

STARGAZER



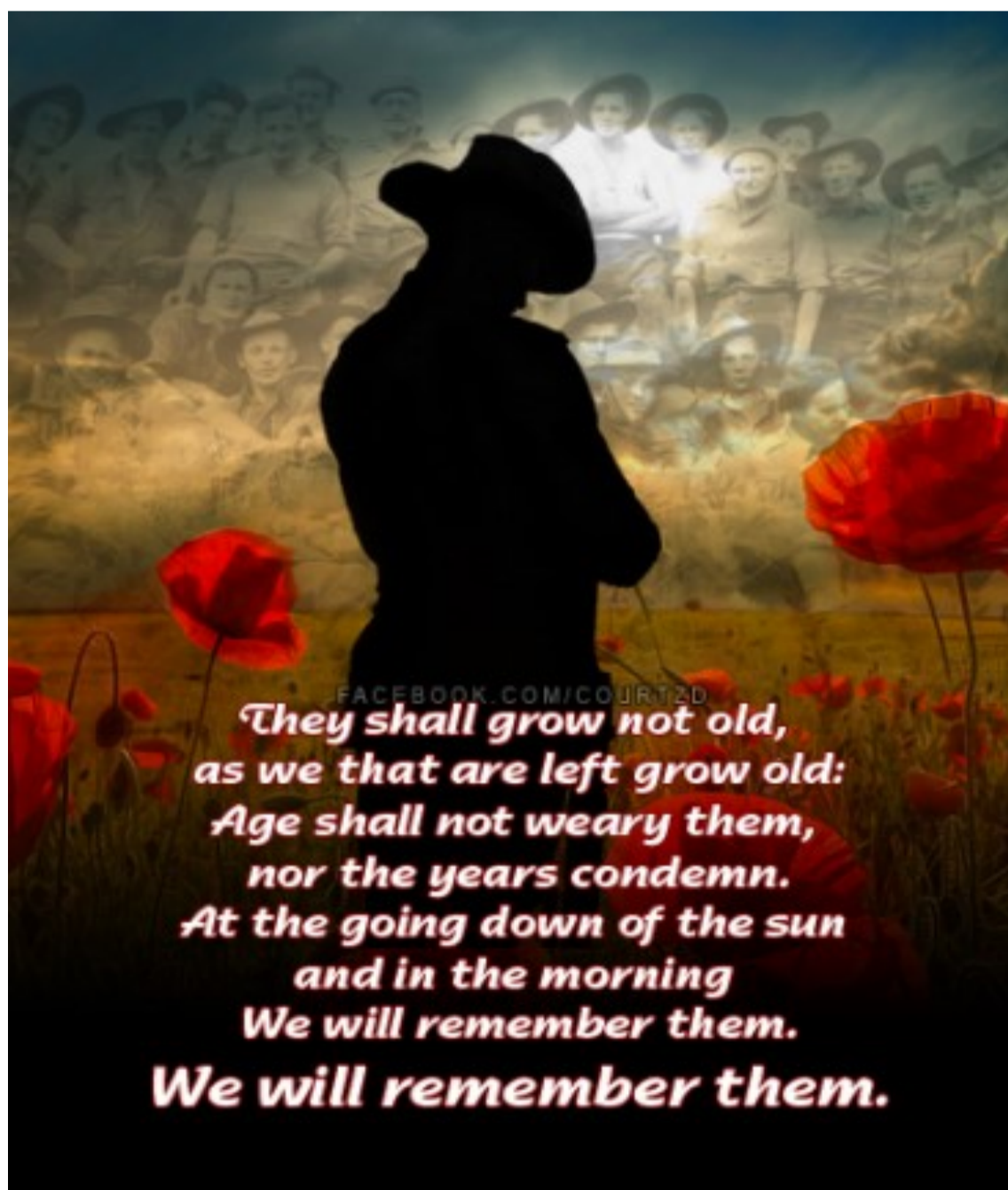
STAR OF THE SEA HOME FOR THE AGED

*A ministry dedicated to the loving care of the Aged by
Catholic Diocese of Port Pirie*

