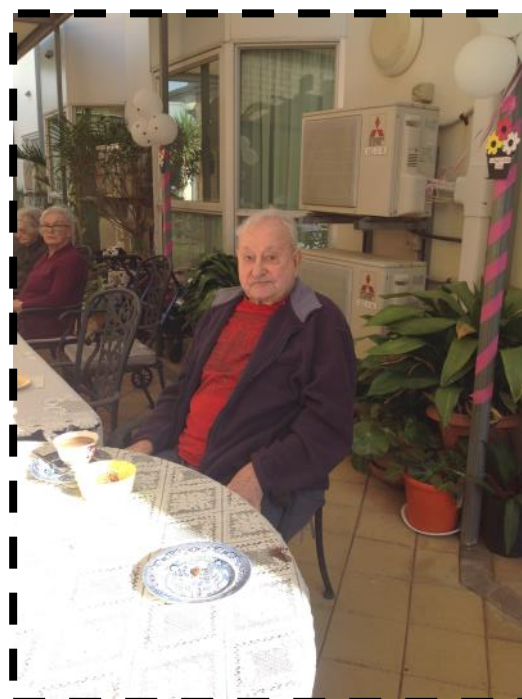
**JULY 18TH
AUGUST 22ND
AT 10:30AM
ST CLARE UPSTAIRS**



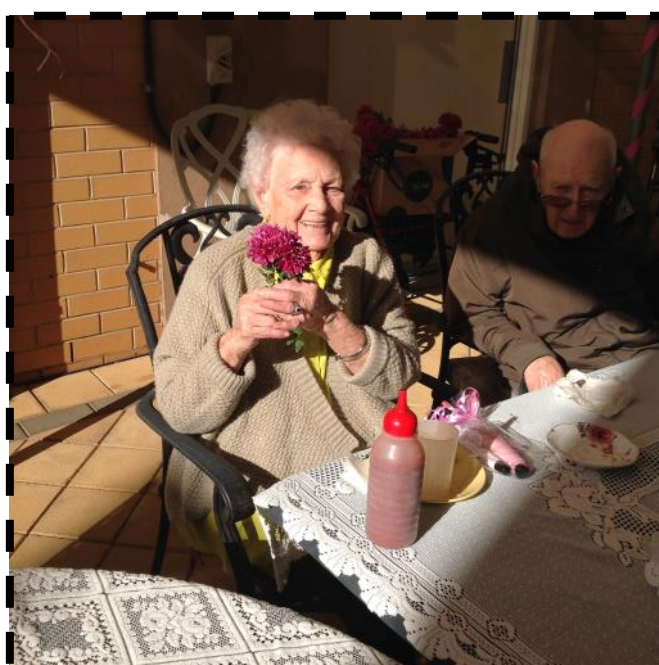
**TO OUR ST MARKS
YEAR 12 VISITORS
OVER THE LAST
COUPLE OF MONTHS**



Activity



Mothers day afternoon tea and raffle



Mothers day raffle Draw

**Outdoors Mothers day
Afternoon tea And
socializing**



Bowls

Visits from St Marks Year 12 students Meteha and Matilda



S
I
N
G
A
L
O
N
G



Consumer
Feedback
committee



Thank you cards &
morning tea
International Nurses
Day



The ladies
Getting creative





Current footy tipping update after Rnd 15

Don	81
Marra	81
Leanne	81
Trevor	77
Jenny	75
Morgan	75
Colin	74
Kerry	73
Amy	73
Vonnie	72
Rick	71
Coral	70
Rhoda	68
Dorothy	59



July / August Birthdays

July Birthdays

Patricia Lowndes
Bernadette Mugridge

August Birthdays

Pet Mitchell
Kenneth Spear
Jennifer Cook
Patricia Stephenson
Shirley Wiskar
Valma Stringer

