



ST JOSEPH'S HOUSE CONNECTIONS SEPTEMBER 2024 EDITION

In this Edition:

Father's Day
inspired edition

August
Reflections

September
Birthdays

AFL Grand Final
Winner

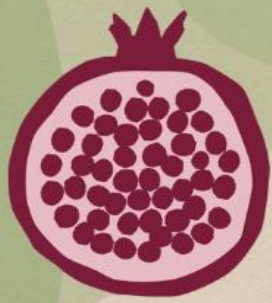


“I do not have grey hair! I have wisdom highlights”



Hello Residents, Families & Friends—Welcome to the September 2024 Newsletter Edition!

A Message from Lifestyle:



**MAGGIE BEER
FOUNDATION**
CREATING AN APPETITE FOR LIFE



MAGGIE BEER MENTORSHIP PROGRAM

St Joseph's House is very lucky to have been chosen to take part in this wonderful program.

The Maggie Beer Foundation, funded by the Australian Federal Government's Department of Health and Aged Care, are delivering education and training to improve the dining, food, and nutritional outcomes for Australian elders in Aged Care.

This education program offers support to all aspects of Aged Care delivery in a range of activities. Our catering team will benefit through this program to ensure that St Joseph's House is offering the best possible dining experience we can cater for.

You will be updated and consulted on all ideas and changes as they happen. We anticipate this program to start between September and December.

If there were any questions please feel free to speak to the Hospitality Manager, Marra.



WHAT'S ON? Up coming events:

Coming up for the month of September are:

- Father's Day—1st September
- 1st Day of Spring
- Blessing of the Fleet
- AFL Grand Final Day
- Many more activities in between

“Cheers to a fun filled and interesting month ahead”



New International Hotel

Old International Hotel



SEPTEMBER NOTICES

RESIDENT MEETING:

The next Resident meeting will be held on 17th September 2024 in the St Clare Upstairs Wing.

LIBRARY SERVICE:

The Port Pirie Library work with St Joseph's House to provide a mobile library service. They offer books & audio books on loan, each Wednesday fortnight. The librarians deliver to St Joseph's House reception and the Lifestyle team deliver your books to you. If you wish to have this service,

HAIRDRESSING SERVICES:

Hairdresser Allison visits St Joseph's House every Monday for all your hair needs.

If you wish to make a booking, please contact Allison directly on 0408 335 002.

MASS:

Mass is conducted, each Wednesday morning in the St Marks Upstairs area.

Ecumenical Services are conducted each month on the 3rd Monday in the St Marks Upstairs area. For the month of September, this will take place on the 16th September 2024.

VISITING HOURS:

Current visiting hours are
Monday-Friday
11.00am-5.00pm

Saturday's and Sundays
1.00pm-4.00pm.

Please note, if an infection outbreak was to occur, the visiting hours may change without notice.

GIFTS & DONATIONS:

While we sincerely appreciate the thought of donations for clothing, bedding and furniture, unfortunately St Joseph's House are at the max capacity of items that are able to be accepted.

Thank you.

September Library Delivery 4th September & 18th September

*Allison's
Hairdressing*

Mens Cut	\$25 - \$30
Mens Cut & Beard	\$30 - \$35
Ladies Cut Only	\$30 - \$35
Ladies Cut, Blow-Dry or set	\$40 - \$45
Ladies Wash, Blow-Dry or Set	\$35
Colour, Cut, Blow-Dry or Set	From \$90
Colour/Foils, Cut, Blow-Dry or Set	From \$100
Perm, Cut, Blow-Dry or Set	From \$100

Allison DeGennaro Hairdresser
0408 335 002

Price List July 2024

*Resident Meeting
Dates*



16th January
20th February
19th March
23rd April
21st May
18th June
23rd July
20th August
17th September
27th October
19th November
No meeting in December

2024

Welcome to
St. Joseph's
House

**ANNE G
BETTY B**

• REST IN PEACE •

SADLY WE SAY GOODBYE TO
GUISTINA A
PASQUALINA S

Your presence we miss,
your memories we treasure,
forgetting you never.

IT WAS SUCH A PLEASURE TO CARE FOR THESE WONDERFUL
RESIDENTS. MAY THEY REST IN PEACE.



FOOTY FEVER



AFL Ladder - Top 8

As of round 24

Team:	%	Points:
1. Sydney Swans	126.7	68
2. Port Adelaide	114.8	64
3. Geelong	112.2	60
4. GWS Giants	109.1	60
5. Brisbane Lions	121.9	58
6. Western Bulldogs	125.1	56
7. Hawthorn	118.5	56
8. Carlton	110.2	52

FOOTY TIPPING LADDER

- | | |
|----------------------|----------------------|
| 1. Don S - 137pts | 6. Rick - 129pts |
| 2. Pat B - 124pts | 7. Marra - 125pts |
| 3. Leeanne - 131pts | 8. Vonnie P - 121pts |
| 4. Kerry - 133pts | 9. Coral E - 105pts |
| 5. Trevor H - 121pts | |

1st Place: Don S 137 Points

2nd Place: Kerry 133 Points

3rd Place: Leeanne 131 Points



Footy Facts! Did you know?