APRIL 2024 | ISSUE 4

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ANGLICAN SERVICES

*2nd Wednesday of
each month*

UNITING SERVICES

3rd Friday of each

The Terrace Café

Every

Thursday 9.15am



RESIDENTIAL RECEPTION HOURS

08 8823 0000

admin@starofthesea.org.au

Mon to Fri 9am-4pm

COMMUNITY CARE OFFICE

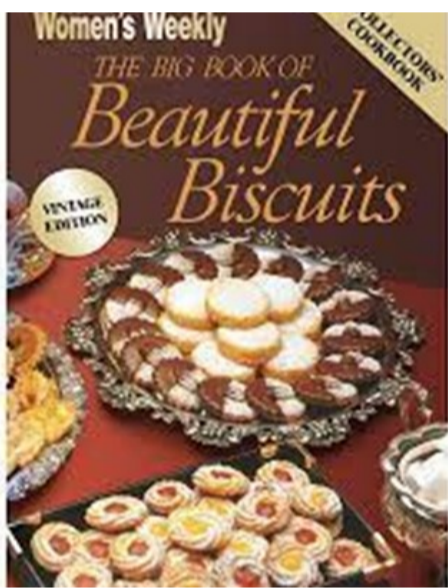
08 8823 0019

community@starofthesea.org.au

Mon to Fri 9am—4pm

A PEAK THROUGH THE PANTRY DOOR

By Stacey Coombes, Hospitality Manager.



Welcome to April everyone.

ANZAC day is a special day and we will make lots of traditional ANZAC biscuits and pay respect to those who sacrificed for this amazing country we all live in.

If anyone has a ANZAC biscuit recipe they would like to share then bring it to the kitchen and we can use it.

Otherwise, I like the recipe from the 1981 Women's Weekly beautiful biscuits cookbook.

I am sure we have all owned one of these in the day (I am on my second one!) Still my go to book.

We would like to remind all the residents to keep your overways with minimal stuff on them.

It's hard to deliver Breakfast safely for staff if the overway is full and there is no room.

Thank you so much for understanding that we need to be safe.

Don't forget if you need to get a message to us there are forms on the tables to use to tell us if you are liking your meals and if you have any great suggestions for new meal ideas and the like.

We love all the positive feedback we receive, thank you so much. If you need help filling it out please ask the helpful staff to assist you.

That's all for now see you out and about, happy April.



ACTIVITIES REPORT

Welcome to April , the month where we honour those who made sacrifices for our country on Anzac day .

We hope that you enjoyed the return of football tipping in March and fingers crossed that your tipping is going well.

A big thank you to Karen Collins for making the beautiful gifts for everyone for Easter.

We are so very fortunate as she is so incredibly talented.

In April we have the McKillop School children coming in to sing for you.

Anna will be holding a craft afternoon where an Anzac Day Wreath will be made to place down during the Dawn service at Wallaroo Town Hall.

On Anzac Day at Star of the Sea, Gaylia has been working hard to make it special, including her reading that she spends many hours choosing and Aaron the bugler will also be in to play the last post.

In April we also have Natalie returning to hold her Church Choir and Darryl and Sue returning for a singalong on the 18th April.

As always, we have our many regular activities scheduled that we all enjoy and please remember to chat to myself or one of the lifestyle team if you wish to go for a ride on the trishaw with one of our beautiful Cycling without Age volunteers.

Please remember to contact one of the activities staff if you have any needs, suggestions, or concerns, especially regarding video calls.



Lucky Mary having two Birthday cakes for her 99th Birthday. Such a lovely lady, hope you enjoyed. Your Birthday.



Happy Birthday to Pat, hope you had a really great day

Easter cakes made by the kitchen ladies for our lovely Residents





Exercises for our Residents from Allyson and James. To keep our Residents reasonably fit. This happens on a weekly basis by our OT's which the Residents all look forward to



Residents Meeting And Gardening Club



Our Lady Residents having a pamper day



Morning Tea every Thursday for our Residents
Enjoying a get together before Easter.