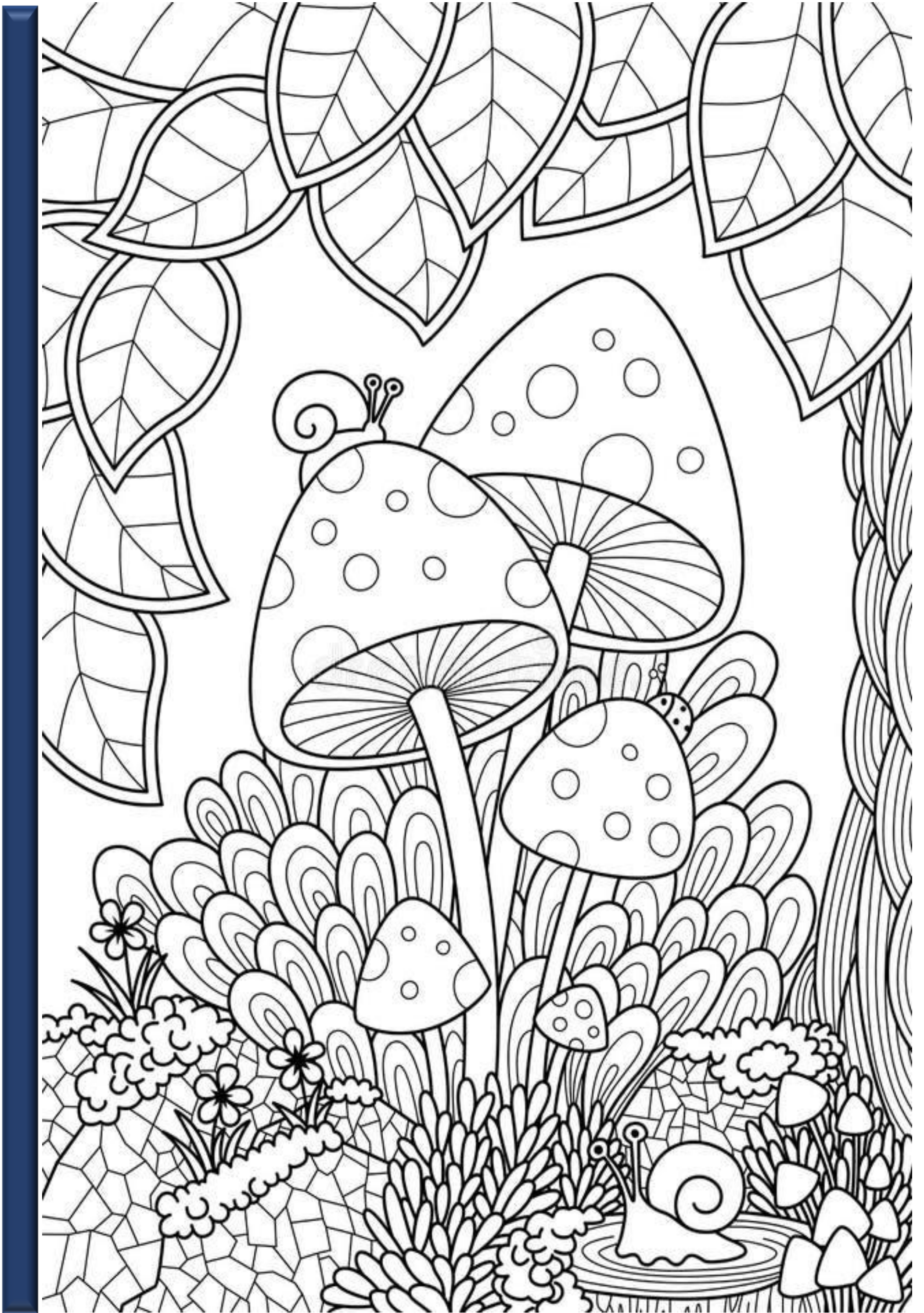


Name: _____ Date: _____

Winter wonderland

L T Z R H O T C H O C O L A T E W M A O K N Q Q
 B N C U H I G E T A R G I M O Y X H I X B R W J
 F I R E P L A C E M N W E O S C A R F T E J T N
 D F N A M W O N S O B A L S L A R M B B T E Q M
 E R X E X E O P I H M G L B U Z I J M P K E W X
 I Z A P B K R T B D I T T V S R J E L N A S N E
 C Y F Z A O A A L O T D E F H Y C L A K L V M S
 E H R R Z C V P G J J S S J G E A L L E S J F P
 F O N E A I L E V O H S N L D B B C E H D E L S
 I O T V P O L T E K C A J O W M V T F K B L Q J
 S Q B M E P S B J D H Z X O W S S Y A D I L O H
 H T A U Z Y I W S A D Y N Y K S W K B I G K F M
 I O Y I W S M L I J M S Y K J G T E I A C S H K
 N B C S C Q N L S H L N Q Y R X Z O A B C G G I
 G C R K F E S O F T A O C S Z E K U R T M U L C
 A H H J Y F S A W S T D L C E Q W M N M E S O I
 V Y I X A K U K M F J L S R A A Z N A W K R V C
 A G C B E C X M A T L G F U M B K Y S D I H E L
 L R X U E F K T R T S A H Z M C V L E K B A S E
 A J U M F R U F L A E I K S K I I N G N U O D S
 N K W Z V M N H R I E S R E Z K K E E R M W O C
 C M E L T G J A J O U L U H X F U V U I X I C L
 H W R E T A E H T F S Q V R C D U A X Q F G H I
 E B M Q D L O C O E K T M Z J H G I E L S F I C

vacation	sweater	snowstorm	snowman	snowflake	snowball
slush	slippery	sleigh	sleet	sled	skiing
shovel	scarf	quilt	mittens	migrate	melt