The longest ever suspension is 99 weeks. In 1910, Doug Fraser and Alex Lang were found guilty of bribery and suspended for 99 weeks.



Joke of the Month



What kind of shoes do frogs wear?
Open toad



Aged Care Employee Day

Thanks for caring

Wednesday 7 August 2024



FOR MORE INFORMATION, PLEASE VISIT
<https://www.accpa.asn.au/aged-care-employee-day>



Trivia Quiz

- 1. DOES A FLEA HAVE WINGS?**
- 2. WHAT WAS MEDUSA'S HAIR MADE OF?**
- 3. WHEN WAS THE AUSTRALIAN-ENGLAND 'BODYLINE' CRICKET SERIES?**
- 4. WHEN WERE SWEET ORANGES FIRST GROWN IN EUROPE?**
- 5. WHERE WAS THE FAVOURITE HOLIDAY DESTINATION FOR THE ROMAN ELITE?**
- 6. WHICH MURDER TRIAL WAS FAMOUS FOR THE DEFENCE LAWYER SAYING 'IF IT DOESN'T FIT, YOU MUST ACQUIT'?**

TRIVIA ANSWERS

QUESTION 1 ANSWER: LOVE ME DO

QUESTION 2 ANSWER: BLUE WHALE

QUESTION 3 ANSWER: GOLF

QUESTION 4 ANSWER: AUSTRALIA

QUESTION 5 ANSWER: BLUE WHALE

QUESTION 6 ANSWER: 1912



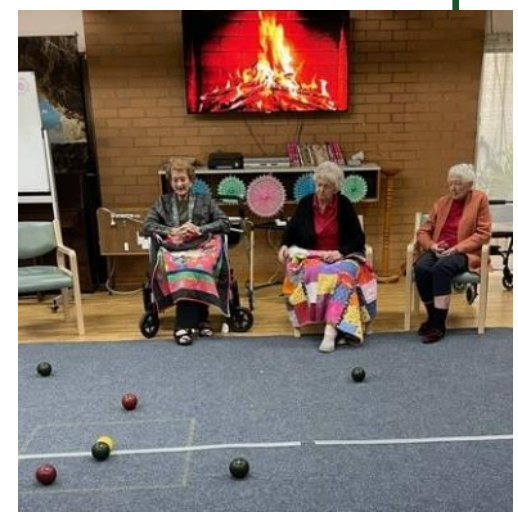
DO YOU RECOGNISE THIS FAMOUS PERSON?





VISIT FROM GEOFF BROCK AT RESIDENTIAL MEETING







Father's Day Word Search



R M T H R S J O L E D O B T W
O E C P M Y U G O J M C N R C
L X S Z E C N X H Q A L K O Q
E R S I M T E E S T F I G P B
M G O I W X R L X Y S F D P V
O S H T F O O A E E V W X U B
D Y G P A R E N T B D K J S V
E H Q T E Y Z B B J R A F K T
L Z B H L N D C P G L A D K D
J W T I A C Y T L O V E T D J
R A M H B A Z L V B I J Z E Y
F A F R H N F A F V O Y I A Q
F I Q Q I H D E F E M U E W L
O D V M R W A I R H D U F A N
N E D F S B M N D F N L F T K

Father
Love
Celebrate
Role Model

Hero
Gifts
Wise
Support

Family
Parent
Daddy
June

BECOME A MEMBER → SEARCH... (08) 8232 5377 ARAS 1800 700 600 Toll Free DONATE

aras
Aged Rights
Advocacy Service

HOME
ABOUT US →
RESIDENTIAL CARE →
COMMUNITY CARE →
ABUSE PREVENTION →
ABORIGINAL ADVOCACY →
RETIREMENT VILLAGES →
HOME CARE CHECK-IN SERVICE →
AGED CARE NAVIGATOR (CARE FINDER SERVICE)
EVENTS →
RESOURCES →
LOGIN →

Overview

HOME > ABOUT US > OVERVIEW

The Aged Rights Advocacy Service (ARAS) offers a free, confidential and state-wide service to older people, or their representatives, who are:

- living in residential aged care or a retirement village
- receiving or seeking to receive Commonwealth Home Support Programme (CHSP) or Home Care Package (HCP) services
- at risk of, or experiencing abuse from family or friends

In addition, ARAS delivers the Home Care Check-In project, which provides in-home safety checks for older persons deemed to be vulnerable due to social isolation and at risk of harm or neglect.