ANZAC Day 25th April

C S O G E A O Y C K D G P H V L L U G E
S I E P V N P P O C S E I P P O P A Z C
E P T R Z H E I N O I T A R B E L E C I
R Y I O V C Z W P M R S C W B L H E O V
Y Y S R I I X V Z M C Z E G I S Y S U R
E W L O I R C Z I E W F N P G A I E R E
A C U I A T T E R M A U O T D P U R A S
E E N N R Y N A S O R L T L R I S V G N
Q V Z A E P S Q P R I W A U I P T E E W
N A I K R O A G L A L N P N E V C D O A
C E N F L B N J E T O A H A D L I I U D
G O E D O I M B L I J Z C O K H L U S S
D L I A T W W E T O D E R T U N F J M E
F E J H T Z T A M N K E V A R B N E I H
R I G Z M X N J X E U Z H I S T O R I C
P I A L L I E S E X R U B F V B C Y Q R
F R S O R D J P W O R L D W A R O N E A
E A A U V A I H W A I L A R T S U A G M
E W U U H N P E Z A W E M G I P F G B M
K J T N G F H E X O H J A H U V Z R F B

ALLIES
APRIL
BRAVE
CENOTAPH
CONFLICTS
DAMNSERVICE
FIGHTING
HISTORIC
NATIONALDAY
PATRIOTIC
POPPIES
SERVED
SOLDIER
TWO FIVE

ANZAC
AUSTRALIA
CELEBRATION
COMMEMORATION
COURAGEOUS
WORLDWARONE
GALLIPOLI
MARCHES
NEWZEALAND
PEACEKEEPING
REMEMBRANCE
SERVICES
SPIRIT
WAR



REMEMBER





ANZAC Day Word Search 1



M	E	M	O	R	I	A	L	D	A	W	N
G	R	E	M	E	M	B	E	R	W	A	R
A	E	C	A	E	P	L	E	S	I	T	E
L	M	R	H	O	R	S	E	L	W	E	S
L	A	O	C	A	Z	N	A	R	M	Y	R
I	R	F	G	O	D	R	N	A	V	Y	O
P	C	R	F	O	T	E	S	R	U	N	H
O	H	I	R	S	D	I	G	G	E	R	T
L	E	A	U	C	A	M	E	L	G	E	H
I	S	A	Y	R	T	N	A	F	N	I	G
N	E	W	Z	E	A	L	A	N	D	T	I
R	E	M	E	M	B	R	A	N	C	E	L