kwanzaa	jacket	jack frost	igloo	icicles	ice skates
ice fishing	hot chocolate	holidays	hibernate	hockey	heater
hail	gloves	freeze	fireplace	earmuffs	December
cold	coat	christmas	chimney	blizzard	Blanket
Avalanche					

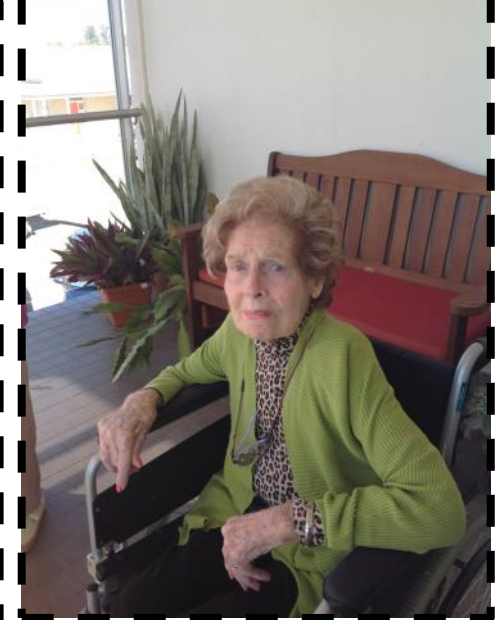




Enjoying the fruits of cooking



Kings Birthday
Craft and
celebrations



Supporting you to understand and exercise your aged care rights

OPAN can help. Call us today.

1800 700 600



Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us admin@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

One of our residents Pat Mulligan asked that we include this poem in our newsletter , Thanks Pat for sharing

One little Rose

I would rather have one little Rose
From the garden of a friend
Than to have the choicest flower
When my stay on earth must end

I would rather have a pleasant word
In kindness said to me
Than flattery when my heart is still
And this life has ceased to be

I would rather have a loving smile
From friends I know are true
Then tears shed around my casket
When this world I bid Adieu

Bring me all the flowers today
Weather pink or white or red
I'd rather have one blossom now
Than a truck load when I'm dead



Australian Government
Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

The Aged Care Quality and Safety Commission can
be contacted on
1800 951 822

In need of an advocate?

aras
aged rights advocacy service inc.

