

August 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
The Olympics Games will continue to shown on the TV in the activity area daily for those who wish to gather and watch it together.			1 1030am 1:1 Room visits 130pm sing a long with Les Rich	2 <i>International forgiveness day</i> 1030am Exercises with Ally (Physio) 130pm Bowls	3 Activity Packs supplied for your weekend leisure	4 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
5 Hairdresser 1030am Nail Care Outside Hair dresser 130pm Activity area for choice of social Activities	6 1030am Chair exercises 130pm sing a long with Dot and Claire	7 1030am Mass 130pm Cooking <i>(dementia support social group) Kerry</i>	8 1030am Veg Prep 130pm Bingo	9 <i>Red Nose Day</i> <i>World indigenous day</i> 1030am Exercises with Ally (Physio) 130pm Bowls	10 Activity Packs supplied for your weekend leisure	11 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper <i>Olympic Games ends</i>
12 Hairdresser 1030am Nail Care Outside Hair dresser 130pm Derek Sing a long	13 1030am Chair exercises 130pm Ball Games	14 1030am Mass 1:30 Hoy <i>(dementia support social group) Kerry</i>	15 1030am White Board Games 130pm Bingo	16 1030am Exercises with Ally (Physio) 130pm Bowls	17 Activity Packs supplied for your weekend leisure	18 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
19 Hairdresser 1030am Nail Care Outside Hair dresser 10:30 Ecumenical service	20 1030 Consumer Feedback Meeting guest speaker Geoff Brock 130pm Arts and Craft	21 1030am Mass 130pm Virtual sing-a-long	22 <i>Daffodil Day</i> 1030 Morning tea 130pm Bingo	23 1030am Exercises with Ally (Physio) 130pm Bowls	24 Activity Packs supplied for your weekend leisure	25 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
26 Hairdresser 1030am Nail Care Outside Hair dresser 130pm Activity area for choice of social Activities	27 10:30 Chair Exercises 130pm Birthday Celebrations	28 1030am Mass 130pm Bingo <i>(dementia support social group) Kerry</i>	29 1030am Veg Prep 130pm Just Us Fathers Day Afternoon Tea	30 1030am Exercises with Ally (Physio) 130pm Bowls	31 Activity Packs supplied for your weekend leisure	