ARMY
NAVY
AIRFORCE
AUSTRALIA
NEW ZEALAND
REMEMBRANCE

DIGGER
WAR
PEACE
DAWN
NURSE

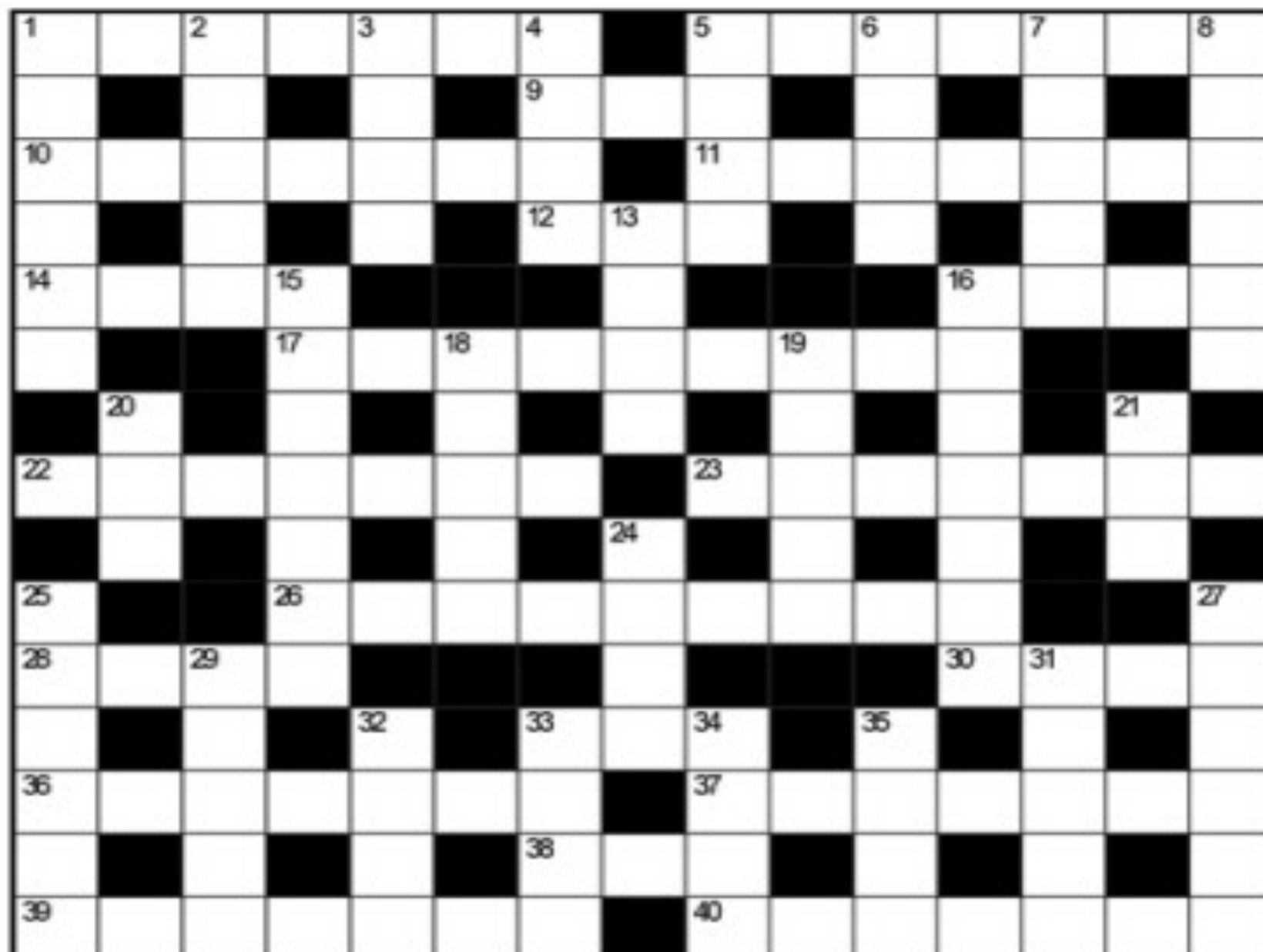
DOG
CAMEL
HORSE
GALLIPOLI
ANZAC

MARCHES
MEMORIAL
REMEMBER
LIGHTHORSE
INFANTRY

With the leftover letters, discover the reason for ANZAC Day.



ANZAC DAY CROSSWORD



© Denise Sutherland

Across

1. Temporary camp (7)
5. RAAF personnel (7)
9. Where the Battle of Britain took place (3)
10. Conflict where ANZAC battalions fought (7)
11. Self-propelled weapon (7)
12. Spy (3)
14. "___ we forget" (4)
16. Bench (4)
17. Main base at Gallipoli (5,4)
22. Activity done in 33 Down (7)
23. Valour (7)
26. Australian Army Badge (6,3)
28. Tucks into (4)
30. Small pest (4)
33. Missing in action, abbr (3)
36. Worry (7)
37. Old warhorse (7)
38. Travel on snow (3)
39. Remembrance flowers (7)
40. ANZAC soldiers (7)

Down

1. Chamfers (6)
2. Spectacles (5)
3. Bone (4)
4. Pitch tents (4)
5. Land fighting force (4)
6. Peril (4)
7. Hold aloft (5)
8. Laid in ANZAC Day ceremony (6)
13. Sprint (4)
15. Armoured vehicle crew (7)
16. Working in the military (7)
18. Sectors (5)
19. Iris root powder (5)
20. Prisoner of war, abbr (3)
21. Outfit with weapons (3)
24. Opposed to (4)
25. Strike tents (6)
27. Expiates (6)
29. ANZAC Day gambling game (3-2)
31. Member of AAMWS (5)
32. New Zealand soldier (4)
33. Armed forces' social and meal venue (4)
34. Ardent (4)
35. Male deer (4)