1800 700 600

Accreditation up date

In March, St Joseph's House received a visit from the Aged Care Quality and Safety Commission. They were on site for 4 days and conducted a full audit for both St Clare and St Mark across all 42 Requirements of the 8 Quality Standards. Throughout the audit, the Auditors provided feedback that St Joseph's House continually demonstrates that we support residents to live the life they choose and provide an environment that promotes independence and choice. Residents and families were encouraged to provide feedback, thank you to anyone who took the time to speak with the Auditors.

We have received the report, and there are 4 Standards where we met all of the required outcomes and 4 Standards where we require some continuous improvement. We have commenced our continuous improvements, and some key improvements are:

- Improving consistency with documentation throughout the electronic management system.

- Improving time frames of external referrals to GP's and external services.

- Utilising newly implemented telehealth and remote access services.

- Taking steps to ensure our staff continue to have the skills and knowledge to meet the outcomes of the Quality Standards.

- Continue to implement the rapid legislative changes into governance practices at a site level, including implementing a Consumer Advisory Committee driven by residents, and a Quality Care

- Governing Body, to provide risk management strategies and strategic review of care and services provided by St Joseph's House.

We have provided the Commission with our Plan for Continuous Improvement as a result of their visit and look forward to the Commissions return so we can showcase the improvements that we continue to make.



INFORMATION

Small Animals are very welcome at St Joseph's House, and we encourage you to bring them with you when you visit.

However, please ensure that:

- They have had all relevant vaccinations.
- Flea treatment / worming is current.
- They are to be on a lead (where relevant i.e., dogs) at all times and in the care of a responsible adult and not allowed to freely roam around the facility.
- Residents are not left with the animal unsupervised unless by prior arrangement.
- Aggressive dogs or other animals, or those with a history of aggression, must not be brought into the facility.
- If your pet has an accident, please make sure you clean up before you leave.

Management has the right to refuse entry if they have any concerns about the pet and its suitability to visit a frail aged person.

Please provide any document/s evidence to reception





Laundry Information

Hi everyone

Reminder for our new residents

Until your clothing is labeled please use the laundry bag provided for your clothing
This is so your clothes do not get lost
Kind regards

Lucy, Betty, Hayley and Toni



Cleaning information

Hi Everyone

Cleaning girls continue to ensure your rooms are clean and safe from infection point.
If there is anything the girls can do to assist you please let them know on the day and they will endeavor to get this done for you , over the next few weeks the girls will be moving around the home for education purposes , learning the routines in all areas and for you to get t know all cleaning staff on our team. Please let the girls know if you have any special requests



Family Information

Please remember when bringing food in to the facility and placing in your loved ones fridges that you remember to put a label with the date you put it In there this will help staff to know how long the food has been there

Regards
Therese



Catering

We have now changed over to the winter menu and your feedback has been welcomed .

All meals are served in the dining room unless you choose to eat in a place suitable to you.

Meal times :

Breakfast : 8am

Lunch : 12pm to 12:15pm

Tea: 5:00pm to 5:15pm

Please note snacks are available through out the day including morning tea, afternoon tea and supper .