ARAS also has specialist Aboriginal Advocates who provide culturally safe support and host an annual Intergenerational Elders and Youth Gathering in regional South Australia.

ARAS provides advocacy assistance to support older people to uphold their rights and their responsibilities.

Accredited at Certificate level of the Australian Service Excellence Standards.

ARAS is the South Australian member of the [Older Persons Advocacy Network](#) (OPAN), which is funded by the

ARAS Advocates are guided by the [Advocacy principles \(pdf 157.2 kb\)](#) to ensure that the wishes and interests of older people for whom they advocate, direct their work.

The ARAS website provides more information about the range of work that ARAS undertakes, including advocacy, information and education sessions.

To view and download ARAS Service Charter click [here \(pdf 88.6 kb\)](#).

To view and download ARAS Rules click [here](#).



Vision

A community in which all older people are valued and respected

Purpose Statement

To encourage and support older people and community to uphold the rights of older people through information, education,

Contact
Aged Rights
Advocacy Service Inc.
175 Fullarton Road
Dulwich SA 5065
175 Fullarton Road
Dulwich SA 5065
1800 700 600 (freecall in AU)
(08) 8232 5377
(08) 8232 1794
aras@agedrights.asn.au

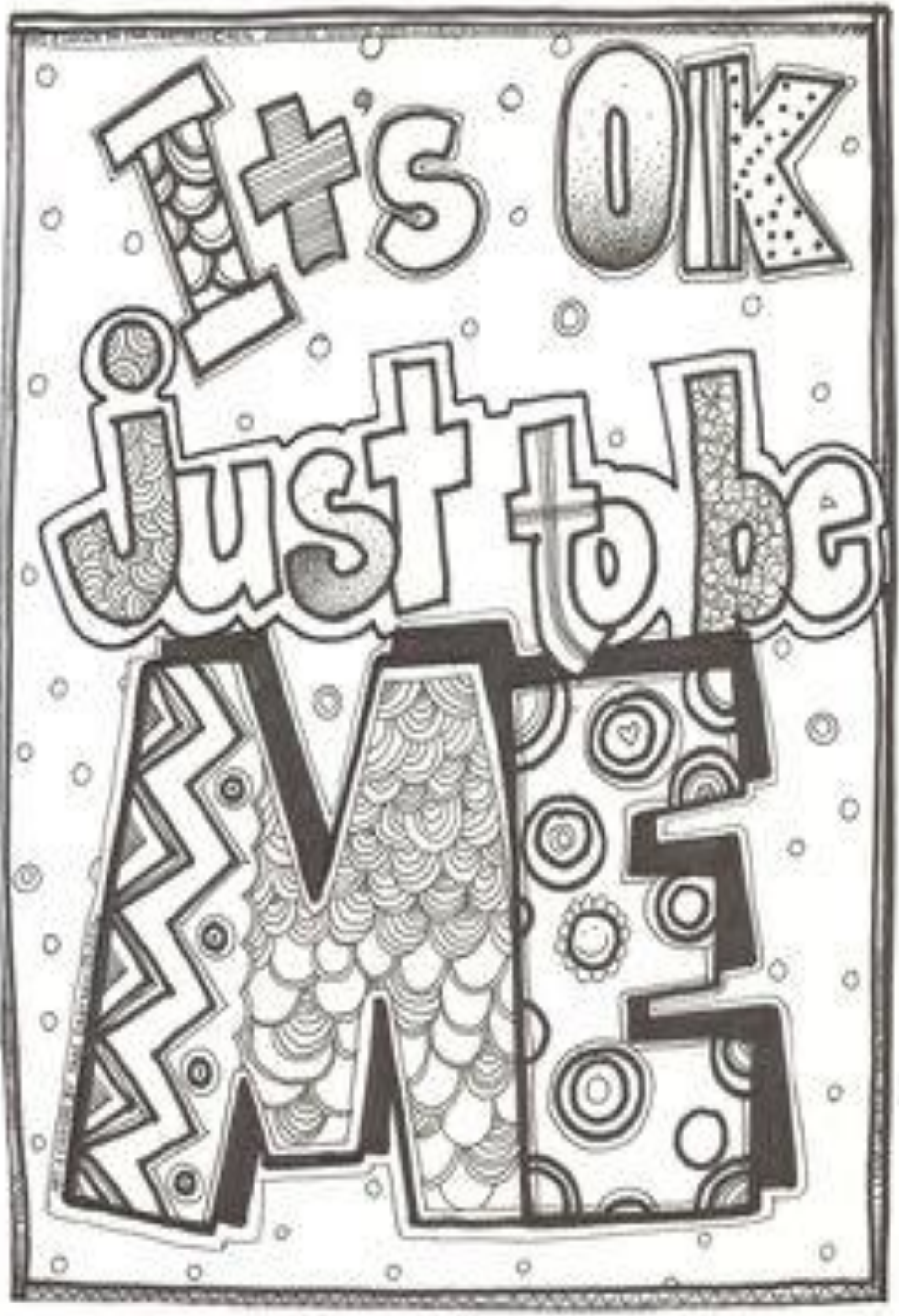
The Aged Care Quality and Safety Commission were on site at St Joseph's House a few weeks ago conducting a full audit against the Aged Care Quality Standards. The Commission spent time going through our documentation, talking to staff, families and residents and looking around the facility. Thank you to anyone who took the time to speak with them and provide feedback. We received positive feedback during the visit but are extremely pleased to advise that we received the written report that states we meet all the requirements of the Aged Care Quality Standards.