STAR OF THE SEA

NOTICE BOARD

Talking Newspaper
Tune in to 1197 FM

Advertiser
Mon-Fri 1:10pm
Sat 10am
Sunday Mail
Sun 10:30am

MASS
Every
Thursday
morning at 9:30 am
& Saturday at 6 pm
In the Church

Don't forget to
ensure you
have an
overnight bag
available for
any overnight
stays away you
might have

REMINDER
Clothing to be
Labelled with
resident's name
& room
number

Personal fridges
are to be
cleaned by the
resident or
family & any out
of date food
must be
discarded.

*For any Mending
or Alterations
Please contact
Sharon Launer
0434 048 418*



Don't forget to
notify the Nurses
in charge if your
loved one takes
you out of the
facility & also don't
forget to use the
sign in & out
sheets

Laughter is
timeless,
Imagination
dreams are
forever.

Reminder
Keep our
Residents safe
by continuing
to stay away if
you have Covid
or are a Close
Contact for 7
days





Happy Birthday

**MAY THIS SPECIAL DAY BRING YOU JOY,
HAPPINESS, AND PRECIOUS MEMORIES!**

***YOURFATES.COM

April Birthdays

6th M Chandler

27th F French

29th B Brown

Wishing you lots of joy, laughter and unforgettable moments as you celebrate another birthday!

Your birthday is the one day of the year when you can have your cake and eat it too.

Here's to another year filled with health, wealth and happiness. Happy birthday!



To our Volunteers, you do an amazing job through out the year. Fantastic Work

*To all of our Quilters who donate to our Residents on a regular basis, we at
Star of the Sea would like to thank you.*

The quilts are fantastic and brighten up the Residents Rooms.

Library Books are in Little Company of Mary for Residents to read.

STAR OF THE SEA AUXILIARY

Our AGM to be held on Tuesday 16th April at 10.30am at the Triple B Café on Evans Road in Wallaroo.

Some positions will be vacant

New members are always welcome.

Our Boot Sale on 17th March wasn't quite as fruitful as hoped but never the less we still made some money.

Thanks to all our members who helped in any way.

*Thank You to all the Auxiliary Ladies who effortlessly Support Star of the Sea from
the Star of the Sea Residents and Management*