We say goodbye to our Cook Julie who has moved on to her next adventure



July 2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Reminder Cooper is on site Monday Tuesday and Thursday For cuddles , please let me know if you would like a visit					1 Activity Packs supplied for your weekend leisure	2 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local
3 Naidoc week Naidoc information 1030am session 130pm afternoon tea and fun activities Dot painting	4 LollyTrolley 1030am Chair exercises / Laughter 130pm Bingo Visits with Kerry SMD	5 1030am Mass 2pm sing Australia Visits and activities with Kerry SMD	6 1030am Yoga 130pm Les Rich Visits and activities with Kerry SMD	7 1030am crosswords/ word games 130pm Bowls	8 Activity Packs supplied for your weekend leisure	9 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local
10 Hairdresser 1030am active games & socializing 130pm Sing a long with Derek	11 1030am Hoy 130pm choir practice With Daryl & Sue Visits with Kerry SMD	12 1030am Mass 130pm Activity area for choice of social Activities Visits and activities with Kerry SMD	13 1030am Yoga 130pm Bingo Visits and activities with Kerry SMD	14 1030am DVD quizzes 130pm Bowls	15 Activity Packs supplied for your weekend leisure	16 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local
17 Hairdresser 11am Ecumenical service 130pm Art coloring/ painting or bring your own	18 Lolly trolley 1030am resident meeting SCU 1pm Men's group visits with Kerry SMD	19 1030am Mass 130pm Cooking Visits and activities with Kerry SMD	20 1030am Yoga 130pm Bingo Visits and activities with Kerry SMD	21 Morning tea and cards SCU 130pm Bowls	22 Activity Packs supplied for your weekend leisure	23 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local
24 Hairdresser 1030am Hoy 130pm veg prep Games / afternoon tea	25 1030am Chair exercises outdoors 130pm choir practice With Daryl & Sue Visits with Kerry SMD	26 1030am Mass 130pm Activity area for choice of social Activities Visits and activities with Kerry SMD	27 1030am Yoga 130pm Bingo Visits and activities with Kerry SMD	28 1030am Veg prep 130pm Bowls	29 Activity Packs supplied for your weekend leisure	30 International Friendship Day
31 Hairdresser 1030am Hoy 130pm Birthday celebrations with John						

August 2023

	1 1030am Chair exercise 130pm choir practice With Daryl & Sue Visits and activities with Kerry	2 1030am Mass 130pm Bingo Visits and activities with Kerry	3 1030am Yoga 130pm Les Rich Visits and activities with Kerry	4 1030am morning tea and exercise 130pm Bowls	5 Activity Packs supplied for your weekend leisure	6 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local
7 Hairdresser 1030am morning news and your views 130pm Hoy	8 Lolley Trolley 1030am painting , coloring 130pm afternoon active games Visits and activities with Kerry	9 1030am Mass 130pm afternoon tea and comedy movie Visits and activities with Kerry	10 1030am Yoga 130pm Bingo Visits and activities with Kerry	11 1030am Cross-words/ word activities 130pm Bowls	12 Activity Packs supplied for your weekend leisure	13 9am golden Oldies trax FM Songs of praise 11:30 am ABC 7pm reading local
14 Hairdresser 1030am knitting group and morning tea 130pm sing a long with Derek	15 1030am men's group 130pm choir practice With Daryl & Sue Visits and activities with Kerry	16 1030am Mass 130pm Cooking Visits and activities with Kerry	17 1030am Yoga 130pm Bingo Visits and activities with Kerry	18 1030am Hoy 130pm Bowls	19 Activity Packs supplied for your weekend leisure	20 9am golden Oldies trax FM Songs of praise 11:30 am ABC 7pm reading local
21 Hairdresser 1030am Ecumenical service 130pm Veg prep and social gathering	22 Lolley trolley 1030am resident meeting 130pm darts social gathering Visits and activities with Kerry	23 1030am Mass 130pm Fathers day craft Visits and activities with Kerry	24 1030am Yoga 130pm Bingo Visits and activities with Kerry	25 Daffodil Day 1030am Chair exercises 130pm Bowls	26 Activity Packs supplied for your weekend leisure	27 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local
28 Hairdresser 1030am chair exercises 130pm Birthday celebrations with John	29 1030am Men's Group 2pm Resident concert with Daryl & Sue Visits and activities with Kerry	30 1030am Mass 130pm Bingo Visits and activities with Kerry	31 1030am Yoga 130pm Fathers day afternoon tea Visits and activities with Kerry			