IT'S OK

Just to be

NEW



- The latest Government advice. Aged Care homes must have our own risk management strategies – ours include:
- we will only implement masks if there is a high community risk or a positive case of covid (RSM to decide this)
 - To maintain the 1.5m as required we advise 2 visitors in the room at a time
 - We ask for visitors to limit movement around the facility where possible
- RAT screen every second day

GOVERNMENT ADVICE

Advice for visitors

To enter a residential aged care home

Residential aged care homes may have strict procedures for visitors to follow, in line with the directions of their state or territory government.

When you visit a residential aged care home you may need to:

- be screened before entering, including taking a RAT test
- wash your hands before entering and when leaving a resident's room
- stay 1.5 meters away from residents, where possible
- wear a mask
- Stay home when unwell

Do not visit a residential aged care home if you:

- have tested positive to COVID-19 in the past 7 days
 - have been in contact with someone confirmed to have COVID-19 in the past 7 days
- are unwell, including with a fever or symptoms of acute respiratory illness (such as a cough, sore throat, runny nose, shortness of breath).

Visitor requirements while at a residential aged care home:

Visitors must:

- supervise any accompanying children
- practice good hand hygiene
- comply with directions given by staff
- follow any other requirements put in place by the residential aged care home.

Feedback and Complaints Process

St Joseph's House supports the rights of Consumers and their representatives to provide compliments, feedback, concerns or to make a complaint.

If you wish to provide feedback or make a complaint please feel free to approach a senior staff member:

- Sharon Ley, Residential Services Manager
- Therese Johnson, Clinical Nurse Consultant
- Marra Pearn, Resident Liaison Officer

If you wish to provide written feedback please feel free to:

- Email us admin@stjosephshouse.net.au
- Complete a Feedback Form available from various locations around the facility and place it in one of the feedback boxes.

Once received, the Quality Coordinator will make a record of lodgement and the feedback or complaint is assessed for response and follow up by a senior staff member.

September 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1 —First Day of Spring Happy Fathers Day
2 Hairdresser 1030am Nail Care Outside Hair dresser Individual support with Maressa	3 10:30am Hoy 130pm Bingo Individual support with Kerry	4 1030am Mass 130pm Veg Prep	5 1030am Fun with Words 130pm sing a long	6 1030am Exercises with Ally 130pm Bowls	7 Activity Packs supplied for your weekend leisure	8 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
9 Hairdresser 1030am Nail Care Outside Hair dresser 130pm Derek Sing a long	10 1030am Morning tea ad chat outdoors 130pm arts and crafts	11 1030am Mass 130pm Cooking	12 R U Ok Day 1030 Whiteboard Games 130pm Bingo	13 1030am Exercises with Ally 130pm Bowls	14 Activity Packs supplied for your weekend leisure	15 Observe Blessing of the fleet from Balconies
16 Hairdresser 1030am Nail Care Outside Hair dresser 10:30 Ecumenical service	17 1030am Gardening 1:30pm Consumer Feedback Meeting Individual support with Kerry	18 1030am Mass 130pm Birthday celebrations	19 1030am Morning tea and chat outdoors 130pm Bingo	20 1030am Exercises with Ally 130pm Bowls	21 Activity Packs supplied for your weekend leisure	22 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
23 Hairdresser 1030am Nail Care Outside Hair dresser Individual support with Maressa	24 1030am Gardening 130pm Bingo Individual support with Kerry	25 1030am Mass 1:30 Craft	26 1030 Cards out-doors 1:30pm Just Us	27 1030am Exercises with Ally 130pm Bowls	28 AFL GRAND FINAL DAY	29 9am golden oldies trax FM Songs of praise 11:30 am ABC 7pm reading local paper
30 Hairdresser 1030am Nail Care Outside Hair dresser Individual support with Maressa						