## July 2024

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	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 10:30am Hairdresser Nail Care 130pm Claire and Dot sing a long	2 1030am Hoy 130pm art Dot Painting	3 1030am Mass 1:30 Beading with Yvonne	4 1030am Chair Yoga 130pm sing a long with Les Rich Naidoc Week	5 1030am Exercises 130pm Bowls	6 Activity Packs supplied for your weekend leisure	7 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pmreading local paper
/	8 Hairdresser 1030am Nail Care Outside Hair dresser 130pm Derek Sing a long	9 1030am Trivia Morning 1:30 Hoy	10 1030am Mass 1:30 Men's Get together	11 1030am Chair Yoga 1:30 Bingo	12 1030am Exercises 130pm Bowls	13 Activity Packs supplied for your weekend leisure	14 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pmreading local paper
	15 Hairdresser 1030am Nail Care Outside Hair dresser 10:30 Ecumenical service	16 1030am Virtual Zoo Paris 12pm BBQ Lunch 1:30 Bingo	17 1030am Mass 1:30pm Resident Meeting	18 1030am Chair Yoga 1:30 Cooking Snowflake Cookies	19 1030am Exercises 130pm Bowls	20 Activity Packs supplied for your weekend leisure	21 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pmreading local paper
	22 Hairdresser 1030am Nail Care Outside Hair dresser One on one support with Maressa	23 1030am Lets travel to Paris / Activity room 1: 30pm Bowls	24 1030am Mass 130pm Birthday Celebrations Winter Wonderland	25 1030am Chair Yoga 130pm Just Us	26 Paris Olympic games begins 1030am Exercises 130pm Olympics opening ceremony activity area	27 Activity Packs supplied for your weekend leisure	28 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pmreading local paper
١	29 Hairdresser 1030am Nail Care Outside Hair dresser One on one support with Maressa	30 10:30 Morning Tea 1:30 Bingo	31 1030am Mass 130pm Cooking apple strudel				