MAY YOU BE PROUD
OF THE WORK YOU DO
THE PERSON YOU ARE
AND THE DIFFERENCE
YOU MAKE

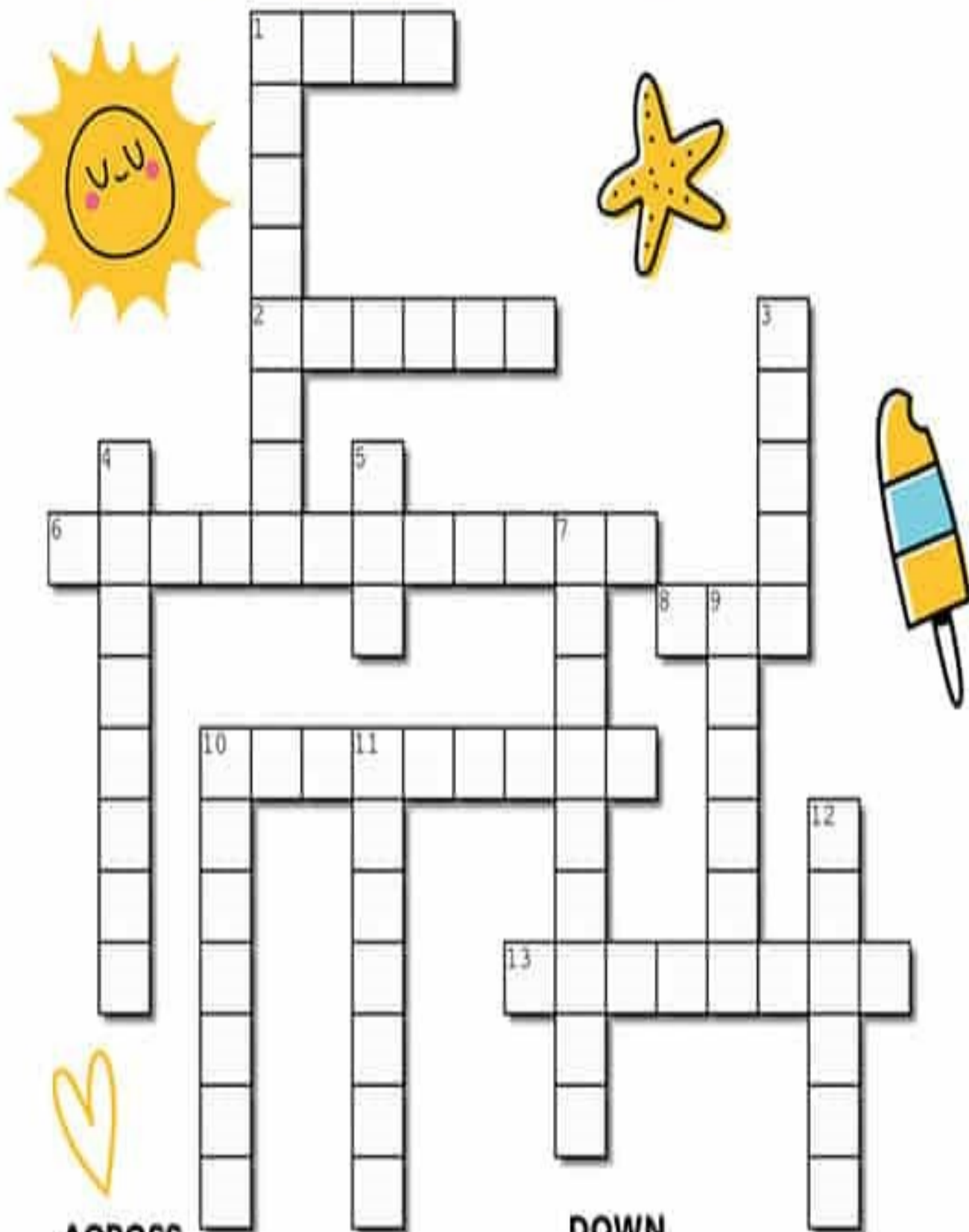
*We Welcome all New Employees and Agency Staff to our
Star of the Sea Family Home.*



AT THE BEACH

CROSSWORD PUZZLE

FRIDAY FUNNIES



ACROSS

1. Kids love to dig in this.
2. You can collect these on the beach.
6. An American summer holiday.
8. You turn this on to cool off.
10. We put this on our skin to protect us from the sun.
13. A trip away from home.



DOWN

1. What you wear to go swimming.
3. You swim in this at the beach.
4. A frozen treat on a stick.
5. The weather in summer.
7. Someone whose job is to make sure swimmers are safe.
9. The last month of summer.
10. A bird you see often at the beach.
11. When you ride a wave with a board.
12. Commonly worn in summer.

1. What comes after Black Friday? Broke Saturday.
2. Why is Friday a happy day? Because the next day is a sadder day
3. What's the worst thing that can happen on a Friday? When you realize it's Thursday.
4. What did the lazy person do the day after Friday? Sat
5. Who wins in a fight between Friday and Saturday? Saturday, because Friday is a weak day
6. When will a priest laugh at your Friday joke? When it's a Good Friday joke
7. What goes by slower than a boring movie? Friday afternoon.
8. What do people who work from home wear for Casual Friday? Nothing
9. What do millennial eskimos do Friday night with girls they like? Net fish and chill.
10. What did the accordion player say on Friday? Accordion to me, it's going to be a great Friday
11. What does it mean when you arrived late at work for the fifth time in a week? It means that is a Friday.
12. Why did the man at the calendar factory sit cutting all the Fridays out? He wanted a day off
13. When is the best day to go racing? Fri-Daytona
14. When can Sunday feel like a Friday? When you have a weekend job.
15. Why was Robinson Crusoe embarrassed when he got rescued? They found him on Friday
16. What is Jason Voorhees' favorite restaurant? TGIF13 (Thank God it's Friday the 13th).
17. What's Jack Black's favorite day of the year? Black Friday
18. What is faster than the Flash? Friday nights.
19. What's the best soap opera to watch before the weekend? Fridays of Our Lives
20. What would a tired person do if Friday night was a person? Hug it and never let it go.
21. Why do geologists shop on Friday? For the great weekend shales!
22. Where can you save 100% on Black Friday? At home – by not shopping.
23. Why did the French person go to McDonalds? It was French Fry-Day.
24. What's Friday the 13th? The day of the year that people blame witchcraft for their regular stupidity.
25. What do cows do on Friday nights? Go to the mooooooovies.
26. What do you call people who were born on Friday the 13th? By their names.
27. Why did Han go shopping on Black Friday? Because the prices were Solo.

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A “RESIDENTS” STORY

Merv Chandler

I grew up in Adelaide with my 2 sisters- Audrey and Olive.

I attended a technical school when I was 12 and at the age of 14 went to work for a joinery and carpentry company.

I was in their transport department and then went to work at Metters- while there I had a nasty injury where I caught my leg on a nail that was in the rafters.

In 1959 I went on to work for PMG where I ran their Driving School for 13-15 years.

I met to be wife Joan when I travelled to Millicent with mutual friends.

The first time we met she was wearing a dressing gown and offered to make me a coffee.

We went on to be married at the Grote St Church.

We were fortunate to have four children- Grant, Scott, Stephen and Annette.

I also undertook additional training in licensing and at one stage I had 5100 drivers on my books.

I assisted to write the traffic code book for NT and was lucky to travel extensively during this time while working for PMG. I was also on the SA Road Safety Council

In the late 60's a friend of mine brought me up to Tickera due to my love of fishing.

Joan and I purchased a shack there in 1969 and we later went on to build 2 properties in Tickera.

In 1977 I worked as a licensing examiner in Kadina.

I had been working there for 3 years when I had a motor bike accident and sadly had to retire.

In the 1980's Joan and I had a coaster bus and we use to go North for winters.

We have crossed the Nullarbor 11 times although we do love the quiet life and fishing in Tickera, especially snappering.

Joan and I had respite at Star of the Sea once before and now living here permanently.

In my spare time I also enjoyed model plain flying and model boat building. I am also keenly interested in WWI and WWII history.

Biggest Change you have seen during your lifetime?

Not as many people wanting to get married.

What are you most proud of?

My family

If you had to give one piece of advice what would it be?

Live a good life.



With Deepest Sympathy and Condolences

To the Families and Friends of the Late:

*Kay Woodforde
Forever in Gods Care*



*Star of the Sea is Praying for your peace and
comfort during this time.*



FEEDBACK PROCESS

Star of the sea Supports the rights of Consumers, and their Advocates to share Compliments, Feedback concerns or to make a complaint.

If you wish to make a verbal comment or complaint, please feel free to approach any senior staff member or contact Michelle Bown (RSM).

If you wish to lodge a written complaint or suggestion, please complete a comment and complaints form, which is available from the Administration foyer, and place it in an envelope for delivery to Administration, or again contact Michelle Bown RSM via Email mbown@starofthesea.org.au, Once received the Quality Coordinator will make a record of lodgement and the feedback or complaint is assigned to a senior staff member for acknowledgement, assessment, response and follow up.

“Feedback” boxes are situated in Admin lounge areas throughout the Home.



Emergency (Police, Fire, Ambulance)

000

Lifeline

131 114

Salvation Army 24 hour Care

1300 363 622

Commonwealth Respite Services

1800 052 222

Suicide Call Back Service

1300 659 467

Salvation Army - Help Line

1300 467 354

Sane Australia

1800 187 263

Family Relationship Advice

1300 050 321

Women's Information Services

1800 188 158

National Dementia Helpline

1800 100 500

My Aged Care

1300 422 232

After Hours GP Helpline

1800 022 222

Aged Rights Advocacy

1800 500 853

